



# Isleta Pueblo News

Volume 19 Issue 12

Pueblo of Isleta website: [www.isletapueblo.co](http://www.isletapueblo.co)



December 2024

## Governor's Report

Maguwam,

We hope this newsletter finds our community in good health and spirits. The holidays are fast approaching and we encourage everyone while attending family events and Traditional activities to continue to mask up when you feel the need to. If you are feeling sick, please stay home to prevent the spread of Influenza and COVID. It seems like we skipped Fall and are going straight to Winter, so bundle up.

November has been a busy month for us all, we would like to first, "Thank All our Veterans for their service to our country".

This month was also filled with another Government-to-Government (G2G) meetings for Tribal Administration. Lt. Jiron and Lt. Abeita attended the G2G for the 19th Annual Government-to-Government Violence Against Women Tribal Consultation held at Buffalo Thunder in Santa Fe. Lt. Abeita and other tribal leaders shared their perspectives on how federal programs can better meet the needs of their communities and ensure the safety and dignity of Native women. We would like to extend our gratitude to Tiffany Jiron, Executive Director of CSVANW, who continues to be a voice for our people.

As our community continues to strive, we would like to congratulate Andrea Pesina, Executive Director of the Head Start and Child Care. Andrea was elected to serve as



the President of the National Indian Head Start Directors Association. She has been employed with the center for 20 years, and has been the Executive Director of the program for almost 2 years.

Quick reminder to all farmers, the irrigation season has come to an end and the water cut off has ended.

Ham distribution will be held on December 16th and 17th, at the Isleta Recreation Center, from 8am to 7pm on these two days. Please see flyer for more information, if you have further questions, please contact the Governor's office at 505-869-3111 and you can speak with Jessica Jiron or Amber Richesin.

Last, we want to send my condolences to the families of those who have lost their family members during the month of November.

Ha-Wuh,

Tribal Administration

**ISLETA STRONG**


**STAY INFORMED**

**NEW QR CODE FOR TEXT UPDATES**

**PUEBLO OF ISLETA**


is launching a text messaging system to keep you informed about important events or incidents concerning the Pueblo of Isleta.

To signup, just scan the following QR code or if you prefer send a text with the word "SUBSCRIBE" to 855-233-9179



SCAN ME

**KEEP ISLETA STRONG!**



PUEBLO OF ISLETA



## Ham Distribution

DATES: Monday, December 16, 2024

Tuesday, December 17, 2024

WHERE: Isleta Pueblo Recreation Center

TIME: 8:00 a.m. to 7:00 p.m.

FOR: Tribal members residing in Isleta Pueblo, Los Lunas, Belen, Bosque Farms, Albuquerque, Rio Rancho and Bernalillo ONLY

We ask you provide proof of tribal membership and residency. Only 1 ham per head of household. The ham distribution is only on December 16 and 17, 2024 NO EXCEPTIONS.

Thank you.

Max A. Zuni

LETTER FROM THE EDITOR

**DEADLINE for January Newsletter articles is set for Wednesday, December 11, 2024, at 4:30 pm.** Articles may be dropped off at the Library or emailed to [Nathaniel.Lujan@isletapueblo.com](mailto:Nathaniel.Lujan@isletapueblo.com). Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html> .

**CLASSIFIED ADS:**The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you my call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1.

TR 2 & TR 22 - Chical SE of Community Hall

2.

TR 10 - Behind the old 47 Sales

3.

TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4.

Ranchitos Park

5.

Post Office - Big Tree

6.

TR 82 & TR 84 - Teller Road

7.

TR 78 & TR 82 - Carlos Trujillo Sr.

8.

TR 90 @ Y - CF Padilla

9.

Mouse Town Park –

10.

Health Center – South end of Health Center Parking lot

11.

Library Sunlight & Moonlight Intersection

12.

TR 6 - 47 Intersection


13.

TR 12 - 47 & 147 intersection (Old Smoke & Save)

14.

TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15.

TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

PROBATES

IN THE MATTER OF THE ESTATE OF:  
Anna Marie Aragon

Case No. 16-PRO-00063

First Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Anna Marie Aragon**, deceased **01/28/2016**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Andrea Maria Jiron

Case No. CV-PR-0123-2024

First Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Andrea Maria Jiron**, deceased **01/08/1996**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Gloria Carpio

Case No. CV-PR-0033-2024

Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Gloria Carpio**, deceased **12/23/1994**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, December 19, 2024 at 1:30 p.m.** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Marcelina Hightower

Case No. CV-PR-0069-2024

Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Marcelina Hightower**, deceased **05/13/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Stella K. Olivier

Case No. CV-PR-0104-2024

Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Stella K. Olivier**, deceased **06/22/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

Department of Natural Resources

The Department of Natural Resources will be providing a wood distribution for elders, disabled and social services requests to tribal members ONLY. The wood will be one full truck load of split mixed cottonwood and mountain wood. There will be a limit of 1 request per residence/month. Call our office at **505-869-9817** to put in your request.



ISLETA PUEBLO HOUSING  
AUTHORITY

Do you want to start the New Year with no Delinquency or Past Due Amount to Housing (IPHA)?

If for any reason you have an outstanding or delinquent balance with Isleta Pueblo Housing Authority, please contact Housing as soon as possible. This would include any outstanding balance for maintenance (work orders), insurance, rent, lease, or mortgage. We are offering a one time ‘catch up’ for accounts. If we are contacted by February 1, 2025, in regards to your outstanding balance, we will make every effort to work with each person or family that reaches out to us by that date to bring the account current. Housing has begun reviewing and moving forward with any steps necessary to remedy the past due amounts. You can stop by our office Monday-Friday 8:00 a.m. to 4:30 p.m. at Building 3 Tribal Road 61 or by calling our office at 505.869.4153.

Christmas and New Year’s Schedule for Housing (IPHA)

IPHA will be closing on Christmas Eve at 12:00 pm (Noon) and will reopen at 8:00 am on Thursday, January 2, 2025. Voice mails will be monitored during this time. IPHA will have on-call personnel available for emergencies only. Have a joyous Holiday Season.



**\*HOLIDAY SERVICE SCHEDULE\***

**CHRISTMAS WEEK:**

Mondays collections: Monday December 23<sup>rd</sup>

Tuesdays collections: Tuesday December 24<sup>th</sup>

Wednesdays collections: Thursday December 26<sup>th</sup>

Thursdays collections: Thursday December 26<sup>th</sup>

Fridays collections: Friday December 27<sup>th</sup>

**NEW YEARS WEEK:**

Mondays collections: Monday December 30<sup>th</sup>

Tuesdays collection: Tuesday December 31<sup>st</sup>

Wednesdays collection: Thursday January 2<sup>nd</sup>

Have carts out by 7am.

Merry Christmas and Happy New Year!

**\*TRANSFER STATION HOLIDAY HOURS\***

Christmas Eve Day December 24<sup>th</sup>: 7am-12pm

Christmas Day December 25<sup>th</sup>: CLOSED

December 26<sup>th</sup> & 27<sup>th</sup>: 7am-12pm


Saturday December 28<sup>th</sup>: 7am-11am

December 29<sup>th</sup> & 30<sup>th</sup>: Normal business hours

New Year's Eve Day December 31<sup>st</sup>: 7am-12pm

New Year's Day January 1<sup>st</sup>: CLOSED

KEEP ISLETA BEAUTIFUL! (505)869-4106



**Purchased Referred Care**

Did you know?

**Did you know Isleta Health Center is your payor of last resort?**

Payor of last resort means if you have primary insurance, Isleta Health Center would be your secondary insurance. If you have a primary and secondary insurance, Isleta Health Center would be your Tertiary insurance. Please list Isleta Health Center as your last payor.

**Did you know you have to call PRC to inform them of all appointments?**

This includes all ER/urgent care visits, any follows ups, any secondary referrals, telemed appointments, rescheduled appointments. Not calling in for appointments will delay payment.

**Did you know if you receive a bill from a provider, you have to bring it in to PRC, even if you have a referral?**

Some facilities will send a bill to the patient but not Isleta Health Center. It is best to bring all bills in received by mail to make sure PRC contacts the facility to bill Isleta



# Urban Waters Partnership Artist-in-Residence Program

*Are you passionate about art and water?*

Join us for an exciting opportunity to be part of our Artist-in-Residence Program, a collaboration between EPA, the Urban Waters Partnership, and the National Endowment for the Arts. The selected artist (or artists) will receive a 18-month stipend beginning in early 2025 to work with the community, showcase their talents, and highlight our urban waterways conservation efforts through art.

**COMING SOON!  
CALL FOR  
ARTISTS**

Contact [annie@ciudadswcd.org](mailto:annie@ciudadswcd.org) to receive the latest email updates on the announcement or visit our website: [www.ciudadswcd.org/middle-río-grande-urban-waters-partnership](http://www.ciudadswcd.org/middle-río-grande-urban-waters-partnership)

Scan to visit our website







# Open House

MIDDLE SCHOOL, 7-8

Join us for an information session and tour of our middle school campus.

Saturday, December 7, 2024  
9:30 am - 11:00 am



**REGISTER  
NOW**

Learn about our Academic, Student Living, and Athletic Programs and the Admission Application.

[www.sfis.k12.nm.us](http://www.sfis.k12.nm.us)

Santa Fe Indian School, Admissions  
1501 Cerrillos Road, Santa Fe, NM  
(505) 989-6370



**Job Postings**  
Visit us online at <http://www.isleta.com/career-opportunities.aspx>  
Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.



