



# Isleta Pueblo News

Volume 19 Issue 10

Pueblo of Isleta website: [www.isletapueblo.co](http://www.isletapueblo.co)



October 2024

## Governor’s Report

Maguwam,  
We hope this newsletter finds our community in good health and spirits. Fall is quickly approaching and it’s starting to become chilly late at night and in the early mornings.

Again, we would like to recognize and thank our Mayordomos for another successful feast day. We celebrated with a mass, traditional dances, and a live band. We would also like to extend our appreciation to everyone who helped prepare for this day. We would like to thank the Brandon Saiz Band, who accepted our invitation to come and perform.

Mayordomos  
*September 3rd: Jacob Valdez*  
*September 4th: Terrance Lujan*

We would also like to congratulate all hunters who were drawn for this year’s traditional hunts. We wish you all the best of luck, and a reminder to everyone to be cautious of your surroundings.

Congratulations to the Isleta Grill, who participated in the New Mexico State Fair Green Chile Cheeseburger challenge. Isleta Grill was crowned the new 2024 champions, this year. Make sure you go and try their tasty Green Chile Cheeseburger, it’s delicious!

We have issued a memo regarding no fishing or swimming in the Rio Grande River on the West and East side. We ask that you follow all signs posted regarding this order, we are working on re-opening the North side of the river soon. We appreciate your patience.

Last, we want to send my condolences to the families of those who have lost their family members during the month of October.  
Ha-Wuh

Max A. Zuni  
Governor  
Pueblo of Isleta

## ENVIRONMENT Monthly surface water quality results

E. coli bacteria in MPN/100 ml by POI Sample Location*	Month & Year of collection											
	2023			2024								
	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
South Boundary	2755	613	517	2419	461	63	173	228	504	325	256	
240 Wasteway	204	461	416	613	378	41	85	228	350	214	374	
Indian Interior Drain @ 240 Wasteway	66	14	34	10	16	25	52	61	189	139	292	
NM 147	920	410	387	2419	178	52	171	52	364	238	373	
Black Bridge	381	325	387	1299	435	31	158	75	473	435	216	
Northern Boundary near Isleta Lakes	648	218	121	547	118	109	63	74	313	547	246	
Albuquerque Riverside Drain	64	86	79	69	142	36	147	73	759	727	131	
Acequia Madre near Northern Boundary	127	-	-	-	-	25	146	95	122	365	79	
Butte Lateral near Interstate-25	-	-	-	-	-	19	-	62	290	-	199	

Albuquerque Bernalillo County Water Utility Authority reported an exceedance in the concentration of E. coli at its outfall, which is where treated wastewater flows into the Rio Grande at the Southside Water Reclamation Plant (SWRP) located south of Rio Bravo Blvd. On August 5, 2024 a grab sample measured over 2,519 CFU per 100 ml. The following day, on August 6, 2024, the compliance E. coli grab sample at the same point of collection was 4.1 CFU/100 ml. The UV system was inspected for deficiencies by the SWRP and none were found. POI Environment collected water quality samples from the Rio Grande at NM 147 and west of Isleta Lakes:

Sample location, Rio Grande	Date of collection	E. coli result	Ammonia result
NM 147	8/8/2024	414	Non-Detect
	8/9/2024	426	Non-Detect
Northern Boundary near Isleta Lakes	8/8/2024	521	Non-Detect
	8/9/2024	691	Non-Detect

\*Water quality samples are collected on a monthly basis from the Rio Grande except Indian Interior Drain at 240 Wasteway, Albuquerque Riverside Drain, and the irrigation locations.

- Dash in data table indicates sample not collected.  
“MPN” is a unit of measure that stands for most probable number. MPN is equivalent to colony forming units (“CFU”).  
The Pueblo of Isleta’s most stringent surface water quality standard for E. coli bacteria is 88 MPN/100 ml at all times and at all flow rates.  
Please continue to watch signage at the NM 147 bridge for surface water quality advisory. No fishing or swimming is allowed on the east and west side of the Rio Grande River nor ditches by Order of the Governor; please follow all signs posted regarding Governor’s order.  
If you have questions about surface water quality, contact Ramona Montoya, Water Quality Control Officer, at 505-869- 7565.

## COALITION TO STOP VIOLENCE AGAINST NATIVE WOMEN

The Coalition to Stop Violence Against Native Women (CSVANW) is proud to announce that Executive Director, Tiffany Jiron, and Policy & Communications Coordinator, Ryder Jiron, represented the organization at a prestigious event at the White House on Thursday, September 12, 2024. The event marked the 30th anniversary of the Violence Against Women Act (VAWA), a landmark piece of legislation that has played a crucial role in advancing the protection and empowerment of Native American women.

Since its enactment, VAWA has been a critical tool in the fight against gender-based violence. The 2013 and 2022 reauthorizations brought significant progress by including key tribal provisions that recognized and strengthened tribal jurisdiction, allowing tribal nations to prosecute non-Native offenders who committed crimes against Native women on tribal lands.

“Attending this event at the White House was a momentous occasion for CSVANW and for all of us dedicated to protecting Native women and girls,” **said Tiffany Jiron, Executive Director of CSVANW.** “VAWA has been a lifeline, but there was still much work to be done. The reauthorization of VAWA represented a significant step forward, yet we must continue to advocate for increased funding for Tribal Nations and a complete Oliphant fix. Our women are the heart of our communities, and their safety is integral to preserving our sovereignty, cultures, and languages.”  
The anniversary celebration served as a crucial reminder of the progress made and the ongoing efforts needed to address and prevent violence against Native American women and their communities. CSVANW remains committed to advancing these efforts and ensuring that the voices of Native women are heard and their rights are protected.



**LETTER FROM THE EDITOR**  
**DEADLINE for November Newsletter articles is set for Tuesday, October 22, 2024, at 4:30 pm.** Articles may be dropped off at the Library or emailed to [Nathaniel.Lujan@isletapueblo.com](mailto:Nathaniel.Lujan@isletapueblo.com). Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

**The fifteen Newsletter distribution locations are:**

1. TR 2 & TR 22 - Chical SE of Community Hall

2. TR 10 - Behind the old 47 Sales

3. TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4. Ranchitos Park

5. Post Office - Big Tree

6. TR 82 & TR 84 - Teller Road

7. TR 78 & TR 82 - Carlos Trujillo Sr.

8. TR 90 @ Y - CF Padilla

9. Mouse Town Park –

10. Health Center – South end of Health Center Parking lot


11. Library Sunlight & Moonlight Intersection

12. TR 6 - 47 Intersection

13. TR 12 - 47 & 147 intersection (Old Smoke & Save)

14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)



**PUBLIC WORKS - PUEBLO OF ISLETA**  
**Eastside Sewer Collection System Project Update**

Project Overview: Remove septic systems with new E-One grinder pumps at homes to connect to main sewer line for the Eastside residents.

Public Works hosted a public meeting for Ranchitos residents for phase 1 of the project. The meeting was held on Monday August 26,2024 at 6pm at the Reception Hall. Prior to the meeting, all households received a hand delivered notice of meeting and a mass text reminder was sent out. 24 out of 123 homeowners attended. The meeting covered topics such as an update on the project and what is to be expected in the upcoming months.

Some concerning questions that were asked:

1. Who will pay for the cost of the pump replacement? Answer: Based on funding availability, Public Works will take care of it.

2. Will work be done in farm line property? Answer: All work will be done at the edge of all lands as much as possible.

3. Will communication happen one on one with homeowners? Answer: Yes, this will happen on a case-by case basis.

4. How long will repair happen when something goes out? Will pumps be on hand? Answer: All issues will be placed through Public Works work order system and be addressed based on priority. Yes, pumps and parts will be on hand.

5. What is capacity of storage when power goes out? Answer: 75-200 gallons

6. Can you opt out? Answer: This decision will be addressed to Administration and they will be the one to make the final call.

We understand there is a lot of questions and/or concerns that are still out there and we want to hear them!

A copy of the power point provided by our designer is available for pick up at the Public Works Office.

Please be on the lookout for more public meetings as this project continues to come together. It is very important to attend these meetings as we welcome all input, concerns, and questions.

Residents along Highway 47 can expect surveying crews in the area white lining the sewer alignment for this project.

If you have any questions/concerns please call Public Works at 505-869-5170.

**TIME TO PREPARE FOR THE COLD**

Colder temperatures are here. Time to protect your plumbing from the freezing temperatures. Sewer piping can freeze – especially underneath a modular home. Take time now to check your piping – both water and sewer lines. Any exposed water or sewer pipe should be protected with heat tape, insulation or other means to help prevent the pipes from freezing. If you have a modular home, please ensure the skirting is in good condition and if there is no skirting, do what you can to protect the underside of the home from the cold.

Swamp coolers should be properly winterized. The water supply line should be removed from the spigot or frost free and drained. Frost frees should not be left in the open position; remove any hoses from the frost free and close the frost free. When left open, the frost free cannot drain the water that is inside the unit. The frost free is designed to drain itself when the handle is put in the closed position, which should prevent freezing.

Homeowners should know where the main shut off is to their residence. Most homes have an interior and exterior shut off valve. Toilets and sinks should have isolation valves going directly to the fixture. The purpose of isolation valves is to isolate water leaks or breaks occurring inside and/or outside the home. Have you ever tested these isolation valves to ensure they work? Take time before colder weather moves in to locate these valves and ensure they are working.

Locating the exterior shut-off may be challenging. Take time to locate your exterior shut-off while it is not an emergency situation. Placing a marker of some type near the shut-off will save time in the event you do have an emergency and need the water shut-off as soon as possible. It takes time for a Public Works crew to be dispatched to assist you, especially after normal working hours. It helps Public Works when the resident/s know where their exterior shut off is. When shut off is known, water damage in the home is prevented and time is saved allowing help to get straight to the water issue at hand.

Again, be prepared and protect your piping from the cold; check the isolation valves at each fixture; know how to turn off your water in an emergency; and locate and mark your exterior water shut-off.

If you have any questions, please call the Public Works office at 505-869-5170.



PROBATES

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0060-2024  
Juan Anthony Lucero

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Juan Anthony Lucero, deceased 07/30/2022, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for TBD at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0083-2024  
Tyonna Garcia

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Tyonna Garcia, deceased 07/16/2024, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Monday, October 07, 2024 at 3:15 p.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0093-2024  
Antonio Rafael Lucero

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Antonio Rafael Lucero, deceased 10/17/2022, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for TBD at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0016-2024  
Francisco J. Lente

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Francisco J. Lente, deceased 11/20/2023, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Wednesday, November 20, 2024 at 1:30 p.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0065-2024  
Rose E. Lucero

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Rose E. Lucero, deceased 05/10/2024, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for TBD at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0072-2024  
Ruth Juancho

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Ruth Juancho, deceased 02/07/2023, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Monday, November 18, 2024 at 2:00 p.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0078-2024  
Maria Rafaela Lugarda Abeita

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Maria Rafaela Lugarda Abeita, deceased 07/14/2023, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, October 10, 2024 at 9:30 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0085-2024  
Darrell C. Jaramillo

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Darrell C. Jaramillo, deceased 07/16/2022, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Tuesday, November 19, 2024 at 3:00 p.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

ISLETA STRONG


STAY INFORMED

NEW QR CODE FOR TEXT UPDATES

PUEBLO OF ISLETA


is launching a text messaging system to keep you informed about important events or incidents concerning the Pueblo of Isleta.

To signup, just scan the following QR code or if you prefer send a text with the word "SUBSCRIBE" to 855-233-9179



SCAN ME

KEEP ISLETA STRONG!

 PUEBLO OF ISLETA



# Tribal Council Community Meeting

October 18, 2024  
Isleta Reception Hall  
5:00 pm –8:30 pm



191 Tribal Road 2 Bosque Farms, NM 87068  
Light refreshments will be offered during the meeting

# PER CAPITA DISTRIBUTION

ONE DAY ONLY

FRIDAY,  
NOVEMBER 8, 2024

FROM  
7:00 AM TO 7:00PM

AT THE ISLETA RECREATION CENTER  
60 TRIBAL ROAD 40 - ISLETA, NM 87022

MINOR FORMS ARE AVAILABLE AT CENSUS OFFICE  
AND TRIBAL COUNCIL OFFICES MONDAY-FRIDAY  
8:30 AM-4:30 PM, IF YOU HAVE QUESTIONS PLEASE  
CONTACT TRIBAL COUNCIL AT 505-869-9746

## TRIBAL COUNCIL IS SEEKING COMMITTEE MEMBERS, BOARD MEMBERS & COMMISSIONERS :

### We Need to Fill Vacancies for the Following:

2 - Health Advisory Vacancies: Must have medical background, meetings are quarterly and from 5 pm to 7 pm.

5 - IPHA Board of Commissioners: Meetings are 2-4 hours, 2-3 times a month.

2 - Tribal Enrollment Committee Members: Meetings are as needed, according to caseload, but typically twice a month 9 am - 12 pm.

5 - Election Board Members

Submit your letter of interest today!

## Interested In Joining?

Call us at  
505-869-9746  
or Email  
Tribal.Council@isletapueblo.com

PUEBLO OF ISLETA

RESOLUTION No. 2024-096

NOVEMBER 2024 PER CAPITA DISTRIBUTION AUTHORIZATION

At a duly called meeting of the Tribal Council of the Pueblo of Isleta, held on September 17, 2024, the following resolution was passed:

**WHEREAS**, the Pueblo of Isleta (the “Pueblo”) is a federally recognized Indian Tribe organized pursuant to its Constitution adopted in accordance with the Indian Reorganization Act and with the inherent powers of self-government;

**WHEREAS**, the Pueblo is governed by a Governor and Tribal Council made up of elected representatives who act in accordance with the Pueblo of Isleta Tribal Constitution (“Constitution”);

**WHEREAS**, Article V, Section 2(i) of the Constitution authorizes the Isleta Tribal Council to “appropriate such funds as necessary for the health, safety, and general welfare of the pueblo, for other public purposes and per capita payments to members of the pueblo;”

**WHEREAS**, Article V, Section 2(l) of the Pueblo of Isleta Constitution authorizes the Isleta Tribal Council to “otherwise manage and control the lands and resources of the pueblo for the best interest of the pueblo;”

**WHEREAS**, the Tribal Council finds that it is in the best interests of the Pueblo of Isleta to authorize a November 2024 per capita distribution to all enrolled Tribal Members, regardless of their place of residency;

**WHEREAS**, the distribution under this Resolution shall be made first from the Proceeds of Labor Account held at the Bureau of Indian Affairs Office of Trust Funds Management and second from the Pueblo’s Wells Fargo Bank Per Capita Account in an amount not to exceed \$3,783,750.00 for purposes of this per capita distribution.

**WHEREAS**, the Tribal Council has determined that it is in the best interests of the health, safety, and general welfare of the Pueblo to issue such distribution pursuant to the criteria described herein;

**NOW THEREFORE BE IT RESOLVED**, the Tribal Council hereby authorizes the November 2024 Per Capita distribution as follows:


- Definitions:**
  - “Tribal Member” shall mean a person enrolled with the Pueblo of Isleta as a Tribal Member and approved by Tribal Council or Tribal Enrollment Committee as of September 20, 2024.
- Criteria for Distribution:**
  - A Tribal Member must be an enrolled Tribal Member as of September 20, 2024 to be eligible for the November 2024 Per Capita Distribution.
  - All eligible Tribal Members will receive a per capita distribution \$750 to be distributed by the Treasurer’s Office, as described below in “Distribution Procedures.”
- Distribution Procedures:**
  - Distributions for in-state Tribal Members will be made by check and should be picked up in-person, unless the Tribal Member provides an original, notarized letter requesting their distribution to be sent via certified mail pursuant to Section 4(b).
  - Except for those qualifying for the distribution procedures described under Section 4 below, all Tribal Members must pick up their checks in-person on Friday, November 8, 2024, from 7:00am to 7:00pm at the Isleta Main Recreation Center. A Tribal ID or valid driver’s license must be presented to receive the distribution.
  - Alternatively, Tribal Members may pick up checks from the Treasurer’s Office Mondays through Fridays during normal business hours, 8:00am to 4:30pm from November 12, 2024 through January 31, 2025.
  - All distributions hereunder must be deposited or cashed by a bank by February 21, 2025. Any checks not cashed prior to that date shall be null and void.
- Distribution Procedures for Those Unable to Pick up a Distribution Check in Person**
  - A Tribal Member who is out-of-state or otherwise unable to pick up their check in person at the Recreation Center during the designated dates or from the Treasurer’s Office during business hours may provide an original, notarized letter designating another individual to pick up their distribution check on the unavailable Tribal Member’s behalf.
  - A Tribal Member who is out-of-state or otherwise unable to pick up their check in person may also provide an original, notarized letter to the Treasurer’s Office requesting that their distribution be sent via certified mail. The notarized letter must include the address to which the distribution check should be sent, copy of valid Isleta Tribal ID or valid driver’s license, Isleta Tribal Census Number and current contact information. A Tribal Member requesting their distribution be sent via certified mail must request that the Treasurer’s Office do so by January 31, 2025. Any checks returned to the Treasurer as undeliverable or otherwise returned shall be void, no longer available, and shall not be reissued to the intended recipient after February 21, 2025.
  - All distributions, including those sent via certified mail, will be null and void if they are not cashed and cleared by a bank on February 21, 2025.




