



# Isleta Pueblo News

Volume 19 Issue 4

Pueblo of Isleta website: [www.isletapueblo.com](http://www.isletapueblo.com)



April 2024

## Governor's Report

Maguwam,

Spring has sprung and comes with it many outdoor activities, we hope everyone had a nice Easter.

Also coming with the spring season are the many fire dangers and the dangers around our water areas. The Rio Grande River will be running fast, as well as the irrigation canals, and therefore we are advising the children not be allowed to be around these areas without adult supervision.

I want to thank all of the neighboring fire departments and first responders who responded to the March 11 Fire. I would like to thank Fire Chief Gary and the Isleta firefighters for their work to put out the fire and their continued monitoring of the area. I would also like to thank the Southern Pueblos Agency, Valencia County Fire Department, Bosque Farms Fire Department, Bernalillo County Fire Department, NM State Forestry, and the Isleta Pueblo Department of Transportation for their rapid and coordinated response to the fire. Their collective efforts helped to contain the fire quickly and prevent it from spreading to nearby residences. Please remember to practice fire safety this irrigation season.

During the month of March, we learned that Senator Lujan and Representative Vasquez have officially secured \$900,000 in federal funding towards the Pueblo's Fire Protection Vehicle Acquisition Project. This funding will help support the Pueblo's Fire Department with the purchase of new fire apparatus.

At the tail end of February, Lieutenants Jiron and Abeita met with Principal Deputy Assistant Secretary of the Army Civil Works, Mr. Jaime Pinkham. Assistant Secretary Pinkham and Army Corps staff discussed critical projects located on the Pueblo and also toured the Pottery Mound site. On Friday, March 8th, I was privileged to meet with Second Gentleman, Douglas Emhoff, during his visit to New Mexico. He spoke with us on the federal efforts to improve infrastructure across the country and the state.

This month, I hosted Governor Lujan Grisham and Mr. Gene Sperling from the White House for a tour of the Village and St. Augustine Church to discuss the Pueblo's current infrastructure projects and the importance of preserving and renovating the Pueblo of Isleta Village Proper.


Remember to reserve the Reception Hall and Old Court House early for graduation parties. Both facilities are filling up fast!

Condolences to the families of those who have lost their family members during the month of March.

In closing, I wish everyone a great planting season and may your crops be plentiful this summer.

We ask the creator to protect our people. Wishing you all good health, happiness and prosperity.

Governor Max Zuni and Staff.



**988 SUICIDE & CRISIS LIFELINE**

ANY ONE. ANY STRUGGLE.  
ANY TIME.

*Did you know?*

NM Native American youth who have a trusted adult in their lives are less likely to experience frequent mental health distress and engage in risky behaviors.

**REASONS TO CALL 988:**

- Feeling lonely, hopeless, angry
- Worried about safety for yourself or a loved one
- Worried about substance use
- Need someone to talk to

**IF YOU HAVE AN AREA CODE FROM OUTSIDE NM AND YOU GET DIRECTED TO A NON-NM STATE, YOU CAN ASK TO BE TRANSFERRED TO NM.**

**YOU ARE NOT ALONE**

**988 IS:**

- Someone to talk to
- Free
- 24/7
- Confidential
- Access to local resources

**CALL. TEXT. CHAT.**

FOR MORE INFORMATION ABOUT 988:  
VISIT [988NM.ORG](http://988NM.ORG)

THE PUEBLO OF ISLETA RECREATION CENTER PROGRAM PRESENTS THE:



**BERNIE JOJOLA**

**MEMORIAL Challenge**

**FUN WALK & RUN**

**Saturday, APRIL 20TH 2024**

ON SITE REGISTRATION BEGINS AT 8 a.m. WALK/RUN STARTS AT 9 a.m.

LOCATION: BIG MAMA HILL (ISLETA) TRIBAL ROAD 10

FOR MORE INFORMATION PLEASE CALL: (505) 869-9777

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**REGISTRATION FORM**

Print Name \_\_\_\_\_ Contact Number \_\_\_\_\_

1 Mile Fun Walk \_\_\_ 3 Mile Challenge Run \_\_\_

Shirt Sizes: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_ Youth will receive water bottles til we run out

By submitting this form, I hereby voluntarily waive and release all rights as well as all claims for damages may have against the event "Bernie Jojola Challenge" to be held on April 20th, 2024, for any and all injuries suffered by me in this activity.

Yes \_\_\_ No \_\_\_ I give Isleta Recreation authorization to take and use my photo for use in

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

*"Building A Healthy Community"*

## LETTER FROM THE EDITOR

**DEADLINE for May Newsletter articles is set for Wednesday, April 17, 2024, at 4:30 pm.** Articles may be dropped off at the Library or emailed to [Nathaniel.Lujan@isletapueblo.com](mailto:Nathaniel.Lujan@isletapueblo.com). Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

### The fifteen Newsletter distribution locations are:

1. TR 2 & TR 22 - Chical SE of Community Hall
2. TR 10 - Behind the old 47 Sales
3. TR 1 & TR 5 - Ranchitos / Bosque Farms Reservations Line
4. Ranchitos Park
5. Post Office - Big Tree
6. TR 82 & TR 84 - Teller Road
7. TR 78 & TR 82 - Carlos Trujillo Sr.
8. TR 90 @ Y - CF Padilla
9. Mouse Town Park -
10. Health Center - South end of Health Center Parking lot
11. Library Sunlight & Moonlight Intersection
12. TR 6 - 47 Intersection
13. TR 12 - 47 & 147 intersection (Old Smoke & Save)
14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks
15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)



## PROBATES

IN THE MATTER OF THE ESTATE OF:  
Cecil Eugene Abeita

Case No. CV-PR-0015-2024

### First Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Cecil Eugene Abeita**, deceased **05/22/2023**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Anthony J. Abeita

Case No. CV-PR-0083-2023

### Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Anthony J. Abeita**, deceased **07/10/1988**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

## NAME CHANGE

Notice of Name Change:

Case No. CV-NC-0164-2023

**Bambi Andrea Marlene Abeita**

### First Notice

**TAKE NOTICE** that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **Bambi Andrea Marlene Abeita** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex, Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Bambi Andrea Marlene Abeita** to **Dre Abeita**. Any person claiming an interest in this matter may notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **TBD** at **TBD**. Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

### Isleta Tribal Court Notice:

How to pay Traffic, Criminal Fines/Fees and Court Costs

**You can pay Online at [www.citepayusa.com](http://www.citepayusa.com)**

You will need your Citation Number and Date of Birth

There is a 5% transaction fee

**You can pay in Person or Mail-In** with a money order or cashier's check:

Made payable to: Isleta Tribal Court  
P.O. Box 729  
Isleta, NM 87022

If you have any questions, feel free to contact the clerk's office at 505-869-9699.

## Attention: Pueblo of Isleta Community

Public Works has implanted a new work order system for community work orders. Community members can submit a work order the following ways:

1. Below is a QR Code you can scan with a smart device
2. You can access the link on the Pueblo of Isleta Website
3. Calling Public Works Office at 505-869-5170



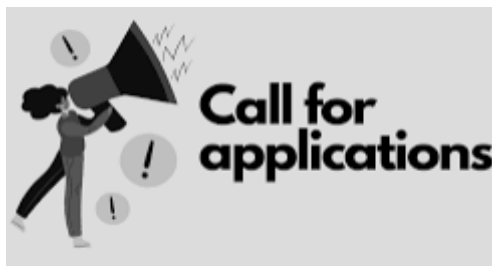
Please provide as much information as possible about the work order being placed. We will need the following information:

- What is the issue?
- Location (Complete Address)
- Contact Name & Number
- Attached pictures, if any

**NOTE:** Please one work order per submittal! Our new system will not generate multiple work orders in one submission.

*Not providing all detail information on your work order may cause a delay!*

We understand that not everyone has access to a smart device or computer to submit a work order, calling into Public Works Office at 505-869-5170 is still available.



**Call for Applicants:**

The Tribal Council is soliciting letters of interest from individuals interested in serving on the **Pueblo of Isleta Housing Authority Board of Commissioners (1 position)** and **The Pueblo of Isleta Tribal Enrollment Committee (1 position)**.

Any persons interested in serving on the Board/Committee are requested to submit a letter of interest, including a resume/vital to the Tribal Council Office. Applications will be accepted until the vacancies are filled.

**Qualifications for Pueblo of Isleta Housing Authority Board of Commissioners are:**

- 1) Each Commissioner shall possess communication skills, experience, and expertise necessary to carry out the duties of a Commissioner, and to contribute to the ability of the TDHE to achieve the purposes for which the TDHE was established.
- 2) Each Commissioner shall possess at least two years' experience in housing development, design, management, construction/modernization, business management, personnel, tribal governance, accounting, financing, or housing inspections, or, in the alternative, he or she shall possess, at a minimum, an Associate's or Bachelor's Degree in one of the following areas: Business, Health, Political Science, Building Trades, Human Services, or Social Services.
- 3) Prior to appointment to the Board, each prospective Commissioner shall submit to a background investigation and a drug screen. The prospective Commissioner shall pay for such background investigation and drug screen, but, upon the TDHE's receipt of satisfactory results, shall be reimbursed for all such costs.
- 4) Commissioners shall be Enrolled Members.
- 5) Commissioners shall not be employees of the TDHE.
- 6) When nominated and appointed, Commissioners shall not be past due on any payment owed to the TDHE or its predecessor entity.
- 7) Criminal Background.
  - a) Conviction of any crime requiring listing on a Sex Offender Registry site, whether tribal, state, or federal, shall result in a finding of ineligibility until such time as the individual is no longer required to register. Conviction of domestic violence or other Crime of Violence involving the use, attempted use, or threatened use of physical force against a Person or property; or any offense related to conversion of property or that would tend to reflect their ability to manage finances shall result in a finding of ineligibility of the individual as a Commissioner for a period of five years from conviction, or release from probation, incarceration, or parole, whichever is later.
  - b) If, while in office, a Commissioner is charged with the commission of one or more of such offenses under this section, he or she shall be immediately suspended from the Board and shall remain suspended until such time as the offense or offenses for which the Commissioner was charged is or are resolved. If the Commissioner is convicted of the offense or offenses charged, his or her appointment to the Board shall be terminated immediately.

If you would like more information, please feel free to contact the Tribal Council Office at 505-869-9746.

Send letters of interest to:  
 Tribal Council Office  
 P.O. Box 1270  
 Isleta, NM 87022

# TRASH TALK ISLETA!

TRANSFER STATION  
HOURS OF OPERATION

Monday thru Friday  
7:00 AM - 4:30 PM  
Saturday and Sunday  
7:00 AM - 3:00 PM  
CLOSED TRIBAL AND FEDERAL HOLIDAYS.  
MAY CLOSE DUE TO HIGH WINDS  
505-869-4106

DON'T CONTAMINATE  
RECYCLE BETTER  
KEEP ISLETA BEAUTIFUL!

<p><b>PLASTIC</b> Bottles, tubs, jugs and jars Empty and Rinse</p>	<p><b>METAL</b> All cans Empty and Rinse</p>
<p><b>PAPER</b> Paper, cartons and cardboard Flatten cardboard</p>	<p><b>USE CLEAR BAGS ONLY</b> IF YOU BAG RECYCLABLES DO NOT USE BLACK OR WHITE BAGS</p>

PROPERLY BAGGED RECYCLABLES

- Use clear bags only if you choose to bag your recyclables.
- Why? When it gets to the recycle facility the line workers can distinguish recycle materials from trash ensuring your materials get recycled.
- Using clear bags helps ensure the health & safety of the line workers who come in contact with the material when sorting at the facility.
- Use of colored bags will result in missed collections.

## WINDY SEASON & RECYCLING

Let's Talk Trash Isleta! It is that time of the year, windy season. The Solid Waste Department wants to remind you to expect early closures at the Transfer Station on very high wind days. We ask that you please do not come to the Transfer Station on very high wind days as we may close early. We do this for safety reasons as well as to KEEP ISLETA BEAUTIFUL. Lots of times trash is blown out of vehicles during transport and it litters our community, also this pollutes our range lands and can be harmful to cattle that may eat the trash. Poor visibility and dust can impair vision and cause damage to your eyes leading to accidents or injuries. This precaution is taken for your safety, livestock and community in mind.

Please bag all trash for curbside pickup. Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility and results in your material being landfilled instead of recycled. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Keep it simple, if you do not see it on the picture above throw it away in the trash. Do not use your blue cart for trash or it will be confiscated. Have carts out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. Your understanding and cooperation is greatly appreciated.

KEEP ISLETA BEAUTIFUL! (505)869-4106

# RECYCLE RIGHT ISLETA!

REDUCE, REUSE, RECYCLE!

WHAT DO I PUT  
IN MY BLUE  
BIN?

WHAT DO I  
KEEP OUT OF  
MY BLUE  
BIN?

DO RECYCLE

<p><b>PLASTIC</b> Bottles, tubs, jugs and jars Empty and Rinse</p>	<p><b>METAL</b> All cans Empty and Rinse</p>
<p><b>PAPER</b> Paper, cartons and cardboard Flatten cardboard</p>	<p><b>USE CLEAR BAGS ONLY</b> IF YOU BAG RECYCLABLES DO NOT USE BLACK OR WHITE BAGS</p>

DO NOT RECYCLE

- GLASS
- PIZZA BOXES
- STYROFOAM
- LIGHT BULBS
- BATTERIES
- HOSES & CORDS
- PAPER PLATES
- NAPKINS
- PLASTIC BAGS
- LIQUIDS
- YARD WASTE
- ELECTRONICS

## CURBSIDE RECYCLING PROGRAM

Recycle Right Isleta! Here is some information on recycling correctly at home. It is important to keep your recyclables clean. This means do not place food contaminated products such as used paper plates, napkins, paper towels, plasticware and pizza boxes in your blue bin, dispose them in the trash. Empty and rinse materials though keep water usage minimal. When bagging recyclables use clear bags only. Do not bag recyclables in colored trash bags. When recyclables are bagged in colored trash bags, they are not opened when they reach the recycling facility, the recycling workers assume the bags are trash and your material is landfilled. This is important for the health and safety of the line workers at the facility who come in contact with the material, it helps them to distinguish trash from recyclables. Use of colored bags and prohibited items in your blue bin will result in non-collection. Do not use recycling carts for trash. Using recycle carts for trash will result in confiscation. Have carts out by 7am. For service schedule announcements check the POI newsletter, POI Facebook and POI text message system. Thank you for your cooperation.

KEEP ISLETA BEAUTIFUL! (505)869-4106



























## Job Postings

Visit us online at <http://www.isleta.com/career-opportunities.aspx>

Fax: 505-244-8232

### OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

 <p><b>ADMINISTRATIVE ASSISTANT III - 90HAA3</b> Location: Albuquerque, NM Publish Date: 03/21/2024 Level: Non-Exempt</p>	 <p><b>PROMOTIONS COORDINATOR</b> Location: Albuquerque, NM Publish Date: 03/21/2024 Level: Non-Exempt</p>
 <p><b>SPRAY TECHNICIAN</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>	 <p><b>OUTSIDE SERVICE ATTENDANT</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>FOOD ATTENDANT</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>	 <p><b>VALET ATTENDANT</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>TABLE GAMES FLOOR SUPERVISOR</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>	 <p><b>SLOTS FLOOR ATTENDANT</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>SURVEILLANCE AGENT</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>	 <p><b>SLOTS SHIFT SUPERVISOR</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>EXECUTIVE HOST MARKETING</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Exempt</p>	 <p><b>GROUNDKEEPER</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>BINGO ADMISSIONS CLERK</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>	 <p><b>SECURITY OFFICER I</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>FLOOR BEVERAGE SERVER</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>	 <p><b>PLAYERS CLUB REPRESENTATIVE</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Non-Exempt</p>
 <p><b>OFF-SITE ATTENDANT</b> Location: Albuquerque, NM Publish Date: 03/20/2024 Level: Part-Time</p>	 <p><b>SUPERVISOR F &amp; B</b> Location: Albuquerque, NM Publish Date: 03/18/2024 Level: Non-Exempt</p>
 <p><b>CALL CENTER AGENT (OVERNIGHT)</b> Location: Albuquerque, NM Publish Date: 03/15/2024 Level: Non-Exempt</p>	 <p><b>FRONT DESK AGENT</b> Location: Albuquerque, NM Publish Date: 03/15/2024 Level: Non-Exempt</p>
 <p><b>HDC SPECIALIST</b> Location: Albuquerque, NM Publish Date: 03/15/2024 Level: Non-Exempt</p>	 <p><b>STEWARD</b> Location: Albuquerque, NM Publish Date: 03/15/2024 Level: Non-Exempt</p>
 <p><b>MAJOR APPLIANCE TECH I</b> Location: Albuquerque, NM Publish Date: 03/15/2024 Level: Non-Exempt</p>	 <p><b>BANQUET SERVER</b> Location: Albuquerque, NM Publish Date: 03/13/2024 Level: Non-Exempt</p>
 <p><b>SUPERVISOR</b> Location: Albuquerque, NM Publish Date: 03/13/2024 Level: Non-Exempt</p>	 <p><b>PLUMBER III</b> Location: Albuquerque, NM Publish Date: 03/13/2024 Level: Non-Exempt</p>
 <p><b>COOK</b> Location: Albuquerque, NM Publish Date: 03/13/2024 Level: Non-Exempt</p>	 <p><b>SOUS CHEF</b> Location: Albuquerque, NM Publish Date: 03/13/2024 Level: Non-Exempt</p>
 <p><b>HVAC TECH II</b> Location: Albuquerque, NM Publish Date: 03/12/2024 Level: Non-Exempt</p>	 <p><b>HVAC TECH III</b> Location: Albuquerque, NM Publish Date: 03/12/2024 Level: Non-Exempt</p>
 <p><b>TABLE GAMES DEALER</b> Location: Albuquerque, NM Publish Date: 03/12/2024 Level: Non-Exempt</p>	 <p><b>MASSAGE THERAPIST</b> Location: Albuquerque, NM Publish Date: 03/12/2024 Level: Non-Exempt</p>
 <p><b>SECURITY OFFICER II</b> Location: Albuquerque, NM Publish Date: 03/12/2024 Level: Non-Exempt</p>	

## Affordable Connectivity Program

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

### Who Is Eligible for the Affordable Connectivity Program?

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least *one* of the criteria below:

- Received a Federal Pell Grant during the current award year;
- Meets the eligibility criteria for a participating provider's existing low-income internet program;
- Participates in one of these assistance programs:
  - Free and Reduced-Price School Lunch Program or School Breakfast Program, including at U.S. Department of Agriculture (USDA) Community Eligibility Provision schools.
  - SNAP
  - Medicaid
  - Federal Housing Assistance, including:
    - Housing Choice Voucher (HCV) Program (Section 8 Vouchers)
    - Project-Based Rental Assistance (PBRA)/ Section 202/ Section 811
    - Public Housing
    - Affordable Housing Programs for American Indians, Alaska Natives or Native Hawaiians
- Supplemental Security Income (SSI)
- WIC
- Veterans Pension or Survivor Benefits
- or Lifeline;
- Participates in one of these assistance programs and lives on Qualifying Tribal lands:
  - Bureau of Indian Affairs General Assistance
  - Tribal TANF
  - Food Distribution Program on Indian Reservations
  - Tribal Head Start (income based)

Apply now! [www.GetInternet.gov](http://www.GetInternet.gov)

## LAND FOR SALE

- 4.782+ Acres
- Tribal Road 10
- Call, Text, or Voicemail

**Kimo @ (505) 506-3432**



Start Date:  
April 8  
Pay: \$720-  
800/week DOE  
MUST BE ABLE  
TO DRIVE

## SEEKING AN ISLETA HIKING CLUB CREW LEADER

The hiking club was created for kids ranging from 3rd-8th grade to have access to the outdoors to explore and create connections/memories with each other while creating a deeper understanding and relationship with our ancestral lands and lifeways.