**ROOM ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 11/14/2024  
Level: Non-Exempt



**BARTENDER**  
Location: Albuquerque, NM  
Publish Date: 11/14/2024  
Level: Non-Exempt



**HR GENERALIST**  
Location: Albuquerque, NM  
Publish Date: 11/12/2024  
Level: Exempt



**SPORTS BOOK WRITER**  
Location: Albuquerque, NM  
Publish Date: 11/07/2024  
Job Family: N/A  
Level: Non-Exempt



**MAIN BANKER**  
Location: Albuquerque, NM  
Publish Date: 11/06/2024  
Level: Non-Exempt



**CAGE CASHIER -**  
Location: Albuquerque, NM  
Publish Date: 11/04/2024  
Level: Non-Exempt



**PLAYERS CLUB REPRESENTATIVE**  
Location: Albuquerque, NM  
Publish Date: 10/31/2024  
Level: Non-Exempt



**PROMOTIONS COORDINATOR**  
Location: Albuquerque, NM  
Publish Date: 10/30/2024  
Level: Non-Exempt



**REVENUE AUDITOR II**  
Location: Albuquerque, NM  
Publish Date: 10/29/2024  
Level: Non-Exempt



**FRONT OFFICE SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 10/25/2024  
Level: Non-Exempt



**FRONT DESK AGENT**  
Location: Albuquerque, NM  
Publish Date: 10/25/2024  
Level: Non-Exempt



**NETWORK ADMINISTRATOR**  
Location: Albuquerque, NM  
Publish Date: 10/25/2024  
Job Family: N/A  
Level: Exempt



**HOUSEPERSON**  
Location: Albuquerque, NM  
Publish Date: 11/14/2024  
Level: Non-Exempt



**SHIPPING & RECEIVING CLERK**  
Location: Albuquerque, NM  
Publish Date: 11/13/2024  
Level: Non-Exempt



**COSMETOLOGIST**  
Location: Albuquerque, NM  
Publish Date: 11/12/2024  
Level: Non-Exempt



**SPA RECEPTIONIST**  
Location: Albuquerque, NM  
Publish Date: 11/07/2024  
Level: Non-Exempt



**TABLE GAMES DEALER**  
Location: Albuquerque, NM  
Publish Date: 11/05/2024  
Level: Non-Exempt



**SERVER**  
Location: Albuquerque, NM  
Publish Date: 10/31/2024  
Level: Non-Exempt



**LAKES GROUNDSKEEPER -**  
Location: Albuquerque, NM  
Publish Date: 10/31/2024  
Level: Non-Exempt



**FOOD ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 10/30/2024  
Job Family: N/A  
Level: Non-Exempt



**COMPENSATION & BENEFITS SPECIALIST II**  
Location: Albuquerque, NM  
Publish Date: 10/29/2024  
Level: Exempt




**CALL CENTER AGENT**  
Location: Albuquerque, NM  
Publish Date: 10/25/2024  
Level: Non-Exempt




**SUPERVISOR F & B**  
Location: Albuquerque, NM  
Publish Date: 10/25/2024  
Level: Non-Exempt



**CUSTODIAN**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Job Family: N/A  
Level: Non-Exempt



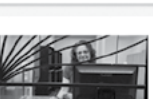
**SURVEILLANCE AGENT**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt



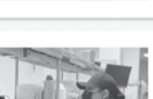
**HDCT**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt



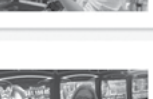
**MAINTENANCE MECHANIC**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Job Family: N/A  
Level: Non-Exempt



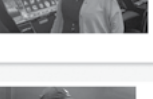
**BINGO ADMISSIONS CLERK**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt




**COOK**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt




**SLOTS FLOOR TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Job Family: N/A  
Level: Non-Exempt




**HDC SPECIALIST**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt




**SURVEILLANCE SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt



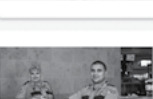
**NAIL TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt



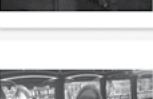
**SECURITY OFFICER II**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt



**GROUNDSKEEPER**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt



**SECURITY OFFICER I**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Job Family: N/A  
Level: Non-Exempt



**SLOTS LAB TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 10/24/2024  
Level: Non-Exempt


### Goodwill


Goodwill Goodjobs! Serving Albuquerque south valley/Isleta Pueblo, and Valencia County

We offer individual free assistance with job search, interview skills, and resume assistance.

Contact : Vicki Herring  
Career Specialist at  
505-944-0289  
**Vicki Herring**  
Career Specialist  
**Goodwill Industries of New Mexico**

[vherring@goodwillnm.org](mailto:vherring@goodwillnm.org)  
505-944-0289 or 505-881-6401 x4097  
201 Desert Willow Rd, Los Lunas, NM 87031  
[www.Goodwillit.org](http://www.Goodwillit.org)





**TIWA LENDING SERVICES IS HERE TO HELP THIS HOLIDAY SEASON!!**

**CHRISTMAS IS JUST AROUND THE CORNER AND WE'RE HERE TO HELP FAMILIES OUT WITH A \$500.00 CONSUMER LOAN!!**

**CONSUMER LOAN ELIGIBILITY:**

- ENROLLED PUEBLO OF ISLETA TRIBAL MEMBER
- MUST BE 18 YEARS OF AGE
- PROOF OF INCOME
- MUST HAVE AN ACTIVE CHECKING OR SAVINGS ACCOUNT

FOR MORE INFORMATION PLEASE CONTACT US: PHONE, EMAIL OR VISIT US  
PHONE: (505)-916-0556  
EMAILS: [LOVELLA@TIWALENDING.ORG](mailto:LOVELLA@TIWALENDING.ORG)  
[MIRANDA@TIWALENDING.ORG](mailto:MIRANDA@TIWALENDING.ORG)  
ADDRESS: 1776 MONTANO RD NW SUITE 13 LOS RANCHOS ALBUQUERQUE NM 87107



Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date
ANIMAL CONTROL OFFICER	Police Department	Open Until Filled
ARCHIVIST	Cultural & Historic Preservation	Open Until Filled
ASSISTANT AQUATIC COORDINATOR	Parks & Recreation	Open Until Filled
CHILD CARE PROVIDER	Head Start	Open Until Filled
COMMUNITY HEALTH REPRESENTATIVE	Health Services	Open Until Filled
COMPLIANCE INSPECTOR I	Gaming & Regulatory	Open Until Filled
DIRECTOR, CLINICAL SERVICES/ NURSE PRACTITIONER	Health Services	Open Until Filled
DIRECTOR, FINANCIAL PLANNING & ANALYSIS	Treasury	Open Until Filled
EMT BASIC (3 Positions)	Health Services	Open Until Filled
EMT - INTERMEDIATE (2 Positions}	Health Services	Open Until Filled
GROUND'S MAINTENANCE WORKER	Public Works	Open Until Filled
HIGHER EDUCATION COORDINATOR	Department of Education	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
IRRIGATION TECH	Agricultural Division	Open Until Filled
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	Open Until Filled
LABORER	Public Works	Open Until Filled
LIBRARY AIDE I	Library	Open Until Filled
LIFEGUARD	Parks & Recreation	Open Until Filled
LIFEGUARD ASSISTANT	Parks & Recreation	Open Until Filled
MEDICAL ASSISTANT MULTI DEPARTMENTAL	Health Services	Open Until Filled
MULTIMEDIA SPECIALIST	Department of Education	Open Until Filled
NURSE PRACTITIONER	Health Services	Open Until Filled
PATIENT REFERRAL COORDINATOR	Health Services	Open Until Filled
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled
PHYSICAL THERAPIST	Health Services	Open Until Filled
POLICE CADET	Police Department- Open Space	Open Until Filled
POLICE OFFICER I	Police Department	Open Until Filled
POLICE OFFICER II	Police Department	Open Until Filled
RANGELAND DATA MONITOR	Natural Resources	Open Until Filled
RECEPTIONIST	Parks & Recreation	Open Until Filled
ROADWAY MAINTENANCE WORKER II	TransRrtation Services	Open Until Filled
TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled
TRUANCY COORDINATOR	Truancy	Open Until Filled
UTILITY WORKER	Public Works	Open Until Filled
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled - WITHIN ONLY
WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled



TRUANCY

Merry Christmas, The Truancy Department hopes you and your families enjoyed a wonderful Thanksgiving. We wish you a wonderful Christmas and enjoy bringing in the 2025 New Year together. Holidays can be a busy time and sometimes you may become overwhelmed; make sure to take some time out for yourself so that it won’t seem to be like there is not time for self-care. Moving forward, enjoy this time with your family and be safe.

We know that there are many activities that happen within the month of December. If your child will be out of school, please remember to provide a written letter upon their return to school after an absence, and remind them to turn this letter in to the Attendance Office immediately. The school districts are now enforcing their policy of accepting written notices and doctor’s excuses for any absences that your child has. A note must be turned in to the attendance office within 24 hours following an absence. Please remind your child to turn in any notes that you send to school with them, as this is important for the purposes of recording attendance.

We are always excited to work with Isleta Elementary School to provide perfect attendance incentives during the school year. The Truancy Department was invited to their assembly for the 1st Quarter of school. The Truancy Department presented 12 students with an incentive of Lego sets; we know that the students were excited to receive their gifts. We hope to see the numbers for students who achieve perfect attendance to rise for the next 3 quarters of school.

If your child(ren) attend Los Lunas and Albuquerque Public Schools and have perfect attendance, you can notify the Truancy Department of this achievement. We will verify your student’s attendance once a *Release of Information* is signed, and provide your child(ren) with an incentive.

We would like to remind students to attend school daily and be on time so that this does not affect your attendance and the learning time for each class. Once January rolls around, the time spent in school will fly by and before you know it, some of the students will be graduating!

We wish you a fun and safe Christmas holiday and a fresh start to a very Happy 2025! Isleta Truancy

About Route 208

Bus route 208 provides three northbound and three southbound trips morning/midday between Valencia County, the Pueblo of Isleta, and Downtown Albuquerque when the Rail Runner does not operate. Riders are encouraged to use Route 208 in combination with the Rail Runner, for example, by taking the bus to Downtown Albuquerque midday and returning by train in the evening. Weekdays only.

ADA Accessible

All of our buses and trains are ADA compliant and are equipped with wheelchair lifts or ramps.

Title VI / Non-Discrimination Notice

The Rio Metro Regional Transit District is committed to its Title VI obligations. We do not discriminate on the basis of race, color or national origin in the delivery of service. To obtain more information on our non-discrimination obligations or to file a Title VI complaint, contact us at 809 Copper Ave. NW, ABQ, NM 87102.