5. **Distribution Procedures for Minors**
- a. November 2024 Per Capita Distribution checks will be issued to minors directly and shall not be routed to their Bureau of Indian Affairs Individual Indian Money account.
  - b. Per Capita distribution checks for Tribal Members under the age of 18 shall be picked up by the minor’s parent, or legal guardian, or custodian, in accordance with the records of the Isleta Tribal Court and Census/Enrollment Department. The Treasurer’s Office shall not issue a distribution check to a minor’s parent if the parent is not a custodial parent or legal guardian. If there is no custody documentation on file with either Isleta Tribal Court or the Census/Enrollment Department, the Treasurer’s Office will provide the distribution check to either parent or legal guardian of record.
  - c. If a minor Tribal Member is a ward of the Isleta Tribal Court, Isleta Social Services shall pick up the distribution check on the minor child’s behalf.
6. **Withholding of Distribution:**
- The November 2024 Per Capita Distribution shall not be subject to any withholdings, including but not limited to garnishments, fees, restitution, and child support.
7. **Funding Sources:**
- An amount not to exceed **\$3,783,750** may be withdrawn from the accounts as detailed herein to fund the November 2024 Per Capita Distribution. The Distribution is non-taxable.
- BE IT FURTHER RESOLVED**, that the Governor, Treasurer, and Census Office are authorized to do all that is necessary to effectuate the intent of this Resolution;
- BE IT FURTHER RESOLVED**, that the Tribal Council authorizes the Treasurer to mail per capita distributions issued to Tribal Members pursuant to the procedures describe in this Resolution and appropriates an amount not to exceed **\$6,200.00** to the Treasury budget to send the distributions via certified mail; and
- BE IT FURTHER RESOLVED**, that this Resolution shall take effect immediately upon adoption by the Tribal Council and shall remain in effect until otherwise superseded or repealed by Tribal law.


**CERTIFICATION**

We, the undersigned, do hereby certify that the foregoing resolution was passed at a duly called meeting of the Tribal Council of the Pueblo of Isleta, held on the 17th day of September, 2024, at which a quorum was present, with 5 voting for, 1 opposing, and 1 abstaining.

  
Renald Olguin, Tribal Council President

  
Max Zuni, Governor

ATTEST:

  
Elizabeth Kirk, Tribal Council Secretary

**Goodwill**

Goodwill Goodjobs! Serving Albuquerque south valley/Isleta Pueblo, and Valencia County

We offer individual free assistance with job search, interview skills, and resume assistance.

Contact : Vicki Herring  
Career Specialist at  
505-944-0289  
**Vicki Herring**  
**Career Specialist**  
**Goodwill Industries of New Mexico**



---

vherring@goodwillnm.org  
505-944-0289 or 505-881-6401 x4097  
201 Desert Willow Rd, Los Lunas, NM 87031  
www.Goodwillit.org



**Purchased Referred Care  
Did you know?**

Did you know Isleta Health Center is your payor of last resort?

Payor of last resort means if you have primary insurance, Isleta Health Center would be your secondary insurance. If you have a primary and secondary insurance, Isleta Health Center would be your Tertiary insurance. Please list Isleta Health Center as your last payor.

Did you know you have to call PRC to inform them of all appointments?

This includes all ER/urgent care visits, any follows ups, any secondary referrals, telemed appointments, rescheduled appointments. Not calling in for appointments will delay payment

Did you know if you receive a bill from a provider, you have to bring it in to PRC, even if you have a referral?

Some facilities will send a bill to the patient but not Isleta Health Center. It is best to bring all bills in received by mail to make sure PRC contacts the facility to bill Isleta.



**ISLETA PUEBLO HOUSING AUTHORITY**

**SEASONAL SERVICE**

Winter is coming...and IPHA is prepared to switch over your A/C to Heating.

**HOW?**

- 1.A maintenance application must be on file or completed
- 2.The Home Owner must call/stop by to request seasonal service

PLEASE NOTE THAT IF YOU ARE **NOT GRANT** ELIGIBLE, YOU WILL BE BILLED FOR SERVICES.

\*Work is completed in the order it is received except priority will be given to elderly and disabled residents.

**505-869-4153**







PART-TIME

**LIFEGUARDS WANTED**

MUST BE 16 OR OLDER

Training Will Be Provided

Starting at \$15.50

Pueblo of Isleta Human Resources  
isletapueblo.com/careers  
505-869-7584





Job Postings

Visit us online at <http://www.isleta.com/career-opportunities.aspx>

Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.



**VALET ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 09/20/2024  
Level: Non-Exempt



**PLAYERS CLUB REPRESENTATIVE**  
Location: Albuquerque, NM  
Publish Date: 09/20/2024  
Job Family: N/A  
Level: Non-Exempt



**SERVER**  
  
Location: Albuquerque, NM  
Publish Date: 09/19/2024  
Level: Non-Exempt



**TABLE GAMES DEALER**  
Location: Albuquerque, NM  
Publish Date: 09/18/2024  
Level: Non-Exempt



**Development Program Coordinator-IPHA**  
Location: Albuquerque, NM  
Publish Date: 09/18/2024  
Level: Non-Exempt



**REVENUE AUDITOR II**  
Location: Albuquerque, NM  
Publish Date: 09/17/2024  
Level: Non-Exempt



**EMPLOYEE RELATIONS COORDINATOR**  
Location: Albuquerque, NM  
Publish Date: 09/17/2024  
Level: Non-Exempt




**MARKETING COORDINATOR**  
Location: Albuquerque, NM  
Publish Date: 09/13/2024  
Level: Non-Exempt



**FRONT OFFICE SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 09/13/2024  
Level: Non-Exempt



**STEWARD**  
Location: Albuquerque, NM  
Publish Date: 09/13/2024  
Level: Non-Exempt




**NETWORK ADMINISTRATOR**  
Location: Albuquerque, NM  
Publish Date: 09/12/2024  
Level: Exempt



**CAGE CASHIER**  
Location: Albuquerque, NM  
Publish Date: 09/12/2024  
Level: Non-Exempt



**FOOD ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt




**SURVEILLANCE AGENT**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**EDR ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**IT SPECIALIST I**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**SECURITY OFFICER I**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**SLOTS TECHNICIAN SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**HOUSEPERSON**  
Location: Albuquerque, NM  
Publish Date: 09/20/2024  
Level: Non-Exempt



**IRRIGATION TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 09/19/2024  
Level: Non-Exempt



**Homeownership & Loan Agreement Counselor-IPHA**  
Location: Albuquerque, NM  
Publish Date: 09/19/2024  
Level: Non-Exempt



**Controller-IPHA**  
Location: Albuquerque, NM  
Publish Date: 09/18/2024  
Level: Exempt



**SHIPPING & RECEIVING CLERK**  
Location: Albuquerque, NM  
Publish Date: 09/18/2024  
Job Family: N/A  
Level: Non-Exempt



**CUSTODIAL ASSISTANT SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 09/17/2024  
Level: Non-Exempt



**PROMOTIONS MANAGER**  
Location: Albuquerque, NM  
Publish Date: 09/17/2024  
Level: Exempt



**DATABASE/SOCIAL MEDIA COORDINATOR**  
Location: Albuquerque, NM  
Publish Date: 09/13/2024  
Level: Non-Exempt




**POOL ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 09/13/2024  
Level: Non-Exempt



**HDC SPECIALIST**  
Location: Albuquerque, NM  
Publish Date: 09/12/2024  
Level: Non-Exempt



**MAIN BANKER**  
Location: Albuquerque, NM  
Publish Date: 09/12/2024  
Level: Non-Exempt



**SPORTS BOOK WRITER**  
Location: Albuquerque, NM  
Publish Date: 09/12/2024  
Level: Non-Exempt



**COSMETOLOGIST**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**COOK**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**LAKES GROUNDSKEEPER**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt




**COUNT MEMBER**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt




**SECURITY OFFICER II**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt




**COMPENSATION & BENEFITS SPECIALIST II**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Exempt




**HVAC TECH II**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt




**HVAC TECH III**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**SYSTEMS ADMINISTRATOR**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Exempt



**CALL CENTER AGENT**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**WARDROBE ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 09/11/2024  
Level: Non-Exempt



**ISLETA PUEBLO FARMERS' MARKET**  
2024




**October**


Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

OCTOBER 26TH- END OF THE YEAR HALLOWEEN MARKET



**VALLE DE ORO NATIONAL WILDLIFE REGUGE**  
7851 2ND ST. SW  
ABQ, NM 87105





**OCT 26**  
**6-9 PM**  
FREE FOOD & PRIZES  
PROVIDED BY  
THE FRIENDS OF  
VALLE DE ORO

PLEASE JOIN US FOR A SPECIAL  
**WILD AT NIGHT PARTY**  
AT VALLE DE ORO NWR

**FEATURING**

NOCTURNAL TOUR



ARTS & CRAFTS


STAR VIEWING

COSTUME CONTEST

SCAVENGER HUNT

SPOOKY STORIES





The Albuquerque Astronomical Society  
taas.org



Pueblo of Isleta Career Opportunities

<u>Position Posting</u>	<u>Office Location</u>	<u>Closing Date</u>
ANIMAL CONTROL OFFICER	Police Department	Open Until Filled
ARCHIVIST	Cultural & Historic Preservation	Open Until Filled
BILLING TECHNICIAN	Health Services	Open Until Filled
BUYER	Procurement	Open Until Filled
CAREGIVER	Assisted Living Facility	Open Until Filled
COMMUNIY HEALTH REPRESENTATIVE	Health Services	Open Until Filled
COMMUNITY SERVICE COORDINATOR	Tribal Court	Open Until Filled
CUSTODIAN	Health Services	Open Until Filled
CUSTODIAN	Public Works	Open Until Filled
DIRECTOR, CLINICAL SERVICES/ NURSE PRACTITIONER	Health Services	Open Until Filled
DIRECTOR, FINANCIAL PLANNING &ANALYSIS	Treasury	Open Until Filled
EMT BASIC (3 Positions)	Health Services	Open Until Filled
EMT - INTERMEDIATE (2 Positions)	Health Services	Open Until Filled
EMT - PARAMEDIC (2 Positions)	Health Services	Open Until Filled
FAMILY SERVICE WORKER	Head Start	Open Until Filled
FINANCIAL ANALYST	Treasury	Open Until Filled
GROUND'S MAINTENANCE WORKER	Public Works	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
IRRIGATION TECH	Agricultural Division	Open Until Filled
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	Open Until Filled
LABORER	Public Works	Open Until Filled
ICENSING CLERK	Gaming & Regulatory	Open Until Filled
LIFEGUARD	Parks & Recreation	Open Until Filled
LIFEGUARD ASSISTANT	Parks & Recreation	Open Until Filled
MULTIMEDIA SPECIALIST	Department of Education	Open Until Filled
NURSE PRACTITIONER	Health Services	Open Until Filled
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled
PHYSICAL THERAPIST	Health Services	Open Until Filled
RANGELAND DATA MONITOR	Natural Resurces	Open Until Filled
RECEPTIONIST	Parks & Recreation	Open Until Filled
RECORDS CLERK/ RECEPTIONIST	Elder Center	Open Until Filled
ROADWAY MAINTENANCE WORKER I	Transportation Services	Open Until Filled
ROADWAY MAINTENANCE WORKER II	Transportation Services	Open Until Filled
TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled
TRIBAL OPIOID RESPONSE PROGRAM MANAGER	Health Services	Open Until Filled
UTILITY WORKER	Public Works	Open Until Filled
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled
WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled

LAND FOR SALE

- 4.782+ Acres
- Tribal Road 10
- Call, Text, or Voicemail

Kimo @ (505) 506-3432

TRUANCY

Happy Halloween,

The Truancy department has been monitoring attendance with the help of the Native American Liaisons. We will continue to monitor attendance throughout the remainder of the school year. Parents, we'd like to ask you to please notify your child(ren)'s school if they are going to be absent, and students, please remember to turn in any notes that you have on days that were missed and be sure to turn them in as soon as you return to school.

The Truancy department was happy to attend Isleta Elementary School for what we hope is the first of many FRY BREAD FRIDAYS! It was wonderful seeing all the kids enjoying a nice afternoon with all their classmates. Many students enjoyed their frybread with different toppings, to their liking.

We are looking forward to the Halloween carnival which will be held on October 25, 2024 at the Recreation Center, from 5pm to 8pm. We look forward to seeing everyone there to enjoy the games, costumes and fun events scheduled for the evening. I know that not only Truancy looks forward to seeing you there, but all the other Pueblo of Isleta services providers as well.

We are also looking forward to attending the Roaring Attendance Rally at Los Lunas Middle School on October 3, 2024, for they are having this event to encourage daily school attendance and we're excited to take part in this. The event will start at 3:30 pm and will have event activities planned until 7:00 pm to allow time for visitors to explore the tables and sign the school's attendance banner.

(Los Lunas Middle School will be playing volleyball against Valencia Middle School from approximately 4:00pm to 6:00pm.) We will also be sharing information about our department and the services that we offer. We hope to see you and your LLMS students there, so come visit us.

We hope you and your families have a fun and safe Halloween. Before you know it, the students will be looking forward to Fall and Thanksgiving breaks.

Please keep in mind that the Truancy Department is here to assist you with any concerns or issues that may arise with your students. Please do not hesitate to contact our department for assistance.

Thank you,  
Isleta Truancy

2024 GENERAL ELECTION

BERNALILLO COUNTY – Bureau of Election

OCT 08, 2024, TUESDAY	VOTER REGISTRATION	<u>CLOSES</u> 5:00PM
OCT 08, 2024, TUESDAY	ABSENTEE MAILING	<u>START</u> 8:00AM
OCT 22, 2024, TUESDAY	ABSENTEE APPLICATION	<u>REC'D</u> 5:00PM
NOV 05, 2024, TUESDAY	ABSENTEE BALLOT	<u>In Person</u> before 7:00PM
OCT 19, 2024, SATURDAY	EARLY VOTING	<u>START</u> 10:00AM
NOV 02, 2024, SATURDAY	EARLY VOTING	<u>ENDS</u> 7:00PM
NOV 05, 2024, TUESDAY	GENERAL ELECTION DAY	7:00AM to 7:00PM

EARLY VOTING POLL SITES: (21)

Beginning Saturday, October 19, 2024

Early Voting Convenience Centers (EVCCs)

1. 98<sup>th</sup> & CENTRAL SHOPPING CENTER, 120 98<sup>th</sup> St NW, Suite B101, B102

2. ANDALUCIA SHOPPING CENTER, 5600 Coors Blvd NW, Suite C-5

3. BERNALILLO COUNTY, Visitor & Cultural Center, 6080 Isleta Blvd SW,

4. CARACOL PLAZA, 12500 Montgomery Blvd NE, Suite 101

5. CENTRAL MERCADO, 301 San Pedro Dr, SE, Suite B, C, D, E

6. COTTONWOOD WEST, 10131 Coors Blvd NW, Suite C-02

7. DASKALOS SHOPPING CENTER, 5339 Menaul Blvd NE

8. FOUR HILLS SHOPPING CENTER, 13140 Central Ave SE, Suite 1420

9. HOLLY PLAZA, 6500 Holly Ave NE, Suite B-6

10. LOS ALTOS PLAZA, 4200 Wyoming Blvd NE, Suite B-3

11. LOS RANCHOS VILLA, 6601 4<sup>th</sup> Street NW, Suite U

12. PETROGLYPH PLAZA, 8201 Golf Course Rd NW Suite D-1

13. SOUTH VALLEY MULTI PURPOSE SENIOR CNTR, 2008 Larrazolo Rd, SW

14. THE SHOPPES AT 6001 SAN MATEO, 6001 San Mateo Blvd, Suite B-3

15. TIJERAS CITY HALL, 12 Camino Municipal, Tijeras

16. UNIVERSITY OF NEW MEXICO, Student Union Building, Louie's Lounge

17. WEST BLUFF SHOPPING CENTER, 5211 Ouray Rd NW, Suite B

"above" OPERATION DATES & HOURS: Saturday Oct. 19 – 10:00am to 7:00pm

Monday Oct 21 – Saturday Oct 26 – 10:00am to 7:00pm

Monday Oct 28 – Saturday Nov 02 – 10:00am to 7:00pm

18. CLERK'S ANNEX, 1500 Lomas Blvd NW, Suite A – Beginning Tuesday October 08, 2024

OPERATION DATES & HOURS: Tuesday Oct 08 – Friday Oct 12 – 8:00am to 5:00pm

Monday Oct 14 – Friday Oct 15 – 8:00am to 5:00pm

Saturday Oct 19 – 10:00am to 7:00pm

Monday Oct 21 – Saturday Oct 26 – 10:00am to 7:00pm

Monday Oct 28 – Saturday Nov 02 – 10:00am to 7:00pm

19. MOBILE VOTING UNIT, State Fair Ground, Albuquerque, NM

OPERATION DATES & HOURS: Monday, Oct 21 – Friday, Oct 25 - (10:00am – 5:00pm)

