

# Isleta Pueblo News

Volume 20 Issue 4

Pueblo of Isleta website: www.isletapueblo.co



April 2025

# Governor's Report

Maguwam,

Spring is here as we approach into the month of April. As we enter into another farming and fire season, we would like to remind you to be cautious and burn your weeds responsibly to ensure the safety of our community.

Governor and Lieutenants met with Representative Stansbury to discuss the Pueblo's priorities and federal funding updates. Staff from Representative Vasquez's Office joined this meeting. We are appreciative that the Representative and staff made time to discuss these important issues in-person at the Pueblo.

The Administration has been actively engaged with the New Mexico legislative session, tracking a number of bills to ensure that the Pueblo's interests are advanced through State legislation. Some of the priorities for this session include capital outlay funding, education, child welfare, and a key MRGCD voting bill. The session ends on March 22nd. At the end of the month, the Isleta Transportation Department and I will be meeting with NMDOT Secretary Ricky Serna to discuss the Pueblo's ongoing transportation projects and priorities.

I would also like to inform you that we are planning a community meeting to occur in April. Keep a look out for the postings of date and time around the community bulletin boards.

Last, I want to send my condolences to the families of those who have lost their family members during the month of March.

Ha-Wuh,

Governor Eugene Jiron Pueblo of Isleta

# **New Mexico VA Healthcare System**

Pueblo of Isleta Veteran Outreach Event



Pueblo of Isleta Veterans Center 4001 NM-314, Los Lunas NM 87031

# Friday, May 2nd, 2025.

10:00 am to 2:00 pm.

Sign up for VA Healthcare, Veterans Benefits, and other VA Resources.

Learn about the Pact Act, Compact Act and Strong Act.

Check the status of a submitted VA Benefits claim.

VA staff will be available to assist Veterans to update your sign in credentials for new MyHealtheVet login requirements.

If you would like to sign up for VA Healthcare or benefits, bring a Copy #4 of your DD-214 Discharge document, Medicare or other health insurance cards, and a copy of last year's income taxes.

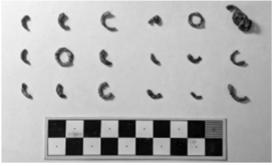
This is a public event and all Veterans; their families and caretakers are Cordially Invited!

POC: Mr. Terry L. Obago, Program Manager, Southwest Regional Tribal Veterans Program, New Mexico VA Healthcare System, Email: <a href="mailto:terry.obago@va.gov">terry.obago@va.gov</a> or call (505) 264-4110

# From the Cultural and Historic Preservation Department: New Research at Pottery Mound

The ancestral Tiwa pueblo of Pottery Mound is a unique place. It is the largest pueblo ruin along the Rio Puerco. The site was first studied in the 1950s and 60s by archaeologists from the University of New Mexico (UNM). In December 2012, UNM transferred ownership of Pottery Mound to Isleta Pueblo. Since then, the Isleta Cultural and Historic Preservation Department (CHPD) has undertaken several projects to understand how the pueblo came into being, how long it was occupied, and how its inhabitants utilized the landscape around them.

Archaeologists first thought that Pottery Mound was abandoned in the 1400s, but recent work by the CHPD has revealed that people were living at the pueblo much later than that. Ceramic sherds



can be dated by their forms, styles, clays, and tempers. Most of the ceramics at Pottery Mound date to the 1200s, 1300s, and 1400s, but in the eastern and northern parts of the pueblo, sherds dating from the 1500s to early 1600s have been found. These later ceramics are fewer in number, indicating that the site was still occupied at the time the first Spaniards (the Coronado Expedition) arrived in 1540-42, but that fewer people were living there than during the pueblo's heyday 100 to 200 years earlier.

Over the last few years, archaeologists from the Isleta CHPD have uncovered 80 pieces of metal at Pottery Mound, including dozens of armor fragments (Fig. 1), hand-forged nails,



several lead balls, and a possible trigger fragment of a matchlock arquebus (Fig. 2). Despite their small size, these artifacts are important because they show that at some

point, probably between 1540 and 1600, one or more groups of Spaniards visited Pottery Mound. Those Spaniards must have met the people who were then still living at the pueblo.

From what is known about Spanish expeditions of the 1500s, the Spaniards at Pottery Mound were likely from the Coronado Expedition of 1540-42, or members of two smaller expeditions who came through Tiwa territory in the early 1580s. Did the Spaniards just stop by the pueblo while traveling somewhere else? Did they stay a while? Were they hostile to the people of Pottery Mound? Was there any violence that caused the people to abandon their pueblo?

Unfortunately, at this point little else is known about the encounter (or encounters) between the people of Pottery Mound and the Spanish visitors, but there is still a wealth of information to be saved and studied at the site. Time is running out for Pottery Mound: ongoing erosion from the Rio Puerco threatens to destroy the site before its story can be told.

M. Bletzer, E. Thompson

### LETTER FROM THE EDITOR

**DEADLINE for May Newsletter articles is set for Tuesday, April 15, 2025, at 4:30 pm.** Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you my call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

# The fifteen Newsletter distribution locations are:

- 1. TR 2 & TR 22 Chical SE of Community Hall
- 2. TR 10 Behind the old 47 Sales
- 3. TR 1 & TR 5 Ranchitos / Bosque Farms
- Reservations Line 4. Ranchitos Park
- 5. Post Office Big Tree
- 6. TR 82 & TR 84 Teller Road
- 7. TR 78 & TR 82 Carlos Trujillo Sr.
- 8. TR 90 @ Y CF Padilla
- 9. Mouse Town Park –
- 10. Health Center South end of Health Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 47 Intersection
- 13. TR 12 47 & 147 intersection (Old Smoke & Save)
- 14. TR 71 & TR 54 @ Y Holiday Robot / Paved Road / Railroad Tracks
- 15. TR 45 & TR 40 @ Y Tata Mel (POI Signage)

# **PROBATES**

IN THE MATTER OF THE ESTATE OF: Johanna-Rae Crystal Olguin

Case No. CV-PR-0004-2025

#### **Second Notice**

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Johanna-Rae Crystal Olguin, deceased 12/18/2024, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for TBD at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

# Los Lunas High School Class of 1965 60th Reunion, Announced

The event will be simple: visit with all those old buddies from school days, share a great meal, maybe win some prizes and remember those who can no longer be with us for this reunion. We also hope to host a couple of special events with whoever might be interested the next day Sunday, details to come later.

<u>Time</u>: May 3, 2025, starting at 5 pm until 8 pm <u>Place</u>: Black Angus restaurant, 2290 Wyoming Blvd NE, Albuquerque NM 87112

Fellow classmates, don't miss this if at all possible! <u>Deadline to contact us with your name and current address, phone number and email address is April 1st 2025.</u> Contact RJ at <u>Ilhsclassof65@yahoo.com ASAP</u>.

Goodwill Goodjobs! Serving Albuquerque south valley/ Isleta Pueblo, and Valencia County

We offer individual free assistance with job search, interview skills, and resume assistance.

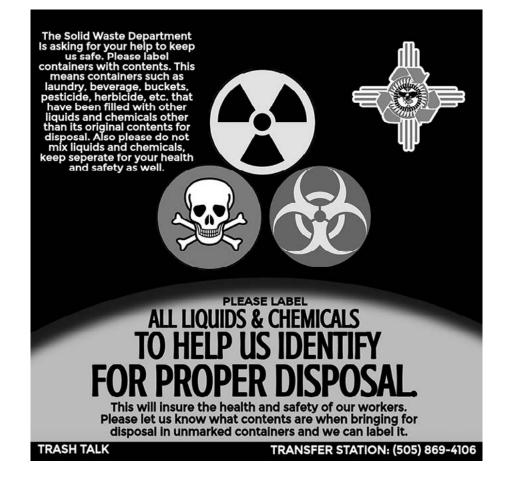
Contact: Vicki Herring

Career specialist at 505-944-0289

Vicki Herring Career Specialist Goodwill Industries of New Mexico

vherring@goodwillnm.org 505-944-0289 or 505-881-6401 x4097 201 Desert Willow Rd, Los Lunas, NM 87031 www.Goodwillit.org



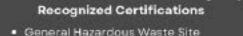




Santa Fe Community College's nationallyranked EPA workforce development
program trains you for high-wage jobs-indemand in New Mexico. Students earn 12
industry recognized certifications in a
FREE 5-week course and upon successful
completion are eligible for job placement
assistance from SFCC and New Mexico
Department of Workforce Solutions.
Starting wages for certified Environmental
Technicians are \$17 to \$21 per hour.

For more information call (505) 428-1324 or email candice.mirabal@sfcc.edu





- General Hazardous Waste Site Worker (HAZWOPER)
- . CPR and First Aid
- Forklift Operator
- OSHA Construction Standards
- Bloodborne Pathogens
- Radiation Safety
- Confined Space Entry and Non-Entry Rescue
- · Solid Waste Management
- Hazardous Waste Management
  (DCDA)
- Phase I and Phase II Environmental Assessments
- · Environmental Sampling
- DOT HazMat

Applicants must be 18 years-old, be able to lift 30lbs, and have a GED or high school diploma. Students are required to complete the program with 100% attendance. April 14, 2025-May 16, 2025, 8am-5pm, Monday thru Friday.

# G.I.D

# Handyman services

Remolding • Roof Repairs

- Painting interior/exterior
  - Flooring wood/vinyl
  - Fence work/repairs
  - Build dog houses

Give me a call anytime Ben 505-285-0327

Bandelier National Monument is currently hiring for 2 interns at Bandelier National Monument, a 26-week paid opportunity that individuals 18-30 years old (up to 35 for military veterans) who are able to learn the trade of stone masonry from National Park Service Staff. This is a no experience required/necessary program! Would you be able to help share the opportunity? We also highly encourage individuals from associated tribes/pueblos and communities of Bandelier to apply! Please reach out to me directly for questions about this opportunity! Elahkwa/Asquali for your time. Kiana Etsate-Gashytewa



# TRASH TALK ISLETA!







7:00 AM - 4:30 PM
Saturday and Sunday
7:00 AM - 3:00 PM
CLOSED TRIBAL AND FEDERAL HOLIDAYS.
MAY CLOSE DUE TO HIGH WINDS
505-869-4106



## PROPERLY BAGGED RECYCLABLES

- Use clear bags only if you choose to bag your recyclables.
- Why? When it gets to the recycle facility the line workers can distinguish recycle materials from trash ensuring your materials get recycled.
- Using clear bags helps ensure the health & safety of the line workers who come in contact with the material when sorting at the facility.
- Use of colored bags will result in missed collections.

# WINDY SEASON & RECYCLING

closures at the Transfer Station on very high wind days. We ask that you please do not come to the Transfer Station on very high wind days as we may close early. We do this for safety reasons as well as to KEEP ISLETA BEAUTIFUL. Lots of times trash is blown out of vehicles during transport and it litters our community and pollutes our range lands. Poor visibility and dust can impair vision and cause damage to your eyes leading to accidents or injuries. This precaution is taken for your safety and community in mind.

Please bag all trash for curbside pickup. Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility and results in your material being landfilled instead of recycled. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Keep it simple, if you do not see it on the picture above throw it away in the trash. Do not use your blue cart for trash or it will be confiscated. Have carts out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. Your understanding and cooperation is greatly appreciated.

KEEP ISLETA BEAUTIFUL! (505)869-4106



# GOOD FRIDAY / EASTER SUNDAY SCHEDULE

The Transfer Station will be closed on Good Friday, April 18<sup>th</sup> and Easter Sunday April 20<sup>th</sup>. We will be open on Saturday April 19<sup>th</sup> from 7am-3pm. Good Friday's route will be collected on Thursday April 17<sup>th</sup>. Have carts out by 7am. Have a Happy Easter!







KEEP ISLETA BEAUTIFUL! (505) 869-4106

## Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Diane Abeita
Published By:
Valencia Express

# **ENVIRONMENT**

# Monthly surface water quality results

E. coli bacteria in MPN/100 ml		Year and Month of Collection					
		2024	2025				
by POI Sample Location*		Nov	Dec	Jan	Feb		
South Boundary	884	1169	1421	325	201		
240 Wasteway	776	691	1259	260	364		
Indian Interior Drain @ 240 Wasteway	29	23	-	19	93		
NM 147	712	388	776	178	178		
Black Bridge	292	402	908	113	139		
Northern Boundary near Isleta Lakes	384	341	591	43	101		
Albuquerque Riverside Drain	60	39	66	24	31		
Acequia Madre near Northern Boundary	-	-	-	-	-		
Butte Lateral near Interstate-25	-	-	-	-	-		

\*Water quality samples are collected on a monthly basis from the Rio Grande. Two irrigation sample locations are collected during the growing season.