*El Distrito de Tránsito Regional de Río Metro cumple con las obligaciones del Título VI, no discriminamos por raza, color ni origen nacional al brindar nuestros servicios. Para obtener más información sobre nuestros deberes antidiscriminatorios o para presentar un reclamo del Título VI, contáctenos en 809 Copper Ave. NW, ABQ, NM 87102.*

Contact Information / Información de contacto

NM Rail Runner

866.795.RAIL (7245)

www.riometro.org

Rio Metro Valencia

505.352.3595

www.riometro.org

Rio Metro Sandoval

877.660.1110

www.riometro.org

ABQ RIDE

505.243.RIDE (7433)

www.abq.gov/transit

NM Park& Ride

866.551.RIDE (7433)

www.nmparkandride.com

North Central RTD

888.208.0754

www.norctd.org

Santa Fe Trails

505.855.2001

www.santafe-trails.gov

Socorro Public Transportation

575.835.1501

www.socorronm.gov

Schedule Effective June 3, 2020

Horario efectivo a partir del 3 de junio del 2020

RIO METRO

REGIONAL TRANSIT DISTRICT

866.795.7245 • riometro.org

Midday Express

Downtown Albuquerque

Pueblo of Isleta

Valencia County

208



Schedule Effective June 3, 2020

Horario efectivo a partir del 3 de junio del 2020

RIO METRO

REGIONAL TRANSIT DISTRICT

866.795.7245 • riometro.org

### Transit Services Now Serving the Pueblo of Isleta

The Pueblo of Isleta and the Rio Metro Regional Transit District Working Together

#### Bus Route 208 (No Fares until further notice!)

Bus Route 208 connects the Pueblo of Isleta and Valencia County communities to the Alvarado Transportation Center (ATC) in Downtown Albuquerque during the morning/midday when the Rail Runner does not operate. Route 208 features three northbound trips arriving at the ATC at 9:30am, 11:00am and 1:30pm, and three southbound trips departing the ATC at 9:35am, 11:05am and 1:32pm. At the ATC, riders can transfer to ABQ RIDE bus routes.

Route 208 serves two bus stops on the Pueblo of Isleta. The stop closest to the village proper is located on NM 147 just east of the Rio Grande Bridge. Please do not park and leave vehicles unattended on the adjoining roads near this stop, as the bus and other vehicles use these roads to turnaround and access other locations. Route 208 also stops at the Isleta Pueblo Rail Runner Station, where riders can transfer to the Isleta Resort and Casino shuttle. Because the bus serves the station, riders can also consider using Route 208 in combination with the Rail Runner, for example, taking the bus to Downtown Albuquerque in the mid morning and returning by train in the evening.

Please see route flyer that includes map, times of Bus Route 208. (No Fares until further notice!)

#### Pueblo of Isleta Dial-a-Ride (No Fares until further notice!)

The Pueblo of Isleta Dial-a-Ride operates Monday through Friday from 8:15am to 2:45pm, providing trips within the Pueblo and to the ABQ RIDE Route 53 bus stop on NM 314. Service to places like Smiths, Albertsons and Wal-Mart in Los Lunas is also provided with requests made before noon at least one business day prior to your trip.

Request your Dial-a-Ride trip by calling Valencia County dispatch at (505) 352-3595 before noon at least one business day prior to your trip. Requests are accepted between 5:00am and 3:00pm Monday thru Friday. On the date and time of your trip, a wheelchair accessible van will arrive within 15 minutes of your scheduled pickup time. Trips may also be grouped together; riders should expect to travel with others.

For more information about both services, including a copy of the Route 208 schedule, visit [riometro.org](http://riometro.org) and select "Schedules">"Bus">"Pueblo of Isleta" from the grey bar near the top of the website. Schedules for Route 208 are also available at the Public Services Department Office at the Tribal Services Complex.

Monday through Friday / lunes a viernes

Downtown Albuquerque, Pueblo of Isleta, Valencia County

208

Each color on the route map represents a fare zone.

Cada color en el mapa representa una zona de tarifa.

1

2

3

4

5

1

2

3

4

5

8:20A

8:35A

9:01A

9:10A

9:30A

9:50

10:09

10:31

10:40

11:00

12:20P

12:39P

1:01P

1:10P

1:30P

5

4

3

2

1

5

4

3

2

1

9:35A

9:52A

10:00A

10:22A

10:43A

11:05

11:22

11:30

11:52

12:13P

1:32P

1:49P

1:57P

2:19P

2:40

AA

UV

AA

UV

Legend / Leyenda

Bus Route Zone 1

Bus Route Zone 2

River

Major Cross Streets

Time Point Bus Stop

Time Point Bus Stop

Rio Metro

NMRA - New Mexico Rail Runner Express

Transfer Points (puntos de transferencia)

1) NMRA, RMDR, R1210

2) NMRA, RMDR, R1210

3) R1210

4) RMDR

FREE FARES / TARIFA GRATIS

Children 5 and under / Niños 5 años y menores

Active Duty Military & Veterans

Accepted IDs include a VHC or VA medical card, a veteran's ID (VIC card), a driver's license with a veteran's designation, Department of Defense Active Duty & Dependent Military ID, and the NMRA Freedom Pass.

Servicio de veteranos y militares activos

Las identificaciones aceptadas son la tarjeta médica VA o VHC, una identificación de veterano (VIC), una licencia de conducir con una designación de veterano, el departamento de defensa de identificación militares activos y dependientes, y la tarjeta de libertad del Rail Runner.

Isleta Pueblo News



Editor:

Nathaniel Lujan

Asst. Editor:

Diane Abeita

Published By:

Valencia Express

Safe Wood-Burning Practices

When using your wood burning appliance, follow these guidelines for safe operation:

- Keep flammable items, like curtains, furniture, newspapers, and books, away from your appliance.
- Only use newspaper, dry kindling and all-natural or organic fire starters. Never start a fire with gasoline, kerosene, or charcoal starter.
- Do not burn wet or green (unseasoned) wood.
- Many wax and sawdust logs (available commercially) are made for open hearth fireplaces only. Check your wood stove or fireplace insert operating instructions before using artificial logs.
- If you use manufactured logs, choose those made from 100-percent compressed sawdust.
- Build hot fires. For most appliances, a smoldering fire is not safe or efficient.
- Keep the doors of your wood-burning appliance closed unless loading or stoking the live fire. Harmful chemicals, like carbon monoxide, can be released into your home.
- Regularly remove ashes into a covered, metal container. Store the container outdoors on a nonflammable surface.
- Keep a fire extinguisher handy.
- Check your local air quality forecast before you burn.

What Not to Burn

These materials can release toxic or harmful chemicals when burned, and may damage your appliance:

- Household trash, including cardboard, plastics, foam and the colored ink on magazines, boxes, and wrappers
- Coated, painted, and pressure-treated wood
- Ocean driftwood, plywood, particle board, or any wood with glue on or in it
- Wet, rotted, diseased, or moldy wood
- Plastic, asbestos, rubber, manure and animal remains

Good Fire Building

Burn only dry, split, well-seasoned wood. Properly seasoned wood is darker, weighs less, and sounds hollow when hit against another piece of wood.

SOURCE: Information in this article is from the U.S. Environmental Protection Agency’s Burn Wise website. You may contact Environment Department at 869-7565 with questions about burning wood for home heating or indoor air quality concerns.



# SANTA FE INDIAN SCHOOL




GRADES 7-12

APPLY NOVEMBER 1<sup>ST</sup>

Home of the Braves & Lady Braves

SANTA FE INDIAN SCHOOL

MIDDLE SCHOOL, 7-8



Academics


Academic Core Classes

Electives: PE, Health, Modern Music, Intro. to Art, Career Explorations, Computer Literacy, Creative Writing, Computer Science, Consumer Science, Sports Nutrition, Computer Application & Audio Production

Language Classes: Keres & Tewa

Clubs: Student Council, National Jr. Honor Society, Born Braves, Battle of the Books, Ski Club, Chess Club, Art Club

Programs: Gifted & Talented, Special Education, 21st Century, Partnership for Alternative Student Success



Student Living

Professional Caring Staff

Guidance & Academic Support

Suite-Style Living

Organized by Gender and Grade

Students Learn: Independence, Discipline, Time-Management, Relationship-Building, Responsibility, and a Strong Sense of Community.


Dorm Clubs

Dorm Student Organizations

Field Trips

Guided Study Hall

Evening Program Classes



Athletics

Volleyball

Cross Country

Football

Basketball

Track & Field

Baseball

Softball

Soccer (8th)

Golf (8th)

Benefits

Counseling Center

Student Health Center

Evening Activities Center

Top-tier Technology

Library Media Center

Healthy Tasty Meals

WWW.SFIS.K12.NM.US

Attention: Pueblo of Isleta Community

Public Works has implanted a new work order system for community work orders. Community members can submit a work order the following ways:

1. Below is a QR Code you can scan with a smart device
2. You can access the link on the Pueblo of Isleta Website
3. Calling Public Works Office at 505-869-5170

Please provide as much information as possible about the work order being placed. We will need the following information:

- What is the issue?
- Location (Complete Address)
- Contact Name & Number
- Attached pictures, if any

NOTE: Please one work order per submittal! Our new system will not generate multiple work orders in one submission.

*Not providing all detail information on your work order may cause a delay!*  
We understand that not everyone has access to a smart device or computer to submit a work order, calling into Public Works Office at 505-869-5170 is still available.



DECEMBER 2024

# Newsletter

HOME OF THE EAGLES

AT A GLANCE

- Principal Message
- Red Ribbon Week
- Trunk or Treat
- Soaring Eagle Incentive
- Join our Team

Principal Message

Dear Families of Isleta Elementary School,

Since I started as the Principal of IES, I have been fortunate to have gotten to know the wonderful staff and students! At the end of October, we enjoyed the Red Ribbon Week daily themes and the Trunk-r-Treat costume event. In November, I was honored to be part of a school who celebrates Indigenous heritage through a Native Spirit Week (daily themes) and Feast Day. Academic progress was also celebrated at our awards assembly and science fair event and judging. We finish out November with a Thanksgiving dinner and break. As we move into December, we look forward to a holiday week with themed days and a holiday activity/event before we go on break. An event calendar and flyers for events will be sent home.

School events, afterschool programs, and daily instruction as well as the encouragement and support students receive from staff and families, continue to foster our students' development. Each day, it's a pleasure working the IES learning community as the staff and I strive to make school a fun, enriching experience for your students.

Warm regards,

Dr. Tamara Allison



Red Ribbon Week

During the final week of October, we celebrated Red Ribbon Week and living healthy drug-free lives. The Isleta Health Center provided classroom presentations. Students and their teachers decorated their classroom doors based on a drug-free theme.





Trunk or Treat



## Intermediate Math News

Mr. Casuse



Hello, my name is Don Casuse and I am the math teacher for the 3rd, 4th, 5th and 6th grade students. I am happy to be working my second year at Isleta Elementary. From the start of the school year, I have seen much progress and academic gain in many of the students.

3rd Grade: We are currently working on division strategies and how they relate to multiplication. The students are using hands on approaches, manipulatives and how division and multiplication are related to real-world experiences. As a class, we are continuing to work with multiplication, but now the students are seeing how division is a new strategy to solve problems with distributing items into equal groups, break larger numbers apart into smaller components and how division can be used instead of subtraction for larger math problems.