TRIBAL RESERVATION EARLY VOTING SITES

20. ISLETA ELDER CENTER, 1005 Tribal Road 140, Isleta

OPERATION DATES & HOURS: **MONDAY Thru SATURDAY (10am-7pm)**

Saturday Oct 19 - 10:00am- 7:00pm

Monday Oct 21 – Saturday Oct 26 – 10:00am- 7:00pm

Monday Oct 28 – Saturday Nov 02 - 10:00am- 7:00pm

21. DESIDERIO COMMUNITY CENTER, 117 Tribal Rd 7036, ToHajiilee, NM

OPERATION DATES & HOURS: **MONDAY Thru FRIDAY (10am – 6pm)**

Monday Oct 21 – Friday Oct 25 – 10:00am- 6:00pm

Monday Nov 28 – Friday Nov 01 - 10:00am- 6:00pm

ELECTION DAY POLL SITES: **November 05, 2024**

**OPEN - 7:00am to 7:00pm**

Voting Convenience Centers (VCCs)

98th & Central Shopping Center – 120 98th St NW, Suite B101 & B102, 87121

Andalucia Shopping Center – 5600 Coors Blvd NW, Suite C-5, 87120

Bernalillo County Visitor Center – 6080 Isleta Blvd SW, 87105

Caracol Plaza – 12500 Montgomery Blvd NE, Suite 101, 87111

Central Mercado – 301 San Pedro Dr. SE, Suites B, C, D & E, 87108

Clerk's Annex – 1500 Lomas Blvd NW, Suite A, 87104

Cottonwood West – 10131 Coors Blvd NW, Suite C-02, 87114

Daskalos Center – 5339 Menaul Blvd NE, 87110

Desiderio Community Center – 117 Tribal Rd 7036, ToHajiilee NM 87026

Four Hills Shopping Center – 13140 Central Ave SE, Suite 1420, 87123

Holly Plaza Shopping Center – 6600 Holly Ave NE, Suite B-6, 87113

Isleta Elderly Center– 1005 Tribal Rd 140, Isleta NM 87022

Los Altos Plaza – 4200 Wyoming NE, Suite B-3, 87111

Los Ranchos Villa – 6601 4th St NW, Suite U, 87107

Petroglyph Plaza – 8201 Golf Course Rd. NW, Suite D-1, 87120

South Valley Multipurpose Senior Center – 2008 Larrazolo Rd SW, 87105

The Shoppes at 6001 San Mateo – 6001 San Mateo NE, Suite B-3, 87109

Tijeras City Hall – 12 Camino Municipal, Tijeras NM 87059

University of New Mexico– Student Union Building, Louie's Lounge, 87131

West Bluff – 5211 Ouray Rd NW, Suite B, 87120

A. Montoya Elementary School– 24 Public School Rd, Tijeras NM 87059

Adobe Acres Elementary School – 1724 Camino Del Valle SW, 87105

Albuquerque High School – 800 Odelia Rd NE, 87102

Arroyo Del Oso Elementary School – 6504 Harper Dr NE, 87109

Bandelier Elementary School – 3309 Pershing Ave SE, 87106

Bellehaven Elementary School – 8701 Princess Jeanne Ave NE, 87112

Chaparral Elementary School – 6325 Milne Rd NW, 87120

Cibola High School – 1510 Ellison Dr NW, 87114

CNM Workforce Training Center – 5600 Eagle Rock Ave NE, 87113

Del Norte High School – 5323 Montgomery Blvd NE, 87110

Double Eagle Elementary School – 8901 Lowell Dr NE, 87122

Duranes Elementary School – 2436 Zickert Rd NW, 87104

Eisenhower Middle School – 11001 Camero Ave NE, 87111

Eldorado High School – 11300 Montgomery Blvd NE, 87111

Forest Meadow Baptist Church – 54 Hwy 217, Tijeras NM 87059

Garfield Middle School – 3501 6th St NW, 87107

Henry "KIKI" Saavedra Community Center - 201 Prosperity Ave SE

Hayes Middle School – 1100 Texas St NE, 87110

Herman Sanchez Community Center – 1830 William St SE, 87102

Highland High School – 4700 Coal Ave SE, 87108

Holiday Park Community Center – 11710 Comanche Rd NE, 87111

Hubert H Humphrey Elementary School – 9801 Academy Hills Dr NE, 87111

Jackson Middle School – 10600 Indian School Rd NE, 87112

Jefferson Middle School – 712 Girard Blvd NE, 87106

Kennedy Middle School – 721 Tomasita St NE, 87123

La Cueva High School – 7801 Wilshire Ave NE, 87122

La Mesa Elementary School – 7500 Copper Ave NE, 87108

Lyndon B Johnson Middle School – 6811 Taylor Ranch Rd NW, 87120

Madison Middle School – 3501 Moon St NE, 87111

Manzano High School – 12200 Lomas Blvd NE, 87112

Manzano Mesa Elementary School – 801 Elizabeth St SE, 87123

McKinley Middle School – 4500 Comanche Rd NE, 87110

Montezuma Elementary School – 3100 Indian School Rd NE, 87106

North Star Elementary School – 9301 Ventura St NE, 87122

Onate Elementary School – 12415 Brentwood Hills Blvd NE, 87112

Pajarito Elementary School – 2701 Don Felipe Rd SW, 87105

Polk Middle School – 2220 Raymac Rd SW, 87105

Raymond G Sanchez Community Center – 9800 4th St NW, 87114

Rio Grande High School – 2300 Arenal Rd SW, 87105

Rudolfo Anaya Elementary School – 2800 Vermejo Park Dr SW, 87121

Sandia High School – 7801 Candelaria Rd NE, 87110

Taylor Middle School – 8200 Guadalupe Trl NW, 87114

Truman Middle School – 9400 Benavides Rd SW, 87121

Valle Vista Elementary School – 1700 Mae Ave SW, 87105

Valley High School – 1505 Candelaria Rd NW, 87107

Van Buren Middle School – 700 Louisiana Blvd SE, 87108

Ventana Ranch Elementary School – 6801 Ventana Village Rd NW, 87114

Vista Grande Community Center – 15 La Madera Rd, Sandia Park NM 87047

Volcano Vista High School – 8100 Rainbow Blvd NW, 87114

Washington Middle School – 1101 Park Ave SW, 87102

West Mesa High School – 6701 Fortuna Rd NW, 87121

Zuni Elementary School – 6300 Claremont Ave NE, 87110

Bernalillo County Voters may vote in-person or hand-deliver a **completed absentee ballot** to any of these locations.

Ballot Drop Box Locations:

Alvarado Square

415 Silver SW 87102

Voting Machine Warehouse

2400 Broadway Blvd SE, Building H 87102

WHO CAN VOTE? Eligible Voters registered is **QUESTIONS – Bernalillo County Clerk's Office – 505-243-VOTE (8683) or clerk@bermco.gov.**

Visit [BermcoVotes.org](https://www.bermcovotes.org) and follow us on [Facebook](#) and [Twitter](#).

For more information from the Bernalillo County Clerk visit: <https://www.bermcoclerk.gov> or scan this code with your smartphone



150 SPOTS AVAILABLE!

VILLAGE OF BOSQUE FARMS

and

ROCKY MOUNTAIN PUPPY RESCUE

SPAY & NEUTER CLINIC

NOVEMBER 2ND-4TH

COPAY:

DOGS: \$100

CATS: \$50

Village of Bosque Farms Animal Control and Rocky Mountain Puppy Rescue present:

SPAY IT FORWARD!

The clinic will be open to healthy animals under the age of 7. To secure an appointment, please pay fees in advance via money order made out to Rocky Mountain Puppy Rescue or payment to Bosque Farms Animal Control in cash. Appointments scheduled with a completed waiver will be admitted

STERILIZATION SURGERY FOR DOGS INCLUDE:

✓ Parvo/Distemper Vaccine

✓ Pain shot (post surgery)

✓ Rabies vaccine (if needed)

✓ Protective medical cone

STERILIZATION SURGERY FOR CATS INCLUDE:

✓ FCP vaccine

✓ Rabies vaccine (if needed)

BOOK TODAY!

(505) 869-2358

1355 W Bosque Loop

Bosque Farms NM

No credit cards or personal checks accepted!

No walk-ins!! By appointment only!!





7AM - 12PM

9TH ANNUAL

I WILL RUN FOR THEM 5K

SATURDAY, OCTOBER 19, 2024

Indian Pueblo Cultural Center - The Avanyu Plaza | Albuquerque, NM

October is Domestic Violence Awareness Month (DVAM) and our annual I Will Run for Them 5K Run awareness run honors the resilience, strength and spirit of our Native relatives impacted by domestic violence.



WHO ARE YOU DEDICATING YOUR 5K TO?  
  
SCAN TO REGISTER

#IWillRunForThem5K #CycleBreakers #CSVANW #DVAM2024

FOR MORE INFORMATION: [info@csvanw.org](mailto:info@csvanw.org) | (505) 243-9199

Isleta Health Center

Get Your Flu & COVID-19 Vaccines



Call (505) 869-4089 for current age ranges and appointment availability.

Thank you



PUEBLO OF ISLETA HEALTH CENTER

ATTENTION!!!!

LOCATION CHANGE

Road Runner Food Bank Distribution

Pueblo of Isleta Recreation Center

#60 Tribal Rd 40 Isleta Pueblo, NM 87022

FRIDAY, 10/4/2024 9AM-While supplies last

TEMPORARY WE'VE MOVED



ANY QUESTIONS PLEASE CALL CHR 505-869-4485



Open Skies HEALTHCARE

Offers behavioral health services

FOR CHILDREN, YOUTH AND ADULTS

OUR COMPREHENSIVE COMMUNITY SUPPORT SERVICES (CCSS) HAS IMMEDIATE OPENINGS TO WORK WITH INDIVIDUALS AND FAMILIES.

OUR PROFESSIONAL COMMUNITY SUPPORT WORKERS IDENTIFY AND COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

CONTACT US FOR INFO AND REFERRALS

(505) 345 - 8471

[info@openskieshealthcare.org](mailto:info@openskieshealthcare.org)  
[ryanh@openskieshealthcare.org](mailto:ryanh@openskieshealthcare.org)



Isleta Pueblo News

Editor:

Nathaniel Lujan

Asst. Editor:

Diane Abeita

Published By:

Valencia Express

## DEPARTMENT OF EDUCATION NEWS

The first grading period of the semester has closed. Our tutoring program is here to help students whether their performance was stellar or less than satisfactory. The Department is here to help students enhance their learning experience. We are always here to search for ways that students can be effectively supported through their academic journey. The Department understands our academic journeys don't always go as planned. But this does not mean that getting back on track is impossible.

### TUTORING

The Department of Education has staff ready and available to support your student in their academic success. We know our students have the capacity to achieve! Tutoring is available **Monday-Thursday 3pm-5:45pm** and upon request. Please take advantage of our department resources. We look forward to working with you.

### LOS LUNAS CREDIT RECOVERY

We have partnered with Los Lunas Public Schools to provide credit recovery within our offices. Teachers from the school district will be at our offices Tuesday through Thursday from 3:00pm to 6:00pm. This endeavor will allow students to command the speed of learning and pace of course. This session will allow students to earn the credits that they need to graduate on time. We hope that this session will allow the student to stay on track. We believe that the credit recovery session will allow the student to prove to themselves that they can overcome challenges and succeed.

Understandably the future of the student rests within the hands of the student. We are here to support the student every step of the way.

### SPECIAL EDUCATION LAW CONFERENCE

During the month of October, the Department attended the 2024 New Mexico PED Special Education Law Conference. The conference highlighted the special education laws such as Individuals with Disabilities Act (IDEA) and Section 504 of the Rehabilitation Act. The conference enhanced understanding compliance requirements that ensure our students are receiving appropriate services. This conference will allow the Department to continue advocating for our students. The Department advocating for your student will help ensure that your student's educational needs are being met within the school system.

### High School News:

As the first grading period for Los Lunas Public Schools (LLPS) has ended, it is important that parents or guardians log on to their parent portal accounts and check their students' grades. Report Cards do not get sent out; it is the responsibility of the parent to check on their students' grades. If you do not have Parent Portal, please get in touch with your students' school to get access.



Also, for LLPS if your student needs credit recovery, please reach out to their school for more information. This year credit recovery is \$50.00 per semester. The Department of Education is a host site with a LLPS on site Monday thru Thursday to assist with credit recovery. For more information on credit recovery, please contact our office.

**Albuquerque Public Schools (APS)** grading period will be ending now on October 1, 2024. Parents will also have to log into their ParentVue to see their students' grades. If you do not have ParentVUE please



get in touch with your student's school to get access.

### SCHOOL APPS CAN MAKE A WORLD OF DIFFERENCE!

Parents, it is very important to download the APP that your student's school uses to have access to your child's grades and attendance. At the end of each semester, I have a handful of parents who say that they had no idea that their child was failing and now have credits to make up. Stay on top of your child's education and download the APP!

### REIMBURSEMENTS:



If you have not submitted for reimbursements, it's not too late. Use the following link to start the process.  
<https://isletapueblo.formstack.com/forms/reimbursement>

### SCHOOL AND STUDENT VISITS:

At the end of August, we had the privilege of setting up a visit with our Isleta Santa Fe Indian School students and Governor Max Zuni. At the beginning of the meeting each of the students went around the table and introduced themselves in our native language. During our visit Governor Zuni spoke about his journey in the service as well as the importance of Education. We also had the opportunity of taking a tour of our very own cultural center. Dr. Walt spoke about how the Pueblo is leading the efforts to archive our history. The students were given an opportunity to browse the collection of books in the classroom. I believe the students enjoyed their time exploring the exhibits along with Governor Zuni's interpretation of the history. Mr. Faron Candelaria, Cultural Committee Member, also spoke to the students about the importance of being around and speaking our Native Language. He spoke to the students about his journey in life and where he is at today. At the end of the day the students gained more knowledge about their community.



Also in August, Governor and a couple Tribal Leaders made separate visits to the Tiwa classrooms at Los Lunas Schools. The students engaged in meaningful conversations and heard some great advice! We look forward to scheduling additional visits.

### FIRST YEAR COLLEGE NEWS:

I hope that you all are off to a great start on your new education adventure. Students that have completed their higher education file should have received an email from your coordinator about your funding. Incomplete files will not be funded. It is important that you check  
(continued next page )



your emails to ensure you did not miss any important information from your coordinator. Coordinators are assigned by last name. Samantha Taylor works with those last names A – J and Fran Mershon with those last names K – Z. If you are having difficulties transitioning into your new atmosphere, please reach out to our department for some strategies, tips and support.

As a reminder our department offers tutoring services for all levels of educational needs. You may sign up at <https://isletapueblo.formstack.com/forms/tutoring24>

**Greetings from the DOE Higher Education Team,**

As we approach October, fall break and midterms usually fall within this month. Whether you're a college freshman or graduate student, midterms can make you nervous, however midterms are part of the college experience.

Here are some tips to help you be prepared and ready to tackle those midterm exams:

1. Review your class syllabuses to find out when your college midterms are scheduled.

2. Attend your professors' office hours, do not be afraid to ask for help or ask questions if you are not understanding the assignment.
3. Study, study, study. Studying your notes, class courses, and class materials can help ease the burden of late-night cramming and feel prepared for your exam. Create study groups with your fellow peers.
4. Prioritize Rest and Mental Health. Taking exams can be stressful and test anxiety can make it difficult to perform well on midterms. Remember to take care of yourself, take breaks, and get enough sleep. Cramming for midterms the night before can backfire.
5. Find a study method that works for you.
6. Look at the whole exam before you start answering questions. And remember to read the instructions.
7. Finally, it's going to be okay. Breathe, do not stress yourself out. Replace negative thoughts with positive ones. Remember mistakes are learning opportunities. A wrong answer on a test is an opportunity to understand where you need to fill in the gap of your knowledge or spend extra time studying.

