

Volume 19 Issue 8

Pueblo of Isleta website: www.isletapueblo.co

Facebook

August 2024

## **Governor's Report**

Maguwam,

I hope this newsletter finds our community in good health and spirits. We are reaching the hotter days of the summer, make sure you are drinking plenty of water and keeping yourself hydrated. As we all know, we are in a drought and we are at drier than normal conditions. These conditions have a large impact for our community, agriculture, and animals.

On June 26th USACE (U.S. Army Corps of Engineers-Albuquerque) and the Pueblo of Isleta signed a Tribal Partnership agreement for Pottery Mound cultural preservation study. "Entering the agreement is the first step of a comprehensive study of erosion at the Pottery Mound to evaluate what solutions can be put in place to protect the ancestral site." We look forward to continuing our partnership into the future.



On July 3rd I was in attendance to witness the significant signing of Mayor Tim Keller's Legislation Requiring Consultation for Development that Impacts Tribal Land. This legislation impacts sovereign and sacred lands as well as other sensitive areas. "Albuquerque is taking action to strengthen the partnership we share with our local tribes over our land," stated Mayor Tim Keller.



I would like thank Mayor Tim Keller and Albuquerque Fire Rescue Chief Emily Jaramillo for accepting our Fire Chief Leo Tafoya's request for fire trucks. The AFR donated two fire engines to the Pueblo of Isleta Fire Department. I would like send a special thank you to our Fire Chief Leo Tafoya, Mayor Tim Keller, and AFR.

I would like to thank the Kateri Circle and the community who came together



to make St. Kateri Tekakwitha feast a great day to celebrate. This year the feast was held on Sunday, July 14th, 2024. I would also like to thank the POI Departments for assisting with the set up to make our feast day special! HAWU, everyone and many blessing to you in return.

We have issued a memo regarding no fishing or swimming in the Rio Grande River on the West and East side. We ask that you follow all signs posted regarding this order, we are working on re-opening the North side of the river soon. We appreciate your patience.

Last, I want to send my condolences to the families of those who have lost their family members during the month of July.

Ha-Wuh

Max A. Zuni Governor Pueblo of Isleta

# Wills for Veterans Legal Clinic

Saturday, Aug 17 Appointment Only

*In-Person Clinic* Veterans Memorial Park 1100 Louisiana Blvd SE Albuquerque, NM 87108



This legal clinic will be for Veterans only with the sole focus of drafting simple wills, power of attorneys, and advanced healthcare directives for those Veterans in attendance. Volunteer attorneys will not be completing complex drafting at this clinic.

### Attendance is on a scheduled appointment basis.

Help is contingent on volunteer attorneys. If you have any further questions, please contact the Veterans Justice Outreach Program at 505-206-9086. Additional service providers will be in attendance to provide resources to veterans

Please click on the link below to schedule an appointment. https://form.jotform.com/sbnm/veterans-legal-clinic-sign-up





State Bar of New Mexico Young Lawyers Division



## When: Aug 10, 2024 4 PM

## WHERE: ISLETA REGEPTION HALL 191 Tribal Rd 2 Bosque Farms, NM

For more information:

## On Facebook@ LLHS 30 YEAR CLASS REUNION Loslunas30yearreunion@gmail.com



## LETTER FROM THE EDITOR

**DEADLINE for September Newsletter articles is set for Wednesday, August 21, 2024, at 4:30 pm.** Articles may be dropped off at the Library or emailed to <u>Nathaniel.</u> <u>Lujan@isletapueblo.com</u>. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you my call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

## The fifteen Newsletter distribution locations are:

## PROBATES

IN THE MATTER OF THE ESTATE OF: Jose Alfred D. Jojola Case No. CV-PR-0044-2024

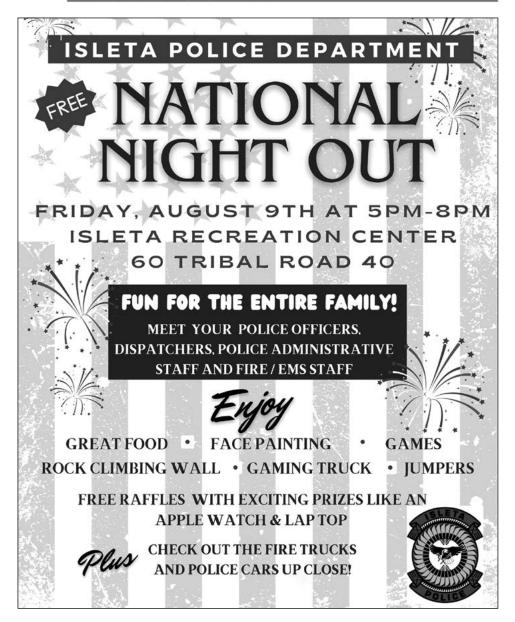
## Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Jose Alfred D. Jojola</u>, deceased <u>12/22/1923</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>TBD</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0046-2024 Gregory Martin

## Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Gregory Martin</u>, deceased <u>03/15/2024</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>TBD</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.



- 1. TR 2 & TR 22 Chical SE of Community Hall
- 2. TR 10 Behind the old 47 Sales
- 3. TR 1 & TR 5 Ranchitos / Bosque Farms Reservations Line
- 4. Ranchitos Park
- 5. Post Office Big Tree
- 6. TR 82 & TR 84 Teller Road
- 7. TR 78 & TR 82 Carlos Trujillo Sr.
- 8. TR 90 @ Y CF Padilla
- 9. Mouse Town Park –
- 10. Health Center South end of Health Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 47 Intersection
- 13. TR 12 47 & 147 intersection (Old Smoke & Save)
- 14. TR 71 & TR 54 @ Y Holiday Robot / Paved Road / Railroad Tracks
- 15. TR 45 & TR 40 @ Y Tata Mel (POI Signage)



## Isleta Pueblo Cultural Center

CALL FOR NEW Isleta Pueblo ARTIST WORK FOR CULTURAL CENTER DISPLAY CASES

> Please bring works to fit space size 7ft. width and 4ft. height

ALL MEDIUM OF ARTWORK WELCOME! Please make an appointment with Isleta Pueblo Cultural Center@ 505-869-9768

CALL FOR MILITARY PHOTOS!! WE ARE WORKING ON ISLETA'S MILITARY WALL. PLEASE SUBMIT PHOTOS FOR DISPLAY TO THE CULTURAL CENTER.

## Goodwill

Goodwill Goodjobs! Serving Albuquerque south valley/Isleta Pueblo, and Valencia County

We offer individual free assistance with job search, interview skills, and resume assistance.

Contact : Vicki Herring Career Specialist at 505-944-0289 Vicki Herring **Career Specialist** 



**Goodwill Industries of New Mexico** 

vherring@goodwillnm.org

505-944-0289 or 505-881-6401 x4097

201 Desert Willow Rd, Los Lunas, NM 87031

www.Goodwillit.org

## ST. AUGUSTINE PARISH

## IT TAKES A VILLAGE...

Our St. Augustine Parish and community has been blessed with a new ministry called ITHIRST. This ministry is an addiction and recovery program supported by the Archdiocese of Santa Fe. It is an international ministry of Missionary Servants of the Most Holy Trinity.

The ministry is designed for clergy, religious, and laity who desire to accompany the addicted and offer faith based companionship and support. We have recently certified 6 individuals from our community who have been trained, received certification and are qualified to assist individuals suffering from addiction and their families. They are called Spiritual Companions and are now available to begin the ministry. Anyone struggling with addiction and their loved ones are invited to reach out to the Spiritual Companions at this number 505-750-0226 or by contacting the St. Augustine Parish Office.

Our iTHIRST ministry will offer:

Masses for recovery, healing and special intentions

Group meetings utilizing the AA 12-Step Program with a spiritual component

Gatherings for family and friends with frequent guest speakers

Spiritual Companionship on an individual basis

Rosary recitation and Holy Hour

"Addiction isn't just a physical and psychological illness; it's also a spiritual disease that requires a spiritual remedy." (Keaton Douglas, Executive **Director of the ITHIRST Initiative**)

We must crush the stigma of addiction and embrace individuals that are struggling to remain sober, we follow Christ's teachings....



PLACEMENT INTERNSHIPS



**BLM Resource Technician Individual Placement** Rio Puerco Field Office (RPFO) - Albuquerque, NM Overview:

This intern will be responsible for assisting the wildlife and woodland programs and how any changes or current uses are affecting the other programs. The need for the intern is to better understand how current woodland management is affecting wildlife habitat by coordinating with outside partners and local public users on their use, need, and understanding of the woodland (fuelwood) management program. This will include field surveys and inventories to monitor and track the current use levels and areas of use. The intern will also monitor any adverse impacts to the environment and report back to supervisor and the ID Team. The information will be used to inform future decisions on woodland management for the benefit of wildlife habitat. In addition to the needs of the woodland program, the intern will work with the other renewable programs to assist in rangeland health assessments, proper functioning condition assessments of riparian areas, and watershed health, arroyo stabilization projects.

## Fall 2024 Start **APPLY TODAY!**

\$550.00 Weekly Living Stipend + \$200.00 Housing Stipend Equivalent to \$1,500.00 Bi-Weekly before taxes -Albuquerque, NM -Full-time, 1700-hour AmeriCorps Service Term -

AmeriCorps Education Award \$6,495.00 -Health Benefits -

Professional Development Funds -Public Land Corps Hiring Certificate

TO APPLY VISIT: ancestrallands.org/ip Contact Shonto Greyeyes with questions: sgreyeyes@conservationlegacy.org



When one encounters situations that are disturbing to your peace, this is the place to come! All are welcome!! iTHIRST was created with the desire to quench God's thirst for love. They were among the last words Jesus spoke from the cross (Jn 19:28).