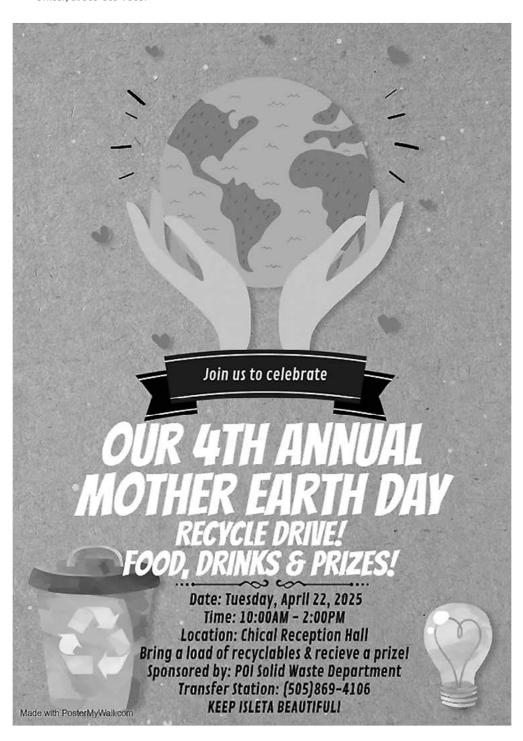
- Dash in data table indicates sample not collected.

"MPN" is a unit of measure that stands for most probable number. MPN is equivalent to colony forming units ("CFU").

The Pueblo of Isleta's most stringent surface water quality standard for *E. coli* bacteria is 88 MPN/100 ml at all times and at all flow rates.

Please watch signage at the NM 147 bridge for surface water quality advisory. No fishing or swimming is allowed on the east and west side of the Rio Grande River nor ditches by Order of the Governor; please follow all signs posted regarding Governor's order.

If you have questions about surface water quality, contact Ramona Montoya, Water Quality Control Officer, at 505-869-7565.





#### **TRUANCY**

Happy Spring time, families!

We hope you have adjusted to the spring forward time change. With spring forward, it's time to enjoy longer evenings. We know that many of you look forward to the start of Little League as many of you have children that play. We hope your spring break was fun and relaxing.

The Truancy Department was happy to take part in the Department of Education's Family Night at Explora. It was wonderful to see all that attended with their families enjoying the activities that Explora has and the lei making that DOE provided. There were many fun projects to see and partake in as the evening was in full swing. Thank you to all of the families who joined us and a big thank you as well, to the partners and service providers who we all work collaboratively with.

As you are aware the, the Pueblo of Isleta has adopted a new Truancy Attendance for Success Law. The Truancy Department has been sending notification letters to parents more frequently. Most of the issues that we have discovered after talking with parents, is that children do not turn in their excuse notes to the school's attendance office. When your child is absent and returns back to school, please be sure to ask your child if the excuse note was turned in so that the absences don't add up. Also please keep in mind that the Los Lunas Public School District has a "Report an Absence" link on their individual school pages. Please use the link, as it reports and updates student attendance as soon as it is submitted. The schools will still accept parent/doctor notes, emails and phone calls for any absences, but it is the responsibility of the parent/guardian to contact your child's school attendance office.

The Pueblo of Isleta's new <u>Attendance for Success</u> Law states as follows:

Third Absence (3rd)

Upon determining that a child has three (3) unexcused absences, parent will be notified; first notification letter will be sent to the address on file. Truancy Coordinator shall inform parent/guardian of the potential consequences of any additional unexcused absences.

Sixth Absence (6th)

Upon determining that a child has six (6) unexcused absences, parent will be notified immediately. Five (5) business days after the child's parent is contacted, an attendance review conference shall be scheduled and conducted; child and parent will then enter into an Attendance Contract.

Tenth Absence (10th)

Upon determining that a child has ten (10) unexcused absences and continues to accumulate unexcused absences, (within a school semester), and/or the parent has not contacted the Truancy Department to schedule an attendance conference, the Truancy Department shall recommend that a truancy petition be filed in Tribal Court.

\*\* Please note that if you have received a second notification letter, (6-Day notification), you must contact our office to schedule a meeting.

Please do not hesitate to reach out to the Truancy Department if you have any questions or concerns as to any letters you receive or if you need assistance with any attendance issues your child may be experiencing; we are here to help assist you and to ensure positive outcomes in your child's educational success.

Thank you,

Truancy Department

# Pueblo of Isleta Career Opportunities

career opportunities						
Position Posting	Office Location	Closing Date				
ASSISTANT PUBLIC DEFENDER	Public Defender	Open Until Filled				
ASSOCIATE GENERAL COUNSEL I	Legal	Open Until Filled				
CAREGIVER	Assisted Living Facility	Open Until Filled				
COOKI	Assisted Living Facility	Open Until Filled				
COOKI	Head Start	Open Until Filled				
CUSTODIAN	Public Works	Open Until Filled				
DATA CLERK/ADMINISTRATIVE ASSISTANT III	Transportation Services	Open Until Filled				
DISPATCHER I or II	Police Department	Open Until Filled				
EXECUTIVE DIRECTOR, IPHA	Isleta Pueblo Housing Authority	Open Until Filled				
FIREFIGHTER	Fire Department	Open Until Filled				
GROUNDS MAINTENANCE WORKER	Public Works	Open Until Filled				
HEAD START STAFF ASSISTANT	Head Start	Open Until Filled				
HEALTH COORDINATOR	Head Start	Open Until Filled				
HOME CARE ATTENDANT	Elder Center	Open Until Filled				
HUMAN RESOURCES ADMINISTRATOR	Human Resources	Open Until Filled				
HUMAN RESOURCES RECRUITER	Human Resources	Open Until Filled				
ICWA COORDINATOR	Social Services	Open Until Filled				
INVESTIGATOR	Police Department	Open Until Filled				
IRRIGATION & LANSDCAPE TECHNICIAN	Parks & Recreation	Open Until Filled				
LIFEGUARD ASSISTANT	Parks & Recreation	Open Until Filled				
MAINTENANCE TECHNICIAN I, II or III	Public Works	Open Until Filled				
NURSE PRACTITIONER	Health Services	Open Until Filled				
PARKS MAINTENANCE WORKER	Parks & Recreation	Open Until Filled				
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled				
PLUMBER	Public Works	Open Until Filled				
POLICE LIEUTENANT	Police Department	Open Until Filled				
POLICE SERGEANT	Police Department Open Space	Open Until Filled				
POLICE OFFICER I	Police Department	Open Until Filled				
POLICE OFFICER II	Police Department	Open Until Filled				
PUBLIC SAFETY AIDE	Police Department	Open Until Filled				
RECREATION ASSISTANT (12 Positions)	Parks & Recreation	Open Until Filled				
RECREATION LEAD	Parks & Recreation	Open Until Filled				
STATE-TRIBAL IFPA COORDINATOR	Social Services	Open Until Filled				
SUBSTANCE ABUSE COUNSELOR	Health Services	Open Until Filled				
SYP - WEED & LITTER	Parks & Recreation	Open Until Filled				
TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled				
TRIBAL COUNCIL ADMINISTRATOR	Tribal Council	Open Until Filled				
TRIBAL HISTORIC PRESERVATION TECHNICIAN	Cultural & History Preservation	Open Until Filled				
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled- WITHIN				
WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled				



# **Job Postings**

Fax: 505-244-8232 Visit us online at http://www.isleta.com/career-opportunities.aspx

#### Homeownership Counselor-IPHA

Albuquerque, NM

Non-Exempt

Join our team! Assist homebuyers with applications, inspections, training, and counseling. Process payments, handle maintenance reports, and ensure compliance. Apply now to make a difference in housing services!

#### Laborer-IPHA

Albuquerque, NM

Non-Exempt

Assist with housing renovations, repairs, and maintenance. Operate equipment, handle materials, and support skilled workers. Keep worksites safe and organized. Apply today to make a difference!

#### **BANQUET CAPTAIN**

Albuquerque, NM

\$15.12 /Hour \* Non-Exempt

Provide exceptional guest service, coordinate events, oversee billing, and ensure smooth operations. Support staff, promote positive experiences, and maintain high standards. Apply today to make an impact!

### FOOD ATTENDANT (BEVERAGE)

Albuquerque, NM

\$13.87 /Hour \* Non-Exempt

#### **EXPEDITOR** (Ristra)

Albuquerque, NM

\$14.87 /Hour \* Non-Exempt

Ensure timely, accurate food service, assist guests, maintain cleanliness, and uphold service standards. Apply today to be part of our team!

#### **BUSSER**

Albuquerque, NM

\$11.50 /Hour \* Non-Exempt

Maintain cleanliness, assist with table resets, and provide excellent guest service. Apply today to make a difference in our dining experience!

## GROUNDSKEEPER

Albuquerque, NM

\$14.62 /Hour \* Non-Exempt

Join our team! Maintain beautiful golf course grounds, operate equipment, assist with landscaping projects, and provide excellent guest service. Apply today to help create a welcoming environment at Isleta Golf Club!

# CUSTODIAN

Albuquerque, NM

\$14.62 /Hour \* Non-Exempt

Ensure a clean and welcoming environment by maintaining customer areas, restrooms, and gaming areas. Provide excellent guest service while promoting safety and cleanliness. Apply today to make a difference!

## PROMOTIONS MANAGER

Albuquerque, NM

\$72172.03 /Year \* Exempt

1195

# BARTENDER

Albuquerque, NM

\$10.50 /Hour \* NonExempt

Mix and serve alcoholic and non-alcoholic beverages to guests 21+, handle cash, and provide excellent service in a clean, efficient bar environment. Apply today!

## соок

Albuquerque, NM

\$15.12 Hour \* Non-Exempt

Join our vibrant team as a cook. You'll prepare and cook delicious meals, understand and follow recipes, and maintain kitchen cleanliness.

## FOOD ATTENDANT

Albuquerque, NM

\$13.87 Hour \* Non-Exempt

Become a Food Attendant! Facilitate smooth setup, prepare delicious meals, and deliver exceptional food service.

## SUPERVISOR F & B

Albuquerque, NM

\$20.31 Hour \* Non-Exempt

Oversees dining operations, ensures exceptional service, managers staff, and enhances guest experiences.

# UPDATES FROM PUBLIC WORKS DEPARTMENT PROJECTS UPDATES

The Public Works Department will be busy with projects through the year, we ask you to please be careful when traveling in these areas and watch out for the construction crew and equipment.

# • Eastside Drinking Water Infrastructure



Chical Well (TR 10)



Lobumtee Well (TR12)

- o Construction for Lobumtee and Chical Wellhouses are underway along with transmission lines from the new well locations to the existing water storage tanks.
  - Project to be completed by the end of the year

#### • Eastside Sewer Collection Systems

- o Project is to provide all residents and buildings on the Eastside of the Rio Grande from South of the Tribal Complex to the Bosque Farms and Peralta reservation lines will be connected to a sewage collection system
- The sewage collection lines will connect to the existing Eastside treatment facility, which has enough capacity to handle the expected sewage. Preliminary design includes an E-1 pump system to be installed at each home, with piping connecting the E-1 unit to the main collection line; then lift stations as needed to pump the sewage to the treatment facility. Abandonment of existing septic systems at each residence and electrical upgrades will occur as necessary.

# • Westside Wastewater Treatment Plant

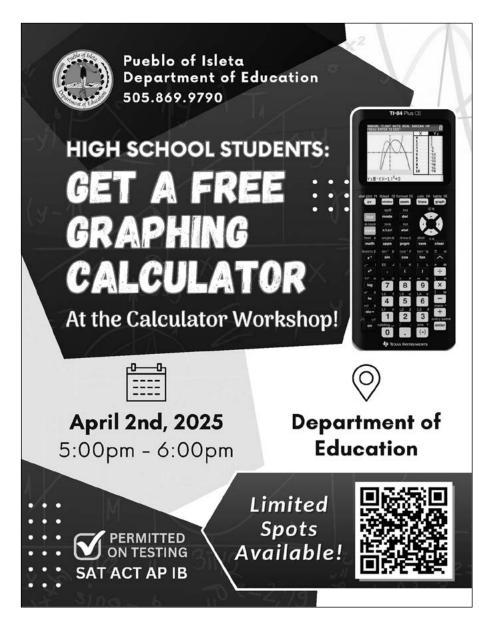
- o Project is to expand the existing plant to handle an additional 200,000 gallons of flow per day at the Westside Wastewater Treatment Plant, located on TR100.
  - Project in currently in design phase

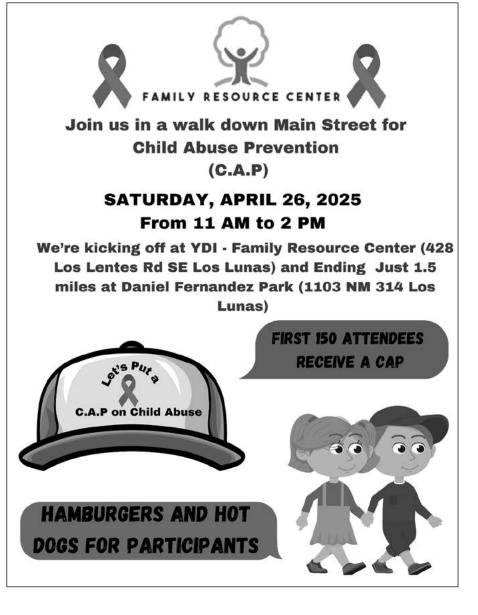
#### • Los Padillas Tank and Well Construction



- o A new well has been drilled near TR 82 and Hwy 314, with a future elevated 200,000- gallon water storage tank to be constructed on the same property. A new well house will also be constructed on the site in the near future.
- o Electrical upgrades, such as 3 phase power will also be completed from NM 314 to the Well House site.
- o The elevated water storage tank will provide consistent water pressures throughout the area, which is a much needed improvement.
- o Once the well and elevated tank are completed, the old well located on TR 90 will be properly abandoned.