**POI Scholarship Application Deadline  
for Spring Term: November 1st 11:59  
PM**

Are you wanting to go back to school in the Spring? For those who missed the Fall semester deadline to submit an application for the POI scholarship, the link for the POI scholarship application will open in October for the Spring 2025 term. Please visit our website or call our office for support.

## Volunteer Opportunities for POI Scholarship Recipients

- October 3, 2024- DOE Family Night @Isleta Rec Center from 5:30PM-7:30PM. (10 volunteers needed)

If you are able to volunteer, please email [poischolarships@isletapueblo.com](mailto:poischolarships@isletapueblo.com) or call us at (505)869-9790.

Friendly reminder, a student must **make an effort to volunteer a minimum of 10 hours per term/semester** upon being funded by the POI scholarship. We will have volunteer opportunities to help those meet the minimum requirement hours, be on the lookout for those opportunities.

The Department of Education Team

# PUEBLO OF ISLETA DEPARTMENT OF EDUCATION

505-869-9790 or find us the web by searching Isleta Education

## TUTORING SUPPORT

ENHANCE YOUR LEARNING EXPERIENCE THIS SEMESTER! WHETHER YOU NEED EXTRA HELP OR JUST WANT TO EXCEL, OUR TUTORS ARE HERE FOR YOU.

TUTORING SUPPORT IS AVAILABLE FOR ALL LEVELS OF EDUCATION (ELEMENTARY THRU COLLEGE)

MONDAY - THURSDAY 3PM-6PM

## PRE K-12 SERVICES & JOHNSON-O'MALLEY

FROM TUTORING SUPPORT, PROVIDING SUPPLIES, SUPPORTING FAMILIES WITH EDUCATIONAL PLANS TO PROVIDING EDUCATIONAL ENRICHMENT WE CAN HELP!

## HIGH SCHOOL & 1ST YEAR COLLEGE

LET US HELP MEDIATE AND ASSIST WITH YOUR TRANSITION FROM HIGH SCHOOL TO COLLEGE, FROM DEVELOPING GOOD STUDY HABITS TO EXPLORING AVAILABLE CAMPUS RESOURCES. LET OUR TEAM OF SUCCESS COACHES HELP GUIDE YOUR JOURNEY FROM PRE-REQUISITE COURSEWORK TO THE 1ST YEAR OF YOUR UNDERGRADUATE CAREER.

## EDUCATIONAL ASSISTANCE

THE DEPARTMENT PROVIDES FINANCIAL ASSISTANCE FOR ACADEMIC SUPPORT, PRIVATE EDUCATION, SCHOOL RELATED ACTIVITIES, SCHOOL TRIPS, AND CAREER DEVELOPMENT. FIND THE APPLICATION ON OUR WEBSITE.

## FAFSA SUPPORT

THE FAFSA IS A FORM YOU COMPLETE TO APPLY FOR MONEY FROM A FEDERAL GRANT CALLED THE PELL GRANT. NEW MEXICO COLLEGES AND UNIVERSITIES USE YOUR FAFSA INFORMATION TO AWARD STATE AID, SCHOLARSHIPS, GRANTS AND WORK-STUDY POSITIONS OFFERED AT THEIR INSTITUTIONS. WE CAN SUPPORT YOU IN THIS PROCESS!

## ACADEMIC ADUISEMENT

BEING PREPARED FOR COLLEGE STARTS WITH MAKING SURE EVERYONE IS EQUIPPED WITH THE NECESSARY SKILLS NEEDED TO BE SUCCESSFUL. WE PROVIDE GUIDANCE AND THE RESOURCES THAT ARE ESSENTIAL FOR EVERY STUDENT TO HAVE CONFIDENCE.

ASSISTING WITH MANAGING YOUR TIME FOR ACADEMIC SUCCESS AND HELPING TO PRIORITIZE SELF-CARE AS WELL AS MENTAL HEALTH. EVERY STUDENT DESERVES AN EFFECTIVE EDUCATION THAT TRULY PREPARES THEM FOR SUCCESS.

## ADULT EDUCATION

OBTAIN A HIGH SCHOOL EQUIVULANCY DIPLOMA THRU ADULT EDUCATION AND GET ON YOUR WAY TO A CAREER FOR FREE! CALL THE DEPARTMENT TO LEARN ABOUT THE VARIOUS OPTIONS.

QUICK  
TIPS

## HIGHER EDUCATION

NEED HELP FOR PAYING FOR COLLEGE? LEARN MORE ABOUT P.O.I. SCHOLARSHIPS AND OTHER AVAILABLE RESOURCES. GIVE YOUR HIGHER EDUCATION COORDINATOR A CALL OR VISIT OUR WEBSITE.

# Join us for a Taste of Tiwa

Workshops for beginning and intermediate language learners. Must commit 2 nights per week for 6 weeks.

## FARMING & GARDENING

Planting and Caring for Plants -  
What are the processes of growing and harvesting chile?



## MEALTIME

Conversations around the table.  
What are some common questions and responses used at the dinner table?



## CARING FOR AN ELDER

During these sessions, we will actively engage in phrases and words used to help an elder with daily activities.



## CARING FOR A CHILD

What are some basic words and phrases used when caring for young children?



## HOUSEHOLD CHORES

Cleaning the house? What are some simple commands and responses that can be used by the family?



## TRADITIONS

What are some things we need to prepare to be ready for cultural activities? Names of clothing and getting dressed.



Classes will take place on the following dates from 6-8pm:  
 Tuesday 10/8, Thursday 10/10, Tuesday 10/15,  
 Thursday 10/17, Tuesday 10/22, Saturday 10/26,  
 Monday 10/28, Wednesday 10/30, Tuesday 11/5, Wednesday  
 11/7, Tuesday 11/12, Thursday 11/14  
 Schedule is subject to change  
<https://isletapueblo.formstack.com/forms/workshops>  
 For more information, call 505-869-9790 or register using the QR code.

**Isleta Department of Education**



OCTOBER 2024

# Newsletter

HOME OF THE EAGLES

AT A GLANCE

- State Fair field trip
- Frybread Friday
- Bullying Prevention Month
- Join our Team

Be Kind to Your Mind & Body

During the month of October, we are focused on fostering our minds and body. It is National Bullying Awareness Month. This is a national campaign to create safe and supportive organizations and schools. At Isleta Elementary, we are taking a stand against bullying by showing kindness, demonstrating respect, and being responsible for our words and actions. We will have activities, educational presentations, and a weekly recognition to encourage everyone to be kinder and more respectful to each other.

October also marks the end of the 1st Quarter. We hope that you can join us on October 24 or 25 for Parent-Teacher Conferences. We are excited to engage in meaningful conversations around your child’s progress in school. Should you have any questions or concerns leading up to this event, please contact your child’s teacher. While you are here for Parent-Teacher Conferences, make sure to visit the Book Fair in our school library.

In the final week of October, we are recognizing Red Ribbon Spirit Week to support the mission of keeping our children and community drug-free. Have your child dress up each day to help

- Mon, Oct 28: *Red-y to make smart choices.* Wear RED.
- Tues, Oct 29: *Follow your dreams to success.* Wear your PAJAMAS.
- Wed, Oct 30: Eagles say no to drug. Wear ISLETA EAGLE shirt.
- Thurs, Oct 31: Scare away drugs. Wear a Halloween COSTUME.
- Fri, Nov 1: No School

On October 31, we are having a Halloween Trunk or Treat celebration and our 1st Quarter Awards Assembly in the gym starting at 1:30 pm. We hope to see you there!

Great Attendance = Fry Bread

Thank you, families, in helping us exceed our August attendance goal! Students enjoyed fresh frybread with a variety of toppings. We are tracking our progress towards surpassing September’s goal of 93% and hope to have frybread again on October 4.

The months of October, November, and December is when students are less present in school due to a number of reasons. In the past, our attendance rate was at or below 93%. Therefore, we need everyone’s support in keeping our children healthy and getting them to school on time.

October Attendance Goal is 93%.



Education & Fun at the Fair



## Kindergarten News

Ms. Tolino



I hope this message finds you well. I wanted to take a moment to share some updates from Ms. Tolino’s Kindergarten Class. The Kindergarten class has been really busy these last few weeks. We are learning our rules and routines and how to work and play with one another. We will continue to improve classroom behavior and to be kind and caring.

During this first quarter, the kindergarteners are learning alphabet sounds, letter names, and how to blend and read CVC words. We are also starting to read pre-decodable books. In math, we are working on counting one-to-one correspondence and recognizing numbers 1-20.



## 2nd/3rd Grade News

Ms. Leon



September has been a fabulous month. Students are really delving into learning, individually, and as a team. We have been spending time working on STEM projects. Our focus has been Engineering.

Their first project was team based. They had to think of a problem, design a solution and build a prototype to test. They tested, adjusted and discussed better options for success.

Our second project was to design paper airplanes and then work together to solve the issues with flight, until they found the best strategies. Team 2nd/3rd grade is soaring!



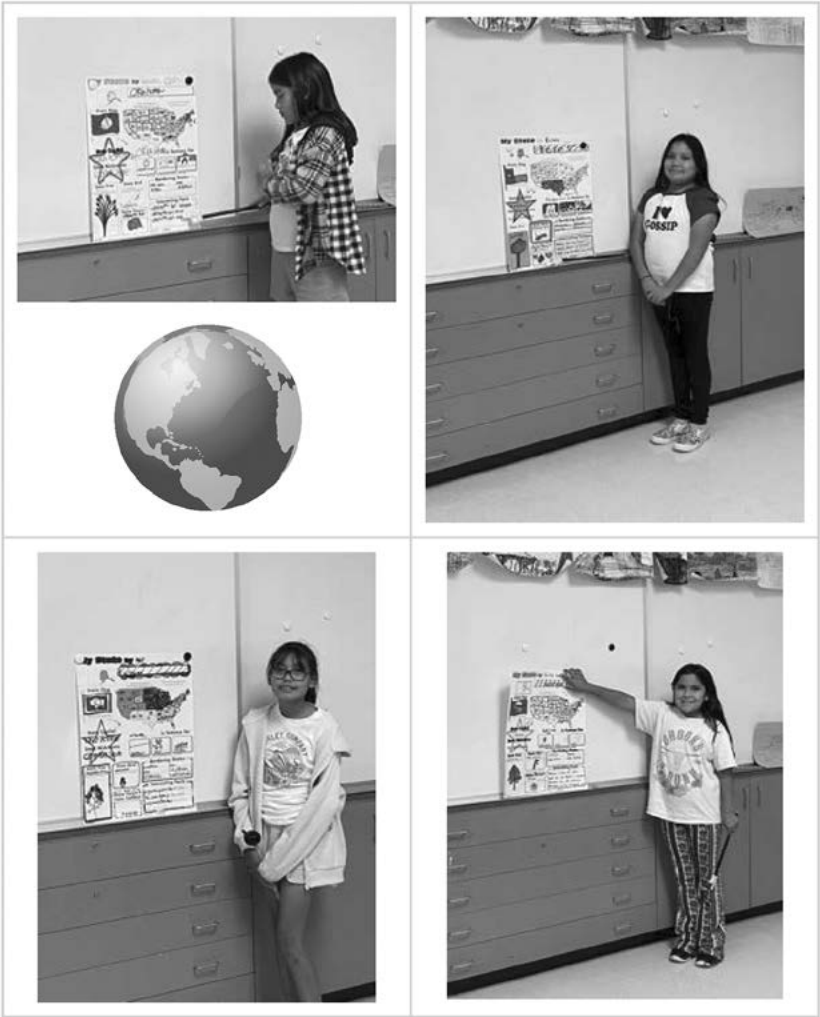
## Social Studies

Mrs. Bohaty



In 3rd-6th grade Social Studies we are covering a variety of topics. In 3rd grade we have learned what it means to be a citizen, some rights we have as citizens, and introduction to geography. In 4th grade we are learning about the different regions within the USA and have done some in depth research on specific states. In 5th grade we are learning about the different branches of government. We have just finished learning about the Judicial branch. In 6th grade we are finishing up our unit on Geography around the world. We have learned some items regarding each continent. All classes have also been keeping up to date on their assessments with IXL.





ELA & Science News

Ms. Ortiz



3rd and 4th Grades

These two grades are learning about Forces (push and pull). How much force does it take to move an object? Is it a strong or weak force? They completed a hands-on activity to demonstrate how forces affect motion.

5th Grade

Is learning about Matter. What is matter? What are the properties of Matter? And how does matter change?

6th Grade

Is studying animal and plant cells. Learning about what makes up these two cells and how they are the building blocks of life. The students have been using the microscopes to view layers of cells and identify whether they are unicellular or multicellular.

3rd Grade ELA

Is reading different poems and writing their own acrostic poem. In grammar they are learning about compound words, pronouns, and contractions.

P.E. News

Ms. Smith

It has been an awesome time having our students back. It's amazing to see our students develop and display their own versions of teamwork, communication, leadership, and a little competitive edge.

We have developed a warmup and stretching routine. The sports we have covered so far are kickball, softball, dodgeball.

We also started basketball practice! Our Student Athletes have been working hard on the court. I hope to continue to inspire our kids and teach them the importance of education and character building through sports.

Get Involved!

We are always needing volunteers!

For questions on how you can help, contact the front office @ 505-273-8444. Below is a list of opportunities.

- Become a member of the Parent/Teacher Organization (PTO)
- Attend a School Board Meeting
- Apply to be a volunteer
- View our current job openings: <https://www.bie.edu/current-vacancies>.

- Education Aide
- Education Specialist
- Elementary Teacher
- Janitor

October Reminders



Daily Schedule:

7:45 AM	8:00 AM	8:30 AM Tardy	3:00 PM Dismissal
Student Drop Off	Breakfast	(3 Tardies=1 Absent)	12:30 PM Early Release

Dates to remember: October is Bullying Prevention Month

- Oct 11 - Early Release @ 12:30pm
  - Oct 14 - No School (Indigenous People's Day)
  - Oct 15 - K, 1st, 2nd, & 3rd grade field trip
  - Oct 21-25 - Scholastic Book Fair
  - Oct 23 - Picture Day
- Oct 24 & 25 - Parent/Teacher Conferences (Early Release @ 12:30pm)
  - Oct 28-Oct 31 - Red Ribbon Week
  - Oct 31 - Trunk or Treat 12-1 pm
  - Oct 31 - 1st Quarter Awards Assembly 1:30-2:30pm



PUEBLO OF ISLETA  
DEPARTMENT OF EDUCATION  
(505) 869-9790

NEED HELP  
WITH  
HOMEWORK?



THE 2024-2025 TUTORING PROGRAM IS OFFERING  
SUPPORT IN ALL SUBJECTS!

WE BEGIN  
AUG. 19TH

MON - THURS  
3 PM - 5:45 PM

Register today!



[HTTPS://ISLETAPUEBLO.FORMSTACK.COM/FORMS/TUTORING24](https://isletapueblo.formstack.com/forms/tutoring24)

Isleta Pueblo Library Story  
Time

Story and Craft

Weekly Thursdays at 11:00am

18 months and up

Question? Comments? Please Call 505-869-2808 or Email Abbey.Whitaker@isletapueblo.com

ISLETA ELEMENTARY SCHOOL

2024 October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October is Bullying Prevention Month. We will have weekly activities and incentives for students.		01	02 National Walk to School Day K & 6th Graders Community Walk 9-10 am	03	04 Frybread Friday 	05 World Teacher's Day
	06	07	08	09	10	11 Early Release @ 12:30 pm First Quarter Ends
13	14 HOLIDAY NO SCHOOL Indigenous People's Day	15 Field Trip  UNM & Popejoy Hall Field Trip (Tolino, Pilon, Mexicano, Leon)	16	17	18	19
20	21	22	23 Picture Day 	24 Early Release @ 12:30 pm Parent/Teacher Conferences 1:00-6:00pm 	25 Early Release @ 12:30 pm Parent/Teacher Conferences 1:00-4:00pm 	26
Book Fair @ IES Library, M-F 7:30-8:00 am & 3:00-3:30 pm, Extended Hours during PTC						
27	28 Substance Abuse & Bully Prevention Classroom Presentations	29	30	31 Trunk or Treat 12:00-1:00pm 1st Quarter Awards Assembly @ 1:30pm 	01 NO SCHOOL All Soul's Day Staff Professional Development Day	02
Red Ribbon Spirit Week: Support Healthy, Drug-Free Kids						
WEAR RED PAJAMA DAY ISLETA EAGLE SHIRT COSTUME DAY						
03	04	Basketball Practice 5th & 6th graders on M/W 3:15-4:30 pm 3rd & 4th graders on T/Th 3:15-4:30 pm 1st & 2nd graders on F 3:15-4:15 (12:30-1:30 on Half Days)				Sports School T/W 3:15-4:30 pm TOPS Tuesdays Only 3:15-4:30 pm October Attendance Goal is 93%



CITY

FUN RUN

Walk



WEDNESDAY, OCTOBER 23, 2024

Scan the QR Code to Register



or call 505-869-4595 to register

4:30PM-On-Site Registration

5:00PM-Run Walk

Location: Diabetes Wellness Center

1 Mile Walk

1 Mile Run

2 Mile Walk

2 Mile Run



Pumpkins will be given to all participants  
First come, first served basis!