Yours in Christ,

**Spiritual Companions** and Father Thomas Milton St. Augustine Parish

Open Until Filled

## Pueblo of Isleta Career Opportunities

Head Start

COOKI

### Position Posting Office Location **Closing Date** Position Posting Office Location **Closing Date** ACADEMIC SUCCESS COACH Department of Education Open Until Filled EMT - PARAMEDIC (2 Health Services Open Until Filled Positions) ACCOUNTANT - ACCOUNTS Treasury **Open Until Filled** FAMILY SOCIAL WORKER Social Services Open Until Filled RECEIVABLE FINANCIAL ANALYST Treasury Open Until Filled ANIMAL CONTROL OFFICER Open Until Filled Police Department FITNESS INSTRUCTOR Parks & Recreation **Open Until Filled** Cultural & Historic ARCHIVIST Open Until Filled Preservation GROUNDS MAINTENANCE Open Until Filled Public Works WORKER ASSISTED LIVING Assisted Living Facility Opn Until Filled ADMINISTRATOR HOME CARE ATTENDANT Elder Center Open Until Filled AUTO & DIESEL MECHANIC **Open Until Filled Transportation Services** IRRIGATION TECH Agricultural Division Open Until Filled **BILLING TECHNICIAN Open Until Filled Health Services IRRIGATION & LANSDCAPE** Parks & Recreation Open Until Filled TECHNICIAN BUSINESS MANAGER I Open Until Filled Elder Center LABORER Public Works **Open Until Filled** BUYER **Open Until Filled** Procurement LAND SURVEY TECHNICIAN Survey & Mapping Open Until Filled CAREGIVER Assisted Living Facility **Open Until Filled** LIFEGUARD Parks & Recreation Open Until Filled CERTFIED FITNESS LIFEGUARD ASSISTANT Parks & Recreation Open Until Filled **Health Services Open Until Filled** INSTRUCTOR PERSONAL CARE SERVICE Elder Center Open Until Filled CHILD / ADOLESCENT AIDE Health Services **Open Until Filled** THERAPIST PHYSICAL THERAPIST **OPen Until Filled Health Services** COMPUTER IT SPECIALIST Department of Education **Open Until Filled** POLICE OFFICER I Police Department Open Until Filled COMPLIANCE INSPECTOR I Gaming & Regulatory **Open Until Filled** POLICE OFFICER II Police Department Open Until Filled COMMUNITY HEALTH **Open Until Filled Health Services** REPRESENTATIVE Open Until Filled RANGELAND DATA MONITOR Natural Resurces

CUSTODIAN	Public Works	Open Until Filled	TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled
DIRECTOR, CLINICAL SERVICES / NURSE PRACTITIONER	Health Services	Open Until Filled	TUTOR I	Department of Education	Open Until Filled
DIRECTOR, TRANSPORTATION SERVICES	Transportation Services	Open Until Filled	TUTOR II	Department of Education	Open Until Filled
EMT BASIC (3 Positions)	Health Services	Open Until Filled	UTILITY WORKER	Public Works	Open Until Filled
			VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled – WITHIN ONLY
EMT – INTERMEDIATE (2 Positions)	Health Services	Open Until Filled	WATER/WWTP OPERATOR I- IV	Public Works	Open Until Filled

TEACHER ASSISTANT

Head Start

**Open Until Filled** 





### SUPERVISOR

Publish Date: 06/19/2024

Level: Non-Exempt

SLOTS SHIFT

Level: Non-Exempt

Location: Albuquerque, NM Publish Date: 06/19/2024 Level: Non-Exempt



SLOTS TECHNICIAN SUPERVISOR Location: Albuquerque, NM Publish Date: 06/18/2024







TECHNICIAN

Publish Date: 06/18/2024 Level: Non-Exempt

Publish Date: 06/19/2024 Level: Non-Exempt

SLOTS TECHNICIAN

## SLOTS LAB

Location: Albuquerque, NM

SLOTS FLOOR **TECHNICIAN** Location: Albuquerque, NM Publish Date: 06/18/2024 Level: Non-Exempt





Location: Albuquerque, NM Publish Date: 06/18/2024 Level: Non-Exempt



### TABLE GAMES FLOOR SUPERVISOR

Location: Albuquerque, NM Publish Date: 06/14/2024 Level: Non-Exempt

## TABLE GAMES DEALER

Location: Albuquerque, NM Publish Date: 06/14/2024 Level: Non-Exempt

We are looking for boys & girls that will be committed during the entire season.

> We will give out more information when we have enough youth participants.

For more information please contact 505-869-9777 george.waquie@isletapueblo.com

## **ISLETA POLICE DEPARTMENT**

As the summer comes to a close and the school bells begin to ring once again, we welcome students back for another exciting year of learning and growth. The start of the school year is a busy and exciting time, but it also brings with it the need for increased awareness and safety measures. The Isleta Police Department is committed to ensuring the safety of our children, parents, and educators.

### Back to School Safety Tips

### For Parents:

1. Travel Routes: Plan and review the safest route to and from school with your child. Stick to sidewalks, crosswalks, and intersections with crossing guards.

2. Stranger Danger: Remind children not to talk to strangers or accept rides from anyone without your permission.

3. Emergency Contact: Ensure your child knows your contact information and who to call in an emergency.

4. Backpack Safety: Make sure backpacks are not too heavy and that they are worn correctly to avoid back strain.

### For Students:

1. Bus Safety: Stay seated on the bus, keep the aisles clear, and follow the bus driver's instructions. Always wait for the bus to stop completely before getting on or off.

2. Walking to School: Always walk on the sidewalk, look both ways before crossing the street, and use designated crosswalks. 3. Bike Safety: Wear a helmet at all times, follow traffic signals, and use hand signals to communicate with drivers.

4. Online Safety: Be mindful of online activities. Do not share personal information with strangers and report any suspicious behavior to a trusted adult.

### For Drivers:

1. School Zones: Slow down and follow the speed limits in school zones. Be extra cautious during pick-up and drop-off times. 2. Watch for Pedestrians: Be alert for children crossing streets, especially at crosswalks and intersections.

3. Bus Stops: Never pass a stopped school bus with its stop sign extended. Be prepared to stop for children entering or exiting the bus.

We encourage all community members to be vigilant and proactive in keeping our children safe. If you notice any suspicious activity around the Isleta Head Start or Isleta Elementary or have any safety concerns, please do not hesitate to contact the Isleta Police Department at (505) 869-3030 (non-emergency).

If you or someone you know is in need of a child safety seat or booster seat, you can call and schedule an appointment to get one. You can also have your seats inspected for recalls, broken parts, improper installation, and the appropriateness for your child.

### Indian Highway Safety Program (505) 869-9708 | (505) 869-9830

Please join us in welcoming the newest employees to the Isleta Police Department.

Tristen Trujillo – Animal Control Officer Matthew Halona – Open Space Cadet Keshi/ Háu mitákuyepi

Čhanté wašté napéčhiyuzapi, Matthew Halona emáčivapelo. Tiwáhe na Tivóšpave Zuni Pueblo, Diné na Wazí Ahánhan Oyánke emátanhan. wikčémna núnpa aké šákpe. Iná Mary ečíyapi na Até David ečíyapi. Tiyóšpaye Até Julius NotAfraid na Iná Cheryce NotAfraid. Lakota emáčiyapelo wakínyan lúta wačhí

### Hello my Relatives

I shake your hand with a heartfelt handshake, my name is Matthew Halona. My Family comes from the Zuni Pueblo, Diné and extended family comes from the Pine Ridge Reservation, in Kyle South Dakota. I am 26 years old. My mother is Mary and Father is David. My extended parents are Julius NotAfraid and Cheryce NotAfraid. My Lakota name is Wakínyan Lúta Wačhí (Dances with the Red Thunder-Beings)

My Hobbies are traveling throughout the United States and Canada singing and dancing in powwows. I sing with my Uncles the Stoney Park singers From Morley Alberta, Canada which is my late Lekši (uncle) Coleman Beaver's Drum Group in which we sing in the traditional Stoney Nakoda language. I also draw and paint Lakota Ledger Art from time to time. As far as Law Enforcement I always wanted to be a Law Enforcement Officer and follow in my family's footsteps with also being a positive role model for my Nephew. I want to Thank the Pueblo of Isleta for allowing me the opportunity to serve with the Police Department and serve the Pueblo of Isleta and the neighboring communities. Ho. héčhetu weló / Elahkwa.

Erin Waconda - Receptionist Shawn Garcia – Dispatcher

## A recent publication by the DEA lists the following information:

## Fentanyl NARCOTICS (OPIOIDS)

## What is Fentanyl?

Fentanyl is a potent synthetic opioid drug approved by the Food and Drug Administration for use as an analgesic (pain relief) and anesthetic. It is approximately 100 times more potent than morphine and 50 times more potent than heroin as an analgesic.

### **Street Title**

Apace, China Girl, China Town, Dance Fever, Friend, Goodfellas, Great Bear, He-Man, Jackpot, King Ivory, Murder 8, Poison and Tango & Cash

## How is it consumed?

snorted/sniffed, smoked, orally by pill or tablet, spiked onto blotter paper, patches, sold alone or in combination with heroin and other substances, has been identified in fake pills, mimicking pharmaceutical drugs such as oxycodone.

## Forms of Fentanyl Citrate

Fentanyl is a synthetic opioid typically used to treat patients with chronic severe pain or severe pain following surgery. Fentanyl is a Schedule II controlled substance that is similar to morphine but about 100 times more potent. Under the supervision of a licensed medical professional, fentanyl has a legitimate medical use. Patients prescribed fentanyl should be monitored for potential misuse or abuse.

Illicit fentanyl, primarily manufactured in foreign clandestine labs and smuggled into the United States through Mexico, is being distributed across the country and sold on the illegal drug market. Fentanyl is being mixed in with other illicit drugs to increase the potency of the drug, sold as powders and nasal sprays, and increasingly pressed into pills made to look like legitimate prescription opioids. Because there is no official oversight or quality control, these counterfeit pills often contain lethal doses of fentanyl, with none of the promised drug.

42% of pills tested for fentanyl ٠ contained at least 2 mg of fentanyl, considered a potentially lethal dose.

Drug trafficking organizations typically ٠ distribute fentanyl by the kilogram. One kilogram of fentanyl has the potential to kill 500,000 people.

It is possible for someone to take a pill without knowing it contains fentanyl. It is also possible to take a pill knowing it contains fentanyl, but with no way of knowing if it contains a lethal dose.

According to the CDC, synthetic opioids (like fentanyl) are the primary driver of overdose deaths in the United States. Comparison between 12 months-ending January 31, 2020 and the 12 months-ending January 31, 2021 during this period:

### What is their effect on the body?

Similar to other opioid analgesics, fentanyl produces effects such as: relaxation, euphoria, pain relief, sedation, confusion, drowsiness, dizziness, nausea and vomiting, urinary retention, pupillary constriction, and respiratory depression.

### What are the effects of an overdose?

Overdose can cause stupor, changes in pupil size, clammy skin, cyanosis, coma, and respiratory failure leading to death. The presence of a triad of symptoms such as coma, pinpoint pupils, and respiratory depression strongly suggests opioid intoxication.

There is significant risk that illegal drugs have been intentionally contaminated with fentanyl. Because of its potency and low cost, drug dealers have been mixing fentanyl with other drugs including heroin, methamphetamine, and cocaine, increasing the likelihood of a fatal interaction.

Producing illicit fentanyl is not an exact science. Two milligrams of fentanyl can be lethal depending on a person's body size, tolerance and past usage. DEA analysis has found counterfeit pills ranging from .02 to 5.1 milligrams (more than twice the lethal dose) of fentanyl per tablet.

Overdose deaths involving opioids rose 38.1 percent.

Overdose deaths involving synthetic opioids (primarily illicitly manufactured fentanyl) rose 55.6 percent and appear to be the primary driver of the increase in total drug overdose deaths.