We are seeking two individuals 21 years of age or older, preferably from the community of Isleta Pueblo to lead 3 sessions of a group up to 10 youth to hike different areas around New Mexico.

APPLY AT [ANCESTRALLANDS.ORG/ISLETA-PUEBLO](https://ancestrallands.org/isleta-pueblo)  
Contact Elijah Lujan (505)584-7844  
[ELUJAN@CONSERVATIONLEGACY.ORG](mailto:ELUJAN@CONSERVATIONLEGACY.ORG)

### Isleta Pueblo Cultural Center CALL FOR NEW Isleta Pueblo ARTIST WORK FOR CULTURAL CENTER DISPLAY CASES

Please bring works to fit space size  
4ft. width and 7ft. height

**ALL MEDIUM OF ARTWORK WELCOME!**

Please make an appointment with Isleta Pueblo Cultural Center@ 505-869-9768




*We Are*  
**HIRING**

**Apply today!**

Isleta Hiking Club Crew Leaders

Seeking two individuals 21 years of age or older to lead 3 sessions of a group of up to 10 youth to hike different areas around New Mexico  
\$720-800/week depending on experience and qualifications

Isleta Farm Technician

Seeking applicant 21 years of age or older to help establish a traditional farm within the Pueblo of Isleta  
\$550/week living stipend + \$100/week housing stipend  
Term: 30 weeks  
AmeriCorps Education Award of \$3,447.50 after successful completion of service term. Health insurance benefit eligible.

Isleta Natural Resource Technician

Seeking applicant 18 years of age or older to explore opportunities with the Pueblo of isleta Natural Resource Department  
\$450.00/week living stipend + \$200.00/week housing stipend  
Term: 6 months (26 weeks)  
AmeriCorps Education Award of \$3,447.50 after successful completion of service. Health benefit eligible. Professional Development Funds available to attend conference.

APPLY AT [ANCESTRALLANDS.ORG/ISLETA-PUEBLO](https://ancestrallands.org/isleta-pueblo) or Contact Isleta Program Coordinator Elijah Lujan by phone @ (505) 584-7844 or by email- [ELUJAN@CONSERVATIONLEGACY.ORG](mailto:ELUJAN@CONSERVATIONLEGACY.ORG)

**K'EA-WAH SUPERVISED VISITATION AND SAFE EXCHANGE PROGRAM**

**ADVISORY COMMITTEE MEMBER WANTED**

**MONTHLY MEETINGS  
1:00 PM - 2:30 PM**

Submit Letter of Interest to [reyes.abeita@isletapueblo.com](mailto:reyes.abeita@isletapueblo.com)



## Pueblo of Isleta Career Opportunities


Position Posting	Office Location	Closing Date
ACCOUNTANT/ACCOUNTS RECEIVABLE	Treasury	04/01/2024
ADMINISTRATIVE ASSISTANT I	Public Works	04/01/2024
ADMINISTRATIVE ASSISTANT II	Elder Center	03/25/2024
ADMINISTRATIVE ASSISTANT III	Natural Resources	03/25/2024
ANIMAL CONTROL OFFICER	Police Department	Open Until Filled
ARCHIVIST	Cultural & Historic Preservation	04/01/2024
AUDIOLOGIST	Health Services	Open Until Filled
AUTO & DIESEL MECHANIC	Transportation Services	Open Until Filled
BEHAVIORAL SCIENCES CLINICIAN	Police Department	Open Until Filled
BUYER	Procurement	Open Until Filled
CHILD / ADOLESCENT THERAPIST	Health Services	Open Until Filled
CHILD CARE PROVIDER I	Head Start	Open Until Filled
CLINICAL THERAPIST	Health Services	Open Until Filled
CODE COMPLIANCE OFFICER	Police Department	Open Until Filled
COMPUTER IT SPECIALIST	Department of Education	Open Until Filled
COMMUNITY HEALTH REPRESENTATIVE	Health Services	Open Until Filled
COOK I	Assisted Living	Open Until Filled
CUSTODIAN	Health Services	Open Until Filled
CUSTODIAN	Public Works	Open Until Filled
DATA ANALYST	Head Start	04/01/2024
DENTIST	Health Services	Open Until Filled
DENTAL ASSISTANT	Health Services	Open Until Filled
DIRECTOR, TRANSPORTATION SERVICES	Transportation Services	Open Until Filled
DISABILITIES COORDINATOR	Head Start	Open Until Filled
DISPATCHER I or II	Police Department	Open Until Filled
EMT – INTERMEDIATE (2 Positions)	Health Services	04/01/2024
EMT – PARAMEDIC (2 Positions)	Health Services	Open Until Filled
EXPERIENTIAL EDUCATOR II	Health Services	Open Until Filled

Position Posting	Office Location	Closing Date
FACILITIES SUPERVISOR	Health Services	Open Until Filled
FACILITIES WORKER	Head Start	Open Until Filled
FAMILY SOCIAL WORKER	Social Services	Open Until Filled
FINANCIAL PLANNING & ANALYSIS DIRECTOR	Treasury	Open Until Filled
FIREFIGHTER	Fire Department	Open Until Filled
FITNESS INSTRUCTOR	Parks & Recreation	Open Until Filled
GROUNDSKEEPER	C-Stores	Open Until Filled
GROUNDS MAINTENANCE WORKER (2 Positions)	Public Works	Open Until Filled
HEAD START TEACHER I or II	Head Start	Open Until Filled
HIGHWAY SAFETY ASSISTANT	Police Department	Open Until Filled
HIGHWAY SAFETY OFFICER I or II	Police Department	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
IRRIGATION SUPERVISOR	Natural Resources	Open Until Filled
IRRIGATION TECH	Agricultural Division	Open Until Filled
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	Open Until Filled
LABORER	Public Works	Open Until Filled
LEASING OFFICER	Tribal Administration	Open Until Filled
LIFEGUARD	Parks & Recreation	Open Until Filled
LIFEGUARD ASSISTANT	Parks & Recreation	Open Until Filled
PARKS MAINTENANCE WORKER	Parks & Recreation	Open Until Filled
PATIENT REFERRAL COORDINATOR I	Health Services	Open Until Filled
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled
PHYSICAL THERAPIST ASSISTANT	Health Services	Open Until Filled
POLICE OFFICER I	Police Department	Open Until Filled
POLICE OFFICER II	Police Department	Open Until Filled
PURCHASED/REFERRED CARE MEDICAL ASSISTANT	Health Services	03/25/2024
PURCHASED/REFERRED CARE REGISTRATION CLERK	Health Services	03/25/2024
RANGELAND DATA MONITOR	Natural Resources	Open Until Filled

Position Posting	Office Location	Closing Date	Position Posting	Office Location	Closing Date
SALES ASSOCIATE	C-Stores	Open Until Filled	UTILITY WORKER	Public Works	Open Until Filled
SUBSTANCE ABUSE COUNSELOR	Health Services	Open Until Filled	SECURITY OFFICER	Health Services	Open Until Filled
TEACHER ASSISTANT	Head Start	Open Until Filled	VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled – WITHIN ONLY
TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled	VICTIM ADVOCATE	Prosecutor	Open Until Filled
TRIBAL HISTORIC PRESERVATION TECHNICIAN	Cultural & Historical Preservation	Open Until Filled	WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled


From the Pueblo of Isleta Department of Education

# FAMILY NIGHT @



**WEDNESDAY April 24th**  
Family fun, Food, Raffles, & more!

**4pm - 8pm**  
Learn about the resources from your local schools!




## iexplora!

IN ALBUQUERQUE

Available to families who have:  
 (1) Isleta Tribal Members attending any school within New Mexico, or  
 (2) JOM eligible attending school in the Los Lunas Public Schools

(505) 869-9790 Scan the QR Code to register!



# Johnson-O'Malley JOM

## Indian Education Committee (IEC)

The IEC would like to invite parents to our upcoming meeting:  
**Thursday, April 4, 2024 @ 5 pm**

Located at the Isleta Department of Education  
 950 Moonlight Dr., SW  
 Albuquerque, NM 87105

Join our board members  
**Ryan Hickman**  
**Patricia Lujan**  
**Felicia J. Jojola**  
**Shannon Torres**  
 in our next meeting!

Some topics for discussion: Scope of Work, Reimbursements and School Supplies

**\*\*All Meetings are always open to the public\*\***

## Goodwill

Goodwill Good jobs offers individuals free assistance with job search, interview skills, and resume assistance.

Contact : Vicki Herring  
 Career Specialist at  
 505-944-0289

**Vicki Herring**  
**Career Specialist**  
**Goodwill Industries of New Mexico**



vherring@goodwillnm.org  
 505-944-0289 or 505-881-6401 x4097  
 201 Desert Willow Rd, Los Lunas, NM 87031  
 www.Goodwillit.org


## From the Isleta Pueblo Fire/Rescue Department: Yes it does happen!

Appreciation goes to the members of "B" shift, Firefighter Royce Waconda and Luis Cardoza (pictured). March 8 at 4:00pm Isleta Fire Department was dispatched to a cat stuck in a tree for over 24 hours. Engine 1 arrived to find a cat approximately 25 feet up in the tree. Members were able to capture the cat using a catchpole provided from Animal Control. The cat was removed from the tree without incident or injury. It is believed the cat came to visit from Bosque Farms. Thank you for the dedication of the firefighters of Isleta Pueblo who respond to calls for service without question.



Fire Chief Lester Gary

**Isleta Pueblo News**



**Editor:**  
 Nathaniel Lujan  
**Asst. Editor:**  
 Diane Abeita  
**Published By:**  
 Valencia Express

**The New Beginnings, LLC**  
**“Enhancing Quality of Life”**

We are looking for someone to assist in the community integration to help people to enhance their personal, social, and vocational experience successfully in the community. Focusing in but not limited to broaden possibilities in the community and general population activities. Individual support is based on the identified needs and desires of the person served. Individuals are active partners in determining the activities they desire to participate in and identifying their most meaningful experiences.

**Job Qualifications:**

- Must be 18 years of age
- Ability to read and carry out the requirements of the job
- Ability to communicate in the language that is functionally required by the individual
- Must complete all state required competencies
- Must have a valid driver’s license and insurance
- Must have a high school diploma or equivalent

If interested in applying, please contact:

Christian Satterfield  
 Service Coordinator @ TNB  
 8908 Washington St. NE  
 Albuquerque, NM 87113  
 (505) 363-6421

**TRUANCY**

Greetings,

We hope you are ready for a new month and new beginnings. With the school year almost over it is important to remember to keep up with your classwork/homework, attend school daily and be on time, and turn in all and any missing assignments. It is important to talk to your teachers and counselors to request any assistance that you may need for the remainder of this school year.

In last month’s newsletter we talked about the definition of what an excused and unexcused absent is. The Truancy Department has been sending notification letters for those students that have multiple unexcused absences. We have received many calls from our families that have received these letters from our department and we thank you for that. As a reminder, our department is here to offer students and their families support services so that our students will be successful with their daily attendance, which then leads up to a successful education.

Negative outcomes is not what we want to see with our students. You are encouraged to reach out to us with any attendance concerns. We work closely with other Pueblo of Isleta service providers to assist in offering a variety of services.


Keep in mind that what we want is educated and successful students who will one day be leaders in our community.

Please do not hesitate to contact our department at (505) 869-3870 if you would like information as to what services we provide or request assistance. Thank you and have a wonderful month!



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**Child Safety Seat Checks offered at the Isleta Health Center**  
**Learn how to properly install your Child’s Safety Seat**  
**CALL 505-869-4479 to Schedule an Appointment.**  
*Child and Car Seat must be Present.*




# LOS LUNAS SCHOOLS

is seeking

## NATIVE AMERICAN LIAISON

- **ELEMENTARY LEVEL**
- **SECONDARY LEVEL**




### OVERVIEW OF JOB DESCRIPTION

To assist in creating a school environment in which Native American students are encouraged to develop their unique capabilities within the affective as well as the cognitive areas.

### MINIMUM QUALIFICATIONS:

- Master’s Degree from a regionally accredited college or university
- New Mexico Public Education Department Licensure as a School Counselor or Teacher

For more info, call 505-865-9636 or  
 Apply Here: [lsschools.tedk12.com](https://lsschools.tedk12.com)



## DEPARTMENT OF EDUCATION PUEBLO OF ISLETA


# STOLE AND SEAL INFORMATION

[WWW.ISLETAPUEBLO.COM/EDUCATIONALSERVICES](http://WWW.ISLETAPUEBLO.COM/EDUCATIONALSERVICES)  
505-869-9790 or find us on the web by searching Isleta Education

### ELIGIBILITY CRITERION

Any Isleta Tribal Member or a Native American attending Los Lunas Schools who:

- Are enrolled in school
- Completed a 506 and/or CIB (Certificate of Indian Blood) and forms on file at the Isleta Department of Education.
- Have a cumulative Grade Point Average (GPA) of 2.5 or higher by the end of fall semester.
- Less than 20 absences in any class per year.
- Have submitted online application(s) for each seal to the Department of Education by the second Friday in April of the graduation year and successfully complete all requirements.



### TIWA BILINGUAL SEAL


- Successfully complete two years of Tiwa (bring transcripts to verify) OR be able to demonstrate proficiency in the language.
- Present language knowledge to an audience of judges from the community in May. Schedule to be determined.
- Two letters of recommendation (one from Tiwa language teacher and one from general education teacher and/or community leader/elder)
- Complete 10 hours of community service.

### ISLETA EDUCATION TRIBAL SEAL (CULTURE/LANGUAGE)

Prepare and present a presentation relevant to your tribe (i.e. prepare traditional food/dish, tell a story, interview an elder/family member, make a traditional item/clothing, explain importance of farming/planting/hunting, share information on issues impacting our community). During the presentation explain your reasoning and the importance of your presentation.

### Deadline

2nd Friday of April



Students must complete the online application by visiting:  
[https://isletapueblo.formstack.com/forms/2023\\_24stole\\_seal](https://isletapueblo.formstack.com/forms/2023_24stole_seal)  
 The application is due by the second Friday in April. For information, you can contact (505)869-9790.

### DISTINGUISHED SEAL FOR SERVICE LEARNING

Complete a minimum of 30 hours of volunteer work starting from the end of their junior year through January of their senior year.



**Pueblo of Isleta**

# Internship Program

**Submission Deadline:**  
**April 8, 2024**




**Eligibility Requirements:**

- Isleta Tribal Member
- Current High School Students  
Ages 16 & Older
- Currently Enrolled in College,  
University or Vocational School



[https://isletapueblo.formstack.com/forms/2024summer\\_internship](https://isletapueblo.formstack.com/forms/2024summer_internship)

### Notice of Los Lunas Schools Public Hearing for Part II of the Application for the Title VI Formula Grant

Los Lunas Schools will hold a public hearing on Wednesday, April 17th beginning at 5:30pm. The meeting will be held at the Los Lunas School's Teacher Resource Center located at 801 Coronado, Los Lunas. The meeting will also be on Zoom. The purpose of the meeting will be to discuss and obtain public input regarding the content of Part II of the application of the Title VI Formula Grant (supporting Indian Education). If further information is needed, including the Zoom link, please call (505) 866-2440.

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing, please contact the Special Services Office at 505-866-2440 at least one week prior to the hearing.

#### ***IMPORTANT DATES PRIMARY ELECTION 2024***

PRIMARY ELECTION  
VOTER CONVENIENCE CENTERS  
ELECTION DAY JUNE 4th 2024

#### **ABSENTEE BY MAIL:**

May 7th- May 21st  
Monday through Friday 8AM-5PM

#### **EARLY IN PERSON:**

(Valencia County Admin)  
May 7th- May 17th  
Monday through Saturday 8AM-5PM

#### **ALTERNATE EARLY VOTING:**

(Belen Community Center, Bosque Farms  
Public Library, Pueblo of Isleta Veterans  
Center, Valencia County Admin)

#### May 18th - June 1st

Monday through Saturday 10AM-6PM

## PUEBLO OF ISLETA DEPARTMENT OF EDUCATION


505-869-9790 or find us the web by searching Isleta Education

### TUTORING SUPPORT

ENHANCE YOUR LEARNING EXPERIENCE THIS SEMESTER! WHETHER YOU NEED EXTRA HELP OR JUST WANT TO EXCEL, OUR TUTORS ARE HERE FOR YOU.