Sponsored by  
Isleta Diabetes Prevention & Treatment Program

PUEBLO OF ISLETA PUBLIC LIBRARY

LIBRARY APP



SEARCH BETTER

CONNECT TO YOUR LIBRARY WITH THE "ISLETA LIB" APP



YOUR LIBRARY ON YOUR PHONE



SEE LIBRARY EVENTS

DIGITAL LIBRARY CARD

SEARCH FOR MATERIALS

PUT ITEMS ON HOLD

RENEW ITEMS

MANAGE ACCOUNTS

...and more!

GET IT NOW!

Available on the App Store


GET IT ON Google Play



 BREAKFAST

OCTOBER 2024  
Isleta Elementary School

Isleta Elementary School  
1000 Moonlight Dr

Monday	Tuesday	Wednesday	Thursday	Friday
	<div>1</div> <div>Egg Cheese Bagel Sandwich Watermelon Chunks Choice of Milk</div>	<div>2</div> <div>Wowbutter Jelly Sandwich Strawberries Blueberries Choice of Milk</div>	<div>3</div> <div>Strawberry Yogurt Parfait Graham Crackers Apple Wedges Choice of Milk</div>	<div>4</div> <div>WW English Muffin Pineapple Chunks Fruit Juice Assorted Choice of Milk</div>
<div>7</div> <div>Cereal Froot Loops Fresh Cherries Choice of Milk</div>	<div>8</div> <div>1/2 Blueberry Bagel Hardboiled Egg Watermelon Chunks Choice of Milk</div>	<div>9</div> <div>WG French Toast Sticks Syrup Apple Wedges Choice of Milk</div>	<div>10</div> <div>Scrambled Eggs English Muffin Grapefruit Sections Choice of Milk</div>	<div>11</div> <div>Pancake WG Sausage Link Fresh Grapes Choice of Milk</div>
<div>14</div> <div>**NO SCHOOL** Indigenous Day</div>	<div>15</div> <div>Breaded &amp; Stuffed Hashbrown Apple Wedges Choice of Milk</div>	<div>16</div> <div>Cinnamon Roll Fruit Cup Choice of Milk</div>	<div>17</div> <div>Biscuit with Turkey Gravy Fresh Grapes Choice of Milk</div>	<div>18</div> <div>Bagel w/ Cream Cheese Mandarin Oranges Choice of Milk</div>
<div>21</div> <div>Strawberry Parfait Granola Choice of Milk</div>	<div>22</div> <div>Blueberry Pancakes Apple Wedges Choice of Milk</div>	<div>23</div> <div>Ham Egg Combo Bar WW Toast Fruit Cup- Peach Straw Banana Choice of Milk</div>	<div>24</div> <div>Waffle Square Syrup Watermelon Chunks Choice of Milk</div>	<div>25</div> <div>Breakfast Pizza Orange Wedges Choice of Milk</div>
<div>28</div> <div>Cinnamon Toaster Apple Wedges Choice of Milk</div>	<div>29</div> <div>Apple Pie Oatmeal Graham Crackers Watermelon and Kiwi Choice of Milk</div>	<div>30</div> <div>Muffin Banana Breakfast Round Cantaloupe Pieces Choice of Milk</div>	<div>31</div> <div>Scrambled Eggs WW Toast Fruit Cup Choice of Milk</div>	

\*\*This is an equal opportunity institution\*\*  
\*\*Menu subject to change due to food availability\*\*

 LUNCH

OCTOBER 2024  
Isleta Elementary School

Isleta Elementary School  
1000 Moonlight Dr

Monday	Tuesday	Wednesday	Thursday	Friday
	<div>1</div> <div>Drumsticks Mashed Potato w/Roll Mixed Vegetable Orange Wedges Choice of Milk</div>	<div>2</div> <div>Corn Chip Pie Corn Mango &amp; Berries Choice of Milk</div>	<div>3</div> <div>Turkey Hoagie Green Beans Cucumbers Pears Choice of Milk</div>	<div>4</div> <div>Nacho Supreme Pinto Beans Rainbow Fruit Salad Choice of Milk</div>
<div>7</div> <div>Chef Salad w/Croutons Ranch Dressing Dinner Roll Pears Choice of Milk</div>	<div>8</div> <div>Pulled Pork Sandwich Baked Beans Broccoli Mixed Berries Choice of Milk</div>	<div>9</div> <div>Salisbury Steak French Fries Carrots Applesauce Choice of Milk</div>	<div>10</div> <div>Cheeseburger Garnish French Fries Grapes Choice of Milk</div>	<div>11</div> <div>Tamales Pinto Beans Mixed Vegetables Kiwi Fruit Salad Choice of Milk</div>
<div>14</div> <div>**NO SCHOOL** Indigenous Day</div>	<div>15</div> <div>Chili Dog California Vegetable Fruit Cup Choice of Milk</div>	<div>16</div> <div>Chicken Enchiladas Spanish Rice Garnish Watermelon Choice of Milk</div>	<div>17</div> <div>Pork Roast Corn Dinner Roll Honey Dew Choice of Milk</div>	<div>18</div> <div>Cheese Pizza Green Beans Berries Choice of Milk</div>
<div>21</div> <div>Chicken Teriyaki Rice California Blend Pineapple Choice of Milk</div>	<div>22</div> <div>Lamb Stew w/Vegetables Broccoli Dinner Roll Orange Wedges Choice of Milk</div>	<div>23</div> <div>Beef Tacos Pinto Beans Tortilla Chips Strawberries Choice of Milk</div>	<div>24</div> <div>Grilled Cheese Tomato Soup Celery Sticks Apple Wedges Choice of Milk</div>	<div>25</div> <div>Orange Chicken Vegetable Chow Mein Cabbage Salad Melon Choice of Milk</div>
<div>28</div> <div>Braised Beef Mashed Potato Green Beans, Dinner roll Slushie Choice of Milk</div>	<div>29</div> <div>Beef Red Enchiladas Garnish Refried Beans Peaches Choice of Milk</div>	<div>30</div> <div>Meatloaf Mashed Potato Roll, Broccoli Apple Choice of Milk</div>	<div>31</div> <div>Chile Beans Cornbread Vegetable Cup Rainbow Salad Choice of Milk</div>	

\*\*This is an equal opportunity institution\*\*  
\*\*Menu subject to change due to food availability\*\*



## Pueblo of Isleta Public Library

October is here and the fall season has started. Make sure to add a visit to the library to your Fall Bucket List. With fall activities like apple picking, baking an apple pie, pumpkin picking, pumpkin carving and so much more. With colder weather it's a great opportunity to finally start that book that has been on your to-do-list. Stop by the library and see what FREE resources we have to offer!

### News

A staff meeting will be scheduled sometime during the first week of October. We will be planning upcoming programs for children, teens, and adults. The library will remain open during this time, so don't hesitate to come on in and check out any library material.

The library staff will be participating in this year's Halloween Carnival hosted by the Rec. We have something special planned for this event, be sure and stop by our booth to say hi and join in on the fun. This year's Halloween Carnival will be on Friday, October 25th from 5pm to 8pm at the new rec.

We will be closing at 5:30pm on Thursday, October 31st. We would like to wish everyone a safe and Happy Halloween. Please be aware of your surroundings while driving and walking with your family.

Please join us every Thursday at 11:00am for Family Story Time, no sign ups required so just come on in. Library Staff member Abbey will read a story and engage toddlers and families in an activity. This program gives parents and caregivers the opportunity to introduce reading to their children. If you have any questions, please give Abbey a call at the library at 505-869-9808 or by email at Abbey.Whitaker@isletapueblo.com.

### Upcoming

During the month of October come into the library and check out any library movie and book from our Halloween collection and receive a Spooky Snack Pack filled with popcorn, candy and drinks to enjoy over the weekend. There will be a limit of 5 Snack Packs given out every Friday and it will be one snack pack per family. Don't worry, you have plenty of time to come in and get a Spooky Snack Pack. Remember Spooky Snack Packs will be given out every Friday. Dates include October 4th, 11th, 18th and 25th. Families can come to the library starting at 2:30pm to 4:40pm to receive a Spooky Snack Pack.

The library will be planning programs for children, teens and adults in the upcoming weeks and months. Please keep your eyes and ears open. We are excited to share our knowledge with you. You can always refer back to our library website, library social media, Isleta Newsletter, and library flyers throughout the community. All our programs are open to the community and public.

### Recap

Library staff member Astrid hosted a Book Club in a reading of Mexican Gothic where participants got together every Wednesday for the month of September. Participants would have a weekly book discussion and got to enjoy light snacks and refreshments. For the grand finale participants got to visit the NM Escape Room to Escape the Blackwell Manor. Library staff member Cheyenne hosted a library program where she did an

introduction to wood soldering. Participants learned how to burn wood to create designs on a wood pumpkin using a wood burner as well as added fall embellishments that included ribbon and leaves. It was a wonderful evening and thank you to Cheyenne for hosting another great library program.



The After School Program is doing great with daily attendance and students completing daily homework, reading and participating in crafts. Library staff have been busy planning the upcoming holiday seasons with crafts, activities and incentive field trips. Students got to attend their first incentive field trip of the school year to Chatter Paint and enjoyed dinner at Dion's after. The After School Program currently has one spot available for Isleta Elementary and two spots available for Bosque Farms Elementary. To sign up your child(ren) please come into the library and fill out a registration packet. For additional information, please call the library and speak with a staff member.

The second Learning Outside the Classroom field trip of the school year took place on Monday, September 23rd and was led by library staff members Diane and Abbey. This program is ongoing throughout the school year for Los Lunas

school districts All Learners Day. The goal being that students can make the most of their day and learn outside the classroom. Our field trip for September was to Main Event Play Academy where students used a STEAM curriculum that was applied to various games. Students also enjoyed pizza for lunch at Main Event as well. We are currently planning our next Learning Outside Fieldtrip, please check out our flyer in this issue for more details and information. If you have any questions or suggestions about this program, please call the library at 505-869-9808 and speak with a staff member.



*After School Program Students earning their point for the incentive field trip!*



**PUEBLO OF ISLETA PUBLIC LIBRARY**

**LEARNING OUTSIDE THE CLASSROOM**

**INDIGENOUS PEOPLES DAY**

THIS SPECIAL ALL LEARNERS DAY  
IS OPEN FOR ALL STUDENTS!

**Monday, October 14th @ 9:00am**

**Come learn outside the classroom!**

Join us as we celebrate Indigenous Peoples Day at  
The Indian Pueblo Cultural Center.  
This program will be open to 10 students  
3rd grade and up. Lunch will be provided!

Sign-ups will start on October 1st. To sign-up you  
can call the library or come in.  
Space is limited and spots will be filled on a  
first-come first-serve basis.  
For more information please contact Diane by phone  
505-869-9808 or email DianeAbeita@IsletaPueblo.com





Library program participants working on their fall wood soldering project!



After School Program Students making a sea turtle out of kiwis and grapes!



Library Mexican Gothic Book Club program participant enjoying some goodies while enjoying a good book!

PUEBLO OF ISLETA PUBLIC LIBRARY

# SPOOKY SNACK PACKS

COME IN AND CHECK OUT ANY LIBRARY MOVIE AND BOOK FROM OUR HALLOWEEN COLLECTION AND RECEIVE A SPOOKY SNACK PACK FILLED WITH POPCORN, CANDY AND DRINKS, TO ENJOY OVER THE WEEKEND!

FRIDAY, OCTOBER 4TH

FRIDAY, OCTOBER 11TH

FRIDAY, OCTOBER 18TH

BOOKS

FRIDAY, OCTOBER 25TH

MOVIES

EVERY FRIDAY FOR THE MONTH OF OCTOBER

STARTING AT 2:30PM TO 4:30PM

WHILE SUPPLIES LAST!

\*A LIMIT OF 5 SNACK PACKS GIVEN OUT EVERY FRIDAY

\*ONE SNACK PACK PER FAMILY

FOR MORE INFORMATION CALL THE LIBRARY AT 505-869-9808.

## Get ready to play under the lights!

Isleta Little League is gearing up for some fall ball action! Calling all baseball and softball players, tee ball through juniors, to step up to the plate!

register @ <https://tshq.bluesombrero.com/isletalittleleague>

Registration opens July 22, 2024

### No Cost for fall ball

# ISLETA POLICE DEPARTMENT NEWSLETTER

## OCTOBER - 2024



We are now in the last quarter of the year so that means get ready for Halloween, then Thanksgiving and Christmas which will be here in no time. We have entered the fall season and will see changing weather with cooler to colder weather so prepare your vehicles. With the rains that have been occurring, please ensure your tires are not worn and remember the first few minutes of rainfall cause oils to rise to the surface thus making the roads slick. Drive with caution and slow down during the onset of the rains.

As Halloween is this month, parents/guardians, please be sure to check your child’s candies before allowing them to eat as there have been incidents, not necessarily on the pueblo, where individuals have placed items such as straight pins and razor blades in them. Also be aware because of the drug trends that have been arising there are narcotics such as Fentanyl, some which are described to resemble Fentanyl know as “rainbow Fentanyl”.

### WELCOME TO THE IPD FAMILY!

We are excited to have you join us and look forward to seeing the unique skills and perspectives you bring. We’re confident that you will all play a valuable role in helping us achieve a safer community.

Welcome aboard Ofc. Horacio “Ross”DeAnda, Officer Martin Morales and E-911 Dispatcher Charlene Morrison.



My name is Horacio Deanda, but the community knows me better as Officer DeAnda or Officer Ross. I was born and raised in Valencia County, specifically Belen, and relocated to Los Lunas.

I began a career in law enforcement in 1996 when I received a supervisor position at the Detention Center in Albuquerque, NM. I became intrigued when watching police officers around the state book juveniles for various crimes. Shortly after, I reflected on how I could participate in making my community better. So, in 2002 applied and was hired as a Reserve Deputy with the Valencia County Sheriff’s Office. Knowing I could contribute further, I went full-time as a sworn Deputy in 2004. During this period, a police officer position was available at the Los Lunas Police Department. I applied for the position to serve the community where I resided. I was offered the position and transferred to the police department, where I received police officer certification through the New Mexico Department of Public Safety in 2006. During my employment with the Los Lunas Police Department, I pursued several opportunities to become a Certified Defensive Tactics, Tactical De-escalation instructor, and first-line supervisor.

Later in my career, I had the opportunity to apply for the Los Lunas Police Department’s first-ever K-9 police handler position. Along with my dual-purpose German Shepherd, Ricky, we obtained and maintained certifications in man-trailing, narcotics, and suspect apprehension. K-9 Ricky was also retired when I retired, and I kept him as my dog. As a K-9 Officer, I was privileged to work in Highway Drug Interdiction and the New Mexico Gang Task Force.

2015 I retired from the Los Lunas Police Department as a K-9 Officer. Before my retirement, I was also next in line for the Sergeant position. Two weeks after my

retirement, I began a new and rewarding career as a School Resource Officer with the Los Lunas Public Schools. I worked with various age groups and grade levels, ensuring the safety of every site I visited. Through my years of service, my most significant accomplishments include being married to my wife for eight years and being the father of three exceptional children: a daughter aged 24, a son aged 14, and my youngest, a 7-year-old son. My sons attend the Los Lunas Public Schools in my community.



Officer Martin Morales  
(A biography will be published in next month’s newsletter)



Charlene Morrison is one of our newest members to the 911 Dispatch Center. She has never been a dispatcher before and is excited serve the Pueblo of Isleta. She loves to spend her time with her family and her two daughters who are her world.

### CONGRATULATIONS!



The department wants to send congratulations to our very own IHSP Traffic Officer Autumn Tafoya for successfully completing all requirements and becoming a DRE “Drug Recognition Expert” for the department. She attended two days of “pre-DRE” school which she had to successfully complete in order to be accepted into the

seven-days of classroom training. Upon her successful completion of the seven-days, she then traveled to Sacramento, CA where she had to succesfully complete twelve drug evaluations with the California Patrol and needless to say, she did so with flying colors. This training is intense, requiring much studying and grasping of the mechanics of recognizing drug impairment. Thank you for an outstanding job and making us proud!



Congratulations are also in order for Officer C-Jay Smith for his acceptance and transfer to the IHSP Traffic Division. He has been serving as a patrol officer on the Day Shift B group and has experience in traffic enforcement and DWI enforcement. He is a welcome addition to the division and will strive to ensure the roadways of the pueblo are monitored for the safety of the members of the Pueblo.