If you have questions, please call the Public Works office at 505-869-5170.





# Pueblo of Isleta Environment Department



POI Environment Department staff with EPA Region 6 staff seining for fish south of the Isleta Diversion Dam.

### Fish Tissue Sampling Study

Environment Department recently received laboratory results from a fish tissue sampling study conducted to assess potential contaminants in local fish populations. Two species — channel catfish and a largemouth bass were collected and analyzed at the New Mexico Environment Department (NMED) labs in November 2024. The purpose of the study was to identify the presence and concentration of key contaminants including: mercury (methylmercury), polychlorinated biphenyls (PCBs), selenium, and DDT. Results were evaluated against established screening levels outlined in the US EPA's Guidance for Assessing Chemical Contaminant Data for Use in Fish Advisories.



POI Environmental Technicians Kyle Aguilar and Heaven Lucero with a largemouth bass caught by Heaven. (Heaven is definitely not nervous in this photo)

# What to do if you find a used needle outdoors

People, especially children, must never touch or pick up needles found on the ground. Discarded needles can be harmful. Needles or hypodermic needles are also known as syringes or sharps.



Cleaning up discarded needles must be done carefully to protect human health and the environment.

If a used or discarded needle is found on Isleta tribal land, please call Isleta Police Dispatch at 869-3030 to report the location so that a qualified tribal employee can safely collect and dispose of the discarded needle.

Individuals who use needles for insulin shots or other medical uses are expected to dispose of their used needles appropriately in sharps containers that individuals have to purchase themselves.

An exclamation mark within a triangular border is the international symbol for caution. Always exercise caution if you see a discarded needle.

If you have any questions about this article, please contact Environment Department at 869-7565.

#### **Collection Methods and Collaboration**

To obtain the fish samples, a combination of seining and hook-and-line fishing techniques were used. This effort was accomplished with the assistance of EPA Region 6 staff and a few folks from UNM's Department of Biology, who provided expertise in sampling methods and fish handling. The captured fish were carefully stored and transported to NMED laboratories, where they were preserved until laboratory testing could be performed.

2024 Pueble		ish Tissue Sampling Ivisory (Localized R	g Results and Consumption (esults)
		PCBs	
Species	Size class (Inches)	Total PCB Result (ppm)	Total PCB EPA meals/month (non-cancer health endpoints)
Channel catfish	14 - 18	0.0189	8
Largemouth bass	14 - 18	0.0546	3
		Methylmercury (H	g)
Species	Size class	Hg Result (ppm)	Hg EPA meals/month (noncancer health endpoints)
Channel catfish	14 - 18	0.26	3
Largemouth bass	14 - 18	0.21	4
		Selenium (Se)	
Species	Size class	Se Result (ppm)	Se EPA meals/month (noncancer bealth endpoints)
Channel catfish	14 - 18	0.309	Unrestricted (>16 meals/month)
Largemouth bass	14 - 18	0.309	Unrestricted (>16 meals/month)
		DDT	
Species	Size class	DDT result (ppm)	DDT EPA meals/month (noncancer health endpoints)
Channel catfish	14 - 18	0,0019	Unrestricted (>16 meals/month)
Largemouth bass	14 - 18	0.00196	Unrestricted (>16 meals/month)

### Polychlorinated Biphenyls (PCBs):

- Channel catfish has a lower PCB level, allowing for up to 8 meals per month.
- Largemouth bass has high PCB levels, limiting consumption to 3 meals per month.
- Recommendation: Those concerned about PCB exposure should moderate their consumption of largemouth bass.

# Methylmercury:

- Channel catfish contained 0.26 ppm, allowing up to 3 meals per month.
- Largemouth bass contains 0.21 ppm, allowing for up to 4 meals per month.
- Recommendation: Limit meals accordingly, especially sensitive groups such as pregnant women and young children.

## Selenium & DDT

- Both species contain unrestricted selenium level (>16 meals/month)
- DDT levels are also low, allowing unrestricted consumption.
- Recommendation: No restrictions based on selenium or DDT.

# Conclusion

Fishing and eating local fish can be safe if done with awareness. Following recommended meal limits, choosing safer preparation methods, and considering sensitive groups could help protect your health. For more information, please call Pueblo of Isleta Environment Department at 505-869-9814.

"According to the New Mexico Environment Department's December 2023 Fish Consumption Advisories, mercury and PCBs have been detected in fish from the Rio Grande for years, leading to ongoing consumption advisories. These contaminants have been consistently present in species such as channel catfish and largemouth bass, reinforcing the importance of following recommended meal limits (NMED 2023)."

For more information on fish consumption advisories for the State of New Mexico please visit this website: https://www.env.nm.gov/surface-water-quality/fish-consumption-advisories/

Current fish advisory (as of February 2025) visit this link: https://www.env.nm.gov/surface-water-quality/wp-content/uploads/sites/18/2025/02/2024-Advisory-chart-ES.pdf

# DEPARTMENT OF EDUCATION

#### Happy April:

Where did this school year go? We're now into the final two months, and it's time for our students to finish strong! We believe in you, and we know you can do it!

We've been working closely with Shannon Romero, the APS Native American Liaison, to meet with Isleta High School students. So far, we've had the opportunity to visit Rio Grande, West Mesa, and Atrisco Heritage, and we're excited to continue our outreach as we plan to meet with the rest of the schools in April and May—stay tuned for more updates! During these visits, we are checking in with students on their academic progress and reminding them that we are here to support them with any academic resources they may need. We're committed to ensuring all students have the tools and support necessary to succeed.

We hope you took advantage of showcasing your student during Academic Success Week. We want to continue to encourage our students to strive for excellence. When students show growth or achievement, it's important to celebrate that progress. Keeping our students motivated is crucial, as it can be hard to regain that drive once it's lost. We hope these academic success events help keep our students engaged and motivated in their education.

We also recognize that sports play a vital role in keeping students engaged and motivated. If you're involved in a school sport, maintaining good grades is essential to continuing to play. Remember, without good grades, you may lose that opportunity. Let's keep those grades up so you can continue to shine in the spring sports you love. This goes beyond school sports—whether you're involved in the community or club sports, keeping up with academics is key. Learning to balance academics with sports at any age is an important skill that can lead to success both in school and in the sport you enjoy.

Did you know that our department has teachers for credit recovery for Los Lunas Public School high school students? We have two teachers who rotate their days after school to assist students with credit recovery. Instead of staying after school at your school, students can attend at the Department of Education (DoE) Monday through Thursday, from 3:00 PM to 5:30 PM. For Los Lunas High School students, there's even a bus stop right next to our building!

Students must register for credit recovery at their school. The cost is \$50.00, which is refundable through the JOM program.

If you've not yet submitted any reimbursements your student is eligible for, it's not too late! Visit our website: https://www.isletapueblo.com/tribal-programs/educational-services/10599-2/

# Academic Success Team Shelly & Nissa

## **Summer Bridge Programs:**

A reminder to students - applications for summer bridge programs are now available! Many colleges offer summer bridge programs for incoming freshmen, providing a valuable opportunity to get a head start on your academic journey. To find out if your school offers this program,

reach out directly or research the college you plan to attend.

Summer bridge programs are designed to help you build essential skills, familiarize yourself with campus resources, and get a jump on coursework—all while connecting with peers. By participating, you'll not only feel more confident going into the semester but also experience a smoother transition into college life. It's a fantastic chance to strengthen your academic foundation, explore new interests, and form lasting friendships. Taking part in a summer bridge program is a smart way to set yourself up for success!

# **Explora Family Night W/ PDF pics:**

The Department of Education would like to give a big thank you to everyone and our partners that came out to Explora Family Night! Your energy, enthusiasm, and support made the event truly special. We loved seeing so many families come together to explore, learn, and have fun!

Stay tuned for more exciting events ahead.

















## **Exploring Math with your Calculator:**

The Department of Education is excited to announce a hands-on calculator workshop scheduled for April 2, 2025. This workshop aims to equip students with essential skills to maximize the use of calculators in learning and problem-solving. Attendees will explore various features, functions, and strategies to enhance their understanding of mathematics. Whether you're a beginner or looking to sharpen your calculator skills, this session offers valuable insights for all.

# Graduation Recognition Banquet:

We invite all high school and college seniors to join us for the 2024/2025 Graduation Recognition Night! This special event will celebrate the hard work, dedication, and accomplishments of our graduating students. It's an evening filled with honor, excitement, and gratitude as we acknowledge your achievements and look

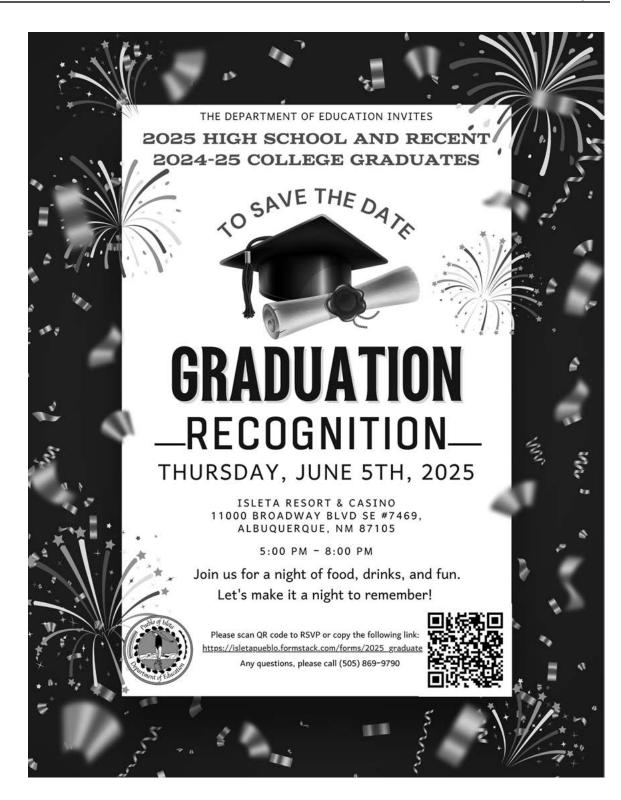
forward to the bright futures ahead. Don't miss out on this opportunity to share this moment with family, friends, and fellow graduates! Please scan the QR code to RSVP or copy the following link: https://isletapueblo.formstack.com/forms/2025 graduate

#### Isleta Young Leaders Council:

We invite members of our community, from all ages and backgrounds, to share their thoughts and ideas as we move forward with our planning stages. Your feedback is invaluable to us, and we want to ensure that everyone's voice is heard. Please take a moment to scan the QR code or visit the link provided to offer your input. Your perspective matters, and we look forward to hearing from you!

# From the Department of Education Staff:

As the school year draws to a close, the Department of Education would like to extend its heartfelt wishes to all students as they embark on their final 8-weeks of the semester. We recognize the hard work, dedication, and perseverance that each of you has demonstrated throughout this academic year. Whether you're finishing up assignments, preparing for exams, or wrapping up projects, know that this is a moment to be proud of all you have accomplished. To our graduating High School and College seniors, we want to share this inspiring quote: "The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt. As you take the next step into your bright futures, we encourage you to finish strong, stay focused, and keep pushing forward. Best of luck in your final stretch, and we look forward to seeing all the amazing things you'll achieve in the future!





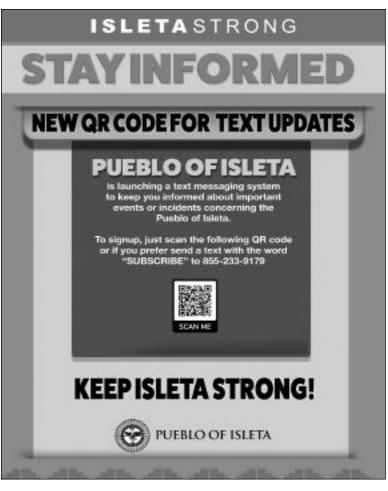


# Notice of Los Lunas Schools Public Hearing for Part II of the Application for the Title VI Formula Grant

Los Lunas Schools will hold a public hearing on Wednesday, April 23rd beginning at 5:30pm. The meeting will be held at the Los Lunas School's Teacher Resource Center located at 801 Coronado, Los Lunas. The meeting will also be on Zoom. The purpose of the meeting will be to discuss and obtain public input regarding the content of Part II of the application of the Title VI Formula Grant (supporting Indian Education). If further information is needed, including the Zoom link, please call (505) 866-2440.

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing, please contact the Special Services Office at 505-866-2440 at least one week prior to the hearing.







# Kairos Power Seeks Indigenous Artists to Create Mural with Clean Energy Theme for the Company's Albuquerque Campus

**OBJECTIVE:** <u>Kairos Power</u> seeks to commission an Indigenous artist in New Mexico to create a mural that will beautify the company's Manufacturing Development Campus in Albuquerque and reflect the company's deep appreciation for the region's history and culture.

**LOCATION/CONTEXT:** Kairos Power is a mission-driven company developing clean-energy technology at its <u>campus</u> located in the Mesa del Sol community. The mural will be featured prominently on a wall near the facility's main entrance, welcoming visitors and staff alike.