4th Grade: The students are also learning division but are using dividends in the thousands place. They are working two strategies such as repeated subtraction and partial quotients. Many of them are now learning the importance of multiplying by the key numbers of 2, 5, 10 and 100 to find the partial quotient in finding the answer to a division problem.

5th Grade: We are currently finishing up how to add and subtract fractions with mixed numbers. The students have been very detailed in solving and creating word problems using this strategy. We decided to take this strategy a bit further and now the students can solve a mixed number fraction problem and then simplify their final answer if needed. They are very able to explain how adding and subtracting fractions work in real-life and why it is beneficial.

6th Grade: The students in this class are learning percents. They can convert decimals into percents, solve fractions into decimals and percents and relate these strategies into word problems and real-life situations. Many students can now see how you can take a full count of students, divide their likings into categories and then find a percent.

# Soaring Eagles



October was bullying prevention month. We celebrated the month with a weekly SOAR incentive. SOAR stands for Safe, Organized & responsible, Act with kindness, and Respect our community. At the end of each week, staff nominated students that demonstrate SOAR qualities. Their nomination form was posted on the bulletin board near the Front Office and they received a special treat. Great job to our SOARing Eagles!



## Art News

Mrs. Salazar



### 44th Annual Native American Student Art Show

The Indian Pueblo Cultural Center will be showcasing artwork by native american students in grades K-12 located in the Artists Circle Gallery. We have 50 Isleta Elementary students who have submitted their artwork and some items will be selected and on display from November 23, 2024-February 6, 2025. Please visit the Indian Pueblo Cultural Center's website for more information: [IndianPueblo.org/Native-American-Student-Art-Show](https://www.bie.edu/Native-American-Student-Art-Show)

## Get Involved!



We are always needing volunteers!

For questions on how you can help, contact the front office @ 505-273-8444. Below is a list of opportunities.

- Become a member of the Parent/Teacher Organization (PTO)
- Attend a School Board Meeting
- Apply to be a volunteer
- View our current job openings: <https://www.bie.edu/current-vacancies>.

## December Reminders



### Daily Schedule:

<b>7:45 AM</b>	<b>8:00 AM</b>	<b>8:30 AM Tardy</b>	<b>3:00 PM Dismissal</b>
Student Drop Off	Breakfast	(3 Tardies=1 Absent)	<b>12:30 PM Early Release</b>

### Dates to remember:

- Dec 9 - Puberty Education Parent Night
- Dec 11 -Puberty Education Presentations (Grades 4-6)
- Dec 13 - Early Release @ 12:30pm
- Dec 16-20 - Holiday Spirit Week
- Dec 20 - Christmas Celebrations & Family Luncheon
- Dec 23-Jan 7 - Winter Break (NO School) Students return on Jan 8th.

## PUEBLO OF ISLETA PUBLIC LIBRARY

# LIBRARY APP



SEARCH BETTER

CONNECT TO YOUR LIBRARY WITH THE "ISLETA LIB" APP



### YOUR LIBRARY ON YOUR PHONE



- SEE LIBRARY EVENTS
- DIGITAL LIBRARY CARD
- SEARCH FOR MATERIALS
- PUT ITEMS ON HOLD
- RENEW ITEMS
- MANAGE ACCOUNTS

...and more!


GET IT NOW!



ISLETA ELEMENTARY SCHOOL						
2024 December						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
08	09 PARENT INFORMATION NIGHT Puberty Education Gr 4-6 Parent Night 5:30-7:00pm	10	11 Puberty Education Presentations Gr 4-6	12	13 Early Release @ 12:30 pm	14
15	16 Red & Green Day	17 Holiday Hat Day	18 Silly Sweater Day	19 Crazy Hair Day	20 Christmas Celebration & Family Lunch PJ's & Stuffed Animals	21
22	23 Winter Break Begins	24 NO SCHOOL	25 SCHOOL CLOSED	26 NO SCHOOL	27 NO SCHOOL	28
29	30 NO SCHOOL	31 NO SCHOOL	01 SCHOOL CLOSED	02 NO SCHOOL	03 NO SCHOOL	04
05	06	Winter Break is December 23 - January 7. Students return on January 8th.				

PUEBLO OF ISLETA PUBLIC LIBRARY

# PUEBLO GINGERBREAD HOUSE



PUT YOUR BUILDING SKILLS TO THE TEST AND COME TO THE LIBRARY TO MAKE A PUEBLO STYLE GINGERBREAD HOUSE!

GINGERBREAD HOUSES WILL BE SUBMITTED TO THE INDIAN PUEBLO CULTURAL CENTER FOR THEIR ANNUAL PUEBLO GINGERBREAD HOUSE CONTEST.

SUPPLIES WILL BE PROVIDED!

EVERY WEDNESDAY FROM  
NOVEMBER 20TH  
DECEMBER 11TH  
5PM-6:30PM

OPEN TO 8 PATRONS 18 & OVER

FOR MORE INFORMATION PLEASE CONTACT LUCAS AT 505-869-9808  
EMAIL: LUCAS.BISCANWHITE@ISLETAPUEBLO.COM

PUEBLO OF ISLETA PUBLIC LIBRARY  
YOU ARE INVITED

# CHRISTMAS

## CANDLE PAINTING NIGHT

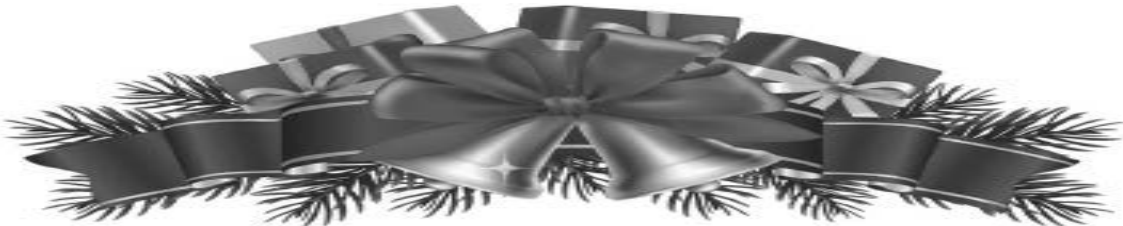


DECEMBER

THURSDAY | 5 | At 5:00pm

THIS PROGRAM IS OPEN TO THE FIRST 8 ADULTS 18 AND OVER TO SIGN-UP. ALL SUPPLIES WILL BE PROVIDED. SIGN -UPS START NOVEMBER 25TH. LIGHT SNACKS AND REFRESHMENTS WILL BE SERVED.

FOR MORE INFORMATION CONTACT DIANE BY EMAIL AT DIANE.ABEITA@ISLETAPUEBLO.COM OR CALL 505-869-9808.



# BREAKFAST

# LUNCH

## DEPARTMENT OF EDUCATION

The Department of Education hosted an experience out-of-this-world. Family Night in Space proved to be an exciting event filled with stellar activities for families of all ages. Families learning about the stars and planets through hands-on activities that sparked a sense of awe and wonder in each in attendance. Families were able to build and launch their own paper rockets in our launch zone. This hands-on activity was a fun way for students to learn basic physics and experience the thrill of launching their creations.



For this event we were joined by some spectacular partners. These partners were truly tremendous with helping create a curiosity about the universe, stars, and planets. The New Mexico Space History Museum

joined us. This group brought samples from celestial bodies for students to see and touch. They also brought replicas of tools that astronauts used during their space adventures. We were also joined by a wonderful team from the University of New Mexico-Valencia. This group promoted the amazing university located within our own backyard. We certainly hope this sparks a drive for university education within our Native American students. The UNM Kiva Club joined us with a truly shocking stem activity. The Kiva Club taught students some applications with static electricity. Students thoroughly enjoyed learning how to charge objects and the effect of static electricity. We express our deepest sense of gratitude to these partners. They have made Space Night a night that will not be forgotten.



The Department would like to highlight the Tutoring program. Please remember that tutoring is available to not only help students struggling but also to enhance student performance. One of the greatest advantages of our tutoring program is the personalized attention students receive. Unlike the crowded classroom setting where it's easy to feel lost, our tutors focus entirely on you. They assess your strengths and weakness, understand your learning style and tailor to those needs accordingly. Our tutors will adapt to the student's needs and ensure each session is productive and effective. Tutoring is available Monday through Thursday from 3:00 pm to 5:45 pm.

### High School News:

As we are in the final month of the grading period, it is important that if you are missing any assignments that you talk

to your teachers to see if it is not too late to turn them in. Even if you are offered partial credit that is better than no credit. Most teachers are open to allowing you to make up assignments as long as you are communicating with them.

If you are aware that you are not going to be passing a class at the end of the semester, reach out to your counselor and get signed up for credit recovery. Credit recovery for the Los Lunas School district is being offered here at the Department of Education Monday – Thursday 3:00pm – 5:45pm. Take advantage of this being provided to you as a student of Los Lunas. Also, credit recovery is no longer being offered by Los Lunas for elective courses. If you fail an elective course you will have to make it up the following year. Don't let an elective be the reason why you don't graduate on time! Reminder that tutoring is being offered after school Monday – Thursday 3:00pm – 5:45pm, take advantage of this free opportunity.

### First Year College News:

As the semester is finishing up, you should have started to meet with your academic advisor to discuss next courses. As a reminder to be funded for the next semester, you will need to submit your supporting documentation to the following link: [https://isletapueblo.formstack.com/forms/scholarship\\_application\\_supporting\\_documents](https://isletapueblo.formstack.com/forms/scholarship_application_supporting_documents)

Supporting documents must be submitted to the link no later than January 15, 2025. It is important that you check your emails to ensure you did not miss any important information. As a first year college student we are here to help support you, however, we do not have access to your file. It is important that you reach out to [poischolarships@isletapueblo.com](mailto:poischolarships@isletapueblo.com) for any information pertaining to your funding.

Please reach out to our office for further assistance.



Michelle & Nissa

### Higher Education!

Greetings Students, It's mid semester, yahoo! Just a reminder, the deadline for the Spring application was November 1, 2024. The supporting documents are due January 15, 2025. Finish strong students.

The DOE Team

### Best Scholarships in NM

### Student Incentive Grants



NEW MEXICO  
HIGHER EDUCATION DEPARTMENT

Student Incentive Grants provide between \$200 and \$2,500 per year to students attending New Mexico public colleges or universities. Students must be enrolled as undergraduates at least half-time to receive the award. The award amount is based on financial need, and students must fill out the FAFSA to apply. The scholarship can be

renewed each year until the recipient earns a bachelor's degree.