Unless a drug is prescribed by a licensed medical professional and dispensed by a legitimate pharmacy, you can't know if it's fake or legitimate. And without laboratory

testing, there's no way to know the amount of fentanyl in an individual pill or how much may have been added to another drug. This is especially



dangerous because of fentanyl's potency.

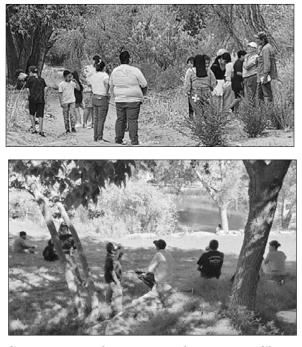


## DEPARTMENT OF EDCUATION

The summer seemed to go by way too fast. We enjoyed working with multiple programs to provide an enriching experience. Students at the recreation center were able to enjoy a weekly visit from staff at Explora, where students engaged with fun STEM activities. Our summer enrichment program allowed students to expand their minds with our language, math, reading, science, arts and so much more.



Field trips to the Bosque, around the village, the mountains and Tijeras Pueblo allowed our students to gain a better understanding of our community and the importance of caring for it. We appreciate our local role models and teachers who shared their knowledge, skills and spaces with our staff and students. It was truly enjoyable to see our leaders, teachers and students share and use the language on a daily basis.



Camping and an expedition to Chaco Canyon, Southern Colorado and Mesa Verde helped us to understand and connect us to our past. Working with the Be-Kooee program and their students made these trips even more enjoyable.



for any of your educational needs. We will do our best to support you! The DOE TEAM

Words from Academic Success...

Summer has come and gone, and now it is time to get back into the groove of back to school. Here are a few tips on how to be successful in high school:

- Have a morning routine at home
- Give yourself enough time to get to school before the first bell rings
- Go over your class schedule and school map
- Don't be late to your classes
- Get to know your teachers
- Find a way to be involved in your school
- Complete all your assignments on time
- Sign up for tutoring
- Make time afterschool for homework/study time

These tips can help you become a better student. It is always up to the student on what they want to achieve in school. There is plenty of support in your community for you to utilize, it is up to you to want it.

First year college students, it is almost time to experience college life. What does college life even look like? College can be a lot of things at one time, you will feel scared, nervous, yet be so excited to start this new adventure in your life. At one point you may have no idea what you are doing and that's okay. College is a time for you to find yourself and what you want for your future. You have made the first step and that was enrolling into a college, now it is time to let yourself shine. Just as high school you will need to set a routine, know how much time you need to get from one class to the next and make time for your homework and study time. You will think that you have more free time than you did while you were in high school however some of that free time will need to be used for homework and studying. It will be very important to know what types of resources your school has to offer. Always remember that if your school does not offer a resource you need your Isleta community may offer it. Just because you are off to college does not mean vou can't reach out.

I wish you all the best 2024-2025 school year!

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Shellv

Stay organized (use a calendar or a planner to help keep track of assignments, deadlines, events)

Take care of yourself (prioritized your mental and physical health)

Get to know your professors and instructors (utilize office hours if you need to talk to your instructor, actively participate in class, have them get to know you and your academic plans)

Build a support system (ask for help from your family/friends, school advisors, instructors and mentors)

Use resources around campus (the campus library, tutoring, take advantage of the recreational services, your student email can help with discounts, academic advisors, IT support department, student organizations and clubs, financial aid office)

٠ Be smart with your finances (take the time to apply for scholarships, internships, work-study or part-time job if needed)

We wish all POI Scholarship recipients a successful academic year!

- DOE Higher Ed Team (Charlene, Fran, and Samantha)

## Reminder all supporting documents for the POI Scholarship are due August 31st by 11:59PM

## Words of Advice to Incoming High School Students from Current POI Scholarship Recipients

The advice that I would like to pass on to the younger generation coming into high school would be first and foremost to take school serious and always attend class and by eliminating unnecessary distractions and absences if at all possible. This will help you to stay focused and on track. Staying on top of your assignments without any procrastinations will help you eliminate stress and also help you to further succeed. – Sophomore, New Mexico Institute of Mining and Technology, Class of 2027

If I could give advice to an incoming high school student, it would be to finish school while getting experience. The most important thing is to finish school and make sure you're getting experience while you're there. Now I'm not saying join all these clubs you don't have to but at least join one club or if you can get a part time job that revolves around your degree that would be setting you up for success when you graduate. – Senior, University of New Mexico, Class of 2025

Looking back on an eventful summer brings a smile to our faces. Special thanks to the families who shared their students with us, we appreciate you! We also want to thank all the teachers, summer employees and volunteers for working so hard to make a positive impact on our community.

We now look forward to a new school year, 2024-2025. We hope this new school year is full of positivity and growth. Our department is excited to support your needs. Please feel free to contact our office (505)869-9790 us Academic Success Coordinator

### Greetings from the **POI Higher Education Team**

A new school year is upon us. Whether you're a first-time college student, current student, or returning student, we are proud and support your decision to continue your higher education journey! College isn't easy, there may be times when you don't get the grade you want or may feel like this isn't for you, we want to encourage you to stay strong and finish your respected program. College itself is a huge accomplishment and we are here to help assist and support.

Here are a few tips to help you navigate through college:

Plan ahead (create a schedule that balances school, work, and family)

One piece of advice that I would give an incoming student, regardless of whether they are entering high school or college, is not to be afraid of seeking or asking for help. When I first went to college, I struggled because I wasn't used to the course load, nor did I truly understand what my professors wanted from my assignments. It wasn't until one of my professors told me to come to their office hours and sit with them to discuss the assignment. After going to seek help during office hours, I understood that the teacher/professor wanted to help us if we needed it. This experience not only taught me a valuable lesson in asking for help but also provided me a chance to get to know my instructors on a personal level, and they ended up being a mentor for me in my program. They want to see us succeed

in their class, and it is up to us to seek their help or help from other places (tutors, library, etc.) if needed. If you don't know the answer, it will always be okay to ask for help. How else would you learn something you don't know? One last piece of advice is if you don't get the help you need, don't stop trying. Find someone else who will be willing to help you. – *Graduate (2nd Yr.), University of New Mexico, Class of 2025* 

My advice to an incoming high school student is upfront and realistic. High school is what you make of it. You can choose to be involved and take it seriously or you can choose to blow it off. High school is a time to discover yourself, grow your interest, and push your limits. Mistakes will be made, but you learn from those mistakes and move on. High school is definitely a different environment, but your interpersonal growth will flourish if you allow it to. Don't be afraid to ask questions, become involved, make new friends, build a relationship with your teachers, and believe in yourself. If things get challenging or overwhelming, find someone to talk to. High school should be a time to have fun and discover your interest. High school can help you plan for the future. When you start your freshman year, start off with some realistic goals. Evaluate those goals and make new ones. -Graduate (1st Yr.), New Mexico Highlands University, Class of 2025

High School is a time filled with opportunities and new experiences. I would say, that it helps to stay organized. Use planners, calendars, or apps to keep track of assignments, tests, and extracurricular activities. It will help you manage your time and reduce stress. Develop good study habits early on and a consistent routine will help you retain information and perform well on tests. Get involved in clubs, sports teams, or other extracurricular activities. They're a great way to meet new people, develop skills, and make high school more enjoyable. Build relationships with your teachers by asking questions and seeking help when you need it. I was involved in Golf and developed lifelong friendships with people that I still have today. These connections can be beneficial for academic support and future recommendations. Don't forget to prioritize your health. Make sure you get enough sleep, eat healthily, and exercise regularly. Taking care of your physical and mental well-being is crucial for success. Choose your friends wisely and surround yourself with positive and supportive people who encourage you to be your best self. Manage stress through healthy outlets like hobbies, talking to friends or family, or practicing mindfulness. Stay open to new experiences, whether it's a new subject or social activity, as this is a time for exploration and growth. Start thinking about your goals for the future and explore your options, whether it's college, a trade school, or another path. Most importantly, be yourself. – *Doctorate*, Grand Canyon University, Class of 2025

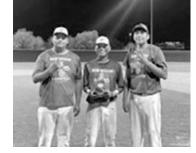
As an incoming high school student, I would start off by saying this is the start of a very important and fun time of your life. While you will meet your group of friends that will help you get through the next four years, it is also the time when you begin to shine and start learning about the value of hard work and perseverance. High school is the time when one should start thinking about the bigger picture of the interests that you begin to acquire which will hopefully lead you to pursuing a future that aligns or stems from those interests. You definitely want to start asking questions about anything, whether it is about a particular subject, the resources that are available to you, or personal questions that only you have the answer to power to get your answer. As you take more and more courses, you will learn about your abilities and what you need to work on. Once you start to see your abilities, you will find that the limits you think you know are merely a small obstacle and you will begin to perform better and better until you find your answer to the next step in life after high school. There will be times that you will struggle or feel stressed, anxiety, or even mad and that is completely okay because that is a major part of growing into the best version of yourself. It is overcoming any challenge or form of struggle that leads you to conquering one obstacle after the next. While I do not mean to discourage or scare you in anyway, I am assisting you in letting you know that you are about to embark on a four-year journey that will begin to teach you the value of working hard to achieve a goal, which all starts with you having an open mind and taking the first major step towards being a successful adult. - Graduate (2nd Yr.)-University of Oklahoma, Class of 2025

## ISLETA YOUTH PARTICIPATE IN INTER-TRIBAL YOUTH BASEBALL TOURNAMENT

Seven young tribal members participated in the Inter-Tribal Youth Baseball Tournament in Phoenix, Arizona, in June, representing the New Mexico Sun Devils across different divisions:

• Senior Division: Talen L., Dwayne R., Kyle V.

• Junior Division: Davion T. Michael T. III



Senior Division Youths



## Sports Physicals

By Dr. Ray Kelley

## It's sports physical season!

Summer is flying by, and soon parents and student athletes will need to complete their sports physical forms. Please contact IHC sooner rather than later to set up your appointment. We are saving a few appointment slots a week to get these done for our students, so we encourage you to take advantage of this and don't procrastinate until the last minute!

Sports physicals are an important part of preventing sportsrelated injuries and making sure our student athletes are able to participate fully in their seasons. We focus especially on the heart, bones, joints, and muscles at these visits. For tween and teen athletes, we also check in on topics like body image, nutrition, and emotional and mental health.

If your young ones are not playing sports this year, we would still love to see them! An annual check-up is a good idea for most kids. Not only does it teach them the habit of taking care of their health, it also is a good opportunity to check up on their physical growth curve, their emotional development, their vision and hearing, and make sure they are up-to-date with their childhood immunizations. Dr. Sapien, our pediatrician, is here every other week, and doctors Nelson, Pope, Kistin, and Kelley are family doctors also trained in pediatric primary care. See you soon!

• Major Division: Damacio L. Jacob S.