### RESIDENCY

Residency checks are still being conducted, so please ensure you are aware of the requirements as set out in the Law and Order Code to include the criminal charges that can be filed against the enrolled member responsible for allowng non-compliant individuals to reside in their homes. If you have questions or concerns, please do not hesitate to contact the Isleta Police Department’s Code Compliance Officer C. Eaton, the Census Office or me, Officer Sharon K. Mitamura.

### BEWARE

During the month of October, the police department was contacted by individuals reporting incidents that occurred in various parts of Albuquerque, and after conducting a bit of research, we found some articles of the same type of occurrences happening in 2023.

Each of these individuals while completing their shopping and returning to their vehicles, discovered money lodged under the windshield wiper, most were not in large denominations (three to five dollars) and not immediately visible. The first incident, the wife of the party who contacted the department was instructed not to get out of the vehicle (by her husband) to retrieve the currency, but instead drive home and



contact local police which was done. She was told by Albuquerque Police Department there were no other occurrences reported within the city but did take her information.

There have been instances in the midwest and east where larger denominations of counterfeit cash were placed under the wiper, in plain view. When the driver, after starting the engine, saw the money and got out to retrieve it, the offenders would forcefully take the driver away from from or out of the vehicle and steal the vehicle (a carjacking, if you will). Please be aware of this as it could be a trend starting here in Albuquerque. A warning to always be watchful and aware of your surroundings after work, after shopping or after being out for the day or evening. It is apparent there is crime occurring everywhere and IPD asks everyone to be vigilant and stay safe.

TRAFFIC SAFETY


Traffic safety remains a top priority for the police department. The Isleta Police Department is a proud recipient of the Bureau of Indian Affairs Indian Highway Safety Program (IHSP) Grant, which provides essential traffic safety funding to our Pueblo. Each year, officers and administrative staff members with the IHSP

along with police department leadership attend the Governor’s Highway Safety Association conference. At this conference, the police department has an opportunity to attend breakout sessions to learn new traffic safety strategies being implemented to improve overall motorist and pedestrian safety. Additionally, the police department

networks with other government entities, federal funding entities, and traffic safety vendors to share and/or learn about how each of them are improving traffic safety. We are committed to reducing crashes, especially those resulting in fatalities or serious injuries, along with impaired driving incidents.



*Pictured right to left are: IHSP Director Justin Wendland, Chief Victor Rodriguez, Highway Safety Officer Bryson Nastacio, Data Analyst Charlene Banegas, Highway Safety Specialist Gertrude Lujan and Highway Safety Officer Orlena Hooee.*



# Isleta Police Crime Stoppers

The Pueblo of Isleta Police Department is asking for the community’s assistance in identifying a female suspect involved in a recent home burglary and an aggravated battery with a deadly weapon.

Female suspect is described as a medium built, Hispanic female, with dirty blonde hair, tattoo on left upper shoulder, last seen wearing a black hoodie, multi colored crop top/sports bra, black leggings, and black tennis shoes.

If you know the identity of this subject or have any information related to this incident, please contact Isleta Police Department Detective Isaac Maes.

*If you have any information on this incident, you could be eligible for a REWARD.*

*You will remain completely anonymous.*



CRIME STOPPERS BULLETIN 24-02

Contact the Isleta Police Department at 505-869-3030  
or Isleta Crime Stoppers at 505-264-7258. You can also email us at  
[crimetiphotline@isletapueblo.com](mailto:crimetiphotline@isletapueblo.com)



# Isleta Police Crime Stoppers

The Pueblo of Isleta Police Department is asking for the community’s assistance in any information of a residential burglary that occurred near State Road 47 and State Road 147 between September 4 through September 11, 2024.

A white 14-foot stock trailer, a green 4x4 Polaris ATV and other items were stolen from property. If you seen or have any information related to this incident, please contact Isleta Police Department Detective Kathy Lucero.

*If you have any information on this incident, you could be eligible for a REWARD.*

*You will remain completely anonymous.*



CRIME STOPPERS BULLETIN 24-03

Anyone with information is asked to contact the Isleta Police Department at 505-869-3030  
or Isleta Crime Stoppers at 505-264-7258. You can also email us at  
[crimetiphotline@isletapueblo.com](mailto:crimetiphotline@isletapueblo.com)

RECREATIONAL CENTER

We are off to the races with the start of youth cross country with 11 other Pueblo tribes.

We have a total of 21 runners that are competing this season. The groups are boys and girls 12-11, 10, 9, 8, 7, 6, and 5-year-olds.

We currently only have 3 kids from the Isleta Elementary, while the others are from Los Lunas Elementary schools. We would love to have more kids from Isleta Elementary so if you are interested in having your child participate contact the Isleta Rec center.

It's been awesome to finally get all of us together to keep our kids healthy and fit.

Our first meet was at Zia pueblo and we had Ivy Rose Sandoval and Lelani Jiron place 1st in their division.

The second meet was held by Jemez Pueblo, we also did well there.



Third meet was at Santo Domingo Pueblo. We hosted our meet on September 21 here at Big Mama. We'll have an update on how the meet went on the next newsletter.



All the runners did well at the meets so far and continue to get better each meet. We will also be having sign-ups for our Co-Ed Volleyball League, so look for the flyer. For more information, contact George Waquie at 505-869-9777.





**ISLETA CO-ED VOLLEYBALL LEAGUE**

**SIGN UPS SEPT 23RD**

**DEADLINE OCT 25 TH**  
**SEASON STARTS NOV 5TH**  
**GAMES TUESDAY & THURSDAY NIGHTS**  
**TIMES 6 PM -7PM**

IF YOU HAVE ANY QUESTIONS  
FEEL FREE TO CALL 869-9777 OR  
EMAIL  
[GEORGE.WAQUIE@ISLETA.PUEBLO.COM](mailto:GEORGE.WAQUIE@ISLETA.PUEBLO.COM)





THE PUEBLO OF ISLETA DEPARTMENT OF EDUCATION PRESENTS

**FAMILY NIGHT IN SPACE**

*Get ready for a STEM-tastic adventure that the whole family will love!*

FREE FOOD, GAMES, PRIZES.

ISLETA RECREATION CENTER  
THURSDAY, OCTOBER 3RD, 2024  
5:30PM - 7:30PM

Register Here! 







Indian Pueblo Cultural Center

Gateway to the 19 Pueblos of New Mexico

Save the Date!

Native American Student Art Show 2024

Water is Life

The Indian Pueblo Cultural Center is thrilled to announce the **44th Annual Native American Student Art Show** showcasing artwork by Native American students K-12 in New Mexico. The exhibition will be held in our Artists Circle Gallery **from November 23, 2024 through February 6, 2025**. Online applications for student submissions and the parent/guardian permission form will be available starting September 23rd. You can access them via this link: <https://indianpueblo.org/native-american-student-art-show/>. **All applications must be submitted online.** A sample form with the necessary information is provided on the back of this document.

This year's theme is "Water is Life," offering students a chance to explore its meaning through their own lens. Consider these guiding questions:

- What does "water is life" mean to you?
- How do you get water?
- What is water used for?
- What does water provide?

Artwork Information & Requirements

- Each student may submit only one artwork.
- Two-dimensional pieces on paper will be placed within an 11x14 inch frame with an optional 8x10 inch mat (both provided by IPCC during artwork delivery); please plan students' paper sizes to match either set of dimensions.
- Canvas size should also not exceed 11x14 inches.
- Three-dimensional works should not exceed 9 inches in height or width.
- Frames and pedestals will be provided by IPCC.
- Please note that we cannot accept artworks requiring electricity or digital technology.

Artworks must be delivered to the South Entrance between 9:00 a.m. and 4:00 p.m. from October 30, 2024 to November 4, 2024. The IPCC cannot accept artworks after November 4.

Exhibition Dates	
Online Application Opens	September 23 <sup>rd</sup>
Artwork Delivery	October 30 <sup>th</sup> -November 4 <sup>th</sup> , 9am – 4pm
Opening Ceremony & Reception	November 23 <sup>rd</sup> , 1pm – 4pm
Exhibition On View	November 23 <sup>rd</sup> , 2024 – February 6 <sup>th</sup> , 2025
Artwork & Awards Pickup	February 8 <sup>th</sup> – 11 <sup>th</sup> , 9am – 4pm

**SAMPLE APPLICATION.** All forms must be submitted online. The online form will open on September 23rd. The IPCC will have computer stations available during delivery.

Student Information

Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_  
Tribal Affiliation: \_\_\_\_\_  
School Name: \_\_\_\_\_  
Teacher's Name: \_\_\_\_\_  
Title of Artwork: \_\_\_\_\_  
Medium: \_\_\_\_\_

Artwork Category (please select only one):

Drawing & Painting/2D  
Design & Collage/2D  
Sculpture & Ceramic/3D  
Jewelry/3D  
Price: \$ \_\_\_\_\_ or Not for Sale (Students receive 100% of sale amount.)

Teacher Information

Teacher's Name: \_\_\_\_\_ Phone Number: (\_\_\_\_)-\_\_\_\_-\_\_\_\_  
Teacher's Email Address: \_\_\_\_\_  
School Name: \_\_\_\_\_  
School Address: \_\_\_\_\_

Teachers will act as the primary point of contact for IPCC unless special circumstances arise (e.g., homeschooling, solo participation). Teachers are responsible for drop-off and pick-up, as well as collecting any monetary prizes. Please double-check participant and artwork information needed for labels.

Teacher Responsibility Statement

I, \_\_\_\_\_, (teacher), understand that I am responsible for the delivery and collection of students' artworks and any monetary prizes received. I understand that artwork must be delivered to the South Entrance of IPCC between the hours of 9:00am and 4:00pm from October 30, 2024 to November 4, 2024 and must adhere to requirements.  
Teacher Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Information

Parent/Guardian Name: \_\_\_\_\_  
Phone Number: (\_\_\_\_)-\_\_\_\_-\_\_\_\_  
Permission Needed. Please see NASAS Parent/Guardian Permission Form.

# TRASH TALK ISLETA!

DON'T CONTAMINATE

RECYCLE BETTER

KEEP ISLETA BEAUTIFUL!

PUEBLO OF ISLETA

SOLID WASTE

DIVISION



PLASTIC

Bottles, tubs, jugs and jars



Empty and Rinse

METAL

All cans



Empty and Rinse

PAPER

Paper, cartons and cardboard



Flatten cardboard

USE CLEAR BAGS ONLY



IF YOU BAG RECYCLABLES  
DO NOT USE BLACK OR WHITE BAGS

Keep it simple, if you do not see it on this flier throw it away in the trash. Do not use your blue recycle cart for trash or it will be confiscated. Have your cart out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. (505) 869-4106

Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility. When your recyclables are bagged in colored bags they are not opened up and your material is landfilled instead of recycled. Using clear bags helps to ensure the health and safety of the line workers who come in contact with the material when sorting at the recycle facility. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Your understanding and cooperation is greatly appreciated.

# TRASH TALK ISLETA!



TRANSFER STATION

HOURS OF OPERATION

Monday thru Friday

7:00 AM - 4:30 PM

Saturday and Sunday

7:00 AM - 3:00 PM

CLOSED TRIBAL AND FEDERAL HOLIDAYS

MAY CLOSE DUE TO HIGH WINDS

505-869-4106

FOR YOUR SAFETY

MAY CLOSE

DUE TO

HIGH WINDS

## TRANSFER STATION HOURS

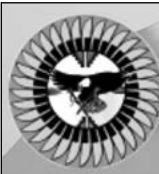
The Transfer Station is open Monday through Friday 7AM - 4:30PM.  
Saturday and Sunday hours are 7AM - 3PM.

The Transfer Station is closed on Tribal & Federal Holidays.  
The last large load is accepted 15 minutes before closing time.  
For your safety we may close due to high winds.

For use of tribal members only, must have a tribal member present when utilizing the facility.

For curbside service schedule announcements check the POI newsletter, POI Facebook & POI text message system.

KEEP ISLETA BEAUTIFUL! (505)869-4106



**Isleta Health Center**  
**Open House**  
1 Sagebrush St.  
Albuquerque, NM 87105

**Monday,  
October 14, 2024  
5:00PM - 7:00PM**

**Agenda**

- **Meet the Advisory Committee**  
get to know the community leaders who guide our health services and help shape the future of wellness in Isleta
- **Health Care Presentation**  
learn more about services and programs available to support your health
- **Enjoy a Meal**  
gather with your family and friends to enjoy a delicious meal together

**Celebrate Indigenous People's Day with Us!**  
**Mark your calendars now!**  
Stay tuned for more information in an upcoming text message. We hope to see you there to celebrate healthcare on Indigenous People's Day.

PRC

Hello, my name is Riane McCarthy. I am a PRC referral coordinator at the Isleta Health center. I currently handle last name I-P. Please contact me at 505-869-4884.

- Please call in all ED/UC visits, if you are referred to any specialty clinic; please also provide that information to our office, with the following information facility location, appointment date and time.
- Call in all appointments in a timely manner; it is crucial for our PRC billing clerks. Should you receive a medical visit bill please drop off at IHC. We have a silver drop box located in the lobby on the north wall.
- Patients who are Un-insured and need assistance applying for alternate resources such as NM Medicaid, please contact Theresa Bridge-Benefits Coordinator at 505-869-4469.
- PRC-Purchase referred care is payor of last resort.
- If you have new insurance/address/phone number changes, please update that information with our patient registration clerks.
- CHR may also assist with transportation to and from appointments with in specified boundary areas, you may reach CHR at 505-869-4485 for more information. Please allow a 72 hr notification for appointment transportation.

Amanda R.- Referral Coordinator for last name A-H  
505-869-4396

Riane M.- Referral Coordinator for last name I-P  
505-869-4895

Theresa R.- Referral Coordinator for last name Q-Z  
505-869-4862

Andrena M. PRC Clerks (Billing) for last name A-M  
505-869-4831

Tania L. PRC Clerk (Billing) for last name L-Z  
505-869-4896

Help us, Help you!

Health Beat: Breast Cancer Awareness Month

Stephanie Barela, B.S CHES, Health Educator  
www.Cancer.org  
Stephanie.Barela@islclinic.net, 505-869-4479

Breast Cancer Awareness Month, held in October every year, aims to promote screening and prevention of the disease, which according to the American Cancer Society, accounts for about 30% (1 in 3) of all new female cancers each year. Breast Cancer mainly occurs in middle ages and older women, with half of women developing it at 62 years age or younger and ½ developing it over the age of 62. There is a 1 in 8 chance that a women will develop breast cancer, which also means that there is a 7 in 8 chance that a woman will never have the disease, however, for those that do get it, it is important to catch it early. Which is why we are helping increase awareness for this disease by WEARING PINK in October. PINK is the color of the breast cancer awareness ribbon and wearing pink in awareness of this can help remind people of the steps they can take to prevent or catch breast cancer early. Join the Isleta Health Center Staff in celebrating this awareness month by wearing Pink on Fridays in October. One reason why we wear pink in October is to promote the importance of regular screening, starting at age 40 or an age that is appropriate for your personal breast cancer risk.

*Have you had your mammogram lately? Annual screening is recommended at age 40yr.*

MAKE SURE YOU ARE AWARE OF YOUR RISKS

Risk Factors You Can’t Control

- Gender -Women are more likely to develop breast cancer than men, however, men can develop it too.
- Genes - A genetic predisposition is felt to be responsible for 5 to 10% of breast cancers.
- Race - Whites are more likely to develop breast cancer than other races.
- Age - The risk of breast cancer increases with age.
- Drugs and treatments - Some medications may increase and others decrease risk.
- Start of period and age of menopause- An early age of menarche (first period) or late menopause increase the risk of breast cancer.
- Medical radiation to the chest - Radiation therapy to the chest, for example for Hodgkin's disease, increases the risk of breast cancer, especially radiation at a young age.
- Dense breasts - Women with dense breasts are more likely to develop the disease than women without dense breasts.

Risk Factors You Can Control

- Pregnancy – 1st child after age 35.
- Breastfeeding – For a total of 1 year or more (combined for all children) lowers the risk of breast cancer.
- Hormone replacement therapy - Some forms of hormone replacement therapy may increase risk
- Alcohol
- Smoking
- Diet
- Exercise
- Weight
- Medical imaging studies - Studies such as x-rays and chest CT scans may increase risk, especially in women with gene mutations, which increase risk.

Protect Your Breast Health

- Maintain a healthy weight.
- Be physically active (30 minutes is ideal, but any amount it good).
- Eat a healthy diet (eat fruits and veggies).
- Get regular mammograms (yearly after age 40)
- Don’t smoke (Call 505-869-4479 for help quitting).
- Limit alcohol (Call 505-869-4575 for help).
- Breastfeed for at least 1 year.
- Avoid Birth Control Pills particularly after age 35 or if you smoke.
- Avoid Menopausal Hormone Therapy.
- Understand your family history.