Kairos Power's mission is to enable the world's transition to clean energy, with the ultimate goal of dramatically improving people's quality of life while protecting the environment. The company is singularly focused on commercializing advanced clean energy technology that can be deployed with robust safety at an affordable cost in time to play a significant role in the fight against climate change.

PROJECT INTENT/THEME: Kairos Power aims to collaborate with an Indigenous artist to create a mural that represents:

- Nature, Native New Mexican landscapes, respect for the land, and the region's original Peoples.
- Environmental stewardship and sustainable practices.
- The benefits of clean energy in advancing quality of life and combating climate change.
- Collaboration, symbolizing people working together to address global challenges while honoring the spirit of innovation in New Mexico.

The project seeks to highlight the connection between clean energy, the local environment, and the people of New Mexico, underscoring the beauty and harmony of nature and technology.

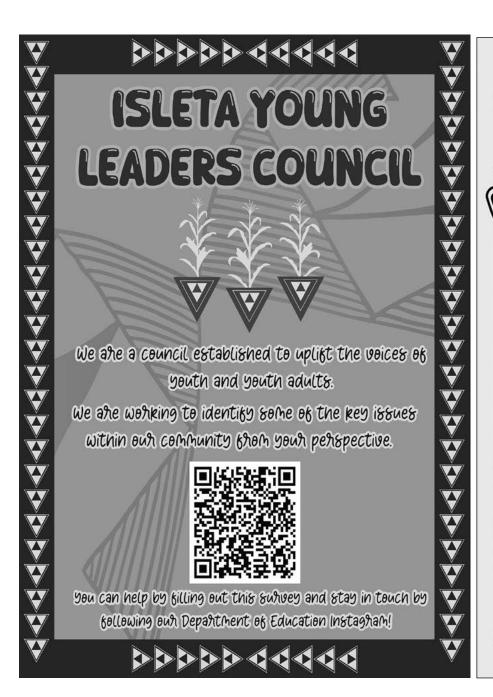
Understanding of the Community

Proposals must demonstrate the artist's understanding of and connection to the community where the mural will be installed. Submissions should reflect an appreciation for the location's heritage, history, and cultural significance. Artists are encouraged to showcase how their work resonates with the area's identity and its people.

**BUDGET:** The total commissioned budget is \$16,000 for the mural.

**DEADLINE** FOR SUBMISSION: Applications must be submitted digitally through the <u>online application portal</u> by April 15th, 2025, at 11:59 PM Mountain Time.

**QUESTIONS/FOLLOW UP:** Questions about the project may be directed to email: arts@kairospower.com with the subject <u>"Call mural"</u> and your name.



# Pueblo of Isleta Public Library

# SUMMER READING PROGRAM JUNE 9TH - JULY 25TH 2025

# Registration

MAY 9TH AT 7AM **UNTIL ALL SPOTS ARE FILLED!** REGISTRATION MUST BE COMPLETED BY PARENT OR **GUARDIAN NO EXCEPTIONS!** 

A FREE 6-WEEK PROGRAM THAT ENCOURAGES **CHILDREN, TWEENS AND TEENS TO READ** THROUGHOUT THE SUMMER!



### Summer Meal Program

BREAKFAST: 7:45 AM TO 9:30 AM LUNCH: 11:30 AM TO 1:00 PM FREE TO ALL YOUTH AGES 1-18 YEARS OLD

MORNING SESSION: 9 AM TO 11:30 AM 20 SLOTS AGES: 3 (MUST BE POTTY TRAINED) **6 YEARS OLD** 

#### WILD WEST/MONSTERS

- **DAILY STORY TIME**
- CRAFTS/ACTIVITIES
- **LEARNING CENTER**
- **SENSORY BINS** 
  - FIELD TRIPS

### Youth



AFTERNOON SESSION: 11:30 AM TO 1:00 PM 25 SLOTS

AGES: 7-14 YEARS OLD

### **MULTIPLE CURRICULUMS**

- **READING GROUPS**
- CURRICULUM BASED FIELD TRIPS
  - **CRAFTS/ACTIVITIES** 
    - **FIELD TRIPS**

FOR MORE INFORMATION ABOUT THIS PROGRAM PLEASE CALL 505-869-9808.



# **2025 AMERICAN INDIAN SUMMER BRIDGE**

Session 1: June 4 - 20 Session 2: July 9 - 25

# **Participant Benefits**

- •Earn college credit & establish a competitive GPA
- •Experience college campus life
- •Engage in cultural & community events

# 1<sup>ST</sup>-SEMESTER FRESHMAN STUDENTS! APPLY TODAY AT *AISB.UNM.EDU*



# ALBUQUERQUE PUBLIC SCHOOLS INDIAN EDUCATION DEPARTMENT

# SUMMER BRIDGE ACADEMY

# SAVE THE DATE!

Applying to and registering for a college or university is a thoughtful process that involves early decision-making and family commitments. Not all families know where to start in guiding their students through this process. Students are generally provided information from their high school guidance counselors and the APS Indian Education Department (IED) if the student is determined to go to college after graduating from high school.

The APS IED Summer Bridge Academy is designed for rising Indigenous high school juniors and high school seniors. This Academy is an opportunity to explore academic interests, learn about the application process and campus resources, meet other Native students, and most importantly to learn about themself while living on campus for five days June 8 - 13, 2025.

Through the New Mexico Highlands University's Schools of Education and Social Work, this innovative Summer Bridge model offers the student basic academic preparation and guidance for college including:

- · Four, daylong immersive learning experiences in English, Social Work, Education, Science, and Media
- Building college readiness skills by Highlands University Student Success Coaches
- · Orientation activities that focus on enhancing abilities to succeed in college
- Two Museum visits in Santa Fe on the last day of the week.

More information will be available over the next few months. If you are interested, please call and sign up with the APS American Indian Education Department Director, Mr. Phillip Farson at 505-884-









AT A GLANCE

- Principal Message
- · Mrs. Pilon's Class
- Ms. Nieto's Literacy Lesson
- Polk Middle School Visit
- Join our Team

#### Principal Message

Dear Isleta Learning Community,

March has been a short, busy, and exciting month. On March 7, we had the honor of receiving a visit by Governor Eugene Jiron and 1st. Lt. Governor Charles Jojola. They visited students in their classrooms, shared an informative and heartfelt message, and answered student and staff questions. Our fifth and sixth grade students also were able to learn about learning opportunities at Polk Middle School as IES is one their feeder schools. Other middle school presenters will be invited to present to our 5-6th grade students as well. As part of a St. Patrick's activity, our first and second grade students had a lot of fun designing Leprechaun traps (see pictures below from Ms. Leon's class).

March has also been a time of solidifying plans for the last couple of months of school. A 2025-26 school calendar survey was sent out to families to obtain their input, and a majority of parents/guardians advised aligning to the 2025-26 Los Lunas Schools calendar. Staff provided their input as well. Last, staff have been busy planning for testing and events for April and May and for summer school. Information regarding summer school will be sent the first week of April.

I hope you all have an invigorating Spring break, and we look forward to our April events like our quarter 3 awards celebration; testing for grades 3-6 in science, math, and English Language Arts; an Easter activity; and book fair (see the April calendar).

Warmest regards,

Dr. Tamara Allison

# Mrs. Pilon's News



Hello,

Wow! This spring is really going quickly! We are doing fabulous things in First Grade! We have been working on measurement, Dental Health and celebrating Dr. Seuss' Birthday through Read Across America. While they read at different levels, all of our kids are doing terrific reading! They're writing is coming along wonderfully as well. They are really thinking about what they want to write and doing a great job of putting their thoughts on paper. From now to the end of the year, we are really going to focus on our reading and writing skills. In April we will have service dogs visit our class so that we can read our favorite stories to them. If you speak to one of my 1st graders, please ask them to read to you!



















# Ms. Leon's Activites



March 17 - St. Patrick's Day

Diane Leon's 2nd grade class designed some creative, vibrant Leprechaun traps, to lure a Leprechaun who had been leaving riddles and letters to the class. A couple of the pictures of the Leprechaun (by a window and inside a tumbleweed) were displayed on the board. The Leprechaun knocked over some chairs and moved things around in their classroom, but did not end up being trapped. On St. Patrick's Day, students learned a Leprechaun dance and enjoyed a treat left by the Leprechaun.



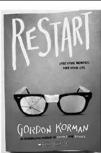
# Ms. Nieto's Literacy Lesson





Our 3rd through 6th grade students have been focusing on literacy. When students have completed a chapter in their chapter book, they are tested on comparisons and contrasts of events, and on identifying ideas and concepts. They are able to understand the meaning of specific vocabulary words and how they are used in the text. The students also work in groups to develop a book-based project. The 5th grade class has created a Reader's Theater presentation portraying different characters from the story. Using illustrations and writing, 4th graders created a wall-sized sequential order timeline.

They are doing great!







# Moving On...



Polk Middle School Visits Isleta Elementary

Educators along with the Vice Principal of Polk Middle School gave a very informative presentation about the school. We were intrigued by what the school had to offer in terms of STEAM and agriculture. One the Polk teachers described the planting projects at their school garden and guided students in playing various types of drums and instruments while playing the melodica with them. For trying this out for the first time, they sounded pretty good!









# Get Involved!



We are always needing volunteers!

For questions on how you can help, contact the front office @ 505-273-8444. Below is a list of opportunities.

- Become a member of the Parent/Teacher Organization (PTO)
- · Attend a School Board Meeting
- · Apply to be a volunteer
- View our current job openings: <a href="https://www.bie.edu/current-vacancies">https://www.bie.edu/current-vacancies</a>.



# February Reminders



#### Daily Schedule:

7:45 AM	8:00 AM	8:30 AM Tardy	3:00 PM Dismissal
Student Drop Off	Breakfast	(3 Tardies=1 Absent)	12:30 PM Early Release

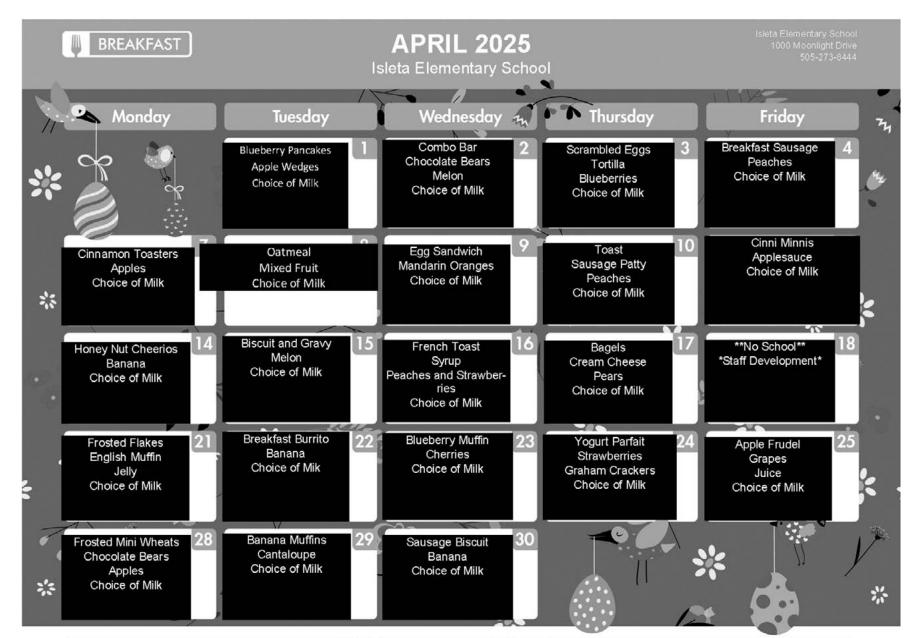
#### Dates to remember:

- Mar 31-April 4 TESTING
- April 2 Awards Assembly
- April 4 Kinder-2nd grade field trip
- April 7-11 TESTING
- April 11 Early Release @ 12:30pm
- April 14-17 -TESTING
- April 17 Spirit Day (Wear Spring colors)
- April 18 NO School
- April 21-25 Spirit Week
- April 22 Earth Day
- April 25 Early Release @ 12:30pm
- April 28-May 2 Book Fair
- April 29 IES Health Fair & SPED Parent Night