### New Mexico Graduate Scholarships



NEW MEXICO  
HIGHER EDUCATION DEPARTMENT

The New Mexico Graduate Scholarships are available to graduate students at New Mexico colleges or universities. To receive the award, recipients must agree to participate in an unpaid internship at their institution for 10 hours per week. Priority is given to applicants who belong to minority groups that are underrepresented in graduate programs. Students can submit an application for the scholarships at their college or university. The awards are worth up to \$7,200 and are renewable for a second year.

### College Affordability Grants



NEW MEXICO  
HIGHER EDUCATION DEPARTMENT

The College Affordability Grants are awarded to New Mexico residents who are enrolled at least half-time at New Mexico public colleges or universities. The monetary amount varies based on financial need, but the maximum amount awarded is \$1,000. To apply, students must fill out the FAFSA and contact their college's financial aid office. The grant can be awarded yearly until the student receives a bachelor's degree.

### Vietnam Veterans' Scholarships



The Vietnam Veterans' Scholarships are awarded to Vietnam veterans who are certified by the New Mexico Veterans' Service

Commission. Recipients must have been honorably discharged from the armed forces and must be New Mexico residents. The scholarship covers tuition, fees, and books for each recipient. Students can renew their scholarship each year if they make satisfactory progress and stay in good academic standing at their college or university.

### NMSU Academic Scholarships



New Mexico State University awards several to incoming students. The President's Associates Excellence

Scholarship, which covers all tuition, fees, and housing, is awarded to students with a GPA of 3.75 and an ACT score of 28 or higher. The Honors Excel Scholarship, which covers tuition and fees, is awarded to students with a minimum GPA of 3.75 and an ACT score of 24. The Regents Success Scholarship, which also covers tuition and fees, is awarded to students with a minimum GPA of 3.5. All of these scholarships are renewable for eight semesters.

### UNM Freshman Scholarships



The University of New Mexico awards Freshman Scholarships to New Mexico students with strong academic backgrounds. The Regents Scholarship, which is worth about \$17,800, is awarded to students with a 3.9 GPA and a 31 ACT score. The National Hispanic and

American Indian Scholarships, which are worth about \$8,400, are awarded to students who have Hispanic and American Indian heritage. The Presidential Scholarship, which is worth about \$8,400, is awarded to students with a 3.75 GPA and a 25 ACT score. Every scholarship is renewable for up to four years if the recipients meet the minimum GPA requirements.

Andrew Piech Memorial Scholarship



The Andrew Piech Memorial Scholarship is awarded to a New Mexico high school senior or college student who plans to pursue a degree or certificate from an automotive or technical-vocational school. To apply, students should provide a personal essay explaining why they are interested in the automotive or technical-vocational field and a letter of recommendation from a teacher, counselor, or employer. The recipient may be either a full-time or part-time student. The award amount varies between \$500 and \$1,000.

AAF-NM Scholarship



The New Mexico branch of the American Advertising Federation awards a \$1,500 to a full-time student in his or her junior or senior year at a New Mexico college or university. Applicants must be studying business, journalism, advertising, marketing, or strategic communications and should have a GPA of at least 3.0. To apply, students should supply their official transcripts, a letter of recommendation from a teacher or counselor, a resume, and a personal essay explaining their career goals and why they have chosen their field of study.

Julie’s Helpers Memorial Scholarship



The Julie’s Helpers Scholarship is awarded to a female Navajo student who is enrolled in a New Mexico college or university. The recipient must be at least one-fourth Navajo Indian and must be enrolled full-time in business, education, science, or engineering

Nightingale Nursing Scholarships



The Nightingale Nursing Scholarships are awarded to New Mexico nursing students who have already completed one semester of a nursing program. To apply, students should have a minimum GPA of 3.0 and must submit a transcript, two reference letters, and a personal statement explaining why they chose to pursue a nursing career. The scholarship committee awards several \$1,000 scholarships each year

Dan and Lucille Wood Athletic Scholarship



The Dan and Lucille Wood Athletic Scholarship is awarded to a high school senior who participated in NCAA sanctioned sports, including basketball, baseball, football, cross country, volleyball, golf, soccer, and wrestling. The recipient must have played at least one NCAA sport in his or her sophomore and junior years and at

least two NCAA sports in his or her senior year. Applicants must submit their official transcript, their ACT or SAT scores, three letters of recommendation, and a personal statement. The monetary amount varies yearly.

NMLA Scholarships



The New Mexico Library Association awards several college scholarships each year. The Marion Dorroh Memorial Scholarship is available to an individual pursuing an advanced degree in Library and Information Science. The College Scholarship Fund supports library workers who are enrolled in an undergraduate degree program in Library Technology. To apply, students should submit a resume, their letter of acceptance to their program, and a one-page statement of their professional goals and how they plan to improve the New Mexico Library system.

PFLAG Scholarship



The Santa Fe PFLAG Chapter offers about 15 \$1,000 each year to LGBT students who live in New Mexico. The recipients should have integrity, honesty, and strong moral character, and they should have a history of involvement in community service and extracurricular activities. When picking the scholarship recipients, priority is given to LGBT individuals below the age of 35, but some scholarships may also be awarded to older students and straight allies.

Sparx and Lorenzo Antonio Foundation Scholarships



The Sparx and Lorenzo Antonio Foundation awards a \$2,000 to a New Mexico public high school student. Applicants must be

graduating seniors planning to enroll full-time at a two- or four-year college or university, and they must have a cumulative GPA of at least 2.5. The recipient should have financial need and a focused goal for their future. Applicants should submit their high school transcript, two recommendation letters, and a personal statement describing their career goals and their financial need.

ACF Notah Begay III Scholarships



NEW MEXICO HIGHER EDUCATION DEPARTMENT

The Notah Begay III Scholarship worth \$1,400, is awarded to New Mexico high school seniors who are Native American scholar-athletes and have a minimum cumulative GPA of 3.0. Applicants must have played a varsity level team sport in high school and must be planning to attend a community college or four-year university. To apply, students must provide a copy of their Student Aid Report of their FAFSA, their Certificate of Indian Blood or proof of tribal enrollment, a letter of recommendation from a coach, and a letter of recommendation from a teacher.

TEACH New Mexico Scholarships



The New Mexico branch of the TEACH organization provides several scholarships to students pursuing associate’s degrees, bachelor’s degrees, or graduate degrees in education. They offer several different models of scholarships that cover varying percentages of the recipient’s tuition, books, and fees. The scholarships are available both for current teachers who want to pursue more education and new, full-time students. Students can submit their applications through the New Mexico Association for the Education of Young Children website.



JOIN US FOR  
ANTI-BULLYING  
AWARENESS  
EVENTS

COMMUNITY EVENT  
DECEMBER 10, 2024  
Isleta Rec Center  
5:00pm- 7:30pm  
OPEN TO FAMILIES AND SCHOOL STAFF – AGES 5 YR & OLDER  
A MEAL WILL BE SERVED.

LET'S TAKE A STAND AGAINST  
BULLYING!

COMMUNITY LIGHT PARADE  
DECEMBER 20, 2024  
Isleta Health Center  
Parking Lot  
Parade Starts @ 6:00pm  
Check in/Line up: 5pm- 5:45pm

BULLYING ENDS  
WHERE  
KINDNESS  
BEGINS.

ANTI-BULLYING  
AWARENESS EVENTS  
WHERE WE'LL EXPLORE  
DISCUSSIONS ON  
STRATEGIES FOR  
RESILIENCE AND MENTAL  
WELL-BEING

TO PRE-REGISTER:

COMMUNITY EVENT REGISTRATION

LIGHT PARADE REGISTRATION

SPONSORS:  
IHC Public Health Depts.  
POI Police DEPT.  
POI Fire Dept.

ISLETA POLICE DEPARTMENT NEWS

December - 2024

The end of 2024 is here as we are now entering December and Christmas is quickly approaching! The year has flown by and before you know it will be January 2025.

Winter officially begins on December 21 but the state clearly experienced a dose of wintry weather in November paralyzing some areas of the state. The Pueblo also had a snow day based upon conditions affecting the community and surrounding cities. There are probably more days of this type forthcoming and we ask you to be prepared particularly during the upcoming holidays as many will be traveling.

Whether it's snow, sleet, ice or rain during winter weather can lead to extremely dangerous road conditions. Preparing yourself – and your vehicle – for winter weather is key.

*“Slow down so that you have enough room to stop; don't follow too closely, give plow and salt trucks a lot of room to operate,” These basic cold weather driving habits could save your life or someone else's.”*

There were an estimated 121,156 police-reported crashes in the United States during snow or sleet conditions in 2021, according to the National Highway Traffic Safety Administration.

*The NHTSA and AAA recommend these basic winter driving tips:*

- *Drive slowly on slick or snow-covered surfaces*
- *Accelerate and decelerate slowly*
- *Increase your follow distance to allow time to stop*
- *Don't crowd snow plows and use caution when passing them*
- *Avoid stopping if possible by slowing enough to keep rolling until a traffic light changes*
- *Build inertia at the base of hills to avoid using extra power on the way to the top*
- *Don't use cruise control when driving on slick surfaces like snow and ice*

AAA recommends preparing your car by keeping tires properly inflated with plenty of tread and maintaining at least a half tank of gas at all times. The National Safety Council recommends drivers use winter tires and test their battery, as power drops when temperatures do. Wiper blades should be checked and replaced as needed and top off wiper fluid rated for -30 degrees. The NSC also recommends drivers remove dirt, ice and snow from sensors for assistive-driving features and clean external camera lenses and side mirrors.

*Both AAA and NHTSA suggest drivers have cold-weather gear including:*

- *Ice scraper, snow shovel, and broom*
- *Food and water*
- *Kitty litter or sand for traction if stuck*
- *Blankets and warm clothing*
- *Necessary medications*
- *Flashlight*
- *Cell phone charger*



*There are many people who are walking or taking the bus. Excessive speed in wintry conditions can create a safety hazard for pedestrians, who may be moving slowly or be obscured by any number of weather conditions.*

*Please be patient and allow yourself extra time to get to school and work during your morning and evening commutes so that we can all get where we need to safely.*

For commuters going to work, attend school or holiday shopping remember weather conditions here on the Pueblo may be shockingly different traveling to different areas so please check weather forecasts, road conditions and if you absolutely must travel in adverse conditions keep the safety tips above in mind.