Vaccine Recommendations for the 2024-25 Respiratory Disease Season

COVID-19

- Everyone ages 6 months and older should get an updated 2024–2025 COVID-19 vaccine. This includes people who have received a COVID-19 vaccine before and people who have had COVID-19
- The COVID-19 vaccine helps protect you from severe disease, hospitalization, and death.
- It is especially important to get your 2024–2025 COVID-19 vaccine if you are ages 65 and older, are at high risk for severe COVID-19, live in a long-term care facility, or have never received a COVID-19 vaccine.
- Vaccine protection decreases over time, so it is important to stay up to date with your COVID-19 vaccine.
- Getting a COVID-19 vaccine is a safer, more reliable way to build protection than getting sick with COVID-19.

Seasonal Influenza

- Everyone 6 months of age and older should make a plan to get an updated flu vaccine.
- All U.S. flu vaccines for the 2024-2025 season are trivalent (three component) vaccines that protect against three influenza viruses: an A(H1N1) virus, an A(H3N2) virus, and a B/Victoria virus.
- People age 65 and older and people who have received a solid organ transplant can opt to receive a “high dose” flu vaccine
- Flu vaccination can keep you from getting sick from the flu.
- Flu vaccination can also reduce the risk of hospitalization from flu as well as the severity of illness even if someone gets sick with the flu.

RSV Vaccine

- Recommended for all adults age 75 and older if they did not receive a previous RSV vaccine last season.
- Recommended for people ages 60–74 who are at increased risk of severe RSV, meaning they have certain chronic medical conditions, such as lung or heart disease, or they live in nursing homes.
- The RSV vaccine is not currently an annual vaccine, meaning people do not need to get a dose every RSV season.
- Eligible adults can get an RSV vaccine at any time, but the best time to get vaccinated is before RSV starts to spread in communities.

Call Isleta Health Center to check on vaccine availability and scheduling!

ASK THE CLINIC

Isleta Health Center, Health Educator, Stephanie Barela, 505-869-4479

*Ask the Clinic*, is a new section in the POI Newsletter, where you can ask the Clinic ANY Question and we will answer it in future newsletters. If you have a Question for the Isleta Health Center, please contact Stephanie Barela at 505-869-4479, email her at [Stephanie.Barela@islclinic.net](mailto:Stephanie.Barela@islclinic.net) or submit your question by scanning the QR Code on your phone.



JOIN ISLETA HEALTH CENTER IN HONORING THE ONES WHO PASSED AT THE

‘LIGHT THE PATH’ MEMORIAL WALK


When: October 18, starting at 5:30pm  
Where: Isleta Rec Center on TR 40 to Church and Back

After the walk, a slideshow of loved ones will be played and dinner will be served.

Submit names and/or pictures of loved ones who have passed by OCTOBER 11, 2024:

Scan the QR Code or call B’eeh K’oo-ee Wellness Center at (505) 869-5476

Questions: call Tori at (505) 869-5479

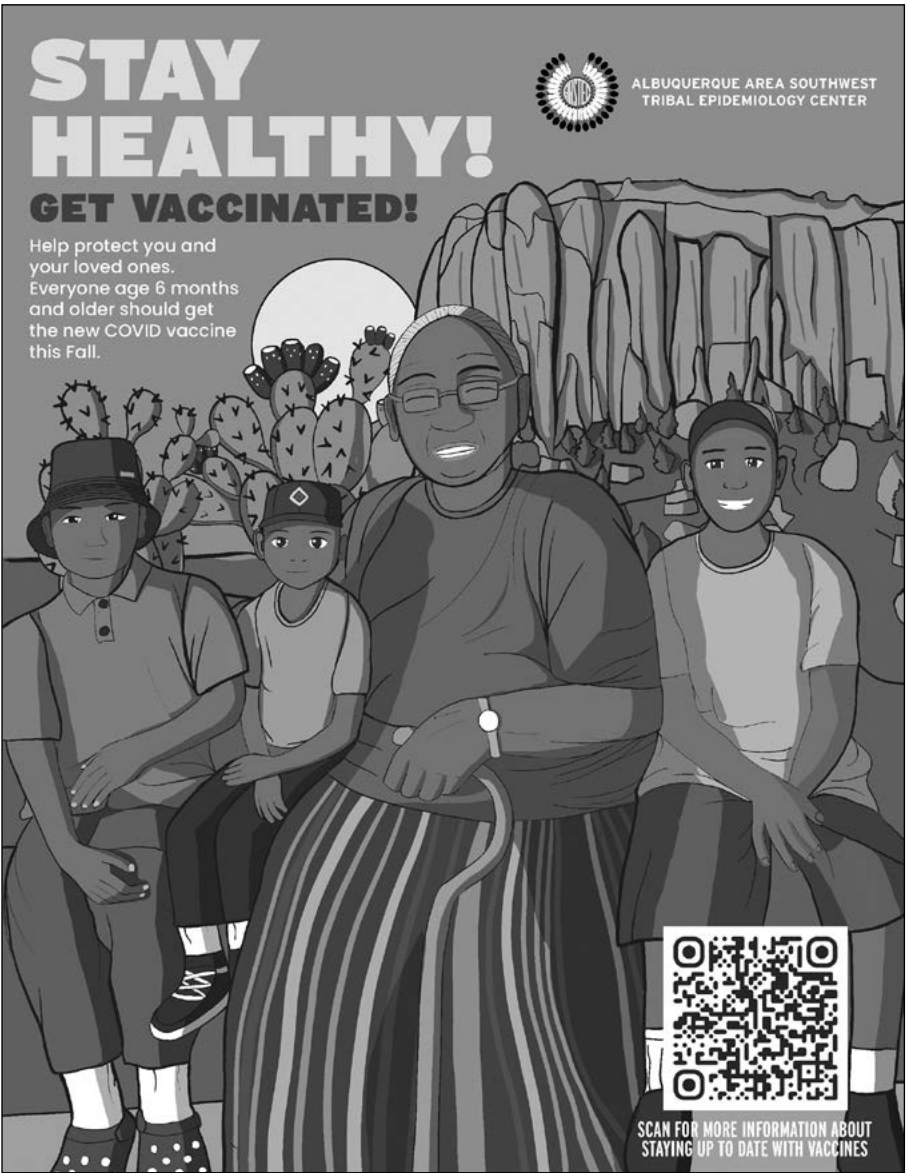


STAY HEALTHY! GET VACCINATED!

Help protect you and your loved ones. Everyone age 6 months and older should get the new COVID vaccine this Fall.

ALBUQUERQUE AREA SOUTHWEST TRIBAL EPIDEMIOLOGY CENTER

SCAN FOR MORE INFORMATION ABOUT STAYING UP TO DATE WITH VACCINES



2024 Diabetes Conference

Coming Soon

Tuesday November 19, 2024 9:00am-3:00pm

Pre-Register Now

Location: Isleta Casino & Resort Ballroom A and B

Join the Diabetes Prevention & Treatment Program for:

- Health & Nutrition Presentations
- Community Forum
- Raffle Prizes
- Lunch

Or call the Diabetes Prevention & Treatment Program to Register at 505-869-4593



8th Annual

Isleta Cancer Survivor's Day Event

October 8th, 2024

5pm-7:30pm

@ the Isleta Health Activities Center

(Located behind the main Health Center Building)

TOPICS:


"Cancer is Survivable"

"Cancer Survivors and Caregiver Acknowledgement"


St. Peregrine Presentation

Activity

Activity, Music, Presentations, Dinner, Door Prizes, Flute Music by William Clark, & More!



Requesting Memorial Photos, please email Stephanie.Barela@islclinic.net or drop off at clinic.



ALL Isleta Community WELCOME!!  
Let's Celebrate all of our Cancer Survivors and Remember all that have passed!

Call Stephanie Barela for more information 505-869-4479.

GREETINGS FROM THE IHS DENTAL CLINIC!!!!



Every **October**, we spread **awareness** of the importance of oral hygiene and its connection to **whole body wellness**. Make your dental hygienist proud by practicing great oral health habits outside of the dentist's office.

The American Dental Association (ADA) recommends the 2/2 rule: **brush for 2 minutes in the morning and 2 minutes at night** with a soft-bristled toothbrush and fluoride toothpaste. You could brush more often if you like, but the minimum for healthy teeth and gums is the 2/2 rule.

We will be having a monthly drawing for an Electric toothbrush starting in October. Drawing will be held from the 1st-31st of October for all hygiene patients that come in for their **cleaning appointments**. The winner will be announced on the last day of the month.

We will also have a drawing in November and December for an electric toothbrush.

Coming to the dentist can help you feel better about your smile. **Some people love coming to the dentist because of their satisfaction when they leave the appointment**. They feel as though they have checked something off their list that is important to their health—going to the dentist consistently.

Here's a few dental jokes, laughter is the best medicine!!!!

*When is the best time for a dentist appointment?*  
**Tooth hurty.**

*What did the dentist say to Tiger Woods?*  
**"You have a hole in one. "**

*What does the dentist of the year get?* **A little plaque.**

*What did the dentist see at the North Pole?*  
**A molar bear.**

Give us a call today to set up you dental check-up 505-869-4499



Isleta Health Center Open House: Celebrate Indigenous People's Day with Us!

Mark your calendars for Monday, October 14, 2024, from 5:00-7:00 p.m. as we invite the community to the Isleta Health Center for a special Open House in honor of Indigenous Peoples' Day.

**This event is an opportunity to:**  
**Meet our Advisory Committee:** Get to know the community leaders who guide our health services and help shape the future of wellness in Isleta.

**Healthcare Presentations:** Learn more about services and programs available to support your health.

**Enjoy a Meal:** Gather with your family and friends to enjoy a delicious meal together.

**Why Your Health Matters:** At the Health Center we honor our indigenous heritage by incorporating modern healthcare into our customary lifestyles to uphold wellness and longevity. From preventive screenings to holistic care, we believe in addressing the physical, mental, emotional, and spiritual aspects of health.

Stay tuned for more information in an upcoming community text message. We hope to see you there to celebrate healthcare on Indigenous Peoples' Day.

**Mark your calendars now!**

8th Annual Isleta Cancer Survivor's Day	
Tentative Agenda	
October 8, 2024 * 5pm-7:30pm	
5pm	Welcome & Prayer   Governor of Isleta Zuni
	Dinner served immediately following Prayer
Music by William Clark	
Drawing	
5:30pm	Cancer is Survivable   Rachel Davis, American Cancer Society
Drawing	
5:50pm	Cancer Survivors/Caregivers Panel   Mona Benally   David Turner Jeanette Olguin   Carleen Cherino
6:25pm	St. Peregrine Presentation   Brian Earle
Drawing	
6:45pm	Cancer Survivor and Caregiver Acknowledgement   Stephanie Barela
7:00pm	Activity: Decorate Pots   Plant Seeds   Share   How to keep plants healthy
Drawing	
7:15pm	Please fill out your evaluation and turn in at the Registration Table, to receive a Thank you gift.
7:20pm	Closing Prayer   Governor Zuni
7:25pm	Bubble Blow
Music by William Clark	
Drawing	
Big thanks to all of our presenters and those that assisted with the day	
<u>We hope to see you at our next Health Education Presentation</u>	
<u>(2nd Tuesday of the Month alternating Daytime and Evening)</u>	
<u>Please Complete the Evaluation to help improve our programs</u>	
EDUCATIONAL BOOTHS:	
Isleta Health Education Programs (Nicotine Cessation Programs / Isleta Health Education Presentations)	
Prostate Cancer Support Association of NM	
Contact: Stephane Barela   505-869-4479   stephanie.barela@islclinic.net	
Sponsored by the Isleta Health Center, Public Health Department	



Diabetes Awareness Month

By: Brian Galinato

Isleta Diabetes Prevention & Treatment Program

Next month, November, is Diabetes awareness month. It takes place in November to honor Dr. Frederic Banting who first discovered insulin in 1921. November 14th, his birthday, is World Diabetes Day. This November, the Isleta Health Center and its Diabetes Prevention and Treatment Program will be hosting a month long Diabetes A1c screening and education event for the Pueblo of Isleta.

According to the most recent data collected in 2021, 38.4 million Americans have Diabetes, or 11.6% of the population. About 8.7 million adults were undiagnosed and unaware they had the disease. American Indians and Alaskan Natives continue to be the most impacted race and ethnic subgroup by Diabetes. As of 2021, 16% of all AI/AN individuals were diagnosed with Diabetes. It was also estimated that 38% of all American adults, 97.6 million, have Prediabetes, a precursor to Type 2 Diabetes. Only 19% percent of those with Prediabetes were aware of the diagnosis.

Diabetes is a metabolic disease characterized by high blood sugar. Either the body is not making enough insulin and/or the insulin your body produces is impaired due to insulin resistance. With Prediabetes, blood sugar is only slightly elevated as your body is trying to compensate for that insulin resistance. If the insulin resistance is not resolved, Prediabetes can progress to Type 2 Diabetes. Abnormally high blood sugar is a symptom of Prediabetes and Diabetes which can lead to many complications. Other abnormal symptoms related to the high blood sugar could include: frequent urination, extreme thirst, unintentional weight loss, very hungry, blurry vision, numbness or tingling in the hands or feet, fatigue, dry skin, slow healing sores, increased infections, nausea, vomiting, and or stomach pain. Contact your healthcare provider if you or your child have these Diabetes symptoms.

The good news, it is completely possible to prevent Prediabetes progressing to Type 2 Diabetes. Furthermore, there is much research on the benefits from delaying the diagnosis of Diabetes to years later. Even with a diagnosis of Diabetes, regular screening, monitoring, and controlling of A1c is important as it can help reduce the risk of developing severe complications including heart disease, eye, nerve, and or kidney disease. This is a huge reason why we encourage you to visit the Diabetes Wellness Center through the month of November and get screened. See our National Diabetes Month Flyer for more information on who should be screened and how you can get it done.



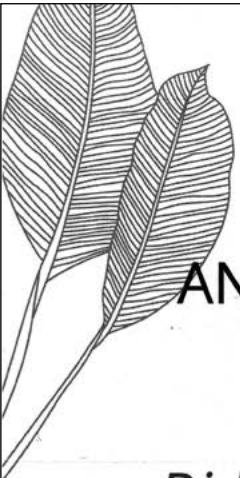
Centers for Disease Control and Prevention. National Diabetes Statistics Report website. <https://www.cdc.gov/diabetes/php/data-research/index.html> Accessed [9/10/2024].

Centers for Disease Control and Prevention. Symptoms of diabetes. <https://www.cdc.gov/diabetes/signs-symptoms/index.html> Accessed [9/13/2024].



In October we wear  
Pink

WEAR PINK ON FRIDAY'S ON OCTOBER, FOR  
BREAST CANCER AWARENESS!!



ANY ONE. ANY STRUGGLE.  
ANY TIME.

Did you know?

NM Native American youth who have a trusted adult in their lives are less likely to experience frequent mental health distress and engage in risky behaviors.

**YOU ARE NOT ALONE**

988 IS:

- Someone to talk to
- Free
- 24/7
- Confidential
- Access to local resources




REASONS TO CALL 988:

- Feeling lonely, hopeless, angry
- Worried about safety for yourself or a loved one
- Worried about substance use
- Need someone to talk to

IF YOU HAVE AN AREA CODE FROM OUTSIDE NM AND YOU GET DIRECTED TO A NON-NM STATE, YOU CAN ASK TO BE TRANSFERRED TO NM.


CALL.  
TEXT.  
CHAT.

FOR MORE INFORMATION ABOUT 988:  
VISIT 988NM.ORG



The APS Indian Education Department invites  
**INDIGENOUS STUDENTS & FAMILIES**  
TO ATTEND OUR 2ND SERIES OF INDIGENOUS FOODS  
WORKSHOP FOCUSED ON CORN

**LOS PADILLAS ELEMENTARY SCHOOL**  
2525 LOS PADILLAS RD SW, ALBUQUERQUE, NM 87105



**Workshop Highlights:**

- Tamale Making Workshop
- Seed Saving
- Corn Grinding
- Winnowing

Join the APS Indian Education Department at the 2nd Fall series family engagement workshop focused on Indigenous Foods.

**OCTOBER 19TH | 10AM TO 12PM**

For More Information Please call IED: 505-884-6392  
Register here: <https://forms.gle/g2ELK19nNM9Bu2TK6>

November is  
National Diabetes Month

The Diabetes Prevention & Treatment Program  
will be hosting a month long Diabetes A1c  
Screening Event

Who should be screened?