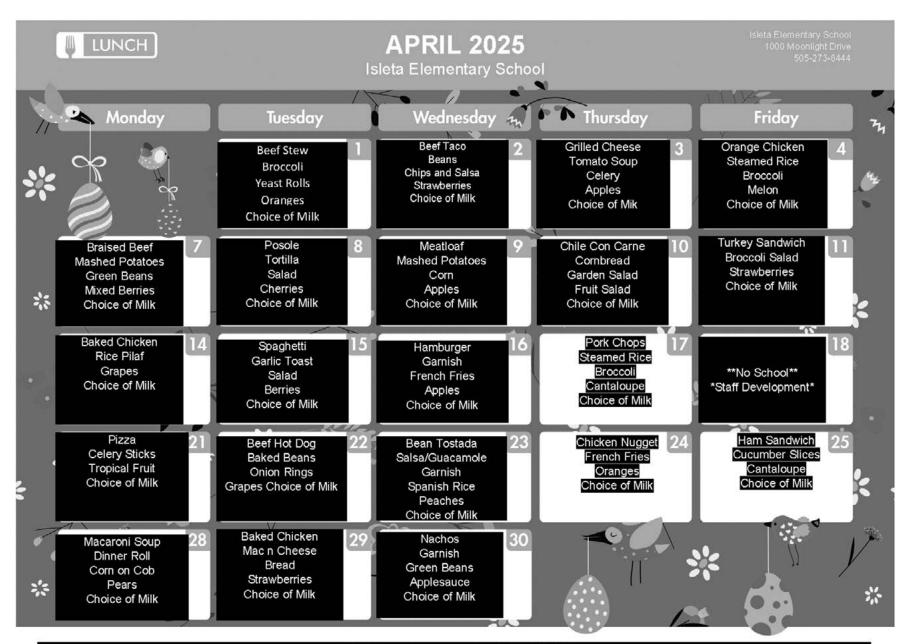
# ISLETA ELEMENTARY SCHOOL 2025 April



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 BIE Science Testing Week 5th Grade only	01	O2 Quarter 3 Awards Assembly	03 BIE Science Make Up Testing	O4  K-2nd Field Trip to Dion's  BIE Science Make Up Testing	05
06	O7 Testing week - BIE Math (Grades 3-6)	08	09	10	11 Early Release ® 12:30pm	12
13	14 Testing week - BIE ELA (Grades 3-6)	15	16	17 Easter Activities - Spirit Day (Wear Spring Colors)	18 NO School - Staff Development	19
20 Easter Sunday	21 Spirit Week	22 Earth Day - Spirit Day (wear brown, green, or blue)	23	24	25 Early Release @ 12:30pm	26
27	28 Scholastic Book Fair Begins	29 IES Health Fair - 3- 5pm SPED Parent Night	30 BOOK FAIR	01	02 Book fair ends	03
04	05	Notes: Please get	a good night's rest dur	ring testing days and	Testing Day Field Trip School Event	No School Early Release Parent Event



\*\*This is an equal opportunity institution\*\*
\*Food Menu Subject to Change due to food availability\*



\*\*This is an equal opportunity provider\*\*

# PARKS & RECREATION DEPARTMENT

APRIL SHOWERS BRING MAY FLOWERS! We've all heard that for all of our lives, right, and I'm sure all of us wish it were true. Unfortunately, we live in New Mexico where we don't get enough rain. We all hope and pray for rain or moisture of any type whenever we can get it! Well, I guess we will continue to hope, pray and wait on those April showers to get here, maybe this is the year we will finally get those April showers!

The weather is getting warmer and warmer, the grass is getting greener, and the flowers and trees are starting to bloom. All of us love to see this, but many of us struggle with all the allergies that come along with it. If you are one of those individuals that struggles with allergies, I feel for you because I have allergies too, it's always tough. Stay strong and hopefully we will all get through the allergy season soon.

As a department we are busy, especially our Parks Crew. Our Parks crew has started mowing the grass in all our parks and green spaces that we oversee, unfortunately we've had some trees blow down and branches break off from other trees that we've been working on removing. As I mentioned earlier everything is blooming and greening up, so you'll be seeing our staff out there working on our green spaces daily making sure we keep everything looking good.

Recreation just finished with Spring Break in late March and we had approximately 40 children in that program. The participants kept busy, doing activities, games, swimming, fieldtrips and much more during that time. This month (April) is the month to get your child/children entered into the summer recreation program lottery. Remember you need to sign up for the lottery in order to be eligible for the drawing to be in the summer program. We will be doing the drawing in early May. Staff is currently in the process of interviewing and hiring summer staff and we are also planning out the summer program as well.

Isleta Aquatics is excited for Spring and Summer Programs! They are currently looking to add a Parent and Tot Swim class that can take place at least once a week, we would like to start this class in May. This class is geared toward 18mo-4yr old Children and their Parents to gain comfortability and skills in the water. If you are interested in signing up for this class and/or want more information, please reach out to Josh Roybal at 505-869-9783. We would also like to invite anyone interested to joining us for Water Aerobics classes on Mondays and Wednesdays, at 11:00am and 5:30pm. Lap swimming is available to anyone interested from 5:30am-8:30am Monday through Friday, sign up required for morning lap swim. We also have open swim from 4:30pm-7:30pm Monday through Thursday and 4:30pm-5:30pm Fridays. Please contact our office to sign up for this as well. We will also offer open swim on the 1st and 3rd Saturdays of each month from 8:30am-11:30am. We are also currently taking sign-ups for the next session of swim lessons which are

slated to begin in May as well. Swim lesson registration forms are available at the front desk at the Rec Center or contact Josh Roybal at 505-869-9783 for more details on availability and registration. Isleta Aquatics is still looking to hire and certify lifeguards! If you know anyone interested in becoming a lifeguard, please call or visit the POI website for the job posting! For anyone interested in information about Lifeguard certification, child or adult swim lessons, and other aquatic programming please call Josh Roybal at 505-869-9783.

The warm weather is here and it's a perfect time for fitness activities, especially outdoor health fitness activities. Keep in mind the recreation center is a great place to be for fitness, the swimming pool is available for swimming, but not only that, we offer water aerobics classes that have a huge impact on your health. Water aerobics is easy on the joints, it is performed in the shallow areas of the pool and there is no danger of falling or losing balance. The exercises are very effective with amazing results. Speaking of amazing results, participating in our instructed exercise classes will help with the amazing results we are all looking to get from our workouts. Our instructed classes are Spin, Pilates Yoga, Zumba and now Chair Strength classes. Don't procrastinate

any longer, stop by the recreation center and/or old rec to start your fitness journey.

In the Sports area we just finished up our Tribal Youth Basketball season and end of season tournament. This is March Madness for the youth that participated. The turnout was good for being that this is the first year that the Tribal Basketball League has been back since before Covid The end of year tournament was held here in our gym and the turnout was good, lots of family members showed up to see their team play, it was nice to see the support from all the different tribes. The Bernie Run/Walk is coming up soon, signups have been slow so we may be pushing the date for this event back, we will keep everyone posted. We are still accepting teams for our Men's Basketball League, so if you are interested in signing up a team for our men's basketball league, please call the center for more information, you can reach us at (505) 869-9786.

#### ONE LAST THING!

Easter is almost here! We are currently in the planning stages for our Annual Easter Egg Hunt, so look for the flyers promoting this event. This event will take place on April 19th, 2025 here at the Recreation Center, we hope to see all of you there.





# Pueblo of Isleta Public Library

Welcome to April! Spring is in full bloom, and so is our library! April is also a time to celebrate National Library Week April 6th -April 12th which reminds us of the vital role libraries play in our communities. Read on to learn more about upcoming events, and exciting news from the library. We can't wait to see you this month!

#### News

A staff meeting will be scheduled sometime during the first week of April. We will be planning upcoming programs for children, teens, and adults. The library will remain open during this time, so don't hesitate to come on in and check out any library material.

In observance of Good Friday the library will be CLOSED Friday, April 18th. All library media checked out on Wednesday, April 16th will have a due date of Monday, April 21st. We would like to wish everyone a Happy Easter holiday! Regular business hours will resume Monday, April 21st.

We're thrilled to announce that our collection is growing! New Movies coming soon that include new genre categories and cult classics. Cult classics are often characterized by devoted fandom, quotability & iconic moments, unconventional or eccentric elements and slow popularity. So, our question to you is do you have a favorite cult classic? Stay tuned for updates, and be sure to browse or collection using the library's mobile app.

Tax Season is upon us and the 2024 New Mexico Taxation Revenue form packets are now available here at the library. Other Federal Tax and Revenue forms will need to be downloaded from the Internal Revenue website www.irs.gov. Make sure and stop by the library and pick up a packet before the tax deadline.

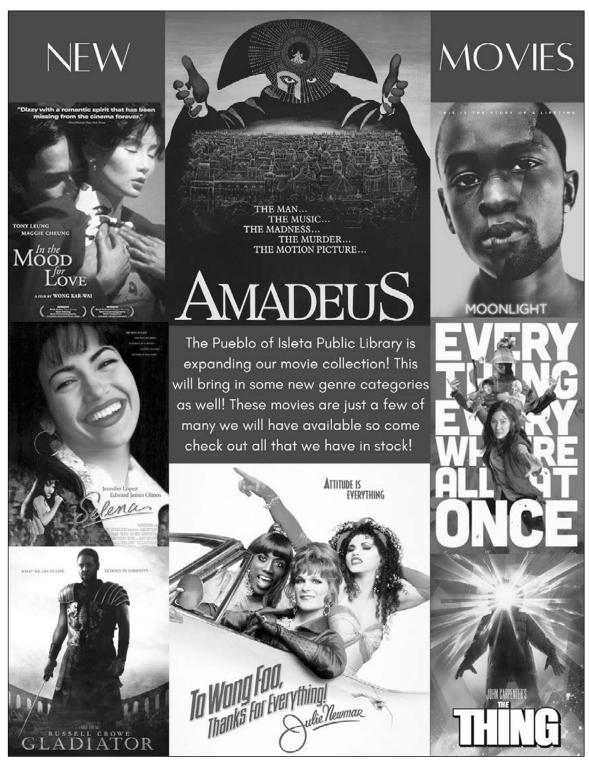
Please join us every Thursday at 11:00am for Family Story Time, no sign ups required so just come on in. Library Staff member Abbey will read a story and engage toddlers and families in an activity. This program gives parents and caregivers the opportunity to introduce reading to their children. If you have any questions, please give Abbey a call at the library, 505-869-9808 or by email at Abbey.Whitaker@isletapueblo.com.

# Upcoming

Summer Reading Program Registration will be on Friday, May 9th at 7am. Registration will be on a first come, first serve basis. We will have one single line (youth & junior) for registration. This will ensure that priority is given to those who showed up early.

Some reminders to keep in mind before registering:

- Only Parents/Legal Guardians are allowed to register for the Summer Reading Program, NO EXCEPTIONS!
- 3-year-olds MUST be potty trained and comfortable going to the bathroom on their own.
- We will be asking for BASIC information on registration form along with a list of allergies.
- Students cannot be dually enrolled in other Pueblo of Isleta (POI) Summer Programs as there are limited Summer Program slots throughout out other POI departments.



Both Junior and Youth calendars will be available will soon be available and will be posted on the library's website page at https://www.isletapueblo.com/tribalprograms/library.

This year our Juniors (3-6 years old) will have two curriculums based on the Wild West and Monsters. Saddle Up for a MONSTROUS Summer of Reading! Wrangle your books and ride into adventure. This summer we're mixin' the Wild West with Monsters in our 6-Week Summer Reading Program. From cowboys to sheriffs and monsters to wild creatures everyday will be something new.

What to Expect

- · Daily story time
- Cowboy Quests & Monster Mashups – exciting activities, crafts and games.
- Sensory Bins
- Learning Center Outdoor Play (music, art & water stations).

The Youth (7-14 years old) will consist of 5 curriculum-based programs. Each library staff member will have a different theme, mini field trips, crafts and activities. We will feature 5 different curriculums to choose from and there will be 5 spots available

for each group. Group descriptions will be available at the library to pick up and the library website. However, we have provided the group descriptions below.

If you love Christmas and you never want it to end during the Holidays, then this program is for you! We will be discovering Christmas around the world. Learning about different countries Christmas traditions and their traditional foods, as well. We will be learning the importance of Christmas and about the spirit of Christmas. If you have any questions about this program, please contact Abbey at 505-869-9808 or by email at Abbey. Whitaker@isletapueblo.com.

Embark on a fantastical quest this summer with Aarika as we delve into mysterious & magical worlds! We'll be reading graphic novels from the Hilda series, as well as watching Over the Garden Wall together! We'll also be doing crafts related to both fantasy series such as crafting enoch, the Serpent Guardian, Mrs. Daniel's Yard Rock, making Auntie Whisper's Turtles (gummies), Beatrice's Dirt (pudding cups), Brewing Quincy Endicott & Margueritte Grey's Tea, & more!

If you like the outdoors, we'll also be going

on an adventure in the Sandia Mountains on South Piedra Lisa Trail! Sign up today & all that is lost shall be revealed! If you have any questions about this program, please contact Aarika at 505-869-9808 or by email at Aarika.Jiron@isletapueblo.com.

Explore your creativity and join us for a series of exciting workshops and events designed for all ages and skill levels. Whether you're a budding artist or simply looking to try something new, our program offers a variety of opportunities to learn and grow. From painting and drawing to texture art using sand and modeling clay, nail yarn art, for the fieldtrip we will be going to the Albuquerque Art Museum. There's something for everyone. Meet fellow art enthusiasts, and gain inspiration from different methods of art. Don't miss out on this chance to unleash your artistic potential and make lasting memories. If you have any questions about this program, please contact Kyle at 505-869-9808 or by email at Kyle.Lujan@isletapueblo.com.

Are you excited to unleash your creativity? Come join us for Fiber Fun with Astrid! In this program, we will delve into knitting, crocheting, punch needle techniques, and a bit of sewing magic! Explore a new craft at the library, and who knows -one day, you might be able to create anything your imagination envisions. Some of the projects we'll be working on include a cozy blanket with chunky yarn, a stylish knit beanie, a

cute loom knit scarf, and a charming punch needle coaster. For our field trip we will be going to the Pueblo of Isleta Cultural Center. If you have any questions about this program, please contact Astrid at 505-869-9808 or by email at Astrid.Quintana@isletapueblo.com.