The Isleta Police Department's participation in community activities continued the end of October and by the photos all had some good times.



Erin Waconda, Chewbacca, Darth Vader (?) Janel Jojola



With colder weather, inclement weather, increased traffic for the holidays and holiday parties, the Isleta Police Department is ready to respond for increased calls for service, emergencies and traffic enforcement to include DWI detection. Our goal and mission is to serve and protect the community as well as all who pass through the Pueblo.

Keep vigilant for “scams”, “porch pirates”, suspicious individuals/vehicles, unsafe drivers and those driving under the influence and report them to the Police Department as soon as possible. Sadly during the holiday festivities these seem to increase and we need your help in maintaining the safety and security of the Pueblo of Isleta.

We hope all have a joyous and safe holiday season!



Public Works Department  
PHONE: 869-5170

IS THERE LEAD IN YOUR  
WATER PIPES?

Public Works needs your help to “fill in the blanks” on the lead inventories. We need to know what type of pipe was used to connect your home to the shut-off; if this line had been replaced and what type of piping was used; if there is any type of water filtration at your home; the owners name, physical and mailing addresses, phone number, and year home was constructed. All of the information collected goes back to the Environmental Protection Agency (EPA).

All of this information is important as it helps us submit more thorough funding requests to update these lines to protect the safety and health of the community.

The initial inventory for each of the four water systems on the Pueblo were submitted to the EPA on October 15, 2024. EPA is reviewing each inventory and will contact the Pueblo with any questions. What we submitted was not comprehensive. We still need to “fill in the blanks”.

Public Works may have information on what materials were used when your home was constructed. If we know the home was built after 1990 based on records we have on file, there will be no need for you to complete a form. Any homes or business we do not have records on will be asked to complete a form with the information requested.

Thank you in advance for your cooperation in assisting the Public Works Department by providing the necessary information. If you have any questions, please contact our main office at 505-869-5170.

What happens when you call 911?

Hopefully you never had to call 911, but if you have, you know it can be scary and frustrating at times. First off, knowing where you call from makes a difference. If you are calling from a landline within Isleta, it will go directly to the Isleta dispatch center. If you call from a cell phone multiple things can happen depending on your location within the Pueblo; 1.) Your call could go to the POI dispatch center, 2.) Your call could go to Bernalillo County EMS or 3.) Your call could go to Valencia County EMS.

If you call from a cell phone the dispatch center will not have a location or name. So please make sure you let the operator know your name and location before you tell them what is happening. This will ensure emergency units are sent as soon as possible. If dispatch does not have this information there is no way they can dispatch emergency services quickly. If you reach an outside dispatch center, just let them know you need Isleta Dispatch and they can transfer/connect you. Also please answer all the questions dispatch has for you. It may seem mundane, but all the information is critical for Police, Fire, and EMS. Tell dispatch something distinctive about your residence. This will help ensure PD and EMS can locate your property more quickly. Please remember dispatch is there to help you just as much as EMS, FIRE, and PD. Dispatchers of the 911 service are just as important as the rest of Emergency Services offered here on Isleta Pueblo.

Anyone. Any struggle. Any time.

This is the English version of the Tiwa article published in the August POI Newsletter and the IHC Summer Newsletter

Did you know that NM Native American youth who have a trusted adult in their lives are less likely to experience mental health distress and engage in risky behaviors? Unfortunately, for many people when they experience mental health distress, they do not feel that they have the support and care they need, making the bad situation worse, sometimes resulting in suicide or overdose. Studies have shown that in New Mexico, suicide is the leading cause of death for Native Americans.

However, there is hope.

Regardless of someone’s current situation or who they are, they deserve to feel heard and met with compassion and understanding. The National Suicide and Crisis Line- more frequently referred to as 988- is that support for a lot of New Mexicans and could be a good support for you or someone you know. The lifeline is not only free, confidential and available 24/7, but it also provides the support from trained professionals who are equipped to handle a variety of situations quickly. 988

Some reasons to call, text or chat with 988 include:

- Worried about safety
- Hard time managing strong emotions
- Relationship troubles
- Worried about substance use
- Need information about local community services
- Or any other reason, you need to talk to someone

For more information about 988: visit 988nm.org.



Dear Isleta Community Members,

I am writing on behalf of the Tribal Law Enforcement Planning Committee to ask for your help in supporting our Tenth Annual Tribal “Reaching for A Star” event to be held on December 12, 2024. This is one of few opportunities to recognize our tribal community children. This year we will be sponsoring 150+ tribal children ranging from newborn to age 14.

The cornerstone of the Tribal Law Enforcement “Reaching for A Star” is to offer an opportunity for Tribal Law Enforcement and our Pueblo of Isleta Departments to access information and ideas that might assist our Isleta Community and any and all communication with our youth. The Reaching for a Star Gift Tree will be located at the Isleta Police Department Lobby and member is able to chose a star and provide a gift for that child.

The Tribal Law Enforcement “Reaching for a Star” is a self-sustaining event and is seeking sponsorship for donations as well. We would appreciate donations such as decorations, wrapping paper, ribbon, boxes, and scotch tape. We also are accepting donated gift baskets which will raffled during the night of the event.



Please help us by sending a donation to assist us in providing a joyous and heart-filling Christmas for our Isleta Pueblo Children.

If you would like more information, please do not hesitate to contact me. I may be reached at 869-9728 or by emailing me at [kathleen.lucero@isletapueblo.com](mailto:kathleen.lucero@isletapueblo.com). Your consideration of this request is greatly appreciated.

Sincerely,  
*Kathleen B. Lucero*  
Detective Kathleen B. Lucero  
Isleta Police Department



Isleta Police  
Crime Stoppers

The Pueblo of Isleta Police Department is asking for the community’s assistance in any information of the person or persons who vandalized a historical building on or before October 26, 2024.

This is the old Isleta Police Building located at 134 Tribal Road 40 Isleta, NM (Village Proper).

*If you have any information on this incident, you could be eligible for a REWARD.  
You will remain completely anonymous.*



CRIME STOPPERS BULLETIN 24-07

Anyone with information is asked to contact the Isleta Police Department at 505-869-3030 or Isleta Crime Stoppers at 505-264-7258. You can also email us at [crimetiphotline@isletapueblo.com](mailto:crimetiphotline@isletapueblo.com)



## Pueblo of Isleta Public Library

As we wrap up another year, we want to take a moment to reflect on all we've accomplished, and look forward to what's to come. December is a special month, filled with festive celebrations, cherished traditions, and the opportunity to connect with those who mean the most to us. We're incredibly thankful for your continued support. In this final edition of our newsletter for 2024, we've got some exciting updates, holiday cheer, and plenty to share with you!

### News

A staff meeting will be scheduled sometime during the first week of December. We will be planning upcoming programs for children, teens, and adults. The library will remain open during this time so don't hesitate to come on in and check out any library material.

The library will be **CLOSED** on the following dates during the month of November.

**Tuesday, December 24th** EARLY CLOSURE at 12pm Christmas Eve will be observed.

**Wednesday, December 25th** CLOSED in observance of the Christmas Holiday. We would like to wish everyone a Merry Christmas and Happy Holidays!

**Thursday, December 26th** EARLY CLOSURE at 12pm due to Traditional Dances.

**Friday, December 27th** EARLY CLOSURE at 12pm due to Traditional Dances.

**Tuesday, December 31st** EARLY CLOSURE at 12pm New Year's Eve will be observed.

**Wednesday, January 1st** CLOSED in observance of New Years Day.

Please keep in mind with the upcoming Holiday Season and unpredictable weather that unexpected closures may occur. Notices will be posted and up to the minute notices will be posted on all library social media accounts.

Attention library mobile app users, if you are not currently getting library notifications please go to your settings and allow notifications for the POI Library app. If you need assistance you can come into the library and a staff member can help you with the library app. The library sends out notifications for closures, events, programs, give aways and community announcements so make sure you're receiving those notifications.

Please join us every Thursday at 11:00am for Family Story Time, no sign ups required so just come on in. Library Staff member Abbey will read a story and engage toddlers and families in an activity. This

program gives parents and caregivers the opportunity to introduce reading to their children. If you have any questions, please give Abbey a call at the library at 505-869-9808 or by email at [Abbey.Whitaker@isletapueblo.com](mailto:Abbey.Whitaker@isletapueblo.com).

Don't forget the library offers a streaming service Kanopy. Enjoy the many movies and shows Kanopy has to offer for FREE! To access you will have to select your library (Pueblo of Isleta Public Library) set up an account using your library barcode and pin. From there you will receive 21 tickets per month to enjoy shows, movies, and Kids Kanopy is always unlimited. For any questions or information about this service speak with a staff member at 505-869-9808.

### Upcoming

Put your building skills to the test and come to the library to make a Pueblo style Gingerbread House! Gingerbread houses will be submitted to the Indian Pueblo Cultural Center for their annual Pueblo Gingerbread House Contest. All supplies will be provided! Participants will work on the gingerbread houses every Wednesday from November 20th through December 11th from 5pm – 6:30pm. This program is open to 8 patrons 18 & over. For more information please contact Lucas at 505-869-9808 or email at [Lucas.BiscanWhite@isletapueblo.com](mailto:Lucas.BiscanWhite@isletapueblo.com).

Looking for something festive to do this Holiday season? Join us for a Christmas Candle Painting Night on Thursday, December 5th at 5pm. This program will be open to the first 8 patrons 18 and over to sign up. All supplies will be provided and sign-ups start Monday, November 25th. Light snacks and refreshments will be served. For more information about this program please contact Diane by email at [Diane.Abeita@isletapueblo.com](mailto:Diane.Abeita@isletapueblo.com) or call 505-869-9808.

The library will be planning programs for children, teens and adults in the upcoming weeks and months. Please keep your eyes and ears open. We are excited to share our knowledge with you. You can always refer back to our library website, library social media, Isleta Newsletter, and library

flyers throughout the community. All our programs are open to the community and public.

### Recap

We would like to acknowledge our After School Program students for doing such a great job with their reading and staying on track with their homework. On Friday, November 22nd library staff members took students on an incentive field trip to Urban Air where the enjoyed jumping on the trampolines, a ball pit, dodge ball, cruising down a zipline and pizza. We are currently planning a Christmas Party for our students. Festivities will include holiday activities, crafts, games and of course food. Students will soon be on Winter Vacation and we hope students can relax and enjoy their free time. We look forward to seeing everyone after the break for the second half of the school year.