> Junior Division Major Division Youths Youth

Despite playing in scorching temperatures exceeding 105 degrees, these boys gave their all. The junior and major divisions played three games, winning two and losing one. The senior boys played five games, winning four and narrowly missing the championship game by one run. They proudly secured 3rd place in their division. Not only did they have the opportunity to be a part of this tournament they were also recognized during the Arizona Diamond Backs Native American night where they were able to parade around the field before the game. These young men are looking forward to more tournaments in the near future to represent their tribe. We would like to thank the Pueblo of Isleta for their sponsorship, and all the coaches that made this tournament a success.





AT A GLANCE

Summer School Celebration
August Activities
Fall Enrollment
Volunteers

### Welcome back Isleta Eagles!

We are delighted to welcome our new and returning students and families. We have many great things in store for this upcoming school year. Students will enjoy learning from highly qualified teachers, express their visual and cognitive talents through art and music, advance their physical and social development through physical education, build research skills and digital literacy with the school library, and cultivate their identity with Tiwa and Native language and cultural activities. As students, caretakers, advocates, and educators, we play an integral part of raising healthy, motivated, and self-aware children that will carry the teachings and traditions into the future. We thank you for being part of our Isleta family. Let's have a fantastic year!

### **Our Goals**

Based upon the data and progress we made last year, we are focused on achieving the following goals:

- 1. 25% of all students in grades K-6 will be in the Average or above (> 40%ile) proficiency levels in Math.
- 25% of all students in grades K-6 will be in the Average or above (> 40%ile) proficiency levels in Reading.
- 3. The number of Student Discipline Referrals reported in the classroom and on the playground will decrease by 5% every quarter.
- 4. The number of chronic absences will improve by 10% every quarter.

We will be monitoring progress towards meeting our goals and celebrating our successes. We are starting the year with Frybread Fridays!

### **Frybread Fridays**

Last year, our attendance rate of 91.80% across all grades levels. While this slightly higher than the national average of 90%, we want to see every student in school every day because attendance matters and students matter! To help achieve our goal of reducing the number of chronic absences, we will offer Frybread Friday each month ONLY IF we exceed a 93% daily attendance rate for the entire month. **Students, come to school every day and get frybread!** 





### We are Accredited!

We are honored to announce that we have been awarded Accredited status by the North Central Association Commission on Accreditation and School Improvement (NCA CASI), the Northwest Accreditation Commission (NWAC), and the Southern Association of Colleges and Schools Council on Accreditation and School Improvement (SACS CASI). This is a global recognition. Thank you students, parents, and staff for your continued support in achieving this accomplishment.

### Are You Concerned About Your Child's Development?

Does your child have trouble achieving milestones in one or more of the following developmental or academic areas?

# Summer School Celebration

### Our summer school program has been a great success!

### Ms. Leon's Kindergarten Class:

Kindergarten summer school started out with getting to know one another, laughter and exploration. Students came into class and were invited to explore the kindergarten classroom and learn what the rules and expectations are. We then moved into beginning each day with our morning meeting followed by phonics and math. We danced, moved and learned in a way that got them up and moving. We discussed their interests which turned into learning about bugs, dinosaurs, nature and being creative with various art materials. We made delicious treats with our kitchen staff, got to swim at the Rec, participated in daily sports activities and enjoyed learning about and playing music with the Philharmonic.

In summation summer school has been a lot of fun!

### Mrs. Pilon's Class:

Wow! This summer has gone by so fast! We have had such a wonderful time working with and getting to know your children. In first grade, we have been working on addition problems, writing short sentences and learning new sight words. The kids have been working hard and having fun with all our activities. In addition to the academics, they have had the opportunity to learn and play different sports, such as basketball and soccer. On Thursdays we have gone to the recreation center, to swim! That has been a very popular activity for everyone! We have also had the opportunity to work with the cafeteria staff on mini cooking activities. We've made our own pizzas for lunch, pudding and cake "dirt" cups, with gummy worms, and we got to enjoy the tortillas that the upper grades made! Everything has been so delicious! Summer has been wonderful, but we are also looking forward to work with your students this coming school year. Lots of great things happening here at Isleta Elementary School!



## August Reminders

Vision or Hearing
Motor Control or Coordination
Behavior or Social Skills
Cognitive or Academic Skills
Speech or Communication Skills
If you have a child or know of a child who you think may have developmental delays or special needs, call to speak to a member of our special education department.

According to federal law, schools must find and evaluate students who may have disabilities at no cost to families. This is called Child Find. If a child has a qualifying disability, schools must offer special education and related services (like speech therapy and counseling) to meet the child's unique needs. These are provided through an Individualized Education Program (IEP). The goal is to help students make progress in school.



## FIRST DAY OF SCHOOL: TUESDAY, AUGUST 1

7:45 AM Student 8:00 AM Breakfast 8:30 AM Tardy 3:00 PM Dismissal Drop Off



## ISLETA ELEMENTARY SCHOOL

2024 August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	01 First Day of School	02	03
04	05	06	07	08 Open House 5:00-7:00pm	09 Early Release @ 12:30pm National Night Out - Isleta Recreation	10
11	12	13	14 Navajo Code Talkers Day	15	16	17
18	19	20	21	22	23 Early Release @ 12:30pm	24
25	26	27	28 No School - St. Augustine's Feast	29	30	31
01	02	Notes:		I	1	

Dates to remember:

- August 1 First Day of School
- August 23 Early Release
- August 8 Open House
- August 9 Early Release
- August 28 No School

# Enrollment for 2024-2025

There's still time to enroll!

Open enrollment for the 2024-2025 school year is ongoing and filled on a first come, first serve basis. Visit our front office to pick up an enrollment packet and return packets as soon as possible. Please call the front office for more information 505-273-8444.

# Get Involved!

We are always needing volunteers!

For questions on how you can help, contact the front office @ 505-273-8444. Below is a list of opportunities.

- Become a member of the Parent/Teacher Organization (PTO)
- Attend a School Board Meeting
- Apply to be a volunteer
- View our current job openings: https://www.bie.edu/current-vacancies.



## MEDIA RELEASE FOR FREE MEALS FOR CEP

## National School Lunch/Breakfast Program School Year 2024-2025

The Isleta Elementary School announced today it will operate the Community Eligibility Program (CEP) under the National School Lunch Program and School Breakfast Program for the 2024-2025 school year.

Schools qualifying to operate CEP serve breakfast and lunch to all children at no charge and eliminate the collection of meal applications for free, reduced-price, and paid student meals. This new approach reduces burdens for both families and school administrators and helps ensure that students receive nutritious meals.

For additional information please contact the following person: Isleta Elementary School

Attention: Esther P. Ceus/ Principal Christina Lujan/Head Cook

Isleta Elementary School 1000 Moonlight Dr. SE Albuquerque, NM 87105 505.869.2321 Sincerely, Christina Lujan/Head Cook

Non-discrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: USDA Program Discrimination Complaint Form, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or (2) fax: (833) 256-1665 or (202) 690-7442; or

(3) email: program.intake@usda.gov

This institution is an equal opportunity provider.



August 8, 2024 5:00-7:00pm



SAVE DATE Isleta Elementary's

BACK

SCHOOL

No Cost for fall ball

Open House

- Reserve a booth
- Share your available services
- Meet & Greet IES
   Parents/Guardians
- Dinner will be provided

1000 Moonlight Dr, Albquerque, NM 87105 505-273-8444 or 505-377-0176



GRADES: K-6TH 5-12 YEARS OF AGE SIGN UPS: CALL REC CENTER PRACTICE STARTS JULY 16TH TUESDAYS AND WEDNESDAY 5:30PM TO 6:30PM

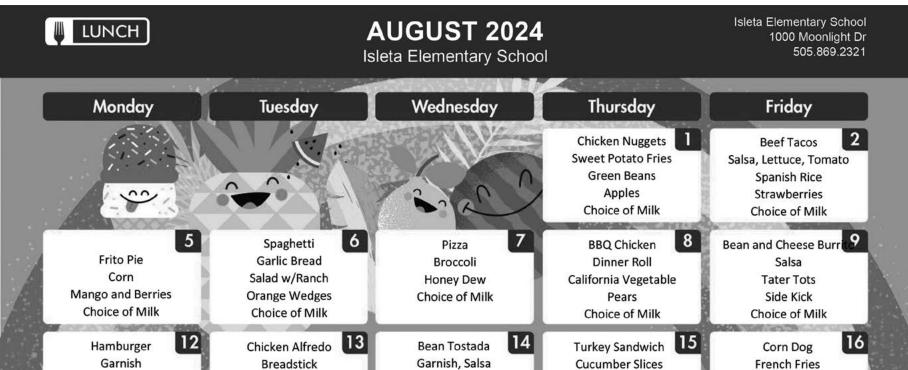
### FOR MORE INFORMATION PLEASE CALL 505-869-9777 OR EMAIL GEORGE. WAQUIE@ISLETAPUEBLO.COM

ade with PosterMyWall.com



This institution is an equal opportunity provider.

\*\*Menu items are subject to change without notice\*\*

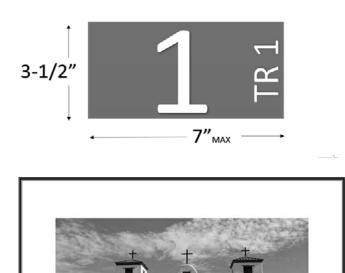


Baked Beans Grapes Choice of Milk	Celery Sticks Tropical Fruit Choice of Milk	Green Beans Pineapple Chunks Choice of Milk	Cantaloupe Chunks Choice of Milk	Carrot Sticks Apples Choice of Milk
Beef Lasagna Broccoli Oranges Choice of Milk	Chef Salad w/Croutor 20 Ranch Dressing Dinner Roll Pears Choice of Milk	Chicken Tenders 21 BBQ Sauce Carrots and Peas Melon Choice of Milk	Tamales 22 Beans Mixed Vegetables Kiwi Salad Choice Of Milk	Grilled Cheese Tomato Soup Celery Sticks Peaches Choice of Milk
Turkey Croissant Goldfish Crackers Carrots Mixed Fruit Choice of Milk	Nacho Supreme Garnish Rainbow Fruit Salad Cookie Choice of Milk	28 **NO SCHOOL**	Salisbury Steak Mashed Potato Broccoli Apples Choice of Milk	Pizza 30 Corn Mango Choice of Milk

## Surveying and Mapping E911 **Addressing Project**

As the summer winds down and the children are returning back to school we'd like to remind you to take a minute and be aware of your surroundings. Accidents can happen in an instant. With this in mind the Surveying & Mapping Department would like to share information for a project that will benefit our community. Thank you in advance for your cooperation.