TUTORING SUPPORT IS AVAILABLE FOR ALL LEVELS OF EDUCATION (ELEMENTARY THRU COLLEGE)

MONDAY - THURSDAY 3PM-6PM




### PRE K-12 SERVICES & JOHNSON-O'MALLEY

FROM TUTORING SUPPORT, PROVIDING SUPPLIES, SUPPORTING FAMILIES WITH EDUCATIONAL PLANS TO PROVIDING EDUCATIONAL ENRICHMENT WE CAN HELP!




### EDUCATIONAL ASSISTANCE

THE DEPARTMENT PROVIDES FINANCIAL ASSISTANCE FOR ACADEMIC SUPPORT, PRIVATE EDUCATION, SCHOOL RELATED ACTIVITIES, SCHOOL TRIPS, AND CAREER DEVELOPMENT. FIND THE APPLICATION ON OUR WEBSITE.




### ACADEMIC ADUISEMENT

BEING PREPARED FOR COLLEGE STARTS WITH MAKING SURE EVERYONE IS EQUIPPED WITH THE NECESSARY SKILLS NEEDED TO BE SUCCESSFUL. WE PROVIDE GUIDANCE AND THE RESOURCES THAT ARE ESSENTIAL FOR EVERY STUDENT TO HAVE CONFIDENCE.




### FAFSA SUPPORT

THE FAFSA IS A FORM YOU COMPLETE TO APPLY FOR MONEY FROM A FEDERAL GRANT CALLED THE PELL GRANT. NEW MEXICO COLLEGES AND UNIVERSITIES USE YOUR FAFSA INFORMATION TO AWARD STATE AID, SCHOLARSHIPS, GRANTS AND WORK-STUDY POSITIONS OFFERED AT THEIR INSTITUTIONS. WE CAN SUPPORT YOU IN THIS PROCESS!




### HIGHER EDUCATION

NEED HELP FOR PAYING FOR COLLEGE? LEARN MORE ABOUT POI SCHOLARSHIPS AND OTHER AVAILABLE RESOURCES. GIVE YOUR HIGHER EDUCATION COORDINATOR A CALL OR VISIT OUR WEBSITE.



### ADULT EDUCATION

OBTAIN A HIGH SCHOOL EQUIVALANCY DIPLOMA THRU ADULT EDUCATION AND GET ON YOUR WAY TO A CAREER FOR FREE! CALL THE DEPARTMENT TO LEARN ABOUT THE VARIOUS OPTIONS.



### 2024 Fire Season

Pueblo of Isleta Fire Department

Fire season is here! The Isleta Pueblo Fire Dept. will be available to assist and stand-by for community members with agricultural burns. Burn permits are required, instructions on burn permit must be followed.



For more info contact the numbers listed below.

Fire Chief 505-869-9724  
Isleta Dispatch 505-869-3030



APRIL 2024

# Newsletter

STAY IN THE LOOP WITH UPDATES AND ANNOUNCEMENTS!

**AT A GLANCE**

- Welcome Ms. Ortiz!
- 3rd Quarter Awards Assembly
- Summer School News
- 2024-2025 Enrollment
- Get Involved!
- School Board Members still needed! Please contact the office for more information.
- View our current job openings at <https://www.bie.edu/current-vacancies>.

## Welcome Ms. Ortiz



Meet our new 4th grade teacher!

"My name is Ms. Ortiz, and I am happy to be back teaching fourth grade. This will be my 26th year teaching both here and with Albuquerque Public Schools. Teaching at Isleta feels like coming home and seeing so many familiar faces." *Loretta Ortiz*

Join us in welcoming Ms. Ortiz! Ms. Loretta Ortiz is a certified teacher and comes with a wealth of teaching experience. She was a 4th grade teacher previously here at Isleta Elementary School. We would like to thank Mrs. Hill and Ms. Nieto who graciously stepped in as the interim teachers for our 4th grade students! And thank you all for your patience as we diligently searched for a permanent, certified teacher who would be the right fit for your students and to join our Isleta Eagle Family!

## 3rd Quarter Awards



Congratulations IES Eagles!

Congratulations to all our students on their dedication to education! We are so proud of our Isleta Eagles!



## Summer School News



Enrollment will begin in April

Summer School & Sports Program

Join us for our summer school session for some exciting academic fun and adventures! The program will be Monday - Friday from 8:00am-2:30pm.

- First session: June 17th - 28th
- Second session: July 8th - 19th

**MON-FRI**  
**8:00AM - 2:30PM**

- Reading
- Math
- STEM Instruction
- Cooking/Nutrition
- Music
- Swimming
- Soccer
- Volleyball
- Basketball
- Flag Football
- Swimming

## Enrollment for 2024-2025



The new school year is just around the corner!

Open enrollment for the 2024-2025 school year will begin soon. Enrollment packets will be sent out in April. Please return packets by the end of May.

## Get Involved!



We are always needing volunteers!

For questions on how you can help, contact the front office @ 505-869-2321. Below is a list of opportunities.

- Become a member of the Parent/Teacher Organization (PTO)
- School board members still needed! We are seeking two more board members. Please contact the office for further information.
- View our current job openings: <https://www.bie.edu/current-vacancies>.



# ISLETA SUMMER RECREATION

Fun & Creative Activities For Isleta Tribal Youth from Ages of 5-14 Yrs Old

Must be 5 yrs. old entering 2024-2025 Kindergarten School Year to be Eligible

**Program Starts**  
June 3rd-July 26th, 2024

**Lottery Drawing to Enter**

**Limited Slots for All Age Groups**

**Activities**

- ✓ Swimming
- ✓ Arts & Crafts
- ✓ Fieldtrips
- ✓ Fitness/Gym Play
- ✓ Nature Walks

**\*Must Enter in Lottery Drawing\***

Date to Enter Lottery Drawing:  
**\*\*April 1st-April 30th, 2024\*\***



Entry Forms located at New Recreation Center

**\*\* Drawing of Youth Names-May 3rd \*\***

More Information Call Isleta Recreation Center 505-869-9777

APRIL 22nd



 <b>BREAKFAST</b>					<b>APRIL 2024</b> Isleta Elementary School					Isleta Elementary School 1000 Moonlight Dr 505.869.2321				
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>**No School**</b> Staff Professional Development	<b>2</b> Blueberry Bagel Cream Cheese Boiled Egg Melon Chunks Choice of Milk	<b>3</b> French Toast Sticks Apple Wedges Syrup Choice of Milk	<b>4</b> Fruit Loops Dino Bite Crackers Banana Choice of Milk	<b>5</b> Cinnaminis Teddy Grahams Orange Wedges Choice of Milk	<b>8</b> Breakfast Sandwich Apple Wedges Choice of Milk	<b>9</b> Golden Grahams Toast Fruit Cup Choice of Milk	<b>10</b> Biscuit and Gravy Grapes Choice of Milk	<b>11</b> Cream of Wheat Banana Choice of Milk	<b>12</b> Breakfast Burrito Fruit Cocktail Choice of Milk	<b>15</b> Yogurt Parfait Strawberries Granola Choice of Milk	<b>16</b> Blueberry Pancakes Apple Wedges Choice of Milk	<b>17</b> Combo Bar Toast Jelly Pears Choice of Milk	<b>18</b> Breakfast Pizza Oranges Choice of Milk	<b>19</b> Scrambled Eggs English Muffin Peaches Choice of Milk
<b>22</b> Cinnamon Toasters Apple Wedges Choice of Milk	<b>23</b> Apple Pie Oatmeal Graham Crackers Kiwi Choice of Milk	<b>24</b> Chocolate Muffin Honey Dew Choice of Milk	<b>25</b> Sausage Pancake Mandarin Oranges Choice of Milk	<b>26</b> Waffles Mixed Berries Choice of Milk	<b>29</b> Frosted Flakes Pears Choice of Milk	<b>30</b> Cheerios Bar Mandarin Orange Choice of Milk								

"THIS IS AN EQUAL OPPORTUNITY INSTITUTION"

MENU SUBJECT TO CHANGE DUE TO FOOD AVAILABILITY.

 <b>LUNCH</b>					<b>APRIL 2024</b> Isleta Elementary School					Isleta Elementary School 1000 Moonlight Dr 505.869.2321				
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>**No School**</b> Staff Professional Development	<b>2</b> Chicken Tenders Dinner Roll Broccoli Mixed Berries Choice of Milk	<b>3</b> Meat Pizza Corn Mango & Berries Choice of Milk	<b>4</b> Hamburger Garnish Baked Beans Grapes Choice of Milk	<b>5</b> Tostadas Spanish Rice Corn on Cob Fruit Cup Choice of Milk	<b>8</b> Chicken & Rice Side Salad w/Ranch Roll Tropical Fruit Choice of Milk	<b>9</b> Corn Dogs Baked Chips Mandarin Oranges Choice of Milk	<b>10</b> Salisbury Steak French Fries Carrots Applesauce Choice of Milk	<b>11</b> Chicken Enchiladas Pinto Beans Garnish Cantaloupe Choice of Milk	<b>12</b> Grilled Cheese Tomato Soup Celery Sticks Apple Wedges Choice of Milk	<b>15</b> Chicken Teriyaki Steamed Rice California Vegetable Pineapple Choice of Milk	<b>16</b> Beef Hot Dogs Chips Carrot Sticks/Ranch Peaches Choice of Milk	<b>17</b> Beef Tacos Pinto Beans Chips & Salsa Strawberries Choice of Milk	<b>18</b> Chicken Nuggets French Fries Broccoli Sidekick Choice of Milk	<b>19</b> Turkey on Croissant Broccoli Salad Peaches Choice of Milk
<b>22</b> Spaghetti Garlic Bread Mozzarella Sticks Corn Choice of Milk	<b>23</b> Pork Chop Rice Pilaf Dinner Roll Honey Dew Choice of Milk	<b>24</b> Nachos Garnish Salsa Grapes Choice of Milk	<b>25</b> Meatloaf Mashed Potatoes Green Beans Peaches Choice of Milk	<b>26</b> Ham & Cheese Macaroni Breadstick Apples Choice of Milk	<b>29</b> Lasagna California Vegetable Garlic Knot Berries Choice of Milk	<b>30</b> Frito Pie Garnish Carrot Sticks Chocolate Cookie Choice of Milk								

"THIS IS AN EQUAL OPPORTUNITY INSTITUTION"

MENU SUBJECT TO CHANGE DUE TO FOOD AVAILABILITY.

### *From the Department of Education*

The Department is continually inspired by the transformative power of learning. The month of March saw students explore various areas of this transformative learning. The Department found an opportunity to allow students to develop a love of learning. During the week of March 11-18 students from the Los Lunas Public School district found themselves on spring break. Seventeen students registered for this trip that was both fun and educational.

#### **Monday - Sandia Mountain Range**



Students hiked through the Elena Gallegos Open Space Park in Albuquerque, New Mexico. Students hiked the gently ascending trails that offered glimpses to the cityscape of Albuquerque. The natural beauty of the park surrounded students and filled them with a sense of awe and wonder. As we hiked the students enjoyed a symphony of gravel crunches and wind whistles. At the end of the hike each student experienced a moment of profound sense of gratitude for an opportunity to experience the natural splendor of New Mexico.

#### **Tuesday - Wastewater Treatment Plant**

Students embarked on an immersive and educational experience at the Albuquerque Bernalillo County Water Utility Authority. The students were able to gain valuable knowledge in the process of maintaining New Mexico's scarce natural resource: water. The tour allowed students to overview the facility's operations. First, the students learned about the history of water availability in Albuquerque. The tour showed that Albuquerque has historically maintained an overestimation of how much water aquifers contained. The tour began with showing the journey that water takes after falling down the drain. As students toured the facility they were instantly greeted by the natural scent of grease and oil separating from sewage. Students later learned the facility simply adds air to the water allowing the water to naturally break down waste. At the end of the tour students journeyed to the Rio Grande. With the gentle murmur of the Rio Grande, students listened as the tour guide explained that the treated water is cleaner than when Albuquerque first receives it. He continued, stating that the Pueblo of Isleta for religious and cultural reasons requires that the water be clean. He believes that the Pueblo embodies the idea of community. The students were able to gain a deeper sense of community and water safety.



The Environmental Department would later inform students how water contamination impacts our community. The Environmental Department demonstrated that water contamination does not remain with the river but also with our ways of life. Students learned that the contamination can also contaminate crops. Students also learned that wildlife drinking the water can hold the contaminants within their bodies. The Environmental Department created a lasting impression of the importance of maintaining water within our tribal community. We appreciate our partnerships with the Pueblo of Isleta Environmental Department.

#### **Wednesday - Botanical Gardens/Zoo**

As the students stepped into the aquarium they were warmly welcomed with a world of vibrant colors in stark contrast to the polychrome gray of Albuquerque. The gentle sway of aquatic plants and graceful glide of fish created a serene atmosphere. Students



fixed their gaze on the lazy patrol of glowing jellyfish. Each exhibit offered a passing glimpse into the biodiversity of ocean life. The students left the aquarium with a sense of awe and appreciation of the beauty and complexity of the ocean.

Students journeyed to the botanical garden. The botanical offered a whimsical escape for students. The garden contained exhibits where students could explore gardening, music, and art design. The students thoroughly enjoyed the maze within the garden.

At the zoo students explored various ecosystems from the African savannah to bamboo laded forests of Asia. Each enclosure gave students a glimpse of various ecosystems around the world. Students learned the location of the animals' natural habitat, diet, and conservation status.

For some exhibits students learned the cultural importance of some animals. The journey to the zoo enhanced student learning, discovery, and appreciation for the natural world.

#### **Thursday - Isleta Eagle Golf Course & Computer Programming**



The students had golf lessons at Isleta Eagle Golf Course. The students had lessons emphasizing the importance of grip, stance, and posture. Proper technique was demonstrated for the students. During their lesson students were able to explore the lush green fairways and rolling hills of the course. Some students even created sand art within the bunkers. As students progressed through their lesson they had gained new skills and confidence within the game of golf.

Later Sonja, tutor, introduced the students to the wonderful world of Ozobots. Ozobots are small, programmable robots designed to teach coding and robot concepts to students in a fun and interactive way. The students were amazed as the palm-sized robots followed colored lines drawn on graph paper. The students were able to create different paths with different colors and patterns that created various commands. The students enjoyed this engaging and educational tool.

#### **Friday - State Roundhouse**

On the last day and windiest day of spring break, students visited the New Mexico State Capitol. As the students journeyed to Santa Fe, they saw the air come alive with dust. Once at the Capitol the students were able to explore the building and its unique



architecture. The students were able to explore the State Senate chambers. They also learned about the electronic voting system that the senators and representatives use during session. The tour included an overview of the art housed in the Capitol. Students enjoyed New Mexican art with its unique blend of Hispanic and Native American influence. Through the trip to the Capitol, students were able to gain an appreciation for our state's government and art.



Happy April,

The Academic Success team has been working with high school students and giving them important information about upcoming events and ways to be successful within the remaining two months of the school year.

Parents, now is a good time to ensure that your student is doing the best they can to get the grades they need to pass the semester. We want to make sure that all students are passing their classes and no matter which high school your student attends, there is always a way to see your child's grades and attendance. If you feel that your student is struggling to get assignments in, the department of education has a tutoring program that assists with homework and skill building in all subjects.

Also, if you already know that your student did not pass the first semester or that they are not going to pass the second semester, summer school is available for those students. Please get in contact with your child's school to get registered.

College students, as the final stretch of the second semester is closely coming to an end, it is not too late to reach out for tutoring services at the Department of Education. The options are in-person and online. For the students who are attending college out of town, we have Varsity tutors for you to take advantage of. I always hear students saying there is not enough time for tutoring, however tutoring and assignment help is better than not doing the assignment itself, *"Find A Way Not An Excuse."*

**POI Scholarship Application/Supporting Documents Deadline Reminder**

Summer Application deadline April 1st

All Supporting Documents for Summer 2024 is due by May 31st

**2024 Pueblo of Isleta Career Technical Education College Fair Recap**

On Wednesday, March 6, 2024 collaborative efforts occurred between the E.O.C. Trio Program of Northern New Mexico and the Pueblo of Isleta Department of Education with the first annual 2024 Career Technical Education College Fair at the Isleta Resort and Casino Ballroom from 4-8 pm. The Fair was open to the public with vendors from various institutions, colleges and agencies within the states of New Mexico and Colorado. The guests were provided information on either education, employment and/or trades. Approximately 148 people attended the fair at the luxurious Isleta Resort and Casino. The primary audience was the school aged children of the Pueblo of Isleta and the event was attended by sixty-three community members that ranged in age from 7th grade to college students. A small crowd of curious on-lookers also attended the event as the various vendors had great giveaways, door prizes and especially the Department of Education's famous wheel of prizes that kept the guests excited. We were pleased that the Governor and his Lt. also mingled amongst our curious onlookers and they too enjoyed the fair.



During the event, we had our higher education students volunteer one or two hours at the fair. The original count was three on the volunteer sign-up. The final count of volunteers was nine and

these students were able to assist with the prize wheel, to relieve a vendor for a break to get some food or a drink. Students were also encouraged to visit with the various booths and schools to get familiar with things unfamiliar to them. The students shared that they didn't know what to expect of the fair. In conclusion, we had a good turnout and fun was enjoyed by all.

**FAFSA Night at DOE**

On Tuesday, March 19, 2024 DOE collaborated with E.O.C Trio Program out of Northern New Mexico to help students interested in attending college with the FAFSA form. FAFSA (*Free Application for Federal Student Aid*) is a form most colleges and universities use to determine how much financial aid a student is eligible to receive, which could include grants, scholarships, work-study funds, and loans. The FAFSA form is commonly required for scholarships and is a main requirement for the POI Scholarship. Those in attendance and worked on their FAFSA notice the new changes for the 2024-2025 FAFSA. DOE and EOC was able to inform 10 participants of the importance of completing a FAFSA form.