1. Any adult 35+

2. Testing should be considered for overweight adults (18+), those with a BMI >25, with one or more of the following risk factors.

a. First degree relative with Diabetes

b. High-risk race and ethnicity(African American, Latino, Native American, Asian American, Pacific Islander)

c. History of cardiovascular disease

d. Elevated blood pressure

e. Low HDL cholesterol and/or elevated triglycerides

f. Individuals with PolyCystic Ovarian Syndrome (PCOS)

g. Individuals who do not exercise or have a sedentary lifestyle

3. People with Prediabetes should be screened yearly.

4. People who were diagnosed with Gestational Diabetes (GDM) should be tested every 3 years.

5. People with HIV, exposure to high-risk medicines(like chronic steroids), history of pancreatitis

6. Youth (onset of puberty or after 10 years of age) who are over 85%ile BMI and have one or more risk factors.

a. Maternal history of Diabetes or GDM during child's gestation

b. -Family history of Diabetes first- or second-degree relative

c. -High-risk race and ethnicity(African American, Latino, Native American, Asian American, Pacific Islander)

If screening results are normal, testing should be repeated at a minimum of 3-year intervals. More frequent testing dependent on initial results and risk status.

Monday-Friday  
8:30am-4:30pm

Diabetes Wellness Center

Appointments & Walk-ins  
will be available.


What is an A1c Test?


1.Used to diagnose Pre-Diabetes and Diabetes.

2.Used to determine level of control and risk of developing complications.

3.An A1c test result reflects your average blood sugar level for the past two to three months.

4.Non-Fasting Test.






Scan the QR Code to Register or call us at 505-869-4595

IHC Diabetes Prevention & Treatment Programs


505-869-4595

My name is Lorenzo Chaves, and I started at the Diabetes Prevention Program late August 2024. After years of being in and out of kitchens cooking as a profession, I decided I wanted to change my career into something I have a greater passion for, wellness! I started my personal fitness/ wellness journey over 12 years ago as I was starting to notice my health declining being overweight and finding any physical activity progressively more challenging. I began by simply getting on a stationary bike for a couple hours 3-4 times per week that evolved into lifting weights, doing HIIT (High Intensity Interval Training), competing in gym competitions, playing in sand volleyball leagues, playing baseball, and trying any new physical activity that catches my eye. I recently obtained my Personal Trainer Certification from ISSA and will continue educating myself with different facets of fitness. I did not have anyone to help me along in the beginning of my journey, something I want to change for anyone willing. Whether you are a beginner or just need some guidance to help you along, feel free to contact me or stop by for a visit. I look forward to meeting you and working with you!

Hello! My name is Bobby Tharpe. I am a certified personal trainer, nutritionist, as well as a strength and conditioning coach, and I'm currently working on becoming a body building specialist. I'm excited to be here. Being a part of the Diabetes Prevention Program is something I'm very proud of because I get to help people ensure their health and in the process help them realize their physical capabilities. I am looking forward to meeting the wonderful people of Isleta and working together to build a healthy community.




GET ACTIVE  
TODAY



HOURS

MONDAY: 5:30AM-5:00PM  
TUESDAY: 5:30AM-5:00PM  
WEDNESDAY: 5:30AM-5:00PM  
THURSDAY: 5:30AM-5:00PM  
FRIDAY: 5:30AM-5:00PM



AT IHC WELLNESS CENTER

WE OFFER A VARIETY OF SERVICES TO OUR CLIENTS AT THE IHC WELLNESS CENTER:

• PERSONAL TRAINING AT WELLNESS CENTER AND AT HOME

• SMALL GROUP FITNESS INSTRUCTION

• FITNESS CLASSES IN THE NEAR FUTURE

• INBODY BODY COMPOSITION MEASUREMENTS

• A1C SCREENING AND OTHERS

IF YOU ARE INTERESTED DROP BY OUR WELLNESS CENTER OR GIVE US A CALL.

OUR FITNESS INSTRUCTORS:  
BOBBY THARPE 505-869-4081  
LORENZO CHAVES 505-869-4084

Understanding Bullying –  
Working in the Community  
B’eeh K’oo-ee Wellness Center

Bullying can include aggression that is physical (hitting, tripping), verbal (name calling, teasing), or relational/ social (spreading rumors, leaving out of group). Bullying can also occur through technology/social media platforms known as cyberbullying. Electronic aggression is bullying that occurs through e-mail, a chat room, instant messaging, text messaging, and videos/pictures posted or shared through social media.

Bullying can result in physical injury, social and emotional distress, and even death. Victimized youth are at increased risk for depression, anxiety, sleep difficulties, and poor school adjustments. Youth who bully others are at increased risk for substance use, academic problems, and violence. Youth who are victims to bullying suffer the most serious consequences and are at greater risk for both mental health and behavior problems.

Bullying can be prevented, especially through the power of a united community. Community-wide strategies can help identify and support youth who are bullied, redirect the behavior of youth who bully, and change the attitudes of adults and youth around bullying.

However, bullying doesn’t happen only at school. Community members can use their unique strengths and skills to prevent bullying wherever it occurs. If youth hear anti-bullying messages from the different adults in their lives, this reinforces the message that bullying is unacceptable. Parents and youth also have a role in preventing bullying in school. When parents and youth are involved in the solutions:

- Youth feel safer and can focus on learning.
- Parents worry less.
- School climates improve.
- Parents can support schools’ messages about bullying at home.
- Parents are more likely to recognize signs that a child has been bullied or is bullying others.

There is still more to be done to build safer school environments for our youth. Parents and youth need to feel valued and be given opportunities to contribute their expertise and to be involved in meaningful roles. Community and family can work together to prevent bullying, so take time to be involved and help our youth build resilience!

TAKE A STAND AGAINST BULLYING –  
OCTOBER IS NATIONAL  
BULLYING AWARENESS MONTH!

Source: [www.stopbullying.gov](http://www.stopbullying.gov)

What is a personal representative?

A personal representative is someone who participates in a patient’s health care. This could be a family member, caretaker, close friend. Personal representatives are responsible for helping manage a patient’s health care and to make decisions for the patient. When officially designated, personal representatives can access the patient’s protected health information (PHI) such as test results, and request medical records.



Personal representative vs. health care agent

Personal representatives and health care agents both sign agreements to access medical information and make decisions for patients. However, the key difference is that health care agents may only do so when the patient cannot make their own decisions. For example, if they are unconscious or undergoing surgery, etc.

Designate or remove your personal representative

To designate or remove your personal representative, please Notice the HIM (Health Information Management) team and one of our representatives will be able to assist you. They will ask you to fill out a Personal Representative Form and will add it to your personal record.



Isleta Elder Center Menu			October	
Monday	Tuesday	Wednesday	Thursday	Friday
	10/1/2024 Tacos	10/2/2024 Chicken Cordon Bleu	10/3/2024 Teriyaki Salmon	10/4/2024 Garbanzo Bean Soup
	Ground Beef 3oz Refried Beans 1/2c Calabasas 1/2c Garnish 2oz Taco Shells Fresh Fruit	Chicken stuffed w/ham 3oz Honey Pinon Sauce 2oz California Blend 1/2c Side Salad 1/2c Fresh Fruit	Salmon 3oz Wild Rice 1/2c Green Beans 1/2c Teriyaki sauce 2oz Fruit Cup	Beef Stew Meat 3oz Garbanzo Bean 1/2c Mixed Vegetable 1/2c Biscuit Fresh Fruit
10/7/2024 Chicken & Rice	10/8/2024 Breakfast	10/9/2024 Spaghetti	10/10/2024	10/11/2024
Diced Chicken 3oz Rice 1/2c Diced Onions & celery 1/2c Crackers Fresh Fruit	Scrambled Eggs 3oz Bacon 2oz Hashbrown Patty 2oz Shredded Cheese 1oz Orange Juice	Meatballs 3oz Spaghetti Noodles 1/2c Marinara Sauce 1/2c Parmesan Green beans 1/2 Garlic Bread	Open Face Roast Beef Sandwich Slice Roast Beef 3oz Mash Potato 1/2c Gravy 2oz Toast California Blend 1/2c	Turkey on Croissant Slice turkey 3oz Slice Cheese 1oz Lettuce & Tomato 2oz Sun Chips Fresh Fruit
10/14/2024	10/15/2024	10/16/2024	10/17/2024	10/18/2024
Hamburger Corn Stew	Chicken Fajitas	Red Chile Stew	Cheeseburgers	Enchilada Soup
Ground Beef 3oz Corn 1/2c Diced onions 1/2c Dinner Roll Fresh Fruit	Chicken 3oz Peppers & Onions 1/2c Shredded Cheese 1oz Tortilla Fruit Cup	Ground Pork 3oz Dice potato 1/2c Red Chile 2oz Dinner Roll Fresh Fruit	Beef Patty 3oz Slice Cheese 1oz Lettuce & Tomato 2oz Sweet Potato fries 1/2c Hamburger Bun	Diced Chicken 3oz Cream of chicken 2oz Shredded Cheese 2oz Green Chile & Corn 1/2c Corn tortilla strips
10/21/2024	10/22/2024	10/23/2024	10/24/2024	10/25/2024
Broccoli Cheddar Soup	Beef & Potato Hash	Pizza	Tuna Sandwich	Vegetable Soup
Broccoli Florets 1c Diced onions 1/2c Shredded Cheese 2oz Heavy Creambase 1/2c Crackers Fruit Cup	Ground Beef 3oz Diced Potato 1/2c Mixed Vegetables 1/2c Crackers Fresh Fruit	Pepperoni 3oz Mozzarella Cheese 2oz Marinara Sauce 1/2c Pizza Crust Side Salad 1/2c Fruit Cup	Tuna 3oz Diced celery & onions 1/2c VW/bread Baked Chips 2oz Fresh Fruit	5 way vegetable 1c Diced Potato 1/2c Diced Tomato 1/2c Crackers Fresh Fruit
10/28/2024	10/29/2024	10/30/2024	10/31/2024	Please call by 9 AM to cancel Home Delivered Meals. Thank you.
Elder Center Closed NO HOME DELIVERED MEALS OR CONGREGATE MEALS SERVED ALL ELDER CENTER STAFF ATTENDING TRAINING OFF SITE WILL RESUME SERVICES 10/29/24	Baked ziti	Chef Salad	Salisbury Steak	
	Ground Pork 3oz Ziti Pasta 1/2c Marinara Sauce 1/2c Mozzarella Cheese 2oz Peppers & Onions 1/2c Fruit Cobbler	Dice ham 3oz Spring Mix 1c Cucumber & Tomato 2oz Shredded Cheese 1oz Boiled Egg 2oz Fresh Fruit	Salisbury Steak 3oz Mash Potato 1/2c Green Beans 1/2c Gravy 1oz Dinner Roll Chocolate dirt pudding 1/2c	
****Menus are subject to change without notice, based on the availability of products****				



October is Eczema Awareness Month

**What is Eczema?** Eczema is a recurring skin rash characterized by itchy dry red skin, blisters, oozing, flaking and bleeding skin, its affects more than 31 million people. It develops in response to an overactive immune system that perceives certain triggers as a threat to the body’s immune system.

Atopic dermatitis is the most common form of eczema. It is not contagious. Genes and the environment play factors as to who gets this skin condition and anyone is susceptible.

**Common triggers** There are several triggers for eczema these include: food allergies, soaps and perfumes, dust mites, certain fabrics and metals.

**Treatment** The best treatment for eczema may be determined by a doctor. There are many treatment options they include both oral medications and creams.

WIC NEWS- Isleta’s fully breastfed infant rates have gone up 4%!

2024 Awards

In FY 2024, FNS awarded a total of \$2 million to 15 state agencies with the greatest improvement in breastfeeding rates of fully breastfed infants during FY 2023.

State Agency	Fully Breastfed Infant Rate
Cheyenne River Sioux Tribe	7.12%
Maine	6.69%
Northern Arapaho Tribe	6.06%
Minnesota	5.58%
Ute Mountain Ute Tribe	5.55%
Eight Northern Indian Pueblos	5.18%
Chickasaw Nation	5.17%
Eastern Band of Cherokee Indians	4.95%
Utah	4.62%
Otoe-Missouria Tribe	4.45%
Cherokee Nation	4.19%
Pueblo of Isleta	4.00%
Five Sandoval Indian Pueblos	3.99%
Oklahoma	3.76%
California	3.65%

ISLETA WIC OFFICE 505-869-2662

POI ELDER CENTER  
IN-HOME MAINTENANCE  
PROGRAM

- ELECTRICAL WORK

- SAFETY EQUIPMENT INSTALLS

- MINOR PLUMBING REPAIRS

- MINOR STRUCTRUAL REPAIRS

- SOME OUTSIDE YARD MAITENENACE

- OTHER MINOR INDOOR HOME REPAIRS

FREE TO ELDERERS 65+











HOMEOWNER IS RESPONSIBLE FOR  
PURCHASING MATERIALS

Contact: Marc Frederick In-Home Service  
Manger at (505)869-9770 ext.9338

Seat Belts

Save Lives

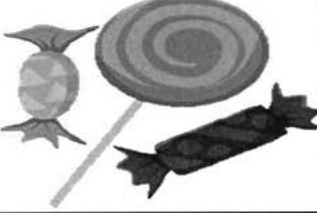



Call or visit the elder center to sign up for ACTIVITIES and TRIPS in advance. All activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted.		<div>October</div>			2024
Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	
	Scrabble Activities Room @ 1pm Deadline to register for All Indian Game Days	Tips for Healthier Eating and Recipe Sharing 12pm	No Activities	Paint A Pot 1pm 	
7	8	9	10	11	
Blu Orchid Massage 9:30am-3pm 	Top Golf Tuesday Leaving the center @8:45am 	No Activities	Mass in the Dining Room 11:30am 	McCall's Pumpkin Patch Outing Leaving @10:30am 	
14	15	16	17	18	
<b>JEOPARDY!</b> 1pm	Commodities Distribution 9:30am-3pm 	Advisory Meeting 9am open to the public General Meeting: PNM Energy Smart Seniors 9am	Make a Mosaic Tile Coaster <b>Part 2</b> Activities Room 1pm	Open Activities Exercise Equipment, Board Games, Activity Sets, etc.. 9 AM to 3 PM	
21	22	23	24	25	
No Activities	No Activities  Commodities	All Indian Game Day 9am-5pm 	All Indian Game Day 9am-5pm 	<b>Birthday BINGO</b> with Oak Street Health 1pm	
28	29	30	31		
46th Annual NMCOA Conference @Hotel Albuquerque Center will be CLOSED	Pumpkin Carving After Lunch 1pm 	No Activities	<b>Halloween Party!!</b> 12pm Costumes Encouraged	*CLOSED FOR ALL MAJOR HOLIDAYS. 505-869-9770 MONDAY- FRIDAY 8:00AM - 4:30PM	

Isleta Elder Center

Adult Day Services

October 2024  
Activity Calendar

				
TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4	
9-10am Breakfast, Social 10-11a Pool Noodle Exercise  1-3p Vase Making	9-10am Breakfast, Social 10-11a Scarf Exercise  1-3p Clothespin Crosses	9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises  1-3p Towel Race Game	9-10am Breakfast, Social 10-11a Head to toe Exerises  1-3p Bake Pumpkin Cookies	
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
9-10am Breakfast, Social 10-11a Morning Walk 1-3p ADHD Awareness	9-10am Breakfast, Social 10-11a Scarf Exercise 1-3p Table Golf	9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises 1-3p Manicure	9-10am Breakfast, Social 10-11a Pool Noodle Exercise 1-3p Afternoon Walk	9-10am Breakfast, Social 10-11a Make Candles 1-3p Board Games
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
9-10am Breakfast, Social 10-11a Morning Walk 1-3p Make Night Lights	9-10am Breakfast, Social 10-11a Pool Noodle Exercise  1-3p Paint Pots	9-10am Breakfast, Social 10-11a Scarf Exercise  1-3p Afternoon Walk	9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises  1-3p Sew Handwarmers	9-10am Breakfast, Social 10-11a BINGO w/ Karen, Dietitian  1-3p Healthy Lungs Presentation
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
9-10am Breakfast, Social  10-11a Scarf Exercise  1-3p Sew Napkins	9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises  1-3p Sew Bookmarks	9-10am Breakfast, Social 10-11a Halloween w/ Headstart Children 1-3p Sew Pumpkins	9-10am Breakfast, Social, Health Check 10-11a Pool Noodle Exercise  1-3p Make Wreaths	9-10am Breakfast, Social  10-11a Dental Hygiene  1-3p Snake Ranch Farm Visit
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	
9-10am Breakfast, Social 10-11a Scarf Exercise 1-3p Carve Pumpkins	9-10am Breakfast, Social 10-11a Pool Noodle Exercise 1-3p Make Collages	9-10am Breakfast, Social 10-11a Morning Walk 1-3p Halloween Movie	9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises 1-3p Halloween Party!	

If interested in joining the Adult Day Services Program, please call (505) 869-9770

\*Activities may be subject to change\*