The Survey and Mapping Department is happy to inform Isleta residents of the E911 addressing sign project for individual homes will be forth coming. The Survey and Mapping E911 Department and the Pueblo of Isleta Fire Department will be working together on this project. The address signs have been ordered and installation will start once the signs are received. We anticipate this will happen around the first week of August. The plan is to do the installation by Tribal roads and neighborhoods beginning with Tribal Road 1 in the Ranchitos area. The signs will not be installed on the home itself. They will be installed near the front of your drive entrance in a place that can be easily seen from the road. They may be installed on a fence, wood post, or steel fence post. These details will need to be addressed for each situation and discussed with the homeowner. The purpose of this project is to allow for improved emergency response from the fire department, police department and ambulance services. Other services such as public works, deliveries of food by the elderly program, home visits by social services, mail delivery and deliveries of various other goods will also benefit from this project. Please call the Survey and Mapping department at 505-869-5281 and we will try to answer any questions the best we can for this phase of the project. Below is an image of what the new signs will look like.



# TRASH TALK ISLETA!



Let's talk trash Isleta! In this edition of Isleta Trash Talk, let's talk about proper spacing of your trash and recycle carts. It is important to place your carts out properly to avoid missed collections. Above you we see photos of both properly and improperly spaced carts. The photo on the right illustrates carts that are not properly spaced. The claw of the truck does not have enough room to get in between the carts to pick them up. Please leave a minimum of 3 feet of room between other carts, mailboxes, low hanging trees, utility lines, fences etc. This will insure the drivers can safely access, empty and service your home. The photo on the left illustrates properly spaced carts. This allows the driver to provide you with safe curbside service. Your cooperation and understanding is greatly appreciated. (505)869-4106

## **KEEP ISLETA BEAUTIFUL!**





### ST. AUGUSTINE FEAST DAY SERVICE SCHEDULE

The Transfer Station will be closed on Wednesday August 28<sup>th</sup>, to celebrate the Feast Day of St. Augustine. Wednesday and Thursdays collection routes will be collected on Thursday August 29<sup>th</sup>. Have carts out by 7am. We wish all a Happy Feast Day!



KEEP ISLETA BEAUTIFUL! (505)869-4106

Keep it simple, if you do not see it on this flier throw it away in the trash. Do not use your blue recycle cart for trash or it will be confiscated. Have your cart out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. (505) 869-4106

Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility. When your recyclables are bagged in colored bags they are not opened up and your material is landfilled instead of recycled. Using clear bags helps to ensure the health and safety of the line workers who come in contact with the material when sorting at the recycle facility. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Your understanding and cooperation is greatly appreciated.



## News

Monthly staff meetings will resume starting in August. We will take this time to review and discuss the Summer Reading Program as well as plan upcoming library programs for the community and public.

St. Augustine Feast is just around the corner. Because we have not heard of any POI closures at this time, please keep a look out for library signage, social media posts, or library app notifications of any closures. Of course, you can always give us a call at the library at 505-869-9808 and we will be happy to relay any information we may have.

Join our library team! We are currently hiring for a part-time position here at the library. The position would be mostly working with the After School Program where you will help with daily reading, homework, activities and crafts with elementary school aged students. To apply, please visit the Pueblo of Isleta careers page and look for the posting, from there you can submit an application to the Pueblo of Isleta HR Department. If you have any question about this position, please call the library at 505-869-9808 and speak with a staff member.

## Upcoming

Library staff will be out and about this August attending Open Houses for Back to school. We will be promoting our library services, resources and programs with students and their families. We will be posting on our library social media pages and event calendar in our library app of the upcoming open houses so make sure to stop by and say hello!

The library will be planning programs for children, teens and adults in the upcoming weeks and months. Please keep your eyes and ears open. We are excited to share our knowledge with you. You can always refer back to our library website, app, social media, Isleta Newsletter, and library flyers throughout the community. All our programs are open to the community and public.

## **Pueblo of Isleta Public Library**

It's back to school time for students and we hope you all enjoyed your summer! We would like to wish all students the best of luck this upcoming school year. The library is your one stop resource center. The library has a computer lab, FREE Wi-Fi, printing, copying and much more. Take advantage of our conference room equipped with a projection screen, smartboard, white boards and a phone for conference calls. If you would like to reserve our conference room for any reason such as meetings, conference calls, presentations, or studying, please give the library a call.



The Juniors working on their Science Experiment for the day.



The Juniors at Sensory Bins and playing in the Learning Center.





### Recap

Our 2024 Summer Reading Program has come to an end. We had an exciting summer full of activities. Our Junior Program had two field trips throughout the summer to We Rock the Spectrum: Kids Gym and Jungle Jam. This summer they did a variety of crafts and science experiments like DIY Snow, Rain Clouds, Biohazard Petri Dish's, Dancing Popcorn and so much more. They enjoyed story time each day, sensory bins and outside time in the learning center area.

Our Youth Program completed their group curriculums which included Desserts from Around the World, DIY, Oceans of Mystery, Space Walk and All About Doggies. Students selected their group choice for the month of June and once again for the month of July giving them a total of two curriculums

Doggie Youth Group standing by their project's doggie treats and doggie portrait.



Space Youth Group exploring the museum and making a Solar System.

and two-chapter books completed for the summer. Youth group had a very productive summer and ended the sixweek program with the much anticipated and always a favorite field trip to Cliffs and lunch at Golden Corral.

The After School Program registration took place the week of July 29th and will remain open until all 20 spaces are filled. We will be accepting students Kindergarten and up. Since this article was written before registration we will not know if there are spots available, so please give the library a call. Our After School Program is designed to help students with reading and homework in a safe and comfortable environment. Library staff members are not certified

tutors and cannot guarantee one-on-one services with all the students. However, library staff is well equipped with various resources and acquire the knowledge to provide After School Services for students. If you have any questions or concerns, please give us a call at 505-869-9808.

All students are welcome to come to the library after school. We strongly encourage students up to the age of 16 to read 20 minutes before being allowed on the computers and game consoles. We would also like to remind students that our General Computer Lab is for adult patrons. Students will be logged on Teen Room and Children's Room computers and periodically switching computers to give everyone a chance.



DIY Youth Group making room décor.





Desserts Around the World Youth Group cooking up something yummy in the kitchen.



## TRUANCY

### Welcome into the 2024/2025 school year!

It's back to school time and the Truancy department would like to wish all of our Isleta students a successful school year. We hope that the Kindergarteners are excited to be attending a new and bigger school. New routines, schedules, environments and new friends will now be a part of their school week. Wherever your children go to school, we hope that they have a safe and wonderful school year. To the senior class of 2025. We want to wish you all a very successful, fun and exciting school year. If you are in any school sports or clubs be sure to enjoy your time and be sure to study so that you will have the grades to continue to participate in such activities. As in years past, the Truancy Department will continue working with our Isleta students and their families; we want to see our students attending school daily so that they will not fall behind in their academics. We would like to see ALL of our Isleta students be successful to become our future leaders.

During the month of August, the Truancy department is looking forward to participating in the following events:

□ National Night Out hosted by the Isleta Police Department. This will take place on Friday, August 9, 2024 at the Isleta Recreation Center.

□ Isleta Elementary School Open House on August 2, 2024, from 5pm to 7pm.

We hope to see you at these events as well as many more exciting events that are hosted by the various Pueblo of Isleta departments.

We will continue to work with the Isleta Elementary School to provide quarterly perfect attendance incentives for grades K-6; these incentives are provided to students who have zero absences, zero tardies and no early checkouts. For the 2023/2024 school year, we provided the following number of incentives for Isleta Elementary School students:

1st Quarter	2nd Quarter
21	7
3rd Quarter	4th Quarter
12	15

Two students received perfect attendance incentives; these two students arrived to school on time and did not miss a day of school! Congratulations to them! We are hoping that for the 2024/2025 school year, we can celebrate with sharing a higher number of incentives.

Incentives are available for all other students, grades K thru 12th grade. Please contact the Truancy Department if you need more information or have any questions.

As always, we look forward to working with our students at the various schools they attend. Los

Mysteries of the Ocean Youth Group all smiles while they work on their projects. Lunas Public Schools, Albuquerque Public Schools, the Native American Community Academy, Isleta Elementary School, School of Dreams Academy, Santa Fe Indian School, APS Charter Schools and LLPS Charter Schools are some of the schools we work with.

We would like to wish all of our students a happy start to this new school year and wish them success.

Please reach out to the Truancy Department if you have any questions and we will be happy to assist you!

Have a wonderful August!

Isleta Truancy Department

## PARKS & RECREATION DEPARTMENT

August 2024 is already here, seemed like it crept up on us! It's that time again for our youth to focus on school. I hope all of you parents and guardians are stressing the importance of learning to all the youth here in the pueblo! School is starting much earlier this year than in past years so make sure you get out there and get the children all the school supplies that they need to be successful this school year.

We just ended another successful summer here in the Parks & Recreation Department. June and July were busy months for us here with all the children being here this summer again. We always say we are glad the summer is over, but I know that we all miss the kids when they aren't around anymore. I loved seeing their smiling faces and the hugs they would give us throughout the day.

We are already prepping for the school year.

• Our recreation program (After School) is already drawing interest. This program will start up on August 1st 2024 and we will be picking up children like we used to prior to covid, so if any of you parents and/or guardians are interested in getting your children involved in our afterschool recreation program this coming year, make sure you contact our office at (505) 869-9777 and talk to our Activities Coordinator to get more information.

• Our Sports Coordinator helped out quite a bit this summer with various events and activities (bike rides, running camps, basketball camps, archery activities, etc.) for our children. He (Coach Waquie) is also getting ready for the school year and fall as well, so keep your eyes open for upcoming sports, activities and events that will be planned for all our tribal members (youth, adults and elders), we will be posting all of these so keep your eyes open.

• Our Parks Crew were very busy as usual this summer and it showed. Just look at the parks and grounds that they maintained and you will see just by looking at those areas just how busy they were. I can't say enough about our parks maintenance crew. They work very hard year-round and in the heat all summer long, and they never complain. They finally got new vehicles which will help make their jobs easier this coming fall. It's about time, they really needed them, I'm sure now that they have these vehicles, they will even be better at what they do for the pueblo.

Our Fitness Section keeps plugging away both here at the main rec and up at the old rec. Unfortunately, we recently lost two employes in this section here at the main recreation, and we are in the process of trying to fill those spots, so please bear with us. Because of this staff shortage we are having to make some adjustments with classes and programming and we apologize for any inconvenience this may be causing, and we are hoping this will only be temporary. Thank you for your understanding. Our Aquatics Section did all they could this summer to make the pool available for everyone that wanted to come swim. Kids and adults from almost all programs being offered throughout the pueblo made arrangements to come swim or bring their groups to come swim this summer, it was awesome to see everyone here using our pool again this summer. If you have any questions, comments and/or concerns about our Aquatic Center, please feel free

to contact us and we will do our best to help you out, or answer your questions.