The newest change for the 2024-2025 form is every contributor (you, your spouse, a biological or adoptive parent, or your parent's spouse) who's required to provide information on the FAFSA form—needs a StudentAid.gov account before accessing and completing their section of the online form. Contributors can access their StudentAid.gov account by using their FSA ID (account username and password).



Our department will be hosting another FAFSA night on March 27, 2024 from 4:00pm-7:00pm to help those who still need to complete their form. One thing about FAFSA, you must apply for aid every year. If you need help completing your FAFSA, feel free to give us a call at (505)869-9790.

**Reminder for Graduates**

POI Scholarship Recipient if you graduated Fall 2023 or will be graduating Spring 2024, please fill out this form to celebrate your educational accomplishment during our DOE graduation banquet.



[https://isletapueblo.formstack.com/forms/2024\\_graduate](https://isletapueblo.formstack.com/forms/2024_graduate)



**CALLING ALL GRADUATES FROM HIGH SCHOOL, TECHNICAL INSTITUTES, AND COLLEGES, please be sure to let us know you are graduating or have graduated by calling our department or filling out the link above. We want to celebrate your accomplishments!**

Graduation is around the corner, mark your calendars for the following graduation and robing ceremonies!

- Wednesday, May 1, 2024 Valencia High School Academic Letter Ceremony Time TBD
- Thursday, May 2, 2024 Los Lunas High School Academic Awards Ceremony 5:30 pm @ LLHS Auditorium
- Saturday, May 4, 2024 CNM Graduation Ceremony 12 pm @ Tingley Coliseum
- Sunday, May 5, 2024 Baccalaureate Mass 10 am @ St. Augustine Church
- Friday, May 10, 2024 UNM School of Nursing Convocation 2:30 pm @ The Pit
- Saturday, May 11, 2024 UNM School of Engineering Convocation 2 pm @ UNM Arena
- Tuesday, May 14, 2024 Century High School and Los Lunas Family School Robing & Rose Ceremony 5:30 pm @ Valencia High School Performing Arts Center
- Wednesday, May 15, 2024 Los Lunas High School Robing Ceremony 6 pm @ LLHS Gym
- Thursday, May 16, 2024 Valencia High School Robing Ceremony TBD
- Saturday, May 18, 2024 Valencia High School Graduation Ceremony 1pm @ The Pit
- Saturday, May 18, 2024 Los Lunas High School Graduation Ceremony 9am @ The Pit
- Saturday, May 18, 2024 Century High School and Los Lunas Family School Graduation Ceremony 3pm @ The Pit

(Continued Next Page)

- Monday, May 20 2024 @ Tingley Coliseum
  - o Albuquerque High 9:30am
  - o Rio Grande High 2pm
  - o La Cueva High 6:30pm
- Tuesday, May 21, 2024 @ Tingley Coliseum
  - o Volcano Vista 9:30am
  - o eCademy 2pm
  - o Manzano 6:30pm
- Wednesday, May 22, 2024 St. Pius X High School Graduation Ceremony TBD
- Wednesday, May 22, 2024 @ Tingley Coliseum
  - o Cibola 9:30am
  - o Highland 2pm
  - o Eldorado 6:30pm
- Thursday, May 23, 2024 @ Tingley Coliseum
  - o Atrisco Heritage 9:30am
  - o Del Norte 2pm
  - o West Mesa 6:30pm
- Friday, May 24, 2024
  - o Sandia 9:30am
  - o Valley High 2pm
- Friday, May 31, 2024 Santa Fe Indian School Graduation Ceremony TBD

**DOE Summer Programming**



The Department of Education and Language Program will be offering a 4-5 week summer program for students aged 8-15 years. Program hours will be from 9am-3pm and will focus on language, science, reading, traditional arts, science and mathematics.

**Program Dates: June 10-July 19 (Monday – Thursday) with July 1-5 a closed week (no program).**

Interested families can register their child by Wednesday, May 15, 2024 using the following link or QR code.



<https://isletapueblo.formstack.com/forms/summer24>

If the number of interested applicants exceeds our capacity, a lottery will be held on Friday, May 17th.

**ANNOUNCING THE ISLETA LANGUAGE FELLOWSHIP**

The Isleta Department of Education and language Program is looking for young Isleta leaders who are interested in a 16-week program that focuses on culture and language.

During the fellowship period, fellows will engage in meaningful work that will benefit the Isleta community. Fellows will be working in a wide variety of fields, including but not limited to agriculture, food systems, youth leadership development, natural resource management, economic development, language and culture, traditional arts and more.

The Isleta Fellowship will require you to commit an extensive amount of time over the course of 16 weeks from **May 28, 2024 through September 13, 2024**. Fellows will convene multiple times per week in addition to some evenings, weekends and overnight trips to assist in cultivating a community of practice. Throughout the first 8 weeks, fellows can expect to commit about 30-40 hours per week, (including overnight stays). Thereafter will be 10 hours per week and some evenings or weekends. The fellowship serves as a language enrichment program designed to support growth, development, knowledge and a community network. Upon successful completion of the 16-week session, fellows may be offered the opportunity of extending their fellowship. (All program required costs will be included).

**Who can apply?**

- Isleta Tribal members between 16-25 years of age who live in or near Isleta Pueblo. Applicants 16-18 years of age must be in good academic standing in school. Applicants 18 and over must have a high school diploma or GED by the start of the program
- Orientation will take place the last week of May 2024 for the selected Fellows.

For more information, please contact the Department of Education at 505-869-9790

To apply visit: <https://isletapueblo.formstack.com/forms/24fellows>

Deadline to apply: **Sunday April 21, 2024 - by 11:59 pm**



**17-28 JUNE 1ST SESSION**

**ISLETA ELEMENTARY SCHOOL**

**SUMMER SCHOOL & SPORTS PROGRAM**

**OPEN ENROLLMENT BEGINS NOW!**

**8-19 JULY 2ND SESSION**

**MON-FRI 8:00AM - 2:30PM**

- Reading
- Math
- STEM Instruction
- Cooking/Nutrition
- Music
- Swimming
- Soccer
- Volleyball
- Basketball
- Flag Football
- Swimming

1000 Moonlight Dr. Albuquerque, NM 87105

[www.isletaelementary.com](http://www.isletaelementary.com)  
505-869-2321

Join us to celebrate

**OUR 3RD ANNUAL MOTHER EARTH DAY RECYCLE DRIVE!**

**FOOD, DRINKS & PRIZES!**

Date: Friday, April 19, 2024  
From: 10:00AM - 2:00PM  
Location: Isleta Recreation Center  
Bring a load of recyclables & receive a prize!  
Sponsored by: POI Solid Waste Department  
Transfer Station: (505)869-4106  
**KEEP ISLETA BEAUTIFUL!**

### ISLETA RECREATION & PARKS

April brings new and exciting things to your Recreation Center like a new class and a new challenge. Spring gives us the opportunity for warmer weather and longer days. Which gives us our New Agility Class. The Agility class will provide you the skills and knowledge to improve your running techniques. How to properly warm up, stretch and run or maybe you just want to get in a great cardio workout. This class is for you, yes that means EVERYONE. Classes will be held once a week, every Wednesday at 5:30pm in the North Grass Field. If you are late, not a problem. Just come, join the class and catch up. What to bring? Bring a water bottle filled with water, dress comfortable and good running shoes. We can't wait to see you there. Also, our new monthly challenge for April is.... Water Aerobics! Who's interested in a great low impact, full body workout. Classes will be held on Wednesday mornings at 10am and Saturday mornings at 10am. Yes, you have 2 classes to chose from, or if you have the opportunity to do both, Awesome. We hope you do. All participants are welcome, you do not need to know how to swim for this class for it will be held in the shallow area of the pool. Life Guards will be on duty during this class. Water weights will be provided in this class, the swimming pool is heated and ready to go. Also, all participants will be automatically entered to win an IGLOO Cooler. So we will see you for our first class April 3rd at 10am. For more information, please call the Recreation Center at 505-869-9777.

**2024  
AGILITY CLASS**  
STARTING WEDNESDAY,  
APRIL 3RD

Learn the power of moving quickly and easily

**Run faster, longer and smarter**

Isleta Recreation Center  
Grass Fields

Start At 05:30pm

FOR MORE INFORMATION  
CALL MARCUS AT 505-869-9777

**WATER AEROBICS**

Monthly Challenge for April  
Win an Igloo Cooler

Looking for a fun and low-impact way to stay fit and healthy? Look no further than water aerobics!

Our experienced instructors are dedicated to helping you achieve your fitness goals.

**Only in April**  
Wednesday's - 10am  
Saturday's - 10am

ISLETA PUEBLO PRESENTS

SIGN-UPS - MARCH 11TH  
DEADLINE- MARCH 29TH  
STARTS - APRIL 9TH

**COUPLES CORNHOLE & OPEN**

League  
START TIME 6PM-7:30PM

OPEN TO ALL POI TRIBAL MEMBERS AND NON TRIBAL MEMBERS

\$25 ENTRY FEE FOR NON TRIBAL MEMBERS

Where: Isleta Rec Gym  
TUESDAY NIGHT'S

Please contact George Waquie  
(505)869-9777  
george.waquie@isletapueblo.com

**20 24**

ISLETA MENS BASKETBALL LEAGUE

WHERE: ISLETA REC CENTER

SIGN-UPS START: March 18  
SEASON BEGINS: April 28  
GAMES WILL BE PLAYED ON SUNDAYS ONLY 10am-4pm  
Deadline: April 19th

NO ENTRY FEE FOR TRIBAL MEMBERS, POI AND CASINO EMPLOYEES and Non-Tribals \$25 entry per player

-CALL OR EMAIL  
george.waquie@isletapueblo.com or 505-869-9777



## Pueblo of Isleta Public Library

April has arrived with the hopes that the New Mexico winds won't be too harsh this season and we can all enjoy the beautiful spring weather. It is also National Library week where libraries across the country celebrate the contributions of libraries, as well for a time that librarians can promote library use and services. There will be lots to do this month with memorial runs, baseball and community events, but with everything going on don't forget to stop by the library to take advantage of all our FREE resources and services.

### News

At the beginning of the month the library will be having a staff meeting. We take this time to plan upcoming programs for children, teens, adults and families for the upcoming months. The library will remain open during this time, so please feel free to come in.

Tax Season is upon us and the 2023 New Mexico Taxation and Revenue form packets are now available here at the library. Other Federal Tax and Revenue forms can be found and downloaded on the Internal Revenue website [irs.gov](https://irs.gov). The library staff is here to help if you need assistance navigating the IRS website. Make sure and stop by the library and pick up a packet before the April 15th deadline.

Don't forget the library has "STEAM to GO Kits" available to check out at the library. Kits include Learn to Move, Emotions, Outdoor Adventure just to name a few. Patrons now can have the convenience of STEAM to GO! Kits in the comfort of their home to enjoy and learn. Kits were designed for preschool age children and up; each kit features two games that encourages children to explore different subjects in STEAM. These games help develop motor skills while children have fun in the process. These kits are located in the general area of the library by the parenting books. If you have any questions, please feel free to speak with a staff member.

Join the Library weekly for Family Story Time every Wednesday at 10:00am with the library. Family Story Time is a fun opportunity for parents, grandparents, and caregivers to introduce their children to reading and language. No sign ups required, just come in! For more information on this program, please call library at 505-869-9808.

### Upcoming

**Summer Reading Program  
Registration will be on Friday, May  
10th at 7am.**

Registration will be on a first come, first serve basis. We will have one single line for registration for youth and junior groups. This will insure that priority is given to those who showed up early.

Some reminders to keep in mind before registering:

- Only Parents/Legal Guardians of students are allowed to sign up students for the Summer Reading Program.
- 3-year old's MUST be potty trained.
- We will be asking for BASIC information on registration form along with a list of allergies.
- Students cannot be dually enrolled in other Pueblo of Isleta Summer Programs as there are limited Summer Program slots throughout the community.

Both Junior and Youth calendars will be available to pick up at the library and will be posted on the library's website page. <https://www.isletapueblo.com/tribalprograms/library>.

This year our Juniors (3-6 years old) will have a curriculum based on science. The Juniors will be doing experiments and we hope to bring in a couple of presenters. Each day we will have story time, activities and crafts. They will also have field trips and fun water days. The Junior calendars are in the process of being filled in, finalized and hopefully ready by April.

The Youth (7-14 years old) will consist of 5 curriculum-based programs. Each library staff member will have different theme, mini field trips, and activities. This year we will feature 5 different curriculums to choose from and there will be 5 spots available for each group. Group descriptions will be available at the library to pick up and the library website. However, we have provided the group descriptions below.

- Desserts Around the World. Take a trip around the world this summer! Join Cheyenne's Summer Reading program and you will get to experience different cultures through food! Each day we will be "traveling" to a different country and learn about their language, culture, and most importantly FOOD. First, we will travel from Asia, to Europe, and then back to the United States, making a simple staple desert from each country. Lastly, we will be going on a mini field trip to Tully's Italian Deli to try their Italian pastries. To learn more about this program, please contact Cheyenne by phone at 505-869-9808 or by email at [cheyenne.castillo@isletapueblo.com](mailto:cheyenne.castillo@isletapueblo.com).

- Do It Yourself. Are you ready to take on home improvement projects? This DIY Program will equip you with the tools, skills, and knowledge to make these projects for your home. In this program learn how to use essential tools, equipment, measurements, and cutting materials to make the projects and crafts. We will be making different crafts using material from wood, paper, painting. For more information you can contact Kyle at (505) 869-9808 or by email [Kyle.Lujan@isletapueblo.com](mailto:Kyle.Lujan@isletapueblo.com).

- Summer Space Walk! Join Astrid to learn about space for the Summer Reading Youth Program. You will get to do space themed crafts and learn about different astronomical topics that will be sure to capture your imagination. At the end of the program, we will take a field trip to the Planetarium in the Museum of Natural History. To learn more about this Program, contact Astrid through phone 505-869-9808 or email at [Astrid.Quintana@isletapueblo.com](mailto:Astrid.Quintana@isletapueblo.com).

- Ocean and Marine Life. If you love the ocean and you want to learn more about the mystery of the deep, then this program is for you! This program will be focused on the mysteries of the ocean. We will talk about ocean life and how the ocean impacts the world! Then we will learn about the mysterious animals that live in the ocean and see how they survive in the deep. Have you ever wondered what lies on the ocean floor?

We will be exploring all the mysteries of the ocean! Including sunken ships with possible treasures sunken with them. If you have any questions regarding this summer program, you may contact Abbey 505-869-9808 or by email at [Abbey.Whitaker@isletapueblo.com](mailto:Abbey.Whitaker@isletapueblo.com).

- If you are interested in learning more about dogs and how to care for them, then this dog-centered program is for you. We will be learning about basic dog care, dog safety, keeping dogs healthy, what foods they can eat and so much more. We will be creating various crafts and activities all focused on dogs. We will create a shelter donation basket for local animal shelters and visit the Animal Humane Society for a tour on what pets need. This tour will involve discussion of spaying/neutering's importance, and why adopting a pet is a great option. If you have any questions regarding this curriculum, you may contact Isaiah, 505-869-9808. He can also be reached by email at [Isaiah.Abeita@isletapueblo.com](mailto:Isaiah.Abeita@isletapueblo.com).

- Please go over the descriptions and calendars with your child(ren) before registration to get a better idea if our program will be a good fit for both parents and children. If you have any questions regarding our Summer Reading Program, please give us a call at the library and speak with a staff member.

Library staff is currently in the process of working on upcoming programs for children, teens, adults and families. Please follow us on our social media accounts for up to the minute announcements on programs and events. We will also be posting flyers throughout the community, so keep a look out for that.

### Recap

The Dungeons and Dragons Spring Break program took place March 13th -15th



**Dungeons and Dragons Spring Break Program participants building their characters and fantasy world!**





Dungeons and Dragons Spring Break Program learning the game, and final day was a trip to Slice and Dice.

from 12:30pm to 3pm with three fun filled days for participants to learn all about the game Dungeons and Dragons. Participants learned how to create their own characters and build their fantasy world with their team. Participants also painted their miniature characters and were given their very own bag of dice. For the final day library staff took participants to Slice and Dice where they got to play Dungeons and Dragons, explore the variety of games and of course, enjoy a delicious lunch.

We would like to thank everyone who participated and staff member Astrid for putting together this program and doing a great job teaching the game to others.

After School Program students have been doing an amazing job this school year and we couldn't be happier. With good Parent Teacher Conference feedback and all the students coming in daily, completing homework and reading. By doing their daily tasks students are earning their way to their next incentive field trip.

We would like to give a shout out to our After School Program staff Kyle, Astrid and Isaiah for planning activities, crafts, calendars, shopping list and the list goes on. The After School Program students' attendance has been on point all year, and the program has remained full with no student disenrollments.

If you have any questions regarding this program, please call the library at 505-869-9808 and speak with a staff member.

**PUEBLO OF ISLETA PUBLIC LIBRARY**

# SUMMER READING

*Program 2024*

JUNE 10TH-JULY 26TH

**JUNIORS**  
AGES 3 (MUST BE POTTY TRAINED) -6 YEARS OLD  
9AM TO 11:30PM  
20 SPOTS

**REGISTRATION**  
**MAY 10TH AT 7:00AM**

**YOUTH**  
AGES 7-14 YEARS OLD  
1PM TO 4PM  
20 SPOTS

**MAD SCIENCE**

- Daily Story time
- Crafts/activities
- Outside play
- Experiments
- Field Trips

**UNTIL ALL SPOTS ARE FILLED!**

Registration must be completed by PARENT or GUARDIAN NO EXCEPTIONS!

**MULTIPLE CURRICULUMS**

- Reading Groups
- Challenges
- Crafts/activities
- Field Trips

A FREE 6-week program that encourages children, tweens and teens to read throughout the summer!