The fourth Learning Outside the Classroom field trip of the school year took place on Monday, November 4th and was led by library staff members, Diane and Abbey. This is ongoing program throughout the school year for the opportunity for students to learn outside the classroom. Our field trip for November was to Explora! the students enjoyed a staff led activity of Magic Bubbles and then explored the center making there last stop at the gift shop. After students and staff enjoyed lunch at Dion's. We are currently planning our next Learning Outside Fieldtrip, more information and details coming soon for our next field trip. If you have any questions or suggestions about this program, please call the library at 505-869-9808 and speak with a staff member.

In celebration of Native American Heritage Month, the library hosted a Movie Night on November 21st. Participants enjoyed a cozy evening at the library with a FREE screening of Warrior Spirit. A documentary about the first native American UFC champion, Nicco Montano, who is on a quest to defend her UFC title. It turned out to be a great evening filled with entertainment, popcorn and fun. We would like to thank everyone who participated in our library movie night.



It was a beautiful fall day to have fun at Explora!



Students at Explora! on their Learning Outside the Classroom Fieldtrip.



Vaccine Recommendations for the 2024-25 Respiratory Disease Season

COVID-19

- Everyone ages 6 months and older should get an updated 2024–2025 COVID-19 vaccine. This includes people who have received a COVID-19 vaccine before and people who have had COVID-19
- The COVID-19 vaccine helps protect you from severe disease, hospitalization, and death.
- It is especially important to get your 2024–2025 COVID-19 vaccine if you are ages 65 and older, are at high risk for severe COVID-19, live in a long-term care facility, or have never received a COVID-19 vaccine.
- Vaccine protection decreases over time, so it is important to stay up to date with your COVID-19 vaccine.
- Getting a COVID-19 vaccine is a safer, more reliable way to build protection than getting sick with COVID-19.


Seasonal Influenza

- Everyone 6 months of age and older should make a plan to get an updated flu vaccine.
- All U.S. flu vaccines for the 2024-2025 season are trivalent (three component) vaccines that protect against three influenza viruses: an A(H1N1) virus, an A(H3N2) virus, and a B/Victoria virus.
- People age 65 and older and people who have received a solid organ transplant can opt to receive a “high dose” flu vaccine
- Flu vaccination can keep you from getting sick from the flu.
- Flu vaccination can also reduce the risk of hospitalization from flu as well as the severity of illness even if someone gets sick with the flu.


RSV Vaccine

- Recommended for all adults age 75 and older if they did not receive a previous RSV vaccine last season.
- Recommended for people ages 60–74 who are at increased risk of severe RSV, meaning they have certain chronic medical conditions, such as lung or heart disease, or they live in nursing homes.
- The RSV vaccine is not currently an annual vaccine, meaning people do not need to get a dose every RSV season.
- Eligible adults can get an RSV vaccine at any time, but the best time to get vaccinated is before RSV starts to spread in communities.

Call Isleta Health Center to check on vaccine availability and scheduling!



**TURNING 65?  
HAVE  
QUESTIONS ON  
HOW TO APPLY FOR  
MEDICARE?**



**If you have questions on how to apply for Medicare, or have questions about Medicare Advantage programs.**


**You can reach out to the Isleta Health Centers Benefits Coordinator and set an appointment.**

**Theresa Bridge, Benefits Coordinator 505-869-4469**

**\*Reminder Open Enrollment is quickly approaching. Starting October 15-December 07, 2024**


# TRASH TALK ISLETA!

PROPERLY SPACED CARTS INSURE SAFE SERVICE TO YOUR HOME AND PROPERTY.




IMPROPERLY SPACED CARTS CAN LEAD TO MISSED COLLECTIONS.

**PROPERLY SPACED**



**NOT SPACED PROPERLY**



## PROPER SPACING IS IMPORTANT

Let’s talk trash Isleta! In this edition of Isleta Trash Talk, let’s talk about proper spacing of your trash and recycle carts. It is important to place your carts out properly to avoid missed collections. Above you we see photos of both properly and improperly spaced carts. The photo on the right illustrates carts that are not properly spaced. The claw of the truck does not have enough room to get in between the carts to pick them up. Please leave a minimum of 3 feet of room between other carts, mailboxes, low hanging trees, utility lines, fences etc. This will insure the drivers can safely access, empty and service your home. The photo on the left illustrates properly spaced carts. This allows the driver to provide you with safe curbside service. Your cooperation and understanding is greatly appreciated.

(505)869-4106

### KEEP ISLETA BEAUTIFUL!

# TRASH TALK ISLETA!

**DON'T CONTAMINATE  
RECYCLE BETTER  
KEEP ISLETA BEAUTIFUL!**

PUEBLO OF ISLETA  
**SOLID WASTE  
DIVISION**



**PLASTIC**  
Bottles, tubs, jugs and jars



Empty and Rinse

**METAL**  
All cans



Empty and Rinse

**PAPER**  
Paper, cartons and cardboard



Flatten cardboard

**USE CLEAR BAGS ONLY**



**IF YOU BAG RECYCLABLES  
DO NOT USE BLACK OR WHITE BAGS**

Keep it simple, if you do not see it on this flier throw it away in the trash. Do not use your blue recycle cart for trash or it will be confiscated. Have your cart out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. (505) 869-4106

Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility. When your recyclables are bagged in colored bags they are not opened up and your material is landfilled instead of recycled. Using clear bags helps to ensure the health and safety of the line workers who come in contact with the material when sorting at the recycle facility. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Your understanding and cooperation is greatly appreciated.

988 SUICIDE & CRISIS LIFELINE

ANY ONE. ANY STRUGGLE. ANY TIME.

Did you know?

NM Native American youth who have a trusted adult in their lives are less likely to experience frequent mental health distress and engage in risky behaviors.

REASONS TO CALL 988:

- Feeling lonely, hopeless, angry
- Worried about safety for yourself or a loved one
- Worried about substance use
- Need someone to talk to

IF YOU HAVE AN AREA CODE FROM OUTSIDE NM AND YOU GET DIRECTED TO A NON-NM STATE, YOU CAN ASK TO BE TRANSFERRED TO NM.

CALL. TEXT. CHAT.

YOU ARE NOT ALONE

988 IS:

- Someone to talk to
- Free
- 24/7
- Confidential
- Access to local resources

FOR MORE INFORMATION ABOUT 988: VISIT 988NM.ORG

Open Skies HEALTHCARE

Offers behavioral health services

FOR CHILDREN, YOUTH AND ADULTS

OUR COMPREHENSIVE COMMUNITY SUPPORT SERVICES (CCSS) HAS IMMEDIATE OPENINGS TO WORK WITH INDIVIDUALS AND FAMILIES.

OUR PROFESSIONAL COMMUNITY SUPPORT WORKERS IDENTIFY AND COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

CONTACT US FOR INFO AND REFERRALS

(505) 345 - 8471

info@openskieshealthcare.org

ryanh@openskieshealthcare.org

Pueblo of Isleta Head Start and Child Care

www.isletaheadstartandchildcare.com

ACCEPTING APPLICATIONS

Required Documentation for enrollment includes:

- Proof of birth/Proof of pregnancy (if applicable)
- Proof of Residency
- Household Certificate of Indian Blood
- Medical Insurance Card
- Proof of Income
- Proof of public assistance (if applicable)
- Court Documentation (if applicable)

Community Assessment

Please help us get community data! Our short and sweet community assessment helps us determine how we can help community members with Early Childhood Services. Scan the QR Code!!

505-869-9796

Steps to get your child enrolled

Step 1

Call 505-869-9796 to get scheduled

Step 2

Complete Application

Step 3

Child Starts school!!!

SCHOOL CLOSURES

November 11, 2024

Veterans Day Observance

November 27-29, 2024

Thanksgiving Break

NOVEMBER UPCOMING EVENING EVENTS

1

Parent Committee

November 7, 2024

2

Family Night

November 13, 2024

3

Fatherhood/Male Involvement

November 19, 2024

4

Policy Council

TBA

ALL EVENTS BEGIN AT 5:30PM

Thanksgiving Break

November 27-29, 2024

In Loving Memory of Tata Jose Jojola and Nana Sophie Jojola

Chee-ee and Teh-ea, Mom and Dad, Nana and Tata you will always be in our hearts and never be forgotten. Words can't explain, just know your knowledge, love, kindness and strength is missed dearly.

Ee-bin-oom so much always.

We Love You

# Supporting Your Mental Health During the Holidays

## From B'eeh K'oo-ee Wellness Center

In a 2014 survey conducted by the National Alliance on Mental Illness (NAMI), researchers found that 64% of people diagnosed with a mental illness experienced worsening symptoms during the holidays. While some may find the holidays to be a mostly joyful time, it might be a mixed time for many of us, even if we haven't been diagnosed with a mental illness.

Here are some tips on how you can take care of your mental health during the holiday season:

1. **Check in with yourself regularly.** Ask yourself how you're feeling. If you're not feeling 100% joyful and happy, that's okay. Feeling down or sad during the holidays is normal for many people. Noticing our feelings and emotions is the first step to taking care of ourselves.
2. **Develop a plan.** Make a plan for when you're feeling stressed, lonely, or sad. It's important to make this plan when you feel "ok," that way the plan is ready for when you're not feeling very good. Ask yourself: What usually helps me feel better?
3. **Connect with Community.** For many, being with trusted loved ones (even if you're not talking about your feelings) can help us feel better. Ask yourself: Who helps me feel better when I'm down? Who is a positive influence?
4. **Avoid alcohol and drugs.** Sometimes people use substances because it makes them feel better in the short-term. For example, someone might use alcohol to feel less stressed or to "get through" something. However, immediate effects include decreased inhibitions (which can cause us to do or say things we wouldn't normally do or say) and potential risky behaviors like driving while under the influence. Once immediate effects have worn off, substances (including alcohol) cause increased depression, stress in relationships, and health problems. Alcohol especially affects the brain's ability to get deep sleep, which makes emotional regulation more difficult. Check in on those around you who are in recovery or who are struggling with substance use to see how you might be able to support them.
5. **Know when to ask for help.** If you're experiencing ongoing low mood, difficulty sleeping, decreased or increased appetite, difficulty concentrating, or anything that makes you feel like you're not yourself, reach out for help. Don't wait for symptoms to get worse.

## Who can I reach out to for help?

**B'eeh K'oo-ee Wellness Center** - Call us at (505) 869-5475 to schedule your first appointment! We are often able to get people in for their first appointment within a few weeks after they call

**Medical Providers** - If you'd rather talk with a medical provider to explore your treatment options, schedule an appointment with your Primary Care Provider!