## **RECREATION SECTION**

Summer Recreation Program is over and our focus is now on our School Year program! We would like to thank all the parents for trusting our recreation staff to care for your children this past summer. We hope that your children enjoyed themselves this summer. This summer our staff were with your children daily, the staff learned how to supervise children of various ages and I'm sure they had the opportunity to create some fun memories for both themselves and your children. Children who participated in the program were involved in many activities this summer, ranging from fishing trips, Archery, basketball & running camps, swimming, various sports activities, and they also had the opportunity to attend various fieldtrips as well. These were just a few of the things they did this summer. Once again, we hope your children had fun this past summer and we hope to see all your children back again next summer.

The After School Recreation Program will kick off on August 1st, 2024. The program consists of after school activities at the recreation center from 3:00pm to 5:30pm for Isleta tribal youth attending Isleta, Bosque Farms, Sundance Elementary Schools, NACA and SODA schools. For more information, please contact LeeAnne Zuni at the Recreation Center 505-869-9777.

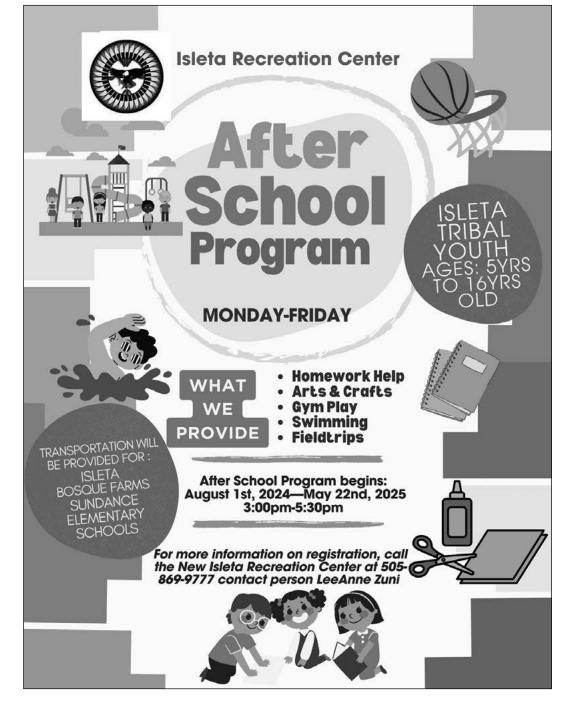
## **AQUATICS CENTER**

We hope everyone has had a Fun, Relaxing Summer! We had a fun, very busy summer with many of Isleta's fantastic Youth programs coming out to utilize the facility which was great to see! We are excited to continue











these collaborations into the fall! The Summer Swim Lesson Sessions were also a success! We had a great turnout and the kids showed great improvement, and many were eager to sign up for the fall session as well. We still have openings for the upcoming fall sessions and we are currently taking registration forms. Registration forms are available at the Recreation Center front desk or email Joshua.roybal@isletapueblo.com and we can send you over a printable version to fill out at home. Registration forms can be turned into the Aquatics Office or at the Front Desk here at the Recreation Center.

Open Swim will be open from 5:30 pm until 7:30 pm from Monday through Thursday and 4:30 pm-5:30 pm on Fridays. We will still have a Saturday Session from 8:30 am-11:30 am! Morning Lap swim can also be scheduled through the Aquatics office at 505-869-9783 and is available from 5:30 am-8:30 am M-F.

Isleta Aquatics is still hiring Lifeguards! If you know anyone interested in becoming a lifeguard, please call or visit the POI website for the job posting! We do provide all training on site and work with school and extracurricular activities schedules. For anyone interested in information about Lifeguard certification, child or adult swim lessons, groups and other aquatic programming please call Josh or Jayna at 505-869-9783.

## SPORTS SECTION

Another great summer is over for us! The men's basketball league is winding down done. The top 3 teams right now are the Timberwolves, the Mudd Doggez and the Hoyas. Come on down to the recreation center on Sundays if you have a chance and check out the games, they are from 10am to

## Isleta Pueblo News

means your kids will be in school and sports before you know it. Now is the time to get back into a gym routine to keep up with those busy lifestyles because believe me, you will need the extra energy and strength.

We have a variety of classes to choose from. There is something for everyone. Agility, Spinning, Stretching and Water Aerobics Classes. And let's not forget one-on-one personal training.

Currently we are in the search for a new fitness instructor, so you may see some new faces in the fitness facility. We are here to assist you in your fitness journey, so don't be shy and pick our brains or ask for a one-on-one session.



4 pm.

We also just started our youth cross country, so if you would like to sign up your child, please call Rec center at (505) 869-9777 or email to george.waquie@isletapueblo.com. Cross Country practices are on Tuesday and Wednesday evening from 5:30 pm to 6:30 pm.

Our youth basketball league is also finishing up, the kids had a lot of fun and they were able to see the different competition levels from other teams in the Albuquerque area.

Coming up next will be the Cornhole league and Volleyball league so be on the lookout for information, and keep a look out for future flyers.

### **FITNESS SECTION**

Isleta Fitness Community, August has come so fast and school is starting soon, which

August 2024

## PUEBLO OF ISLETA PUBLIC WORKS DEPARTMENT WATER USE IS HIGH ON THE PUEBLO

Public Works understands the temperatures are high and water is utilized to keep cool, water gardens, and everyday use such as bathing, laundry, and cleaning.

Please take extra steps to conserve as much water as you can. The Eastside water system is utilizing the Casino wells to provide water to the residential portion of the system. Two new wells have been drilled in the area but 3-phase power needs to be installed along with water transmission lines and well houses before the wells can be utilized. Meantime, the demand for the two Casino wells is much higher than normal.

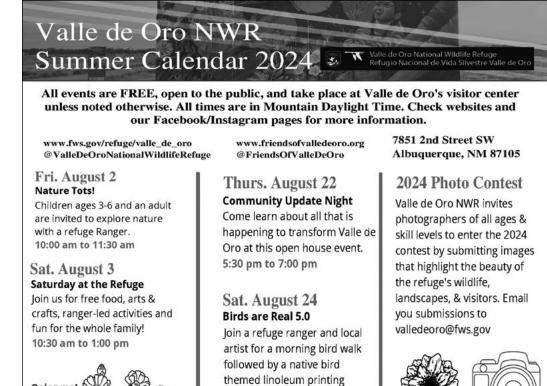
On the Shea Whiff water system (the old Westside and Subdivision systems combined), the Solar well has a temporary well pump and motor installed until the new pump and motor are received. The temporary well pump does NOT produce as much water as the previous pump. Meaning it takes a lot longer to get the water storage tanks filled.

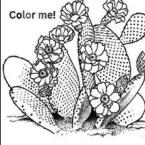
The Public Works department has been improving the old Los Padillas well on TR 90. The well casing was deteriorated and the well has since been sleeved. The sleeve was installed to prevent the sand and/or debris from being pumped from this well into the distribution system. A replacement well pump and motor have been ordered and once they arrive, will be installed in the well to increase the amount of water that can be provided to the water system, especially for the lower zone.

The transfer station located at the Solar well site has a flow control valve installed there, allowing water to flow down from the Subdivision area to the Solar site, providing much-needed water for the system's lower zone, including the Village area.

A new well has been drilled in the Los Padillas area. Construction of a new well house and an elevated storage tank in the Padillas area will provide much-needed water and pressure in the Northern end of the system. Public Works is hopeful the construction of the well house and elevated tower will begin sometime this fall.

Please do what you can to help conserve the water supply in the Pueblo. Water is a precious resource and should not be wasted. When irrigation ditch water or non-potable water can be used, please consider using those as a water source for your garden, landscaping, and livestock.





Sat. August 17 **Pigment Making Workshop** Learn how to make pigments for homemade paint using natural earth and plant materials. All supplies will be provided. Please register by emailing kendall\_kappler@fws.gov 10:30 am to 12:00 pm

Prickly Pear

brittany chavarria@fws.gov. 8:00 am to 10:30 am Color me!

workshop to make your own

artwork! Register by emailing



Sat. August 31 **Paint and Sip** Come sip craft mocktails and paint a nature-inspired work of art led by a local artist or refuge Ranger. No experience needed and all supplies provided. Ages: 14+ Register by emailing brittany\_chavarria@fws.gov. 5:00 pm to 7:00 pm







If you have leaks, especially at a toilet fixture, please repair these as soon as possible. A lot of water can be wasted due to a toilet flap failure. This type of leak can also lead to problems with your septic system as it is not designed to handle that extra water. Leaks can also impact treatment facilities as the extra water being sent to a treatment facility now requires treatment even though that water was "clean" when it arrived at the plant.

If you have any questions, please call the Public Works office at 505-869-5170.

## Health Beat: Isleta Community Health Conference

**Stephanie Ba**rela, B.S CHES, Health Educator Stephanie.Barela@islclinic.net, 505-869-4479

The Isleta Health Center offered an Isleta Community Health Conference on June 18, 2024 from 5:30-8pm at the Isleta Resort and Casino, as a way to share the results of the 2023 Community Needs assessment, as well as, to educate the community on some of the top heath concerns of the community, which include mental health, medications for opioid use and heart health. For several months, the Isleta Health Center staff planned for this event. A BIG THANKS GOES OUT TO EVERYONE WHO ASSISTED WITH THIS EVENT, including the Isleta Public Health Dept., which includes the Isleta CHR (Community Health Representative) Program, Isleta Community Health Nurse, Isleta Diabetes Program, Isleta B'eeh K'ooee and Isleta Health Education. We also want to thank the other Isleta Health Center Departments that assisted with the event, including the Isleta Medical Department, the Isleta PRC Dept, the Isleta Physical Therapy Department, the Isleta Medical Providers that presented during the conference (Dr. Kisten, Dr. Kelley, Laura Ahrens) and all the other staff that assisted with this great event.

Throughout the evening, there was also time to visit different booths, as well as, several different local vendors. This was an opportunity for attendees to learn about resources that are available, as well as, to have the opportunity to purchase jewelry and locally crafted items. We want to thank all the vendors for their beautiful items: Jade Lavato with This & That by Jade, Wanda Peigler with Eagle Tail Creations, Terence Lujan, Eydie Chavez with Pueblo Roots, Paul and Liz Jiron, Lisa Kaye Cherino with Hopalong and Fina Jiron, as well as, the Isleta Diabetes Prevention Program and Isleta Community Health Nurse (AIC/Blood Pressure Screenings), the NM Department of Health (Hepatitis and Harm Reduction), Breaking the Silence (Suicide Prevention), Isleta B'eeh K'oo-ee, Isleta Community Health Representatives, Isleta Purchased Referred Care, Isleta Health Education (Health Education Presentations and Nicotine Cessation), NM Aging and Long Term Services and Kassy's Kause for their educational booths. Lastly, we want to thank those who donated items for this event. Thank you to Terence Lujan for the beautiful frame and art work, to Sopa's Mexican Restaurant for their gift card, to the Isleta Diabetes Program for their gift basket.