**SUMMER MEAL PROGRAM WILL BE PROVIDED!**

For more information please call **505-869-9808**

## Isleta Health Center Optometry

### Digital Eye Strain

We are using screens now more than ever before. Many of us use our computer screens at work and spend much of our spare time on our TVs, phones or tablets. This can be a wonderful thing, but there are also potential side effects. One of the effects of increased screen time is that it can bother our eyes, a recent term has been coined for this: "Digital Eye Strain". Our eyes feel strained due to the background light from the devices, and due to small muscles inside our eyes that are working hard to keep us focused on the devices in front of us.

The Optometry Times and many eye-care professionals have recently created a simple rule to help combat this Digital Eye Strain. They call it the 20-20-20 Rule; this means that for every 20 minutes you spend on a digital screen, you should take a 20-second break to look at something at least 20 feet away. Oftentimes, our eyes feel most relaxed when we let them rest for a moment and just look into the distance. If you can actively remember to take short breaks from staring at screens throughout your day, your eyes will thank you. Especially if you are feeling eyestrain or fatigue at the end of the day, this is something you should implement into your daily routine. Vision is such an important part of our lives, let's remember to take care of our eyes so they can take care of us for many more years to come.

Isleta Health Center  
Optometry Department

## ISLETA POLICE DEPARTMENT NEWSLETTER APRIL - 2024



Greetings to all! The first quarter of 2024 is now behind us and spring is here. The winds arrived right on time in March as did some early April showers, but as we all know Mother Nature will see to it the winds will be around for a while longer. The winds in the area can become fierce and cause road hazards and heavy blowing dust. During these times extra safety precautions should be taken and below are a few tips taken from "Defensive Driving.org – 9 Safety Tips for Driving in High Winds".

Did you know that high winds can have a devastating effect on road safety? In fact, over 1.2 million vehicle crashes a year are weather-related, including from driving in high winds.

When learning to drive, it's common not to experience any type of bad weather. This may be due to the time of year you learned or because your lesson was canceled.

As a result, new drivers can be caught off guard in the event of driving in high winds. They often don't know what to do, and this causes them to panic.

This kind of situation is hazardous, not only for them, but for other road users. It increases the chance of a crash and can have a long-term effect on their confidence.

So, it's important to know what to do whilst driving in windy conditions. If you have the knowledge and expertise required, then you can remain calm and stay safe.

The following is a condensed version of their tips:

The old tried and true common sense rule: If you do not have to be out during inclement or dangerous weather, "Please stay home" as it is the safest place to be and you are not placing yourself in harm's way.

If you are unsure about traveling, check local weather, news, and other outlets as travel advisories may be broadcast to travel only in emergency situations. Often, when there is bad weather, they advise you not to travel or only travel in an emergency and these are classified as seeking medical help or escaping a dangerous situation. It should not be going to the grocery store, movies/cinema or other social events. If you are in need of emergency help, call 911 immediately.

If you plan on taking a long journey, pre-planning is advisable particularly if you are traveling across the states within the "tornado alley". The "tornado alley" states usually include Texas, Oklahoma, Kansas, South Dakota, Illinois, Missouri, Indiana and Ohio. However, be mindful, these are not the only states that could have a tornado touch down, so always listen to emergency weather alerts,

etc. In this wonderful age of electronics you might consider downloading a good weather application which keeps you on top of weather forecasts as you travel.

Always prepare for driving in windy weather and storms, as it is advisable to be prepared for any type of scenario. Below are a few considerations:

- Take a spare tire and puncture repair kit
- Take a mobile phone car charger
- Pack warm clothing, including blankets
- Have a first aid kit
- Bring a torch with extra batteries
- Prepare a bag with snacks as well

When in dangerous situations, a person's natural reaction is to escape quickly. If driving in a wind storm, some will try to get to the destination faster, but in essence it places them in more danger with a higher risk of getting into a crash. Remember, gusts of wind surround the car and affect handling and braking. These gusts also come in short, unpredictable bursts catching drivers off guard. If driving at a high rate of speed, you give yourself less reaction time. Therefore, slow down to maintain a greater control of your vehicle and allowing yourself to be able to react more efficiently.

The best types of vehicles to drive in windy conditions are small sports coupes. This is because they are more aerodynamic, allowing the wind to easily travel over them. Trucks and buses, because they are considered "high profile", are the worst as they are blown around more easily by side winds. And it can almost feel like you are being hit from the side by another vehicle or broadsided.

You have heard some crashes involving a semi-tractor trailer to topple over, blocking the highway/roadway for hours. Trucks pulling empty box trailers are even more susceptible as there is no weight in the trailer to keep it grounded and strong winds can lift the trailer causing the tractor to topple on its side or worse.

Motorcyclists should definitely refrain from traveling during these types of weather conditions as it takes far less wind to affect the handling of the motorcycle and can easily knock the rider off balance. Motorcyclists run a high risk of serious injury or death as they have little/no protection and could also be struck by a vehicle once the bike is down.

Finally, if you are driving a 4x4 or saloon, be cautious. The car can still topple over or be knocked off the road. So, you should slow down and park somewhere safe.

If you are about to go from a protected area, like a tunnel or highway protected on each side by hills/mountains be extremely cautious when coming out of these areas, and prepare yourself for sudden gusts. These can catch a driver off guard, pushing you into the next lane and crashing.

Ideally, you want to avoid overtaking other vehicles, but sometimes this is unavoidable. If overtaking trucks, buses, motorcycles and even bicyclists, be aware and take precautions:

Always give these vehicles a wide berth as these types of vehicles are high risk during wind storms and could result in crashes (great bodily injury and/or death). If you must pass, maintain distance from them.

So, when overtaking trucks, buses, motorbikes, and even cyclists, take the following precautions.

First, give them a wide berth. We've already established that trucks, buses, and motorbikes are most at risk from high winds. If a bus or truck was to be blown over onto your vehicle, it could be fatal.

So when overtaking, stay as far away from them as possible. If the worst did happen, your vehicle would have more chance of not being hit.

In terms of motorcyclists and pushbike users, just do the same. If they come off, they could be thrown into your vehicle's path. If you were to hit them, it could have devastating consequences.

Falling debris can also be a factor during a severe windstorm with branches from trees broken and falling into the roadway or an entire tree toppling over. Always be vigilant and slow down during these storms particularly if driving during darkness. If you are driving in a forest or the countryside, you need to constantly be on the lookout for falling trees.

Control of the steering wheel is also important. Some drivers feel they have complete control of their vehicle with one hand but during a windstorm your chances increase of the winds surprising you and you are not able to instantly maintain/gain control. Remember hand placement at the hours of 2 and 10, using the steering wheel as a clock face.

Finally if you feel the need to park somewhere, do so in a safe place. Do not park near cliff edges, ditches or underneath trees or large poles.

### WELCOME

The department would like to introduce you to the newest employees who have joined the family:



**Shawnee Jiron**  
Isleta PD Receptionist



**Steve Aragon**  
**Patrol Officer**

CONGRATULATIONS  
TO OUR TWO NEWEST GRADUATES  
FROM THE TELECOMMUNICATIONS  
ACADEMY



L-R: Matthew Torrez, Asst. Supvr,  
Savannah Mendez, Graduate, Gertrude  
Lujan, Graduate, Chris Padilla, Supervisor

### ANNOUNCEMENTS

Please mark your calendars for the following two events:

#### PRESCRIPTION DRUG TAKE BACK

April 27, 2024  
10:00 am – 2:00 pm  
Tribal Services Complex Roundabout  
Watch for flyers!

#### CHILD SAFETY SEAT CLINIC

Sunday, April 28, 2024  
10:00 am – 12:00 noon  
Isleta Rec Center  
60 Tribal Road 40  
Isleta Village Proper, NM 87022

#### **BUCKLE UP FOR SAFETY EVERYONE!**

**The Isleta Police Department  
wishes you a safe and joyous  
Easter Holiday!**



# iSembrando Salud!

**FREE**

## GARDENING KIT

GROW YOUR OWN ORGANIC VEGGIES! GET STARTED WITH \$100 IN GARDENING SUPPLIES. JOIN US NOW!

INDIGENOUS, MEXICANO/CHICANO, AND POC FAMILIES ARE ENCOURAGED TO JOIN!

Center of Southwest Culture, Inc.

[Info@centersouthwestculture.org](mailto:Info@centersouthwestculture.org)

# Valle de Oro NWR Spring Calendar 2024

7851 2nd Street SW, Albuquerque, NM 87105

Valle de Oro National Wildlife Refuge  
Refugio Nacional de Vida Silvestre Valle de Oro

All events are FREE, open to the public, and take place at Valle de Oro's visitor center unless noted otherwise. All times are in Mountain Daylight Time. Check websites and our Facebook/Instagram pages for more information.



@FriendsOfValleDeOro  
@ValleDeOroNationalWildlifeRefuge



www.friendsofvalledeoro.org  
www.fws.gov/refuge/valle\_de\_oro

**-Apr 1-30- Environmental Justice Community Days**  
Small events happening throughout April. Find more info at [fws.gov/refuge/valle-de-oro/events](https://www.fws.gov/refuge/valle-de-oro/events) or scan the QR code on page 3.

**-Fri. Apr 5- Nature Tots**  
Children ages 3-6 and an adult are invited to explore nature with a refuge Ranger.  
10:00 am to 11:30 am

**-Thur. Apr 11- Coffee & Cruise: Ranger Talk and Refuge Tour**  
Join Ranger Dakota for hot drinks and a talk at the visitor center followed by a tour of the refuge in our open air electric shuttle. Space is limited! Email [dakota\\_dominguez@fws.gov](mailto:dakota_dominguez@fws.gov) to reserve your spot!  
10:00 am to 12:00 pm



**-Fri. Apr 12- Shuttle Driver Volunteer Orientation**  
Interested in volunteering at the refuge as a shuttle driver? Join us for this orientation to become a volunteer. Pre-registration is required- send an email to [dakota\\_dominguez@fws.gov](mailto:dakota_dominguez@fws.gov) to register.  
2:30 pm to 4:30 pm

**-Sat. Apr 13- Botanical Sun Printing**  
Join artist Anna Rotty and Ranger Giessell for a sun printing workshop (cyanotype) and nature walk during our environmental justice days for a creative blend of nature and art. All ages welcome, materials provided.  
11:00 am to 1:00 pm

**-Sat. Apr 13- Junior Duck Stamp Award Ceremony**  
Students and families are invited to participate in the announcement of 2023-2024 NM Junior Duck Stamp winners!  
1:00 pm to 2:00 pm

**-Sat. Apr 20- ALMA Community Tile Making Workshop**  
Join our partners at ALMA for a tile making workshop to go towards the new mosaic sculptures.  
11:00 am to 1:00 pm

**-Sat. Apr 20- Environmental Justice Community Day Celebration**  
Join us to celebrate the environmental justice work taking place at the refuge and in the community.  
11:00 am to 2:00 pm

**-Sat. Apr 27- City Nature Challenge ABQ/BioBlitz- Valle de Oro NWR**  
Come join naturalists in documenting as many living beings as we can at Valle de Oro NWR.  
7:00 am to 1:00 pm

**-Fri. May 3- Weed Warriors Volunteer Party**  
Join us any time during the event to help fight back against invasive plants at the visitor center.  
1:00 pm to 3:30 pm

**-Fri. May 10- Weed Warriors Volunteer Orientation**  
Would you like to volunteer to help with invasive species removal at the refuge on your own time? Become a Weed Warrior by attending this volunteer orientation. Pre-registration is required, please send an email to [dakota\\_dominguez@fws.gov](mailto:dakota_dominguez@fws.gov) to sign up!  
2:30 pm to 4:00 pm

**-Thurs. May 23- Community Update**  
Come learn about all that is happening to transform Valle de Oro at this open house event  
5:30 pm to 7:00 pm

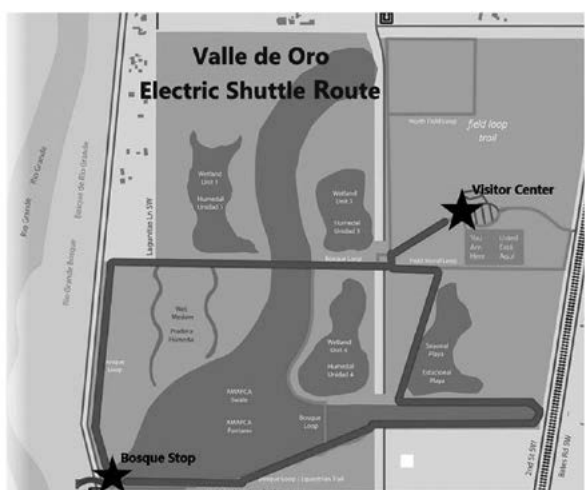
**-Sat. May 25- Birds are Real 4.0**  
Join community members, Haley and Emi for a morning bird walk followed by NM native bird themed linoleum printing to make your own! Register by emailing [brittany\\_chavarria@fws.gov](mailto:brittany_chavarria@fws.gov).  
8:00 am to 10:30 am

**-Sat. Jun 1- Saturday @ the Refuge**  
Join us for a day of family-friendly nature activities and hands-on programs. Enjoy a Saturday filled with fun at the Refuge!  
11:00 am to 1:00 pm

**-Fri. Jun 7- Nature Tots**  
Children ages 3-6 and an adult are invited to explore nature with a refuge Ranger.  
10:00 am to 11:30 am

## -Electric Shuttle Rides at Valle de Oro-

Starting this April, we will be re-starting our free, volunteer-run electric shuttle service on at the refuge! The open-air electric shuttle seats up to nine visitors at a time and will operate on Wednesdays and Saturdays with regular departure times from the visitor center. The shuttle makes a stop at the west side of the refuge where you have the option to get off and explore trails in the Rio Grande bosque or stay on the shuttle to complete your tour of Valle de Oro National Wildlife Refuge. Contact the refuge or head to our website for more details!



Scan the QR code above with your smart phone camera to view our Environmental Justice Community Days events, schedule of the electric shuttle, and more!

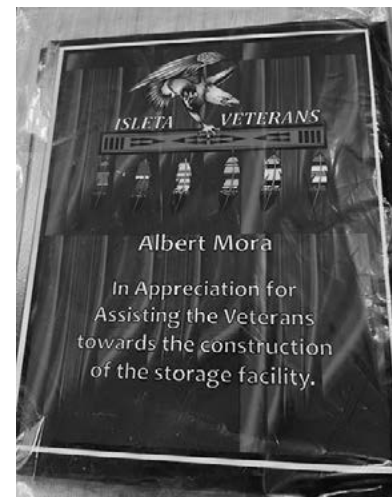
## PUEBLO OF ISLETA VETERANS ASSOCIATION (POIVA)

The Pueblo of Isleta Veterans Association will be taking part in various Veterans events to which all Veterans and dependents are invited to participate. 1) On 5 April 2024, the VA HCS Outreach Team will be at the POIVA Center from 10:30 AM – 2:00 PM with a focus on mental health initiatives, and 2) on April 19 and 20, 2024, the Native American Training Institute will have a Veterans Symposium at the Isleta Resort & Casino. This two-day symposium will ensure that Veterans have access to the many benefits, entitlements and services provided by NM Department of Veterans Services, Veterans Administration and Indian Health Services. Government officials and service providers will be in attendance to whom Veterans will have the opportunity to voice their issues, concerns and needs.



POIVA posted colors on 18 March 2024 at the Isleta Casino & Resort for the Head Start Conference of the Southwest.

During our monthly meeting on 15 February 2024, POIVA presented plaques to Doug Meskiman, who was the POIVA Judge Advocate. Doug picked up everything he had in Los Lunas and moved to Oklahoma; and to Albert Mora. Doug and Albert were instrumental in providing advice and direction during the construction of the Farm/Equipment Building. Thank you both, and we're thankful that Albert is still here. At this time, POIVA is still waiting for PNM to complete connection to main electrical power unit.



Ulysses Abeita, VSO, will be at the POIVA Center on every Friday (except holidays) from 10:30 AM – 2:30 PM to help Veterans provide information on Veterans benefits, claims, etc. For more info, call VSO at 505-264-4116 or Commander Fred R. Lujan at 505-573-3733.



### Thinking About Quitting

Have you been Thinking About Quitting? Now is the time to act and **Quit your Nicotine Habit for Good!** Take this 1 time, 1 on 1, 90 minute session over the phone or in person at the Isleta Health Center, to increase your motivation to quit and to get some **Tips and Tricks** to help you do **Quit for Good!**

Call Stephanie, Health Educator @ 869-4479 to learn more

# TRASH TALK ISLETA!

**DON'T CONTAMINATE  
RECYCLE BETTER  
KEEP ISLETA BEAUTIFUL!**



**PLASTIC**  
Bottles, tubs, jugs and jars

Empty and Rinse

**METAL**  
All cans

Empty and Rinse

**PAPER**  
Paper, cartons and cardboard

Flatten cardboard

**USE CLEAR BAGS ONLY**

IF YOU BAG RECYCLABLES  
DO NOT USE BLACK OR WHITE BAGS

Keep it simple, if you do not see it on this flier throw it away in the trash. Do not use your blue recycle cart for trash or it will be confiscated. Have your cart out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. (505) 869-4106

Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility. When your recyclables are bagged in colored bags they are not opened up and your material is landfilled instead of recycled. Using clear bags helps to ensure the health and safety of the line workers who come in contact with the material when sorting at the recycle facility. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Your understanding and cooperation is greatly appreciated.

# TRASH TALK ISLETA!



## TRANSFER STATION HOURS

The Transfer Station is open Monday through Friday 7AM - 4:30PM.  
Saturday and Sunday hours are 7AM - 3PM.  
The Transfer Station is closed on Tribal & Federal Holidays.  
The last large load is accepted 15 minutes before closing time.  
For your safety we may close due to high winds.  
For use of tribal members only, must have a tribal member present when utilizing the facility.  
For curbside service schedule announcements check the POI newsletter, POI Facebook & POI text message system.

**KEEP ISLETA BEAUTIFUL! (505)869-4106**

## PUEBLO OF ISLETA DEPARTMENT OF CULTURAL & HISTORIC PRESERVATION CULTURAL CENTER

### CALL TO ARTISTS

**Work Media:** Pottery, Jewelry, Moccasins, Men & Women's Traditional & Contemporary Clothing, Paintings, and Sculptures.