When you're out exploring, do you often find yourself captivated by rocks and bringing them home? Do you enjoy how they sparkle in the sunlight? If you're eager to learn about a variety of beautiful crystals and geodes, then join us this summer for an exciting program! We will delve into the world of geodes and different crystals, discovering their origins and names. Additionally, we'll grow our own geodes and create our very

own crystals. I'll even teach you how to make delicious crystal candy! As part of our adventure, we'll visit Mama Minerals to break open our own geodes and take them home with us. If you have any questions about this program, please contact Shania at 505-869-9808 or by email at Shania. Miera@isletapueblo.com.

Please go over the descriptions and calendars with your child(ren) before registration to get a better idea if our program will be a good fit for both parents and children. If you have any questions regarding our Summer Reading Program, please give the library a call at 505-869-9808 and speak with a staff member.

(Continued Next Page)









Sip & Savor Mocktail program participants creating their own mocktails!



Here are some highlights of our Spring Break Story Time Series Program







(Continued Next Page)

### Recap

The Library Reading Challenge to go watch the Minecraft movie was a fun and engaging program designed to encourage reading among participants of all ages. The challenge ran from March 3rd to April 2nd during this time participants earned their ticket to go watch the Minecraft Movie on Friday, April 11th. We would like to thank all the participants who reached their reading goals. We look forward to seeing you in our next reading challenge.

Library staff member Aarika hosted a Sip & Savor Mocktail-Making program on March 13th. Bringing together community members for an evening of creativity and fun. Participants gathered to learn the art of crafting delicious, alcohol-free beverages using fresh ingredients, syrups, and sparkling mixers. This program was handson allowing participants to experiment with flavors and garnishes to create their own signature mocktails. Overall, the Sip & Savor program was a refreshing success! This Spring Break, we hosted a fun-filled Story Time Series that brought children and families together for a week of engaging stories, interactive activities, performers, and creative crafts. Here are some highlights of the week the library welcomed Irish Dancers to celebrate St. Patrick's Day and a Museum tour at the Isleta Cultural Center. Each day a new story was featured to go with the theme of the day followed by exploring local community spaces. Participants also enjoyed snacks and refreshments from

local eateries like Say Cheese, Pizza 9 and Lizard Flatts. A huge thank you to all the local businesses, library staff, and all the families who participated. Your presence made this program a success!

On March 26th library staff member Shania hosted a program where participants had the opportunity to make and taste delicious blue corn cookies. Here are some fun facts about blue corn. Blue corn is a variety of maize (corn) that has a distinct blue or purple colored kernel and is grown in the southwestern United States, Mexico, and some parts of Central America. Blue corn has a slightly nuttier, sweeter taste compared to yellow corn and is often used in making tortillas, chips, and even beverages like "atole". Blue corn is a staple in Native American cuisine, especially among Pueblo and Navajo communities. We would like to thank Shania for sharing a wonderful recipe and everyone who participated. If you would like a copy of the recipe, please stop by the library.

The After School Program is feeling the Spring Fever as students are wanting to go outside and enjoy the sunshine. After homework and reading is completed, students enjoy outside activities such as sidewalk chalk drawing, kick ball, and outside play in our Learning Center that has a music, art and water stations. Looking ahead we only have two more months of school and now is the time to make sure we finish the school year strong. We can't wait to see what the rest of spring has in store!





Irish Dancers and St. Patty Day treats to start off our Spring Break Program.



# Purchased Referred Care Did you know?



# Did you know Isleta Health Center is your payor of last resort?

Payor of last resort means if you have primary insurance, Isleta Health Center would be your secondary insurance. If you have a primary and secondary insurance, Isleta Health Center would be your Tertiary insurance. Please list Isleta Health Center as your last payor.

# Did you know you have to call PRC to inform them of all appointments?

This includes all ER/urgent care visits, any follows ups, any secondary referrals, telemed appointments, rescheduled appointments. Not calling in for appointments will delay payment.

# Did you know if you receive a bill from a provider, you have to bring it in to PRC, even if you have a referral?

Some facilities will send a bill to the patient but not Isleta Health Center. It is best to bring all bills in received by mail to make sure PRC contacts the facility to bill Isleta

# ISLETA POLICE DEPARTMENT NEWS APRIL – 2025



We are beginning the fourth month of 2025 and one can only wonder why this year is passing so quickly. As mentioned in the last newsletter, March definitely lived up to its name

and came in "roaring like a lion"! We hope everyone has managed to stay safe while traveling as there have been treacherous winds and these may not magically stop with us moving into April. So please be aware and stay abreast of weather alerts and make safe choices for not only yourselves, but everyone is out on the highway.

Collisions on the interstate pose a significant problem to the Pueblo as we may have to shut down part of the interstate and divert traffic at one of the exits which, of course, increases traffic on the main thoroughfares of the Pueblo causing multiple traffic problems and delays for the motoring public. Please remember "patience is a virtue" and we ask all to bear with the Police Department when we have to divert and monitor traffic flow through the Pueblo. We will do the best we can under the circumstances to ensure everyone's safety.

#### March 14, 2025



March 18, 2025



**WELCOME** 



Hello. I'm Officer Robert Lucero and I'm from the Pueblo of Laguna. I started my law enforcement career with Laguna Police Department and worked my way to Isleta Police Department. I was previously employed with Grants Police Department. Sandoval Sheriffs Office, and Santa Fe Police Department before coming to the pueblo. During these times, I have gained a great deal knowledge from basic police officer duties, narcotics investigations, Special Weapons & Tactics Team, Honor Guard Team and DWI Team. I'm married with 6 beautiful kids. I love to spend time with family and friends when I'm on my off-duty time. My interests are farming, golfing, hunting and livestock. I hope to fulfill my duties to the people of the Pueblo of Isleta as well as my fellow officers.

Thank you.



Hello, my name is JoLynn Sanchez I am an Animal Control Officer for the Pueblo of Isleta Police Department. I have spent most of my life in Valencia County and I enjoy helping the community in every way I can. I have eight years of experience working with animals in the veterinary field. I look forward to gaining more knowledge and experience in my career. During my free time I enjoy spending time with my family, friends and being outdoors which most often consists of hiking, hunting or fishing. I am very fortunate for the opportunity the Pueblo of Isleta has presented to me through this position, and I am looking forward to contributing to the community as a whole.



Photo Unavailable

Welcome back to Jared T. Abeita. I am the son of Juan Abeita (Bobby Jr.) and Carol Lee Gates.

I was with IPD Open Space from 2018 to 2021. I have been truck driving for the past few years and wanted to be closer to home. I am very blessed to have another opportunity to serve the great community of the Isleta Pueblo.

### **TRAINING**

As part of our requirements to maintain certifications and honing our skills, there is continuous training that officers are mandated to take. Below are some of examples of training:







TASER! TASER! TASER!



SFST- DWI DETECTION

HONORING PUEBLO WOMEN
PROFESSIONALS
WOMEN'S HISTORY MONTH
AT THE PUEBLO OF ISLETA
CULTURAL CENTER



Sgt. Kathleen Lucero Criminal Investigations

(Continued Next Page)



Bernadette Valencia Lead Evidence Tech



Kendra Keahbone & Maria Kirk Victim Advocates

# OTHER EVENTS

Thank you to our community partners, Little Caesars of Los Lunas for their show of support to our Pueblo first responders. We appreciate you!!



Explora Night! We had an awesome time interacting with our community especially our Pueblo youth.



# GRAND JURY INDICTMENTS, ARRESTS WORKING TOGETHER Field, Investigations, Special Prosecutors, Courts, Neighboring Agencies



**Bernalillo County District** Attorney Sam Bregman · **Follow** 

Mar 6 · 🕙

**GRAND JURY INDICTS MAN ON** CHARGES OF MAKING THOUSANDS OF DOLLARS IN COUNTERFEIT CASH.

This week, a Grand Jury indicted Anthony Fallon on 98 criminal charges including 28 counts of forgery related to making counterfeit money, and identity theft. Investigators believe Fallon created more than \$7000 in fake cash. Court records show he has a criminal history in New Mexico and Texas. He is currently in custody on multiple criminal charges.

The Pueblo of Isleta Police Department remains committed to protecting our community from those individuals committing crimes. The Pueblo of Isleta is proud of its special prosecutor partnership with 2nd Judicial District Attorney Sam Bregman.

On Wednesday, March 5, 2025, Tribal **Prosecutor Mark Drebing presented** evidence and testimony from Isleta Police Officers/Detectives thus resulting in a 98 count felony grand jury indictment of defendants, Anthony Fallon and Santana Chavez for their alleged role in counterfeiting and identity theft charges at the Isleta Resort and Casino.

Kudos to everyone involved in investigating and prosecuting this case!



# **PUEBLO OF ISLETA** POLICE DEPARTMENT

Chief Victor J. Rodriguez

Mailing: P.O. Box 699 Isleta, NM 87022 Physical: 3950 Highway 47 Albuquerque, NM 87105 Office: (505) 869-9704/9705 Fax: (505) 869-9756



#### \*\*VALENCIA COUNTY WOMAN ARRESTED FOR DRUG TRAFFICKING\*\*

Friday, February 21, 2025- As part of a joint law enforcement narcotics investigation, the Pueblo of Isleta Police Department (IPD) - Narcotics Detectives arrested a Valencia County female resident for drug trafficking various drugs at a residence near the Valencia High School.

On Tuesday, February 18, 2025, around 6:00 a.m., IPD Narcotics Detectives, along with the Valencia County Sheriff's Office Regional SWAT Team, conducted a joint law enforcement narcotics search warrant. The regional team secured the residence while the Pueblo of Isleta Police Department investigators executed a search warrant at a residence on the 80 block of Bonita Vista Boulevard.

A six-month long narcotics investigation revealed probable cause that Valencia County female and resident Rosie Marie Padilla, age 55, was selling multiple types of illegal drugs out of her residence to include Fentanyl and Methamphetamine.

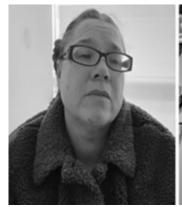
At the conclusion of the search warrant, Narcotics Detectives seized the following:

- 3,126 blue round pills, stamped with the pill mark of "M-30", consistent with Fentanyl;
- 4.0 pounds of a clear crystal-like substance consistent with Methamphetamine;
- 206.99 grams of a white powdered substance consistent with Cocaine;
- 165 individually wrapped strips of Suboxone;
- 1,784 white pills, stamped with the pill mark "MK65", consistent with Oxycodone;
- Three safes containing large amounts of US currency and a handgun.
- Various materials and packaging consistent with illegal drug sales

Ms. Padilla was taken into custody without incident. She was booked into the Valencia County Detention Center on felony state drug trafficking charges for the various drugs and other drug trafficking evidence that was located in her home.

"The Pueblo of Isleta Police Department is committed to our partnership with our Valencia County wide law enforcement partners to proactively investigate, apprehend and advocate for the prosecution of those individuals trafficking illegal drugs in our communities," says Isleta Police Chief Victor Rodriguez.

For further information, please contact: Captain Timothy Zuni at 505-869-9706.







Another example of the tenacity of the department's war on crime. This case originated on the Pueblo and after a sixmonth investigation by our Narcotics Division, working together with agencies in Valencia County, the end result is the arrest of the individual dealing and possessing a large amount of narcotics with a sizeable amount of cash seized and a weapon.

#### **IHSP TRAFFIC DIVISION**

For your information, the division does have car seats available. If you are in need of one please contact Danette Banegas at 505-869-9708 or Gertrude Lujan at 505-869-9830 for more information and setting an appointment. Every child must be in a properly fitted child restraint seat — let's keep them safe!

### TRAFFIC ENFORCEMENT SAVES LIVES

## SPEEDING KILLS!

This afternoon, the driver of this vehicle was caught traveling at 117 miles per hour by Chief Rodriguez on State Highway 47, which is 62 miles per hour over the posted speed limit in heavy commuter traffic.

With the assistance of Lt. Jeffrey
Tenorio, Captain Timothy Zuni, and Open
Space Officer Fred Mahkewa the driver,
Jesus Vega was apprehended and
charged with reckless driving. Driving
recklessly endangering others will not
be tolerated and you will be arrested!

BEWARE SPEEDERS and RECKLESS DRIVERS, the Pueblo of Isleta Police Department proactively patrols our community highways and roadways to include Interstate 25 enforcing traffic laws to further improve traffic safety.





# BUCKLE UP FOR SAFETY EVERYONE!

The Isleta Police Department wishes you a safe and joyous Easter Holiday!

# REMINDER

# MARK YOUR CALENDARS!

National Prescription Drug TAKE BACK DAY



Dispose of your unused medications properly!