## Isleta Community Health Conference 2024 June 18, 2024



We hope that you all are able to attend future IHC programs. With 97% of those attendees stating that they would recommend this conference to others, it is definitely something more of the community would enjoy. Please keep an eye out for all that is happening with our programs and hopefully we will see you soon. Thinking About Quitting
Have you been Thinking About Quitting?
Now is the time to act and
Quit your Nicotine Habit for Good!
Take this <u>1 time, 1 on 1, 90 minute session</u> at the
Isleta Health Center, to increase your motivation to
quit and to learn Tips and Tricks to help you
Quit for Good!

Call Stephanie, Health Educator @ 869-4479 to learn more

August 2024

## Be-ee-nu, you ah nee nue.

Meem na kacha ai keem oowehen bai-ah eem weh ahn beh na thieu pien be mee ee weh dea hee ah weh pia who kee bah key thath yea take? Beechu hei aah wun eem behumnin bei ninah ee meh weh way you da veh him ai who vathudeen eem nap oh ahn. Youth a vah eem beh um nin w was kurche kam ootha arededee you na ware hi yum. Na kachawam heiah keem dai weh-heen ahwan da ee was kuden.

Beechu nak er wam.

Bai-ah ah na piu mee nu, bai ah wae ennn nu, eem na pee-ow wem bye va ah emm bee daeeth de hee he pei tunie fer bah peiweh khon feer. Yoon pien lauth na thur-de wae eeai fee whem hou-wheaty-wheaty die nin you tun che heem ai. Ee kheen num ai ba bai ah ahpee ee. Utha fee whey way wam ba thei fur un fer wam ban na tum wem keyveh na thieu na pien beh me.

Hou wheaty, wheaty are oome hee:

- Ah peiwee un 1.
- 2.Pei weh bah-hun ah ee un
- 3. Meem beh dai whei goweu ne bee ee un
- 4. War hi un pie wee un
- Ka na kacha pee-na um  $\mathbf{5}.$

Ootha kana pee-na um bie ah uhn men shie 6. him ai.

## NA-KEETH WHEM. WHITH TAUTH MEE WEH.

Authors: Eashudee | Hanna-Marie Lucero, Experiential Educator, B'eeh K'oo-ee Wellness

Tori Lema, Peer Support Specialist, B'eeh K'oo-ee Wellness

Tata Larry Lucero, Social Services Dept.

## Happy summer from the IHC Dental Team!!!

Here in the dental clinic we are a growing team. We are finally fully staffed! We are happy to introduce our new dental assistant Jalene Garcia. Our Dental team here at IHC consists of 2 full time dentists, 4 dental hygienist, 1 part time (Thursday and Fridays only) 5 dental assistants, 1 front desk clerk and 1 dental coordinator. This is the team looking forward on seeing and helping our community with all their dental needs.

## <u>Dentists – Improving lives, one smile at a time!</u>

## <u>Dental hygienist – sweet enough to make you</u> smile, skilled enough to protect it!

We have recently seen the increase of patients, which have not been seen since covid or longer. Now that we are fully staffed, it will be a lot easier for our community to get an appointment for your dental care. If you are having any discomfort or want to get back on track with your dental care make an appointment TODAY! 505-869-4499



## PUEBLO OF ISLETA HEALTH CENTER

Road Runner Food Distribution First Friday of Every Month Friday, 8/2/2024 9am-11am Friday, 9/6/2024 9am-11am Friday, 10/4/2024 9am-11am Chical Reception Hall #191 Tribal Road 2

Distribution will start promptly at 9am Doors will open promptly at 9am No Exceptions

please call CHR 505-869-4485

<u>Facts from the dental world:</u>

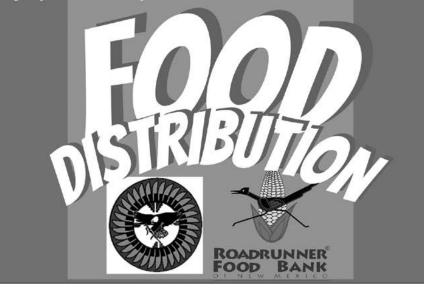
## DID YOU KNOW?

Just like other major diseases, prevention, early detection and treatment of oral diseases is important to stop any negative effects on the rest of your body.

## **DID YOU KNOW?**

Tooth decay (dental caries) is the most common health condition in the world, caused by unhealthy diets high in sugar as well as exposure to other risk factors.

Smiles are contagious so go forth and contaminate as many people as you can! Be the reason someone smiles today!



## ASK THE CLINIC Isleta Health Center Provider, Dr. Ray Kelley, 505-869-3200

## It is normal to have low blood pressure?

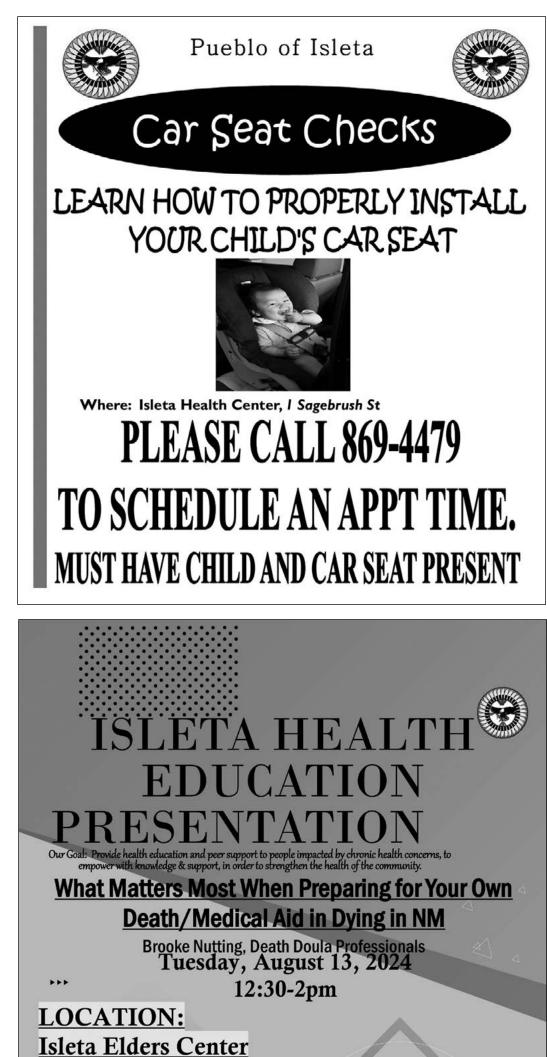
Great question! Blood pressure measurements have two numbers – the top number is the systolic pressure, and the bottom number is the diastolic pressure. The goal for most people is about 120 to 130 systolic, and about 80 to 90 diastolic. Many people have a blood pressure lower than 120/80, and they are perfectly healthy. For example, children's blood pressures are supposed to be lower than adults' -- their goal blood pressures change with age. Adults with great cardiovascular fitness – like runners and swimmers – often have blood pressures below 120/80. It is common that people with certain health conditions such as cirrhosis have lower yet normal blood pressures.

## When is low blood pressure a problem?

Most of the time, low blood pressure is not a problem (see above). Lower blood pressure measurements are only a problem when the person is having symptoms. Someone could have a blood pressure of 110/70 and feel 100% normal – that's no problem! However, someone else could have a blood pressure of 110/70 and feel dizzy, lightheaded, or sick – that's a problem! Sometimes low blood pressure is related to being sick, being dehydrated, or certain medications. If you or a loved one have symptoms alongside low blood pressure, get checked by a health professional.

<u>Ask the Clinic</u>, is a new section in the POI Newsletter, where you can ask the Clinic ANY Question and we will answer it in future newsletters. If you have a Question for the Isleta Health Center, please contact Stephanie Barela at 505-869-4479 or email her at Stephanie. Barela@islclinic.net.





Cancer Caregivers to participate on a speaker's panel.

Please call if interested! 505-869-4479 Isleta Health Center Health Educator NOTICE: This Event was re-scheduled from the intial May 14th Date



Lunch Room



## Community Engagement Initiative: Opioid Settlement Funds for Isleta Pueblo

The Pueblo of Isleta is embarking on an important journey to address the impact of the opioid crisis within our community. As recipients of opioid settlement funds, we have a unique opportunity to channel these resources into initiatives that can bring lasting, positive change. To ensure that these funds are used effectively and align with the needs of the community, we will be hosting several town hall meetings to gather your input.

The opioid crisis has affected communities across the nation, including Isleta Pueblo. Families have been torn apart, lives lost, and the ripple effects have touched all aspects of our society. The settlement funds are a form of restitution, offering a chance to heal, rebuild, treat, and prevent.

Our primary goal with these town hall meetings is to engage directly with community members. We believe that the best solutions come from those who are most affected. By listening to your voices, we can develop initiatives that are not only effective, but community-driven.

During the town hall meetings, we will cover several key topics, including:

1. Prevention Programs: *How can we prevent opioid misuse in our community, especially among our youth?* 

2. Treatment and Recovery Services: What types of treatment and recovery services are most needed, and how can we make them accessible to everyone?

3. Support for Affected Families: *What support systems can* we establish for families dealing with the fallout of opioid addiction?

4. Education and Awareness: *How can we raise awareness about the dangers of opioids and promote healthy, drug-free lifestyles?* 

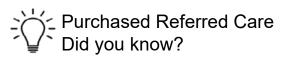
We invite all community members to attend these town hall meetings. Your insights, experiences, and suggestions are invaluable. Together, we can create a comprehensive plan that reflects our collective wisdom and meets the unique needs of our community.

## **Meeting Schedule**

The town hall meetings will be held at various locations across Isleta Pueblo to ensure accessibility for all residents. Specific dates, times, and venues will be announced through the Pueblo of Isleta Newsletter, social media, and the electronic message board outside of IHC.

Let's work together to make our community a model of resilience and recovery. Your voice can help transform these settlement funds into a powerful force for positive change. Join us at the town hall meetings and be part of this crucial conversation.

Please contact Nancy Gonzales, IHC Public Health Director at (505) 869-4462 or nancy.gonzales@islclinic.net with any questions or for more information about the town hall meetings.



Did you know Isleta Health Center is your payor of last resort?

COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

## CONTACT US FOR INFO AND REFERRALS

(505) 345 - 8471 info@openskieshealthcare.org ryanh@openskieshealthcare.org Payor of last resort means if you have primary insurance, Isleta Health Center would be your secondary insurance. If you have a primary and secondary insurance, Isleta Health Center would be your Tertiary insurance. Please list Isleta Health Center as your last payor.

Did you know you have to call PRC to inform them of all appointments?

This includes all ER/urgent care visits, any follows ups, any secondary referrals, telemed appointments, rescheduled appointments. Not calling in for appointments will delay payment

Did you know if you receive a bill from a provider, you have to bring it in to PRC, even if you have a referral?