**Work Size:** Items will need to fit inside a 4'(H) x 3'(W) x 1'(D) display case, there will be six (6) cases to display works of art.

**Entry Requirements:** All entries must be original Isleta works of art from Isleta Tribal Members.

### REQUIREMENTS:

1. Contact the Cultural Center at (505) 869-9767 to set up an appointment.
2. Bring work of art to be reviewed (max. 4 items)
3. Artist Statement or Bio no more than a paragraph Title/Date of Work
4. Photograph of Artist

**Timeline:** Exhibit is ongoing, display cases will be changed every 6-9 months to ensure other tribal member works of art are displayed.

**Entries Due:** On-going

**Selection Process:** All works of art will be reviewed and selected by the Cultural Center staff. Selected works will be displayed for 6-9 months, afterwards the items will be returned to owners and a new set of community artwork will be displayed. If artist is not selected, they may be put on a waitlist to be displayed at a later time.

**Notification to artist:** Cultural staff will contact artist based on the artist's preferred method of contact.

**Delivery/Pick-up:** Pueblo of Isleta Cultural Center (POICC) Tribal Road 40, Building 71, Isleta, NM 87022

**Sales:** POICC is looking to display community Artwork "On Loan" at this time. Any artwork for sale will be handled by the Artist, not POICC.

**Contact:** M. Stephanie Zuni, DCHP/POICC Director  
(505) 869-9768 or  
Marilyn.zuni@isletapueblo.com

### CALL FOR PHOTOS

**Pueblo of Isleta Cultural Center is searching for Pueblo Photos of any persons or personnel who worked at the Isleta Health Center in the past. Early photos of Nurse Sandman? Anyone?**

**We are also searching for photographs of the Isleta Elementary School interior or exterior before renovation. Photos may be of students, teachers or activities held at the school.**

**You may contact the Cultural Center at (505) 869-9767**

### NM Poison Control

We should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

**1-800-222-1222**

# PROJECT UPDATES FROM PUBLIC WORKS DEPARTMENT

The Public Works Department will be busy with projects through the year. We ask you to please be careful when traveling in these areas. Watch out and maintain a safe distance from construction crews and equipment.

If you have questions about the projects, please call the Public Works office at 505-869-5170.

### • Eastside Drinking Water Infrastructure

- o The Pueblo is continuing to work with PNM to bring 3-Phase electrical service to each of the new well sites.
- o Just a friendly reminder with the hot summer months quickly approaching, water usage will continue to increase. Please remember to turn off the water once you are done watering your gardens and don't over-water them. Check your home for any leaking fixtures, especially the toilet, as a "stuck" flapper valve will waste a lot of water in a short period of time. Excessive water leaks will also overwhelm your septic system, potentially oversaturating your leach field. We are providing water from two wells for the whole Eastside.

### • Water Storage Tank Improvement

The 400,000 gallon water storage tank located off NM 317, across from TR 64, is in the process of being rehabilitated on the inside. The tank was drained and sandblasting of the interior began on Monday, March 18, 2024. Once the sandblasting work is completed, any necessary repair work to the tank will be done. A new coating material will be installed on the entire interior of the storage tank. The coating will be allowed to cure in place for a specified amount of time. Once the coating is cured, an inspection of the tank, by a certified coating inspector, will occur. If any issues are noted, these will be properly repaired and a re-inspection will occur. Once all work is completed, the water storage tank will be disinfected and placed back in service. Based on weather conditions, curing times and inspection results, the storage tank could be off-line for several weeks. The 400,000 gallon water storage tank provides water to the lower zone area of the Shea Whiff water system. The lower zone includes the area from the Rio Grande river, West to NM 45, and from TR 70 North to the Isleta Boundary.

While the storage tank work is underway, there will be a 200,000 gallon water storage tank on-line to provide waters to the lower zone. The Pueblo does have the ability to bring water down from the I-25 storage tanks (upper zone) if there is a high demand for water in the lower zone. The Pueblo is asking residents throughout the Shea Whiff area to conserve water, especially while the 400,000 gallon storage tank is out of service. Conserving water will help prevent the system from straining to keep up with the water demand.

Once the 400,000 gallon tank work is completed, the work crews will relocate to the Los Charcos area and begin rehabilitation of the Los Charcos water storage tank. A temporary storage tank will be brought in to provide water to the community while the existing tank is taken out of service. The tank's interior will be sandblasted, repaired as needed and then re-coated. Inspection of the cured coating will occur and if any issues are noted, the necessary repair work will occur; followed by an inspection. Once all the work is completed, the water storage tank will be disinfected and placed back in service.



### • Westside Water Line Replacement 2

The project is continuing to make process upgrading existing 2" and 4" water main lines to 6" water main lines and adding fire hydrants and valves along these roads.



*Installation of much needed fire protection*



*Gate Valve installation to isolate main water line in case of emergency*



*GPSing of new water line installed to add to the Utility Map*

IN HONOR OF AUTISM AWARENESS MONTH  
 ISLETA HEALTH CENTER  
 PUBLIC HEALTH DEPARTMENT  
 CHR'S, CHN'S, AND HEALTH EDUCATION PRESENT:

**AUTISM SPECTRUM AWARENESS NIGHT**

APRIL 18TH, 2024 | 6:00PM-7:30PM | Chical Reception Hall

TOPICS INCLUDE: What is Autism?, IEP's, and more!

Please join us to learn more about Autism Spectrum Disorder and resources that can help you and your family. To attend please register using the QR code below or calling 505-869-4496. Registration ends March 28th, 2024. If you have any questions feel free to reach out to Julianne Romero, CHR Coordinator.  
 Email: julianne.romero@islclinic.net.  
 Office: 505-869-4496.

TICKET RAFFLE PRIZES!

SIGN-UP TO ATTEND BY: 3/28/24

WITH SPECIAL GUEST SPEAKERS

DINNER WILL BE PROVIDED



### MICHAEL ALLEN LENTE

Michael Allen "Thur-Shun" Lente was born on August 22, 1946 to Felipe and Reyes Lente in Isleta Pueblo, New Mexico. He graduated from Los Lunas High in 1965, then drafted into the United States Army and fought bravely in the Vietnam War. After having served, Michael earned the National Defense Service Medal and was designated a decorated Sharpshooter rifleman. He later went on to study at the ITC Technical College in San Francisco and graduated in Construction and Mechanical Engineering.



Michael ended up working nearly forty-years at the Bureau of Indian Affairs in Albuquerque, New Mexico and served countless years on the Isleta Pueblo Council. Atop all of his beautiful professional efforts and the accomplishments he achieved over the course of his life, Michael's family and friends will always remember that he too was a devoted farmer and loved engaging with agricultural work.

At heart, Michael was an incredibly hardworking, generous, and humble man - that always wore an infectious smile. He would always seem to light up a room upon entering and naturally would tend to know every single person in that room no matter the circumstances.

Michael loved his family and community immensely and spent his entire life working towards making life better for those around him. His values were coded in tradition and he believed in a just world. Michael was truly someone to learn from, as he was constantly teaching those who encompassed him how to contribute in helping make the world a better place.

On behalf of Michael's family, we want to extend our sincerest gratitude and appreciation for the tremendous amount of support we have all received during this time. It has been utterly profound the amount of love and respect that has been shown. As many of you have directly said, Michael was one-of-a-kind human and he will never be forgotten nor replaced. His legacy will live on and we all will continue to live by the examples he led and orchestrated in his life.

Michael's spirit and light will never be dimmed and will continue to shine so brightly. His smile will live on in all of our hearts. A few parting words dedicated to him:

*You are the sound of the river flowing, the snow melting on the mountains, the smell of fresh cut hay, the rhythm of your favorite country song, the embers of a fire, and the sun that rises in the east. We love you.*

Isleta Health Center

**COMMUNITY HEALTH CONFERENCE**

**COMING SOON**

**STAY TUNED**

**JUNE 2024**

**PRE-REGISTER NOW**

**JOIN US FOR:**

- 2023 COMMUNITY HEALTH ASSESSMENT RESULTS
- HEALTH & WELLNESS PRESENTATIONS
- RAFFLE PRIZES
- DINNER

OR CALL FOR MORE INFORMATION AND TO REGISTER:  
 EmmaJean Damon, CHN  
 505-869-4864  
 emmajean.damon@islclinic.com




ISLETA HEALTH CENTER

**Health Education Presentation Request**

If you would like the Isleta Health Center Staff to provide a presentation, please click on the link below and complete the form:

<https://forms.gle/8cN4DES6D6CJw95V9>

We will try our best to accommodate your needs, however, please understand there may be some limitations.

Please contact Stephanie Barela, (505) 869-4479 or [stephanie.barela@islclinic.net](mailto:stephanie.barela@islclinic.net) if you have any questions.

# HEAD START AND CHILD CARE

## APRIL EVENTS

ALL EVENTS BEGIN AT 5:30PM

- Parent Committee- April 4th
- Family Night- April 12th
- Fatherhood/Male Involvement- April 16th
- Policy Council- TBA
- Transition Committee- TBA (look for flyers)



## SCHOOL CLOSURES

PROFESSIONAL DEVELOPMENT DAY  
APRIL 24TH

## ACCEPTING APPLICATIONS

Steps to get your child enrolled

- Step 1** Call 505-869-9796 to get scheduled
- Step 2** Complete Application
- Step 3** Child Starts school!!!

# ENROLL NOW!

### Required Documentation for enrollment includes:

- Proof of birth/Proof of pregnancy (if applicable)
- Proof of Residency
- Certificate of Indian Blood
- Medical Insurance Card
- Proof of Income
- Proof of public assistance (if applicable)
- Court Documentation (if applicable)



## Wear Teal on Tuesdays during the Month of April

LET'S COME TOGETHER IN SOLIDARITY TO SUPPORT OUR VICTIMS OF SEXUAL ASSAULT IN ISLETA PUEBLO

We are calling all Tribal community members- near and far, including all POI Departments, local schools, Housing and Isleta Health Center to wear teal every Tuesday.

POST YOURSELF. YOUR DEPARTMENT OR YOUR FAMILY WEARING TEAL TO SOCIAL MEDIA USING #POISAAM OR CREATE YOUR OWN HASHTAG TO SPREAD AWARENESS AND SUPPORT

If you are experiencing emotions of distress please call Isleta Behavioral Health at 505-869-5475 or RAINN Hotline 1-800-656-4673.

To report a crime of sexual assault, please call 911 or Isleta Police Dispatch at 505-869-3030.



**Sponsored By**  
K'EA-WAH SUPERVISED VISITATION & SAFE EXCHANGE PROGRAM & ISLETA SOCIAL SERVICES

This project was supported by Grant No. 2020-TW-AX-0035 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the K'ea-wah Supervised Visitation & Safe Exchange Program and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

## ISLETA HEAD START AND CHILD CARE

### PROGRAM HIGHLIGHTS

THE ISLETA HEAD START AND CHILD CARE STAFF WOULD LIKE TO RECOGNIZE THE PARENT COMMITTEE IN ALL THEY HAVE SUCCESSFULLY COMPLETED THIS 2023-2024 SCHOOL YEAR. WITHOUT THE PARENTS OF THE ISLETA HEAD START AND CHILD CARE WE WOULD NOT HAVE SUCH A SUCCESSFUL PROGRAM. PARENTS YOU ROCK!!!



**PARENT COMMITTEE**  
PARENT COMMITTEE PLANS ALL THE MONTHLY EVENTS FOR OUR CHILDREN AND FAMILIES. PARENTS OF THE COMMITTEE HAVE SUCCESSFULLY DID THE FOLLOWING FOR THE 2023-2024 SCHOL YEAR

1. RAISED MONIES FOR OUR CHILDREN TO HAVE A SPECIAL CHRISTMAS
2. PLANNED A SUCCESSFUL ANNUAL VALENTINE DANCE
3. PLANNED THE EASTER EGG HUNT AND PROVIDED ALL EGGS, EGG FILLERS, AND GOLDREN EGG BASKETS FOR EACH CLASSROOM
4. PLANNED 23-24 FAMILY NIGHTS MAKING THEM SUCCESSFUL WITH MORE THAN 30 PARTICIPANTS THROUGHOUT THE YEAR!



### 2023-2024 PARENT COMMITTEE MEMBERS

- |                  |                  |
|------------------|------------------|
| AMANDA BENAVIDEZ | ERLINDA JOJOLA   |
| BRIANNA JOJOLA   | CHRIS NAMOKI     |
| JESSICA JIRON    | AMARIAH JIRON    |
| JENNIFER JOJOLA  | KIMBERLY YASKA   |
| JONATHAN CHAVEZ  | RACHEL MELCHOR   |
| THEODORE EDAAKIE | MYRON ANZARA     |
| AMANDA EDAAKIE   | HATTIE PESHLAKAI |
| DANIEL WASETA    |                  |



## Purchased Referred Care

Did you know?



**Did you know Isleta Health Center is your payor of last resort?**

Payor of last resort means if you have primary insurance, Isleta Health Center would be your secondary insurance. If you have a primary and secondary insurance, Isleta Health Center would be your Tertiary insurance. Please list Isleta Health Center as your last payor.

**Did you know you have to call PRC to inform them of all appointments?**

This includes all ER/urgent care visits, any follow ups, any secondary referrals, telemed appointments, rescheduled appointments. Not calling in for appointments will delay payment.

**Did you know if you receive a bill from a provider, you have to bring it in to PRC, even if you have a referral?**

Some facilities will send a bill to the patient but not Isleta Health Center. It is best to bring all bills in received by mail to make sure PRC contacts the facility to bill Isleta.



# 2024 FOOD SOVEREIGNTY SURVEY

Pueblo Resurgents is launching our 2024 Food Sovereignty Survey. We want to hear from Pueblo of Isleta community members about your practices related to providing food for you and your family. Our goal is to identify opportunities to support sustainable food systems rooted in Isleta culture and improve food access for all community members.

This survey is anonymous and may be submitted by anyone over the age of 18 in the Pueblo of Isleta. Following data collection, we will share our findings with the community through a report and community meeting.

VISIT THIS LINK OR SCAN THE QR CODE TO TAKE THE SURVEY.

<https://bit.ly/foodsov24>



DISSEMINATION OF THIS SURVEY HAS BEEN APPROVED BY THE PUEBLO OF ISLETA TRIBAL COUNCIL.

For questions, email [puebloresurgents@gmail.com](mailto:puebloresurgents@gmail.com)



**NEEDED for  
CANCER SURVIVORS DAY EVENT 5/14/24:**

**Cancer survivors &  
Cancer Caregivers to  
participate on a speaker's panel.**

**ALSO NEEDED:  
Drum Group or  
someone to play relaxing  
Music**

**Please call if interested!  
505-869-4479**

**Isleta Health Center Health Educator**



**FOR CHILDREN, YOUTH AND  
ADULTS**

**OUR  
COMPREHENSIVE COMMUNITY  
SUPPORT SERVICES (CCSS)  
HAS IMMEDIATE OPENINGS TO WORK WITH  
INDIVIDUALS AND FAMILIES.**

OUR PROFESSIONAL COMMUNITY SUPPORT WORKERS IDENTIFY AND COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

**CONTACT US FOR INFO AND  
REFERRALS**

**(505) 345 - 8471**

**[info@openskieshealthcare.org](mailto:info@openskieshealthcare.org)  
[ryanh@openskieshealthcare.org](mailto:ryanh@openskieshealthcare.org)**

## EARLY INTERVENTION CIRCLE OF SECURITY PARENTING

Join us for FREE Parenting  
Classes!

Circle of Security Parenting  
are weekly for 8 weeks.

**TO SIGN UP CALL OR E-MAIL**

Reyes Abeita  
Project Coordinator  
505-869-7577  
[reyes.abeita@isletapueblo.com](mailto:reyes.abeita@isletapueblo.com)



# 8th Annual Isleta Cancer Survivors

**MAY 14, 2024 ♦ 5:00 - 7:30 p.m.**

**@ the St. Augustine CCD Building**

(located next to St. Augustine Catholic Church in Isleta, NM)



**Call Stephanie Barela for more information 869-4479.**

**NEEDED:**

Cancer survivors and/or Cancer Caregivers to participate on a speaker's panel. Please call if interested!

**ALL ISLETA COMMUNITY WELCOME!!**

**Bubble Blow, Music, Presentation, Door Prizes, Activity & More!**

## What is Autism Spectrum Disorder (ASD)?

Autism Spectrum Disorder (ASD), hereafter referred to as Autism (which includes Asperger's Disorder and Pervasive Developmental Disorder – Not Otherwise Specified [PDD-NOS]), is a complex, lifelong developmental condition that typically appears during early childhood and can impact a person's social skills, communication, relationships, and self-regulation. The Autism experience is different for everyone. It is defined by a certain set of behaviors and is often referred to as a "spectrum condition" that affects people differently and to varying degrees.

While there is currently no known single cause of Autism, early diagnosis helps a person receive resources that can support the choices and opportunities needed to live fully.

Family members or support providers become concerned that a child is not following a typical developmental course, they turn to experts, including psychologists, educators and medical professionals, for a diagnosis.

At first glance, some people with Autism may appear to have an intellectual disability, sensory processing issues, or problems with hearing or vision, and the diagnosis of Autism may become more challenging.

These conditions can co-occur with Autism and it can be confusing to families when they receive multiple diagnoses. However, it is important to identify Autism, as an accurate and early Autism diagnosis can provide the basis for appropriate educational and home-based support.

There are many differences between a medical diagnosis and an educational determination, or school evaluation, of a disability.

A new diagnosis of Autism can be emotionally challenging for both the individual and the family. The Autism Society is here to help navigate that diagnosis and connect you to the resources and support you need. An Autism diagnosis can help qualify an individual for community and educational services.

For toddlers and preschool-aged children with a new diagnosis, they will be eligible for early intervention/preschool services and for direct therapy and behavioral support based on the child's needs and the family's preferences. For school-aged children, they may qualify for community services with medical diagnosis and for school-based services with an educational diagnosis of Autism.