April 26th,2025 from 10:00am - 2:00pm



# Isleta Police Department Tribal Complex

Turn in your unused or expired medications

for More Information Contact Isleta Police Department

@ 505-869-9737

The Isleta Police Department in taking every opportunity to keep the Pueblo of Isleta a safe place to live asks for community input if you have concerns regarding community safety. Please report suspicious activity and remember you can remain anonymous. We have a proactive police department and need the community's assistance by being made aware of problems, incidents, areas of concern, etc.

If an emergency, call 9-1-1 For other reports call 505-869-3030

We appreciate your input and interest.



APD Crimestoppers
To Submit a Tip:
Call 505-843-STOP or visit the

<u>Albuquerque Metro Crime Stoppers website.</u> All information provided is anonymous.

# CRIMINAL INVESTIGATION DIVISION

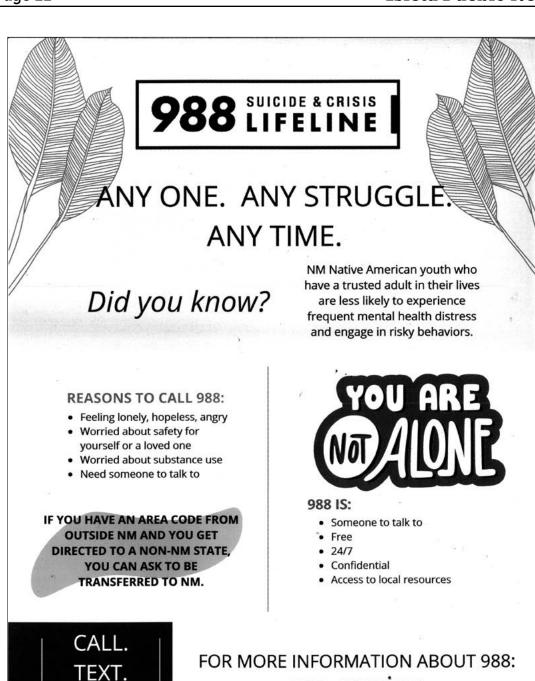
This division is composed of a sergeant and two investigators who have also risen to the challenges of criminal activity taking place on the reservation with connections to outsiders. The division effectively investigates all information/leads brought forth and has had success in charging individuals and following the cases through to prosecution.

Again, thanks to the hard work of this division.

## BEHAVIORAL SCIENCES CLINICIAN

Another added position is that of the clinician who is kept busy networking with multiple organizations to provide the best resources available to the members of the Pueblo. He has many years of experience and worked in different organizations and has brought insight into the problems faced by individuals and assisted in helping officers to recognize different aspects of mental health issues encountered.

Together with an officer designated to assist with follow-ups, etc., visits have been made to determine if the person needs additional resources, etc.



VISIT 988NM.ORG



# Isleta Health Center Community Update on Measles Outbreak

We want to keep our community informed about the ongoing measles outbreak in Lea County, NM and provide steps to protect yourselves and your loved ones. The New Mexico Department of Health (NMDOH) reports that three Lea County residents tested positive for measles in February. These are New Mexico's first measles cases since 2024, with two cases reported last year. Prior to last year, the last cases in the state were in 2021.

Measles is highly contagious, but vaccination is the most effective way to prevent it. We strongly encourage everyone to ensure they are up-to-date on their MMR (measles, mumps, and rubella) vaccine, especially children and those who have not received the full series.

### Vaccination matters:

- The measles-mumps-rubella (MMR) vaccine works very well making it far less likely for you to get measles than someone unvaccinated with no immunity. Those born before 1957 are already immune.
- High-risk adults (college students, healthcare personnel, and international travelers) need two doses of MMR.
- Vaccination provides strong protection; however, if you are vaccinated and develop symptoms after exposure, consult a healthcare provider. Most adults vaccinated as children are presumed to be immune.
- Children should receive two doses: one each at 12-months and four years old.

  Symptoms and risks:
- Symptoms can appear 7 to 21 days after exposure.
- Symptoms of measles include fever, cough, runny nose, and red eyes, followed by a red spotted rash that usually starts on the head or face and spreads downward across the body.
- Complications can include diarrhea, ear infections, and pneumonia.
- About one in five unvaccinated people in the United States who get measles is hospitalized.

If you or your family members have symptoms like a high fever, cough, or a distinctive red rash, please seek medical attention immediately and avoid contact with others to prevent the spread.

Stay safe, stay protected, and reach out to Isleta Health Center at (505) 869-3200 for any questions or to schedule a vaccination.

Source Material: https://www.nmhealth.org/news/vaccine/2025/2/?view=2180

Nancy Jo Gonzales, MPA Director of Public Health Services

#### HELP US-HELP YOU

At PRC, we want to remind you that we need your help to continue providing the best services.

PRC consists of a dedicated team of 4 clerks and 2 billers. From January 2025 to February 2025, we processed 1,023 referrals!

**Referrals:** When calling in a referral, please use the phone number associated with your last name

\*please note as of March 10th, 2025 there has been some changes with the PRC Representatives and whose last name they serve

- A-C (Theresa) 505-869-4862
- D-K (Amanda) 505-869-4396
- L-O (Kat) 505-869-4874
- P-Z (Riane) 505-869-4884

**Billing Questions:** If you have questions about your bill, please call

- A-L (Andrena)505-869-4896
- M-Z (Tania) 505-869-4381

\*If you would like a call back from PRC or Billing leave a voice mail make sure to speak clearly and leave your full name, date of birth, and a good contact number for follow-up.

If you're not getting a timely response or if you feel your calls are not being returned as promptly as you'd like, please contact the PRC Manager at 505-869-4861.

#### **Continue Calling for Appointments:**

Whether your appointment is upcoming or in the past, please give us a call! We're here to help with all of them.

## PRC Eligibility:

PRC is not an insurances carrier nor an entitlement program. It's a valuable resource provided by Isleta Pueblo for its PRC eligible members.

\*PRC is payor of last resort, must apply or have alternate resources before PRC will cover any costs.

<u>Uninsured?</u> If you do not have insurance, please reach out to our benefit coordinator at 505-869-4469. Failing to do so could result in unexpected bills.

# **Important Reminder:**

ALBUQUERQUE ER & HOSPITAL Does not accept Centennial, Medicaid, or Medicare plans. Seeking care there may result in you being responsible for the cost of services provided.



Child Safety Seat Checks offered at the Isleta Health Center

Learn how to properly install your Child's Safety Seat

<u>CALL 505-869-4479</u> to Schedule an Appointment.

Child and Car Seat must be Present.



# National Child Abuse Awareness Month

The month of April is dedicated to child abuse prevention. The goal is to prevent child abuse and neglect by raising awareness in the community. There are several instances in which child abuse and neglect can happen. These include: domestic violence nouseholds; having parents that are mentally ill or who have substance abuse issues; situations where parent/parents are incarcerated; and, those who cannot provide adequate childcare for their children due to other life circumstances.

# Spread the word- April 4<sup>th</sup> is National Wear Blue Day in honor of preventing child abuse!

#### Signs of Abuse in Children

- Bruises/Injuries
- Malnutrition
- Changes in Behavior
- · Displaying Fear of Certain Situations and People

#### Things You Can Do to Help Prevent Abuse and Neglect

- If child abuse and neglect is suspected immediately report to a local agency or child protective services
- Volunteer at local agencies to provide services for children in need
- Educate others on signs to look out for in abuse and neglect
- Become a safe space for a child to disclose any information

# **WIC NEWS-**

WE HAVE MADE SOME EXCITING
UPDATES TO OUR FOOD PACKAGES!
WE WILL BE ROLLING OUT THE
CHANGES IN PHASES.

ISLETA WIC OFFICE 505-869-2662





Smile Bright This Spring with Isleta Health Dental Clinic. Spring into a Healthy smile this April!!

As the weather warms up, let us refresh your oral health routine too! April is Oral Health Month, making it the perfect time to schedule your regular checkup and cleaning at IHC Dental office **505-869-4499**.

The past month have gone by so fast, we are now in **April**, which is **Oral Heath Month** and

#### **Oral Cancer Awareness month.**



# This Month's Focus:

## Spring Cleaning for Your Teeth:

Take advantage and give our clinic a call to schedule a Comprehensive exam, x-rays, cleaning, and a fluoride treatment.

#### Gum Health Check-up:

Don't forget about your gums! We'll assess your gum health and discuss any concerns you may have.

#### Oral Hygiene Refresh:

Learn about the best brushing and flossing techniques to keep your smile sparkling all season long.

In addition, April is **National Dental Hygienists** week April 7th -11th. We would like to send a shout out to our clinics hygiene team: Erica Carrillo RDH, Susan Stout RDH and Sally Murrow. These women are a great team and they are very professional and love to educate our patients and the community of Isleta.

# **Fun Fact:**

- 1. Your mouth makes 25,000 gallons of saliva in a lifetime, which is the size of two Olympic swimming pools.
- 2. Teeth are the only part of the body that **cannot** heal themselves.

# May you all have a Happy Easter!

# Easter funnies:

Why did the Easter egg hide? It was a little chicken
What kind of Easter bunny can't hop? A chocolate one
What do you call a rabbit with the sniffles? A Runny Bunny

To make an appointment call our clinic at 505-869-4499

# St. Augustine Parish Isleta Pueblo



# MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.





Offers behavioral health services

# FOR CHILDREN, YOUTH AND ADULTS

COMPREHENSIVE COMMUNITY
SUPPORT SERVICES (CCSS)
HAS IMMEDIATE OPENINGS TO WORK WITH
INDIVIDUALS AND FAMILIES.

OUR PROFESSIONAL COMMUNITY SUPPORT WORKERS IDENTIFY AND COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

# CONTACT US FOR INFO AND REFERRALS

(505) 345 - 8471

info@openskieshealthcare.org ryanh@openskieshealthcare.org



# Johanna-Rae Crystal Olguin August 13, 1985 - December 18, 2024

In this time of sorrow and heartache, I would like to thank everyone that was there for my daughter's funeral on December 21, 2024. Johanna-Rae sadly passed and left us on December 18, 2024 @ 9:30 am.

I would like to give thanks to the Governor, Isleta Governor's Office for their support and also for the use of the traditional house. I would like to thank the Tribal Community for being there for support.

This is a very big loss to us all, Johnanna-Rae was big sister, granddaughter, niece, auntie, and friend.



I am very grateful for loving sympathy you all have shown during this tragic and difficult loss. We will forever miss her and she will always be in our hearts. We will forever miss you, Johanna. You will always be in our prayers.

Johanna-Rae is survived by her mother Lucille A, brothers Joshua O. and Andrew C., sister Amanda E., Grandmother Eliz C., and nephews Mike and  $Carlos\ Romero.$ 

The family of Steve Lucero would like to express their deepest gratitude to the Pueblo of Isleta community.

The loss of our son/brother/uncle/ friend has been a deeply sad time for us. "His Journey's Just Begun" The support of the family, community by Ellen Brenneman and friends has been tremendous. It is with heartfelt gratitude that we want to say "Hawoo, Herkem". Your thoughts and prayers have been so his journey's just begun, greatly appreciated and have helped us through this difficult time.

Alvino and Reyes Lucero



Don't think of him as gone away life holds so many facets this earth is only one.

Just think of him as resting from the sorrows and the tears in a place of warmth and comfort where there are no days and years.

Think how he must be wishing that we could know today how nothing but our sadness can really pass away.

And think of him as living in the hearts of those he touched... for nothing loved is ever lost and he was loved so much.

#### **Health Beat:**

# TEMPERATURES AND **FOOD SAFETY**

Karen Roop, Isleta Diabetes Programs Dietitian Phone: 505-869-4093

Improper handling of food affects millions of people each year. According to the Centers for Disease Control (CDC), 48 million Americans become sick from food every single year. This is about 14% of the population or 1 in 7 people. Of those 48 million people, "128,000 are hospitalized and 3,000 die." One way to help reduce foodborne illnesses is to be mindful of the role temperature plays in food safety.

# How long can I keep food out of the fridge?

According to the CDC, foods can be kept out of the fridge at room temperature for two hours.<sup>2</sup> This refers to the temperature of the environment, not the food itself. Once a food is cooked or taken out of the fridge or freezer, you have two hours to consume it before putting it back into the fridge or freezer. If the food is kept at a temperature over 90°F, you only have one hour before putting it into the fridge or freezer.<sup>2</sup> If you want to let the food cool down before putting it in the fridge to prevent dropping the fridge's temperature, that is okay. However, keep in mind you will need to put the food away within the 1- to 2-hour time limit.

# Why is it important to not leave foods at room temperature or high temperatures for too long?

Bacteria grow rapidly in a temperature range called the "Danger Zone." The danger zone is between 40°F and 140°F. This is why refrigerators are kept at 40°F or below. Hotholding foods at a temperature above 140°F are also okay for feasts or gatherings.

To learn more about food safety and to take your food handlers training online through IHS, you can reach the course at https://www.ihs. gov/foodhandler/.

Visit these websites for more information:

- 1. https://www.cdc.gov/foodsafety/ foodborne-germs.html
- 2. https://www.cdc.gov/foodsafety/tendangerous-mistakes.html
- <sup>3</sup>. https://www.fsis.usda.gov/food-safety/ safe-food-handling-and-preparation/foodsafety-basics/danger-zone-40f-140f

# Isleta Health Center Optometry Digital Eye Strain



We are using screens now more than ever before. Many of us use our computer screens at work and spend much of our spare time on our TVs, phones or tablets. This can be a wonderful thing, but there are also

potential side effects. One of the effects of increased screen time is that it can bother our eyes, a recent term has been coined for this: "Digital Eye Strain". Our eyes feel strained due to the background light from the devices, and due to small muscles inside our eyes that are working hard to keep us focused on the devices in front of us.