Some facilities will send a bill to the patient but not Isleta Health Center. It is best to bring all bills in received by mail to make sure PRC contacts the facility to bill Isleta.

				2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
in Advance. Al	ne Elder Center to Sign up for Act Il Activities are on a first-come-fir ivities are open to everyone age *CLOSED ALL MAJOR HOLIDAY'S.	st-serve basis. 50+	1 Jeopardy in the activities room	2 AMC Movie Trip Movie: TBD
5	6	7	8	9
Blu Orchid Massage 9:30a to 3:00p Walk Ins Welcomed	Top Golf Tuesday leaving the Elder Centi @ 8:45a	Sharing Nutrition Tips and Recipes 12p in the dining room	Mass Dining Room 11:30 AM	NO ACTIVITIES
12	13	14	15	16
Matinee <b>BINGO</b> Sandia Casino leaving the Elder	Isleta Health Education: Preparing for your own death 12:30p-2p	NO ACTIVITIES	Make a Mosaic Tile Coaster activities room 1p	Shuffleboard in the activities room 1p
19	20	21	22	23
Origami Art of Paper Folding Activity Room 1p	Commodities Distribution 9:30a-3p	Advisory Meeting @ 9am Activities Room Open to the Public General Meeting 1p	Turn your Origami creations into a beautful chandelier	BINGO ENTRY FEE: DONATION 1p
26	27	28	29	30
Open Activities Exercise Equipment, Board Games, Activity Sets, etc 9 AM to 3 PM	Come play Scrabble in the activities room after lunch! 1p S. C. R. A. B. B. L. E. Y.	St. Augustine's Feast Day	Isleta Elder Center Annual Benefits and Resources Fair @Isleta Casino	August Birthdays Celebration 1p-2p

Presbyterian — Blue Cross Blue Shield — Western Sky — Amber Care

## The Pueblo of Isleta Elder Center is pleased to personally invite you to the **Annual Benefits & Resources Fair!!**

Thursday, August 29, 2024

9:00 a.m.—2:00 p.m.

## Isleta Casino & Resort-Grand Ballroom A

High **On-site Health Benefit & Resource Representatives Ready** to Answer Your Questions and Hear Your Concerns Desert Hospice

- Panel Discussion Question & Answer Sessions
  - Continental Breakfast and Lunch

8:30a.m.-9:00a.m. ~ Registration

## TONY JOJOLA

Sending Happy Heavenly Birthday wishes to Tony Jojola 08-11-1958~12-28-2022

The truth is, a million words could not bring you back, I know, cause I tried.

Senior Health Resource Center

L

MM Council on Aging -

Humana &

more

Neither would a million tears, I know because I cried.

Missing you always

Tony, you will forever be in our hearts. Love Ruffles and Family.



9:00a.m.—10:00a.m. ~ Panel Discussion

Medicare Benefits, Turquoise Care

Medicaid Benefits, "MCO Reps (BCBS, Presbyterian, Western Sky)

10:00a.m.—10:15a.m. ~ BREAK

10:15a.m.-11:30a.m. ~ Panel Discussion Pueblo of Isleta (POI) Elders Address Health Care Issues and Concerns: Isleta Health Center (IHC) Shares How To Navigate the IHC Systems

11:30a.m.-12:00p.m. ~ Visit Vendor Exhibits

12:00p.m.—1:00p.m. ~ Panel Discussion POI Probate Process and Wills

Door Prize Drawings Limited Registration, Deadline To Register August 9th. To Register Please Contact:

Mariah Lente, Benefits and Billing Coordinator, Elder Center (505) 869-9770

## Masterglass

The Collaborative Spirit of Tony Jojola

There is an exhibit of Tony's art that are collections from the Wheelwright Museum and different individuals. The exhibit is at the Wheelwright Museum of the American Indian, located at. 704 Camino Lejo, Santa Fe, NM 87505.

This is open to the public from 10am to 5pm. Closed Sunday and Monday. The display will be set up until September 2024.

Go and visit The Collaborative Spirit of Tony Jojola.

Isleta Elder Cent	<sup>ter</sup> Ad	ult Day S	ervices	August 2024 Activity Calendar
Program,	joining the Adu please call (505 s may be subject	5) 869-9770	THURSDAY 1 9-10am Breakfast, Social 10-11a Pool Noodle Exercise 1-3p Visit the Library	FRIDAY 2 9-10am Breakfast, Social 10-11a Arthritis Exercises 1-3p Water Balloon Games
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
9-10am Breakfast, Social 10-11a Scarf Exercise 1-3p Karaoke Fun Time!	9-10am Breakfast, Social 10-11a Pool Noodle Exercise 1-3p Bird Watching in patio	9-10am Breakfast, Social 10-11a Gastroparesis Discussion 1-3p LightHouse Activity	9-10am Breakfast, Social 10-11a Arthritis Exercises 1-3p Sew Pillows	9-10am Breakfast, Social 10a-3p Century Rio Movie Trip
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
9-10am Breakfast, Social	9-10am Breakfast, Social	9-10am Breakfast, Social	9-10am Breakfast, Social	9-10am Breakfast, Social
10-11a Power of Attorney Discussion w/ Social Services	10-11a BINGO w/ Karen, Dietitian	10-11a Scarf Exercise	10-11a Pool Noodle Exercise	10-11a Make Rice Pudding
1-3p Make Basket Wraps	1-3p Music Concert by ADS at ALF	1-3p Baskin Robins Social	1-3p Sew Coffee Cup Cozy	1-3p Sew Elastic Bowl Covers
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
9-10am Breakfast, Social	9-10am Breakfast, Social		9-10am Breakfast, Social, Health Check	9-10am Breakfast, Social
10-11a Morning Walk	10-11a Pool Noodle	9a-3p Rail Runner	10-11a Arthritis Exercises	10-11a Psoriasis
1-3p Sew Torilla Warmer	Exercise 1-3p Continue Sewing Projects	Trip to Santa Fe	1-3p Nickel BINGO	Awareness 1-3p Canvas Painting 101
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
9-10am Breakfast, Social 10-11a Morning Walk 1-3p Jeopardy!!	9-10am Breakfast, Social 10-11a Arthritis Exercises 1-3p Toss Game	ADS CLOSED In observance of St. Augustine Feast	9a-3p Annual Benefits & Resources Fair at Isleta Casino & Resort	9-10am Breakfast, Social 10-11a Scarf Exercise 1-3p Button Wind Chimes



## ISLETA ELDER CENTER LUNCH MENU 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			8/1/2024	8/2/2024
*** MENUS ARE SUBJE		CE, BASED ON AVAILABILITY OF	Chicken Cordon Bleu	Beef Fajitas
	PRODUCTS***		Chicken stuffed w/Ham 3oz	Beef Fajita Strips 3oz
			Mixed Vegetable 1/2c	Peppers & Onions 1/2c
			Honey Pinon Sauce 1oz	Refried Beans 1/2c
	Please call by 9 AM to cance	el Home Delivered Meals.	Toss Salad 1/2c	Tortilla 6'
	505-869-9770		Fresh Fruit	Fruit Cup
			0/0/0000	
8/5/2024	8/6/2024	8/7/2024	8/8/2024	8/9/2024
Chicken Wrap	Shepherd's Pie	Green Chile Stew	Fish Sandwich	Red Chile Enchilada
Chicken Tenders 3oz	Ground Lamb meat 3oz	Beef w/bones 3oz	Fish Patty 3oz	Ground Beef 3oz
Romaine lettuce 1oz	5 way vegetable 1/2c	Hominy 3oz	Hamburger Bun	Red Chile 2oz
Slice tomato 1oz	Mashed Potato 1/2c	Green Chile 1/2c	Tarter Sauce 1oz	Corn Tortilla
Tortilla 10'	Gravy 2oz	Biscuit Fresh Fruit	Lettuce/Tomato slice 2oz	Refried Beans 1/2c
Carrot sticks/ranch	Fresh Fruit	Fresh Fruit	Sweet Potato Tots 1/2c	Mixed Vegetable 1/2c
Fruit Cup	0/42/2024	0/14/2024	Fruit w/Jell-o SF	Fresh Fruit
8/12/2024	8/13/2024	8/14/2024	8/15/2024	8/16/2024
Breakfast for Lunch	Spaghetti	Pot Roast	Sub Sandwich	Lamb Ragu
Scramble Eggs 3oz	Italian Sausage 3oz	Beef Roast 3oz	Sliced Ham 3oz	Ground lamb meat 3oz
Sausage link 2oz	WW Spaghetti Noodles 1/2c	Mash Potato 1/2c	Sliced Tomato & lettuce 2oz	Peppers & Onions 1/2c
Hashbrown 1/2c	Marinara Sauce 1/4c	Roasted Carrots & Celery 1/2c	Slice Cheese 1oz	Marinara Sauce 1/4c
Red Chile 1oz	Italian Vegetable 1/2c	Gravy 1oz	Hoagie	Penne Pasta 1/2c
Fresh Fruit	Garlic Bread	Fresh Fruit	Cantaloupe	Fruit Cobbler
8/19/2024	8/20/2024	8/21/2024	8/22/2024	8/23/2024
Tamale	Chicken Bombay	BBQ Brisket Sandwich	Grilled Ham & Cheese	Red Chile Stew
Tamale 3oz	Seasoned Chicken 3oz	Brisket meat 3oz	Slice Ham 3oz	Beef short Ribs 3oz
Red Chile 1oz	Wild Rice 1/2c	BBQ Sauce 1oz	Slice Cheese 1oz	Diced Potato 1/2c
Garnish 2oz	California Blend 1/2c	Hoagie	WW Bread	Red Chile 1/2c
Shredded Cheese 1oz	Dinner Roll	Slice Onions 1oz	Side salad 1/2c	Fry Bread
Roasted Corn 1/2c	Peach Cobbler	Potato Salad 1/2c	Mandarin Oranges 1/2c	Fresh Fruit
8/26/2024	8/27/2024	8/28/2024	8/29/2024	8/30/2024
Breaded Cod	Cowboy Chili	ELDER CENTER CLOSED	ELDER CENTER CLOSED	Tuna Sandwich
Breaded Cod 3oz	Ground Beef 3oz	Isleta Pueblo	NO HOME DELIVERED MEALS	Tuna 3oz
Mixed Vegetable 1/2c	Kidney Beans 1/2c	Feast Day	OR CONGREGATE MEALS SERVED	Diced Celery/Onions 1/2c
Sweet Potato 1/2c	Diced Tomato/onions 1/2c	6	ANNUAL BENEFITS & RESOURCES FAIR	Croissant
Tarter Sauce 1oz	Bell Peppers 1/2c	Blessings to you	ISLETA CASINO & RESORT	Baked Chips 2oz
Fresh Fruit	Cornbread	Blessings to you and your family!	9AM TO 2PM	Fresh Fruit