For adolescents and adults who are receiving a new Autism diagnosis, this can be a challenging time. Support services are available to support communication, emotional, mental health, and vocational needs, but the individual with Autism will need to choose which therapies and support they find useful.

It can be challenging to choose options if you don't know how the options work and what the support can do to help. Support groups can be helpful to learn from other adults who are experiencing similar situations. Local Autism Society affiliates can help make connections with providers and resources in the community.

Autism is a **lifelong condition**, and the available, necessary support and treatment changes as Autistic individuals move through major life phases. With many more people being diagnosed with Autism, appropriate services and support are even more pressing. Quality of life for individuals with Autism and their families depends not only on the foundation provided in childhood, but also on ongoing support that is specific to their educational, medical, social, recreational, family, and employment needs. The Autism Society supports people with Autism and their families through three critical stages of life by connecting them to the resources they need, when they need it.

Source Autism Society:

- <https://autismsociety.org/the-autism-experience/>
- <https://autismsociety.org/screening-diagnosis/>
- <https://autismsociety.org/resources/new-autism-diagnosis/>

Article by: Mary Jo Jaramillo  
Isleta Health Center, CCHW

If you would like more information on Autism Spectrum Disorder, please call the CHR Program at 505-869-4485



**ISLETA HEALTH CENTER**  
Public Health Department  
CHR, CHN, and Health Education

## AUTISM SPECTRUM AWARENESS NIGHT AGENDA

**APRIL 18TH, 2024**

@ Chical Reception Hall

**6:00 PM – 7:30 PM**

<b>Welcome</b>	
6:00 PM	Sign in. (Dinner Served)
<b>Family Testimony</b>	
6:10PM	Community Member Speaker
<b>What is Autism?</b>	
6:25PM	Autism Awareness Society Speaker
<b>Info about IEP's</b>	
6:45PM	POI Department of Ed Speaker
<b>Resources</b>	
7:05PM	Parents Reaching Out Speaker
<b>CHR Closing Remarks</b>	
7:25PM	CHR Speaker

\*Grab some food & drinks. Enjoy your meal during presentations

Raffle Prizes Will Be Drawn:

@6:43 PM

@7:03 PM

@7:22 PM

@7:30 PM Grand Prize

\*Turn In Survey to Enter Grand Prize Drawing at the End

### FREE FOOD DISTRIBUTION



### Chical Reception Hall

191 Tribal Rd 2, Isleta Village Proper, NM 87022

### First Friday of Each Month

April 5<sup>th</sup>, May 3<sup>rd</sup>, June 7<sup>th</sup>

9:00am-11:00am

- Fresh fruits and vegetables
- Low-sugar and low-sodium items
- Ability to connect to other services like SNAP application assistance, TANF, and other benefits
- No Cost!



Dear Pueblo of Isleta and Beyond,

We would like to say Thank You to each and every one of you for all the support that has been provided to our family after our home of 40+ years was lost to an early morning fire on January 23, 2024. We have been truly blessed with an outpouring of love, kindness and support from family, friends, local departments, agencies and people we don't even know. You all put the true meaning in Community and it has been so difficult to keep up with all the donations and assistance during these difficult times and we may have not said Thank You just yet, but know you all are in our hearts and we are forever thankful.

God Bless You and Your Families,  
The Weldon Family

### HEALTH CENTER

#### Medication management – first, do no harm!

Has it been more than a year since you've checked in with your Isleta Health Center primary care doctor? If so, give us a call! IHC is now fully staffed with medical providers and working hard to reconnect with patients we haven't seen in a while.

If you have submitted a refill request for your medications and have been asked to make an appointment – there is a reason for that! Many medications for high blood pressure, thyroid conditions, diabetes, and numerous other conditions need to be monitored for safety and effectiveness.

Sometimes a medication that is intended to be helpful can actually cause harm if not monitored. For example, if someone's kidney function has decreased, we may need to lower the dose of a medication to make sure it doesn't accumulate to toxic levels in the body. In some cases, particularly as elders advance in age, their bodies may become more sensitive to certain medications--these medications may need to be decreased or discontinued.

Many of our patients get their healthcare in multiple locations – that is another reason we would like to check in with our patients about all of their current medications (including supplements and over the counter medications!). Sometimes patients are taking prescription medications that aren't documented in our health record. This could increase the potential risk for serious medication interactions.

Finally, prescription medications sometimes need to be updated. For example, IHC has newer diabetes medications on our formulary that protect the heart and kidneys and can decrease the need for insulin. Other updates to medications may include optimizing thyroid or blood pressure medication dosages to make sure they are still the best medicine recommended for the patient. We also have updated immunizations available – for example, RSV protection for infants/toddlers as well as elders age 65+.

Our staff at IHC are patients and caregivers ourselves – we know how valuable your time is, and how sometimes the healthcare system can be a challenge to navigate. Please rest assured that your IHC provider will not ask you to come in for an appointment unless they think you need it, for all the potential reasons above. If you have received a letter from us related to prescription medications and/or the need for an appointment, or if it has been a while since you have been seen, please reach out for an appointment: 505-869-3200.

Dr. Riley Nelson, MD  
Isleta Health Center Medical Director

3 out of 4 child safety seats are used incorrectly. Could yours be one of them?

### CHILD SAFETY SEAT CLINIC

Sunday, April 28, 2024

10am – 12:00 pm

Isleta REC Center

60 Tribal Road 40

Isleta Village Proper

NM, 87022

Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the restraint law in New Mexico. **There is no charge for this service.**

\*Must have child and car seat present!\*

FOR MORE INFORMATION  
CALL THE ISLETA HEALTH  
CENTER

(505)869-4479



## SOCIAL SERVICE

### Why Denim?

Have you heard of National Denim Day?

April is sexual assault awareness month! Millions of people around the world participate in campaigns to help spread awareness. One popular campaign is National Denim Day which, people are encouraged to wear denim to combat victim blaming and educate others about sexual violence on Wednesday April 24th, 2024. The denim day story begins in Italy 1992 after a court ruling where a rape conviction was overturned. This was due to the justice's rule that the 18-year-old victim was wearing tight jeans therefore, implying that she must have helped the person who raped her remove her jeans, thereby implying consent. The following day after the conviction, women in the Italian Parliament protested by going to work wearing jeans in alliance with the victim.

The Denim Day campaign was developed by Peace Over Violence in Los Angeles, which is an organization that brings attention to topics like victim-blaming and myths that surround sexual violence. According to the non-profit group, they started the campaign in response to the case and the activism surrounding it. Since then, wearing jeans on Denim Day has become a symbol of protest and longest running sexual violence prevention and education campaign in history. Join the movement alongside Isleta Social Services and K'ea-wah supervised visitation and safe exchange program and take a stand against victim blaming. We ask community members, elected officials, businesses and students to come together and bring awareness, prevention, and healing throughout the Pueblo of Isleta. Make a statement by wearing jeans on Wednesday April 24th, 2024. No clothing item can cause or is an excuse for sexual assault.

**To report a crime of sexual assault, please call 911 or Isleta Police Dispatch at 505-869-3030.**

**If you are experiencing emotions of distress, please call Isleta Behavioral Health at 505-869-5475 or RAINN Hotline at 1-800-656-4673**

**Call of Text 988 if you would like emotional support immediately.**

This project was supported by Grant No. 2020-TW-AX-0035 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed in this publication/program/exhibition are those of the K'ea-wah Supervised Visitation & Safe Exchange Program and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

### Suicide and Crisis Lifeline

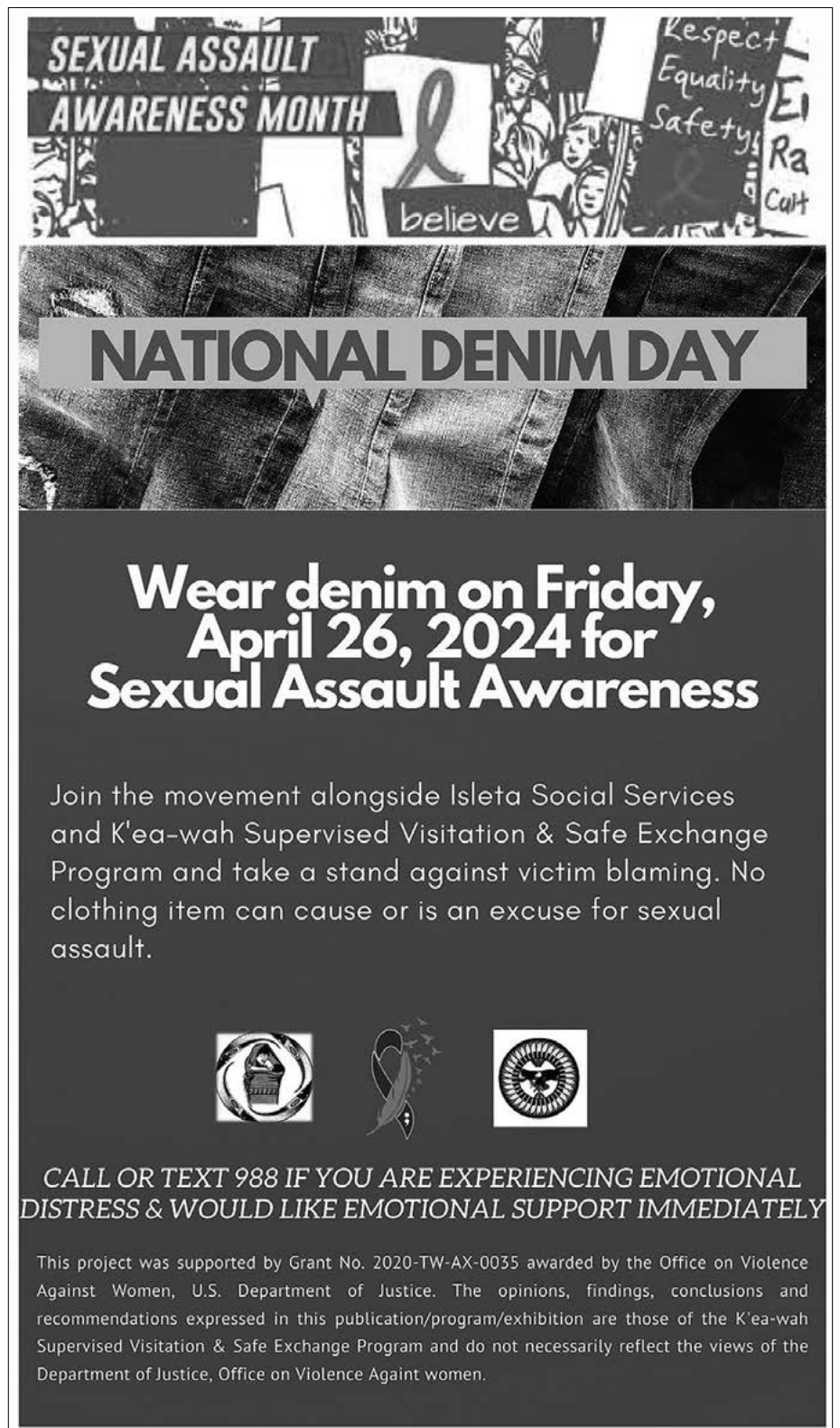
Are you worried a loved one might be at risk for suicide? Don't hesitate to call 988, a 24/7 Suicide and Crisis Lifeline. You can call if there's a mental health crisis, if you're worried about someone else, if you need help navigating a difficult situation, or just had a bad day. If there is an urgent crisis, it's always still ok to call 911.

There is no way to know if a loved one will follow through with threats of suicide, and we should always take threats seriously. If you are hearing of suicidal thoughts or seeing concerning behaviors, these may be calls for help.

Warning signs might include unsafe behaviors, saying things like "I wish I wasn't here anymore," or someone not acting like themselves. If you see any concerning behaviors, you should approach them and offer support. You can also always help your loved one stay safe by removing lethal weapons and associated items (gun, ammunition, knives, medications, rope, etc.) from the home and making sure these items are locked away.

There are other suicidal warning signs like leaving a note, giving away personal items, risky behaviors with substances, isolation and withdrawal, mental health distress, or struggling to cope with a difficult situation. People ages 10-34 are at higher risk of suicide (CDC, Facts about Suicide, 2022).

You can also encourage your loved one to seek counseling treatment services at Isleta Health Center B'eeh-K'oo-ee Wellness Center (BKWC) 505-869-5475. A counselor can help them explore



**SEXUAL ASSAULT AWARENESS MONTH**

**NATIONAL DENIM DAY**

**Wear denim on Friday, April 26, 2024 for Sexual Assault Awareness**

Join the movement alongside Isleta Social Services and K'ea-wah Supervised Visitation & Safe Exchange Program and take a stand against victim blaming. No clothing item can cause or is an excuse for sexual assault.


**CALL OR TEXT 988 IF YOU ARE EXPERIENCING EMOTIONAL DISTRESS & WOULD LIKE EMOTIONAL SUPPORT IMMEDIATELY**

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strategies for managing crisis situations and develop coping skills. It may take time for your loved one to develop these skills and see a change in behavior and mood. For some, behaviors that can help mood might include listening to music, dancing, journaling, getting routine sleep, eating well, praying, and engaging in traditional spirituality. Scheduling regular family time can also improve communication around emotions and create a greater sense of safety and support.

For many of us, it can be difficult to talk about suicide and suicidal thoughts with people we care about. But if you talk about it, you could help them get the care they need.






# Isleta Health Education Presentation

*Our Goal: Provide health education and peer support to people impacted by chronic health concerns, to empower with knowledge & support, in order to strengthen the health of the community.*

## Advanced Directives/ Power of Attorney

### Tuesday, April 9, 2024 12:30pm-2pm

**LOCATION:**  
Isleta Elders Center  
Come early to eat lunch



**PRIZES**  
**ALL WELCOME!**

# JOIN US!

**EVERYONE WELCOME!**  
Learn about Health,  
Get Support and Be Empowered!

Contact Stephanie Barela, Isleta Health Educator  
(505) 869-4479 | Stephanie.Barela@islclinic.net



WELLBRIETY: A Sober Life that is balanced Emotionally, Mentally, Physically and Spiritually. The Wellbriety Movement is designed to offer a sustainable Culturally Based Healing. Traditional Teachings tell us that Wellness is a state of being in which the person is in Harmony with Natural Law, Principles and Values, which were given by the Creator.

A Wellbriety Group is comprised of Individuals who share similar experiences and make an agreement to meet on a regular basis. The meetings are not about “fixing” other people. They are about creating new thought patterns, new attitudes and new feelings about themselves. For those working in the Circle of Healing, they create strong social and emotional bonds that help the individuals to develop trust, autonomy and other healthy feelings and thought patterns. These then lead to Emotional, Mental, Physical and Spiritual growth and balance. Much is shared in the Healing Circle. We are here to get well.

We use Medicine Wheel & 12 Steps Teaching Videos, Talking Circles and Mind Mapping to work through and heal those things that often lead us to alcohol and/or drug use, abuse, or dependence. All permanent and lasting change starts on the inside first then works its way outward. Having the group sit in a circle and take the time to connect with each other forms one great mind that creates solutions and ideas that will be far more useful than the results of only one person thinking alone. We must create a Healing Forest to benefit our community toward a better future.


Are you ready for change? Come and Join Us!!

**WELLBRIETY TALKING CIRCLE  
TUESDAYS 4:00-5:30**

B'EEH K'OO-EE WELLNESS  
“THE GOOD ROAD” CONFERENCE ROOM  
(SOUTHWEST CORNER OF BUILDING,  
FOLLOW THE RAMP)

Isleta Health Center  
1 Sagebrush St, Albuquerque, NM 87105  
505-869-5475

ALL ISLETA PUEBLO COMMUNITY  
MEMBERS ARE WELCOME.  
You do not need to be receiving services  
through behavioral health to attend Wellbriety.

 <b>2024 Meeting Schedule</b> <b>Isleta Health Education Presentations</b> 12:30pm-2:00pm or 5:00pm-6:30pm Alternating Months			
*Meetings usually alternate time and location every other session, from 12:30-2:00pm (Elders Center) to 5pm-6:30pm (Clinic)			
DATE	TOPIC	SPEAKER	LOCATION
4/9/2024 12:30pm – 2:00pm	Advanced Directives/ Power of Attorney	Feliz Martone	Isleta Elder Center <i>Arrive at noon to eat lunch</i>
5/14/24 5pm-7:30pm	EVENING SESSION 8th Annual Isleta Cancer Survivors Day Event	Bubble Blow/Survivor Celebration/Survivor Panel	Isleta Health Center B'eeh K'ooee Activity Center
6/11/2024 12:30pm – 2:00pm	Aging Issues	Cindy Brown Senior One	Isleta Elder Center <i>Arrive at noon to eat lunch</i>
7/9/2024 5pm-6:30pm	EVENING SESSION Navigating Grief: Insights and Practical Tips.	Genna Reeves, Ph.D., Invictus by Genna: Grief & Loss Services, HeartLight Center	Isleta Health Center Large Conference Room Enter 2nd door on North Side of Building
8/13/2024 12:30pm – 2:00pm	What Matters Most When Preparing for Your Own Death / Medical Aid in Dying in New Mexico	Danielle Slupesky End-of-Life Coach and Sacred Passage Death Doula	Isleta Elder Center <i>Arrive at noon to eat lunch</i>
9/10/2024 5pm – 6:30pm	EVENING SESSION Medicare Advantage Program	Angela Futch ALTSD SHIPP	Isleta Health Center Large Conference Room Enter 2nd door on North Side of Building
10/8/2024 12:30pm – 2:00pm	14yr Anniversary Celebration of Group <i>Established October 2010</i>		Isleta Elder Center <i>Arrive at noon to eat lunch</i>
11/12/2024 5pm-6:30pm	EVENING SESSION The Basics of Prostate Cancer Screening, Diagnosis & Treatment: An Overview	Prostate Cancer Support Association of NM	Isleta Health Center Large Conference Room Enter 2nd door on North Side of Building
12/10/24 12:30pm – 2:00pm	Diabetes	Dr. Pope Isleta Health Center Medical Provider	Isleta Elder Center <i>Arrive at noon to eat lunch</i>
Topics are subject to change. <b>EVERYONE WELCOME!!</b> Sessions are in person, but can be Virtual, if interested please call.		Contact Stephanie Barela to learn more! Phone: (505) 869-4479 Stephanie.Barela@islclinic.net	
		ODD MONTHS: Isleta Health Center Lg Conf. Rm: Knock on the 2nd Door on the North side of the building (Side Facing Albuquerque) . EVEN MONTHS: Isleta Elders Center Located 1005 Tribal Road 140 Isleta Pueblo, NM 87022 .	