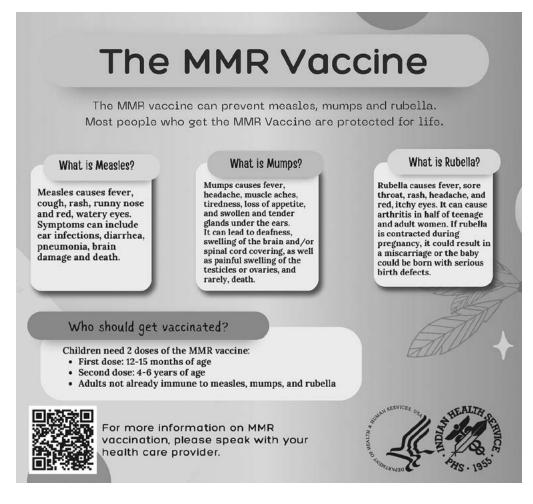
The Optometry Times and many eye-care professionals have recently created a simple rule to help combat this Digital Eye Strain. They call it the 20-20-20 Rule; this means that for every 20 minutes you spend on a digital screen, you should take a 20-second break to look at something at least 20 feet away. Oftentimes, our eyes feel most relaxed when we let them rest for a moment and just look into the distance. If you can actively remember to take short breaks from staring at screens throughout your day, your eyes will thank you. Especially if you are feeling eyestrain or fatigue at the end of the day, this is something you should implement into your daily routine. Vision is such an important part of our lives, let's remember to take care of our eyes so they can take care of us for many more years to come.

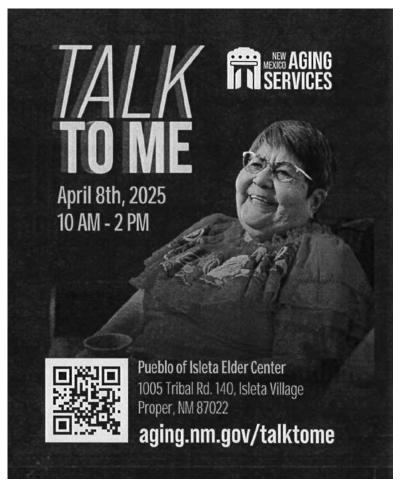
Isleta Health Center **Optometry Department**  April .

# Isleta Health Center Event Calendar

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPRI	NG	IYWP 4:45 - 6:30 pm	1YWP 4:45 - 6:30 pm	1YWP 4:45 - 6:00 pm	Food Distribution 9-II AM Chical Reception Hall IYWP 4:45 - 6:00 pm	
6	7	Stress Management g 12:30-2 pm Elder Center	9	10	II	
		IYWP	IYWP	IYWP	IYWP	
	2	4:45 - 6:30 pm	4:45 - 6:30 pm	4:45 - 6:00 pm	4:45 - 6:00 pm	2
13	<i>  </i> 4	Cooking Demo 15 Elder Center-IOam -I2pm DPTP-Grocery Bingo 5:30-7:30pm IYWP 4:45 - 6:30 pm	DPTP Cooking Class 5-7 pm Diabetes Kitchen IYWP 4:45-6:30 pm	Г ГҮWР 4:45 - 6:00 pm	Good Friday 18  IHC-CLOSED IYWP  4:45 - 6:00 pm	
20 11 PP X	21	22	23	24	25	
THE TENE		IYWP	IYWP	IYWP	IYWP	
E Plant		4:45 - 6:30 pm	4:45 - 6:30 pm	4:45 - 6:00 pm	4:45 - 6:00 pm	
27	28	29	30		602	TT
		IYWP 4:45 - 6:30 pm	IYWP 4:45 - 6:30 pm	IHC-Isleta Heath Cente DPTP-Diabetes Prevent IYWP-Isleta Youth Wel	ion & Treatment Progr	ram





# **ASK THE CLINIC**

Isleta Health Center Provider, Dr. Ray Kelley, 505-869-3200

# It is normal to have low blood pressure?

Great question! Blood pressure measurements have two numbers – the top number is the systolic pressure, and the bottom number is the diastolic pressure. The goal for most people is about 120 to 130 systolic, and about 80 to 90 diastolic. Many people have a blood pressure lower than 120/80, and they are perfectly healthy. For example, children's blood pressures are supposed to be lower than adults' -- their goal blood pressures change with age. Adults with great cardiovascular fitness – like runners and swimmers – often have blood pressures below 120/80. It is common that people with certain health conditions such as cirrhosis have lower yet normal blood pressures.

# When is low blood pressure a problem?

Most of the time, low blood pressure is not a problem (see above). Lower blood pressure measurements are only a problem when the person is having symptoms. Someone could have a blood pressure of 110/70 and feel 100% normal – that's no problem! However, someone else could have a blood pressure of 110/70 and feel dizzy, light-headed, or sick – that's a problem! Sometimes low blood pressure is related to being sick, being dehydrated, or certain medications. If you or a loved one have symptoms alongside low blood pressure, get checked by a health professional.

<u>Ask the Clinic</u>, is a new section in the POI Newsletter, where you can ask the Clinic ANY Question and we will answer it in future newsletters.

	***	APRIL	20	025	
Monday	Tuesday	Wednesday	Thursday	Friday	
MONDAY- FRIDAY 8:00AM - 4:30PM 505-869-9770 CLOSED FOR ALL MAJOR HOLIDAY'S.	Cornhole 1pm No experience necessary	No Activities	Wisdom Mass 11am St Augustine Church Isleta Pueblo	OPEN Activities	
7	8	9	10	11	
Trivia 12:30pm	Isleta Health Edu. presents: Stress Management 12:30pm	Billiards 1pm	Mass 11:30am	A1C Lab Screenings starting at 10:30am	
14	15	16	17	18	
Blu Orchid Massage 9:30am-3pm	Healthy cooking demo w/ a nutrtionist 10:30am  Commodities Distribution	Build and paint a birdhouse 1pm	Photos with the Easter Bunny 11:30am-2pm Paint n' Sip w/ Oak St. Health 1pm-2:30pm	Elder Center will be CLOSED	
21	22	23	24	25	
Bowling @ Silva Lanes leaving the center at 9:30am	12:30pm	Diamond Art 1pm	OPEN Activities	Carrie Tingley: Manzano Mesa Pickleball Palooza (spectate)	
	Commodities Distribution		Y		
Basketball 1pm North patio b-ball court	OPEN Activities	BONGO  1pm in the activities room *No donation needed*	Call or Visit the Elder Center to Sign up for Activities & Trips in Advance.  All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted.		

# Celebrating National Public Health Week in Isleta

April 7th – 13th marks **National Public Health Week** (NPHW)—a time to recognize the importance of community well-being and encourage healthier lifestyles. This year, we invite the Pueblo of Isleta to come together and take steps toward better health for ourselves, our families, and future generations.

## What is National Public Health Week?

NPHW is a nationwide observance that highlights different health topics each day, from nutrition and mental wellness to environmental health and access to care. This is a great opportunity to reflect on traditions of holistic well-being and how we can incorporate modern health practices into our daily lives.

and prioritize health this April:

## Get Moving with Exercise

Take a walk in the warmer weather, spend time outside gardening, or join a local fitness class. Even light movement can improve heart health and energy levels.

# **Eat Healthier with Traditional Foods**

Incorporate traditional Pueblo foods like beans, corn, and squash into your meals. Cooking with fresh, natural ingredients helps support longterm health.

## Focus on Mental and Spiritual Wellness

Spend time in nature, practice mindfulness, or participate in practices that promote inner peace and resilience.

## Stay on Top of Your Health Screenings

Visit the Isleta Health Center for checkups, immunizations, and screenings. Preventative care is key to staying healthy.

#### Get Involved in Community Events **5**.

Check the Isleta Health Center calendar in this month's newsletter for upcoming events, such as stress management, cooking classes, and grocery bingo.

Here are a few ways you and your family can get involved As we recognize National Public Health Week, we also want to express our deep appreciation for the dedicated public health staff at the Isleta Health Center. Their commitment to keeping our community safe, informed, and healthy does not go unnoticed. From organizing community events to providing medical transportation and conducting home visits, their hard work is invaluable to the well-being of the community. Thank you for all that you do!

> For more information on programs, contact the Isleta Health Center at 505-869-3200 and keep an eye out for POI community texts.

Nancy Jo Gonzales, Director of Public Health Services

# **Isleta Elder Center**

1-3p Community Drive

2/25/2025

# **ADULT DAY SERVICES**

# **April 2025 Activity Calendar**



Stacking

# Lalata Eldan Canton Many 2025

Staff Training

Revised: 3/14/25



Monday	Tuesday	Wednesday	Thursday	Friday
~ ()	4/1/2025	4/2/2025	4/3/2025	4/4/2025
$-(\lambda)/(1$	Chicken Wrap	Baked Ziti	Chicken Cordon Bleu	Eggs Salad Sandwich
Tana	Chicken Tenders 3oz	Ground Sausage 3oz	Chicken stuffed w/Ham 3oz	Egg Salad 3oz
happy < = Easter	Garnish 2oz	Marinara Sauce 2oz	Honey Pinon Sauce 1oz	Carrot Sticks 1c
- Easter	Pasta Salad 1/2c	Mozzarella Cheese 2oz	California Vegetable1/2c	WW Bread
CQ 60,	SF Pudding cup	Ziti Pasta	Fresh Fruit	Ranch 2oz
<b>40 0</b>	- Section	Garlic Toast		Fruit Cup
4/7/2025	4/8/2025	4/9/2025	4/10/2025	4/11/2025
Tortellini Soup	Red Chile Potato Stew	Grilled Chicken Salad	Rolled Enchiladas	Breaded Tilapia
Ground Sausage 3oz	Diced Beef 3oz	Grilled Chicken 3oz	Beef Taquitos 3oz	Tilapia 3oz
Diced Onions & Celery 1/2c	Diced Potato 1/2c	Lettuce Mix 1c	Red Chile 2oz	Roasted Asparagus 1/2
Diced Carrots 1/2c	Red Chile 2oz	Shredded Cheese 2oz	Shredded Cheese 2oz	Wild Rice 1/2c
Tortellini 1/2c	Tortilla	Cucumber & Tomato 2oz	Garnish 2oz	Lemon Wedge 1oz
Garlic Bread	Fresh Fruit	Ranch 2oz	Beans 1/2c	Fresh Fruit
4/14/2025	4/15/2025	4/16/2025	4/17/2025	4/18/2025
Egg Roll Bowl	Spaghetti	Cornbread Taco Bake	BBQ Chicken	ELDER CENTER CLOSED
Ground Pork 3oz	Meatballs 3oz	Ground Beef 3oz	Chicken Breast 3oz	Closed in Observance of
Cabbage Mix 1/2c	Spaghetti Noodle 1/2c	Dice tomato 1/2c Chili Beans 1/2c	BBQ Sauce 2oz	Good Friday
Soy Sauce 2oz	Sauce 2oz Marinara Sauce 1/2c		Baked Beans 1/2c	
Wonton Strips 2oz	Mixed Vegetable 1/2c	Corn 1/2c	Mixed Vegetable 1/2c	SELPONOMIA
Fruit Cup	Fresh Fruit	Cornbread Topping	Dinner Roll	<b>美国的</b>
4/21/2025	4/22/2025	4/23/2025	4/24/2025	4/25/2025
Sloppy Joe	Garbanzo Bean Soup	Baked Pork Chop	Beefy Mac & Cheese	Turkey Club Sandwich
Ground Beef 3oz	Beef Stew Meat 3oz	Pork Chop 3oz	Ground Beef 3oz	Slice Turkey & Bacon 3oz
Sloppy Joe Sauce 2oz	Garbanzo Bean 1/2c	Parmesan Potatoes 1/4c	Macaroni 1/2c	Lettuce & Tomato 2oz
Mixed Vegetable 1/2c	Mixed Vegetable 1/2c Save the courts	Broccoli 1/2c	Diced Tomatoes 1/2c	WW Bread
Hamburger Bun	Crackers	Peach Cobbler	Shredded Cheese 1oz	Baked Chips
Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Mixed Berries
4/28/2025	4/29/2025	4/30/2025	Please come join us for Con	gregate Meals!! Mealtime is
Beef Ravioli	Carne Adovada	Mushroom Swiss Burger		re with friends! Come eat, share
Beef Ravioli 3oz	Pork Carne Adovada 3oz	Beef Patty 3oz	stories and socialize with ot	thers.
Marinara Sauce 1/2c	Refried Beans 1/4c	Mushroom Slice 1/2c		
Sauteed Spinach w/tomato 1/2c	Chuckwagon 1/2c	Coleslaw 1/2c	Please call by 9am to Cance	
Garlic Bread	Tortilla	Hamburger Bun	Meals. Than	k you!
Fresh Fruit	Fresh Fruit	Fresh Fruit		