**988** - 988 is a free and confidential lifeline that you can call if you're in crisis, or if you just need some support.

If you're having thoughts of suicide, please call 988, 911, or go to the nearest emergency room to get help immediately.



## Happy Holidays from the Isleta WIC Office!

Now that the holidays are just around the corner, we are spending more time with our families and enjoying meals together.

### Safety tips for food preparation and storage:

- ✓ Always wash your hands before and after you prepare foods
  - ✓ Wash fruits and vegetables before eating them
- ✓ Never store cooked food and raw food together, cross contamination may occur
- ✓ Try to use a wood chopping board, they have less places for bacteria to hide than other materials
  - ✓ Freezing food doesn't kill bacteria
- ✓ Clean food prep areas and cooking utensils thoroughly
- ✓ Foodborne illness may cause serious illness and death



### HOLIDAY APPLE CRANBERRY CRUMBLE

**4 MEDIANE tart apples (like Granny Smith), washed, peeled, and cored**  
**1 cup fresh or frozen cranberries**  
**1 TBS orange juice**  
**½ cup sugar**  
**½ cup old-fashioned oats**  
**½ cup flour**  
**½ cup brown sugar**  
**1 TSP cinnamon**  
**½ cup butter or margarine, softened**

Heat oven to 375°F. Cut apples into thin slices. In a large bowl, mix sliced apples, cranberries, and orange juice, and sugar. In a separate bowl, stir together oats, flour, brown sugar, and cinnamon. Cut the margarine into pea-sized pieces, add to dry ingredients, and mix with a fork until uniformly crumbly. Grease an 8-inch square, oven-safe baking dish. Spread 1 cup of the oat mixture evenly in the pan. Pat into a firm layer. Spread the apple mixture over the oat mixture. Top with the remaining oats. Bake 40 minutes or until golden brown. Serve warm.

**MAKES 9 SERVINGS**

Each serving provides 270 calories, 2 grams protein, 41 grams carbohydrates, 11 grams fat, 75 milligrams sodium, 2 grams fiber.





**FAMILY ACTIVITY**

Play Simon Says with your child.

**ISLETA WIC OFFICE 505-869-2662**



## HOLIDAY APPLE CRANBERRY CRUMBLE

4 MEDIUM tart apples (like  
Granny Smith), washed,  
peeled, and cored  
1 CUP fresh or frozen  
cranberries  
1 TBS. orange juice  
½ CUP sugar  
¾ CUP old-fashioned oats  
½ CUP flour  
½ CUP brown sugar  
1 TSP. cinnamon  
½ CUP butter or  
margarine, softened

Heat oven to 375°F. Cut apples into thin slices. In a large bowl, mix sliced apples, cranberries, orange juice, and sugar. In a separate bowl, stir together oats, flour, brown sugar, and cinnamon. Cut the margarine into pea-sized pieces, add to dry ingredients, and mix with a fork until uniformly crumbly. Grease an 8-inch square, oven-safe baking dish. Spread 1 cup of the oat mixture evenly in the pan. Pat into a firm layer. Spread the apple mixture over the oat mixture. Top with the remaining oats. Bake 40 minutes or until golden brown. Serve warm.

### MAKES 9 SERVINGS

Each serving provides 270 calories, 2 grams protein, 41 grams carbohydrate, 11 grams fat, 75 milligrams sodium, 2 grams fiber.

### FAMILY ACTIVITY

Play Simon  
Says with  
your child.

DECEMBER					2024
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
Step By Step Tutorial Paint A Desert Landscape 1pm	Blu Orchid Massage 9:30am-3pm  Trivia Tuesday 12:30pm	Tips For Eating Healthy And Recipe Sharing 12pm	Fall Prevention Session 11:30am  Make A Christmas Tree Ornament 1pm	<div><div>BINGO</div><div><div>6</div><div>29</div><div>34</div><div>47</div><div>75</div></div><div><div>2</div><div>26</div><div>41</div><div>59</div><div>73</div></div><div><div>3</div><div>25</div><div>30</div><div>57</div><div>64</div></div><div><div>11</div><div>27</div><div>31</div><div>46</div><div>68</div></div><div><div>15</div><div>21</div><div>37</div><div>48</div><div>71</div></div></div> <div>B.I.N.G.O 1pm</div>	
9	10	11	12	13	
Jemez Pueblo Sr. Olympians Visit @ Recreation Center Shuffleboard/Cornhole 9am	Commodities Distribution 9:30am-3pm  Health Edu. Presentation: <b>Diabetes</b> 12:30-2pm	Museum Hill Santa Fe, NM Outing 9am	<div><div></div><div>Mass 11:30am</div></div> <div>Derby Dash Dice Game 12:45pm</div>	Elder Center Will Be Closed @12pm For Staff Appreciation	
16	17	18	19	20	
Cornhole 12:45pm	<div><div></div><div>Commodities Distribution 9:30am-3pm</div></div>	General Meeting Topic: TBA	December Birthdays Celebration  Musical performance by George Waquie Sr. @12:45	Center Will Be Closed For Elder's Christmas Event @Isleta Resort & Casino 2-7pm <b>Must RSVP To Attend</b>	
Ham Distribution @Recreation Center					
23	24	25	26	27	
Play "Survey Says" 12:45pm <div><div>FAMILY FEUD</div></div>	No Congregate Lunch  Home Delivered Meals Only	Center Will Be Closed <div><div>Seasons Greetings</div></div>	No Congregate Lunch  Home Delivered Meals Only	No Congregate Lunch  Home Delivered Meals Only	
30	31	Call or Visit the Elder Center to Sign up for Activities & Trips in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted.* CLOSED FOR ALL MAJOR HOLIDAY'S. 505-869-9770 MONDAY- FRIDAY 8:00AM - 4:30PM			
No Activities	No Congregate Lunch  Home Delivered Meals Only				11/13/2024

Isleta Elder Center Menu 2024		Happy Holidays	hello December	
Monday	Tuesday	Wednesday	Thursday	Friday
12/2/2024 <b>Breakfast for lunch</b> French Toast Sticks 4ea. Sausage link 3oz SF Syrup 2oz Fresh Fruit Orange Juice	12/3/2024 <b>Grilled Ham &amp; Cheese</b> Slice Ham 3oz Slice Cheese 1oz Sliced Bread Tomato Soup 1c Fruit Cup	12/4/2024 <b>Baked Chicken</b> Chicken Thigh 3oz Wild Rice 1/12c Zucchini 1/2c Dinner Roll Fresh Fruit	12/5/2024 <b>Red Chile Stew</b> Ground lamb 3oz Hominy 1/2c Red Chile 1/2c Fry Bread Fruit Cobbler	12/6/2024 <b>Meatloaf</b> Ground Beef 3oz Mash Potato 1/2c Gravy 1oz California Vegetable 1/2c Fruit Cup
12/9/2024 <b>Breaded Fish Sandwich</b> Fish Patty 3oz Hamburger Bun Tartar Sauce 1oz Mixed Vegetable 1/2c Fresh Fruit	12/10/2024 <b>Chicken Parnesan</b> Chicken Patty3oz Marinara Sauce 2oz Buttered Penne Pasta 1/2c Asparagus 1/2c Fresh fruit	12/11/2024 <b>Hearty Beef Stew</b> Dice Beef meat 3oz Dice Potato 1/2c Carrots & Celery 1/2c Biscuit Fruit Cup	12/12/2024 <b>Turkey Pot Pie</b> Dice Turkey 3oz 5 way vegetable 1/2c Cream of Chicken base 1/2c Puff pastry topping Jello w/fruit	12/13/2024 <b>ELDER CENTER CLOSED</b>  <b>STAFF APPRECIATION</b> <b>NO SERVICES PROVIDED</b> <b>ALL SERVICES WILL RESIME</b> <b>MONDAY 12/16/2024</b>
12/16/2024 <b>Spaghetti</b> Meatballs 3oz Spaghetti Noodle 1/2c Marinara Sauce 1/2c Mixed Vegetable 1/2c Fresh Fruit	12/17/2024 <b>Cowboy Chili</b> Ground Beef 3oz Kidney Beans 1/2c Dice tomato & onions 1/2c Bell Peppers 1/2c Cornbread	12/18/2024 <b>Pork Chops</b> Pork Chop 3oz Rice Pilaf 1/2c Gravy 2oz Dinner Roll Apple Strudel	12/19/2024 <b>Chile Cheese Dog</b> Beef Hotdog 3oz Chile Sauce 2oz Hotdog Bun Shredded Cheese 2oz Sweet Potato Tots 1/2c	12/20/2024 <b>ELDER CENTER CLOSED</b>  <b>Elder Center Christmas Event</b> <b>Isleta Resort &amp; Casino</b> <b>2pm to 7pm</b> <b>Must RVSP to attend</b>
12/23/2024 <b>Macaroni Stew</b> Ground Pork 3oz Stewed Tomatoes 1/2c Elbow Macaroni 1/2c Crackers Fresh Fruit	12/24/2024 <b>HDM DELIVERY ONLY</b> <b>Egg Salad</b> Eggs 3oz Dice onions & celery 1/2c Pickle spear WW Bread Baked Chips 2oz	12/25/2024 <b>ELDER CENTER CLOSED</b>  <b>WE'RE CLOSED FOR CHRISTMAS</b>	12/26/2024 <b>HDM DELIVERY ONLY</b> <b>Teriyaki Salmon</b> Salmon 3oz Teriyaki sauce 1oz Broccoli 1/2c Sweet Potato 1/2c Fruit Crisp	12/27/2024 <b>HDM DELIVERY ONLY</b> <b>Pulled Pork</b> Shredded Pork 3oz Mixed Vegetable 1/2c BBQ Sauce 2oz Hamburger Bun Fresh Fruit
12/30/2024 <b>Chicken Fried Steak</b> Chicken Pattv 3oz Country gravy 1oz Wild Rice 1/2c Country Blend 1/2c Fresh Fruit	12/31/2024 <b>HDM DELIVERY ONLY</b> <b>Green Chile Stew</b> Ground Pork 3oz Dice Potato 1/2c Green Chile 1/2c Fry Bread Fresh Fruit	<div>Please call by <b>9 AM</b> to cancel Home Delivered Meals. Thank you.</div>		
****Menus are subject to change without notice, based on the availability of products.****				
Revised:11/13/24				