## Isleta Health Center Purchase Referred Care Department

### Patient Education: Understanding the Referral Process

#### Welcome to the Isleta Health Center (IHC) Purchase Referred Care (PRC) Department.

Your health and well-being are our top priorities. To ensure you receive the specialized treatment and diagnostics you need, it's important to understand the referral process from start to finish. Here is a step-by-step guide to help you navigate through it.

#### Step 1: Generating Referrals

Referrals are initiated by IHC providers when specialized treatment or diagnostics are needed. This is the first step in accessing the care you require outside of our primary services. Referrals can also be generated by an outside provider, but keep in mind, you are responsible for calling PRC with the appointment day, time, facility and reasoning.

#### Step 2: Insurance Information

It is crucial that IHC has your current insurance information on file. IHC is your payor of last resort, requiring you to use your primary insurance first or provide a denial letter from CMS if you do not qualify for Medicaid.

- Sign Up for Insurance: You can sign up onsite or through [www.yes.state.nm.us](http://www.yes.state.nm.us).
- Onsite Benefits Coordinator: Make an appointment with our onsite Benefits Coordinator for assistance at (505)869-4469.

The premise that Indians are guaranteed health care from our treaties **as long as the water flows and the grass grows** is, unfortunately not that simple. Indians ARE required to apply for alternate resources per 42 CFR 136.61 – Payor of Last Resort. While some treaties mention health care, the Indian Health Service is not an entitlement program, and therefore funding for PRC is not guaranteed by the Federal government. AR allows PRC funds to be conserved, thereby providing health care for more Indian beneficiaries. The Isleta Health Center receives its PRC funding from Indian Health Service, and must comply with the mutually agreed-to agreement which includes 42 CFR 136.61.

#### Step 3: Referral Generation

Once your insurance details are in order, the PRC will generate a referral for the specialized care you need. It is also important to make sure your address and phone number are up to date at Patient Registration. This helps PRC in scheduling appointments/and or facilities contacting you with important appointment information.

#### Step 4: Scheduling Appointments

If you have questions regarding the scheduling of your appointment, contact the PRC. Please note that you may be required to schedule your own appointment at the hospital or clinic. You can obtain a hardcopy of your referral onsite by request. Please keep in mind that you are **required to call PRC of all scheduled appointments**, including follow-ups, procedures, tele-med and in-person visits

#### Step 5: Attending Your Appointment

When attending your appointment:

- Provide your insurance information.
- Indicate that IHC is the payor of last resort.
- Let provider know you have a referral (either by fax or picked up by patient)

#### Step 6: Handling Bills

Should you receive any bills:

- Bring them to IHC immediately. Do not wait until they go into collections, as processing payments requires time.

#### Emergency Care:

If you attend emergency care, inform the PRC of your visit within 72 hours. Leaving voicemails is acceptable, please provide:

- Name
- Date of Birth
- The date you were seen at the facility
- Name of Facility you were seen at
- Reason for the visit
- Transportation method (self/ ambulance ie: Isleta/AMR/ Albuquerque)
- Any follow up appointments

It is essential to inform the hospital of both your primary insurance and IHC as your last payer. Failure to inform IHC of your emergency or urgent care visit means we cannot search for your claims for payment.

**PRC Referral Coverage:** Please remember, PRC referral coverage is not an entitlement. It is funding allocated for referred care or emergencies. Compliance with federal rules regarding the payment of claims and bills is mandatory to remain in compliance. The only way to ensure compliance is for patients to follow the required pathways for payment.

**Contact Us:** for any questions or assistance, please reach out to the PRC department. We are here to help you through every step of your healthcare journey. (505)869-4488

**Empowering Patients Through Education and Support.**

## April- National Move More Month



This event was created by the American Heart Association to improve the overall health of Americans. The goal is to hit 10,000 steps per day or 20 minutes of aerobic exercise daily.

### NATIONAL MOVE MORE MONTH STATISTICS

#### \$1 trillion – the cost of heart disease

The economic costs (both direct and indirect) of cardiovascular and heart disease are projected to reach \$1 trillion by 2035 unless we take the time to move more and get more exercise.

#### 69% of people are overweight

About sixty-nine percent of US adults are obese and that statistic will only rise unless we do our part to create healthy habits and exercise more.

#### 80% is preventable

Eighty percent of cardiovascular disease in the US is considered preventable, especially by getting out and moving more.


Source- [MOVE.MORE.MONTH.inationaltoday.com](http://MOVE.MORE.MONTH.inationaltoday.com)

## WIC News

Clients are now able to leave online reviews!



Scan the QR code above to leave us a google review. Thank you! Isleta WIC

Isleta Elder Center		<h1>Adult Day Services</h1>			<h2>April 2024 Activity Calendar</h2>	
<b>MONDAY 1</b>	<b>TUESDAY 2</b>	<b>WEDNESDAY 3</b>	<b>THURSDAY 4</b>	<b>FRIDAY 5</b>		
9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Paper Umbrellas	9-10am Breakfast, Social Time 10-11a Chair Exercise 1-3p Chalk Pastel Art	<b>9a-3p El Santuario de Chimayo Trip</b>	9-10am Breakfast, Social Time 10-11a Dance Exercise 1-3p Plant Flowers	9-10am Breakfast, Social Time 10-11a Dynamic Stretches 1-3p Sand Canvas Art		
<b>MONDAY 8</b>	<b>TUESDAY 9</b>	<b>WEDNESDAY 10</b>	<b>THURSDAY 11</b>	<b>FRIDAY 12</b>		
9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Community Drive	9-10am Breakfast, Social Time 10-11a Chair Exercise 1-3p Pine Cone Flower	9-10am Breakfast, Social Time 10-11a Parkinson's Disease Presentation 1-3p Stroll to the Park, Scarf Exercise	9-10am Breakfast, Social Time 10-11a Dynamic Stretches 1-3p Spring Wreath	9-10am Breakfast, Social Time 10-11a Dance Exercise 1-3p Swimming at the Rec		
<b>MONDAY 15</b>	<b>TUESDAY 16</b>	<b>WEDNESDAY 17</b>	<b>THURSDAY 18</b>	<b>FRIDAY 19</b>		
9-10am Breakfast, Social Time 10-11a BINGO w/ Karen, Dietitian 1-3p Bird Watching in the Patio	9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Stroll to the Park, Bubble Activity	<b>10a-3p Walmart/ Luncheon</b>	9-10am Breakfast, Social Time, Health Check 10-11a Scarf Exercise 1-3p Canvas Painting 101	9-10am Breakfast, Social Time 10-11a Dynamic Stretches 1-3p Carrot Patch Cupcakes		
<b>MONDAY 22</b>	<b>TUESDAY 23</b>	<b>WEDNESDAY 24</b>	<b>THURSDAY 25</b>	<b>FRIDAY 26</b>		
9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Earth Day Activity/Discussion	9-10am Breakfast, Social Time 10-11a Chair Exercise 1-3p Clay Sculptures	9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Scrapbooking	9-10am Breakfast, Social Time 10-11a Dynamic Stretches 1-3p Paint Clay Sculptures	9-10am Breakfast, Social Time 10-11a Dance Exercise 1-3p Swimming at the Rec		
<b>MONDAY 29</b>	<b>TUESDAY 30</b>	<p><i>*Activities may be subject to change*</i></p> 				
9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Paint Jewelry Trays	9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Child Abuse Awareness Presentation					

**WIC**

**Diabetes Awareness**

THERE ARE 2 TYPES OF DIABETES

Type 1- known as juvenile or insulin dependent diabetes. The exact cause is unknown but the body's immune system attacks the insulin producing cells in the pancreas which are needed to process glucose in our body. Insulin is required to treat this type.

Type 2- cells in the muscle, liver and fat become resistant to insulin which is needed to transport sugars into cells of the body, this causes a raise in blood sugar levels. There are four stages to this type. They are insulin resistance, pre-diabetes, type 2 diabetes and type 2 diabetes with vascular complications. The condition develops over time and most people with diabetes have this type. Factors such as weight and genes are contributing factors.

**SYMPTOMS**

The symptoms include: being overly thirsty and using the restroom frequently; blurry vision; tingling in the hands and feet; wounds that are slow to heal; and, weight loss without trying.

**WHAT YOU CAN DO**

Diabetes can be managed through diet and drugs such as Insulin and Metformin. A care team needs to be established with a primary care doctor, endocrinologist and dietitian. Lifestyle changes such as weight loss, healthy eating and exercise benefit an individual and manage symptoms.

## WHAT IS SR. OLYMPICS ALL ABOUT?



Hey, have you wondered what all the hoopla is about when you hear Sr. Olympics? For those 50+ years of age, here's some opportunities to learn more about how you can get involved:

Isleta is a Sanctioned site - that means we can hold official games right here in our community.

In partnership with the Rec Center we will hold Local Games, this means we'll provide an opportunity for you to learn about various sports events, such as shuffleboard, archery, bowling, track and field events and more. The Local Games will be held on April 24th, 25th, and 26th. Please stop by the Elder Center to register and select the sport you want to learn about.

The NM Sr Olympic Organization is holding its BiAnnual Competition Las Cruces, NM June 16-24, 2024. Don't let the word competition frighten you! Actually, here's another opportunity to learn more about your event of interest, and make new friends from across the state. Please stop by the Elder Center if you have any questions, or go to the NM Senior Olympics website. The POI provides \$20,000/year to allow for seniors to participate. To be eligible for travel, please register by coming by the Elder Center or go to the website and register. You must notify the Elder Center that you registered online. Deadline for registration is April 10th.

Please call Cheyldine Valencia, Elder Center Activities Coordinator for more information at 505.869.9770.

**APRIL 24TH, 25TH, AND 26TH**  
**@ISLETA RECREATION CENTER**

**You don't stop playing because you grow old, you grow old because you stop playing.**  
**-NMSO**

# ISLETA ELDER CENTER LUNCH MENU 2024



Monday 4/1/2024	Tuesday 4/2/2024	Wednesday 4/3/2024	Thursday 4/4/2024	Friday 4/5/2024
<b>Garbanzo Bean Soup</b> Beef Stew Meat 3oz Garbanzo Bean 1/2c Mixed Vegetable 1/2c Crackers Fresh Fruit	<b>Shrimp Fried Rice</b> Shrimp 3oz Steamed Rice 1/2c Stir Fry Vegetable 1/2c Fortune Cookie 1oz Fresh Fruit	<b>BBQ Chicken</b> Chicken Thighs 3oz BBQ sauce 2oz Mixed Vegetable 1/2c Dinner Roll vanilla pudding 1/2 cup	<b>Breakfast</b> French Toast Sticks 2oz Bacon 2oz Hashbrown Patty 2oz SF Syrup 1oz Fruit Cup	<b>Beans</b> Beans w/ground beef 1c Red Chile 2oz Corn Bread Fresh Fruit
<b>4/8/2024</b>	<b>4/9/2024</b>	<b>4/10/2024</b>	<b>4/11/2024</b>	<b>4/12/2024</b>
<b>Chicken Cordon Bleu</b> Chicken stuffed w/Ham 3oz Honey Pinon Sauce 1oz California Vegetable 1/2c Fresh Fruit	<b>Baked Ziti</b> Ground Turkey 3oz Marinara Sauce 2oz Mozzarella Cheese 2oz Ziti Pasta Garlic Toast	<b>Mushroom Swiss Burger</b> Beef Patty 3oz Mushroom Slice 1/2c Coleslaw 1/2c Hamburger Bun Fresh Fruit	<b>Tomato Soup</b> Tomato Soup 1c Grilled Cheese Sandwich 2oz Applesauce 1c	<b>Posole</b> Diced Chicken 3oz Green Chile 2oz Hominy 1/2c Crackers Sweet Rice 1/2c
<b>4/15/2024</b>	<b>4/16/2024</b>	<b>4/17/2024</b>		<b>4/19/2024</b>
<b>Meatball Sub</b> Turkey Meatball 3oz Marinara Sauce 2oz Hoagie Bun Pasta Salad 1/2c Baked Chips 2oz	<b>Breaded Tilapia</b> Tilapia 3oz Roasted Asparagus 1/2 Wild Rice 1/2c Lemon Wedge 1oz Fresh Fruit	<b>Meatloaf</b> Ground Beef 3oz Mash Potato 1/2c Gravy 1oz Mixed Vegetable 1/2c Fresh Fruit	<b>Chile Dogs</b> Hot Dog 3oz Chile Beans 2oz Shredded Cheese 1oz Hotdog Bun Seasoned Fries 1/4c	<b>Chef Salad</b> Ham 3oz Shredded Cheese 1oz Boiled Egg 1oz Mixed Greens 1c Cucumber/Tomato 1c
<b>4/22/2024</b>	<b>4/23/2024</b>	<b>4/24/2024</b>	<b>4/25/2024</b>	<b>4/26/2024</b>
<b>Chicken Tortilla Soup</b> Diced Chicken 3oz Black Beans 1/2c Diced Tomato 1/2c Corn 1/2c Tortilla Chips 2oz	<b>French Dip Sliders</b> Roast Beef 3oz Sliced Swiss Cheese 1oz Dinner Roll Mixed Vegetable 1/2c Fruit Cup	<b>Baked Pork Chop</b> Pork Chop 3oz Parmesan Potatoes 1/4c Broccoli 1/2c Peach Cobbler	<b>Sub Sandwich</b> Sliced Ham 3oz Sliced tomato/lettuce 2oz Hoagie Baked Chips 2oz Fresh Fruit	<b>Pizza &amp; Pasta</b> Pepperoni 3oz Mozzarella Cheese 2oz Pizza Sauce 1/4c Pizza Crust Pasta Salad 1/2c
<b>4/29/2024</b>	<b>4/30/2024</b>	****Menus are subject to change without notice, based on the availability of products.****		
<b>Pork Riblets</b> Pork Riblets 3oz BBQ Sauce 1oz Hoagie Sliced Onions 1oz Potato Salad 1/2c	<b>Eggs Salad Sandwich</b> Egg Salad 3oz Carrot Sticks 1c WW Bread Ranch 2oz Fruit Cup	Portion Size: *Meat or Alternative- 3oz Cooked, *Vegetable & Fruits - 1/2c 1/2pt. Milk *All Menus Provide 1/3 of the daily Recommended Allowance  Please call by <b>9 AM</b> to cancel Home Delivered Meals. 505-869-9770 - Thank you.		

ACTIVITIES SUBJECT TO CHANGE PUEBLO OF ISLETA ELDER CENTER ACTIVITY CALENDAR April 2024



# 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>April Fools Day</b> Blu Orchid Massage 9:00 AM to 3:00 PM Walk Ins Welcomed	<b>2</b> <b>Pool Practice and Shuffleboard</b> Activity Room 9 AM to 4 PM	<b>3</b> <b>Corn Hole Practice</b> 9:00 AM to 12:00 PM	<b>4</b> <b>Pool Practice and Shuffleboard</b> Activity Room 9 AM to 4 PM	<b>5</b> <b>Open Activities</b> Exercise Equipment, TV Board Games, Activity Sets, etc.. 9 AM to 3 PM
<b>8</b> <b>Afternoon Stretch Session</b> 1:00 PM to 2:00 PM Treadmill, Stretches and Light Weight Usage	<b>9</b> Advanced Directives/Power of Attorney Presented by Feliz Martone 12:30 PM to 2:00 PM <b>Come Learn some Olympic Games</b>	<b>10</b> <b>NO ACTIVITIES</b>	<b>11</b> <b>Mass</b> Dining Room 11:30 AM <b>Shuffleboard</b> Activities Room 1:00 PM to 4:00 PM	<b>12</b> <b>Movie Day in Activity Room</b> 1:00 PM to 3:00 PM <b>Movie: Fried Green Tomatoes</b>
<b>15</b> <b>Income Tax Day</b> Blu Orchid Massage 9:00 AM to 3:00 PM Walk Ins Welcomed	<b>16</b> <b>Commodities Distribution</b> Conference Room 9a-3p	<b>17</b> <b>Advisory Meeting @ 9am</b> Activities Room <b>Open to the Public</b>	<b>18</b> <b>Pool Practice and Shuffleboard</b> Activity Room 9 AM to 4 PM	<b>19</b> <b>Open Activities</b> Exercise Equipment, TV Board Games, Activity Sets, etc.. 9:00 AM to 3:00 PM
<b>22</b> <b>Earth Day</b> 11:00 AM to 12:00 PM Seed planting <b>Corn Hole Practice</b> 9:00 AM to 12:00 PM	<b>23</b> <b>Pool Practice and Shuffleboard</b> Activity Room 9 AM to 4 PM	<b>24</b> <b>Sharing Recipes Day</b> 1:00 PM to 2:00 PM	<b>25</b> <b>NO ACTIVITIES</b>	<b>26</b> <b>HAPPY BIRTHDAY</b> <b>DJ Styles - Music Therapy</b> 11:30 AM to 2:30 PM
<b>29</b> <b>BINGO</b> BINGO ENTRY FEE: DONATIONS 1:00 PM to 3:00 PM	<b>30</b> <b>Caregiver Training Heart Health</b> Presented by IHC 1:00 PM to 3:00 PM <b>Commodity Distribution</b> 9:00 AM to 12:00 PM	<b>Senior Olympics - Local Games @ Rec Center</b> For those 50+ years of age come learn about various sports events.  Call or Visit the Elder Center to Sign up for Activities & Trips in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted. * CLOSED FOR ALL MAJOR HOLIDAY'S. 505-869-9770 MONDAY- FRIDAY 8:00AM - 4:30PM		