










August

2025

Monday	Tuesday	Wednesday	Thursday	Friday
Call or visit the elder center to sign up for activities in advance. All activities are on a first come, first served basis. Activities are open to everyone ages 50+ unless otherwise noted. Scheduled activities are subject to change.			MONDAY- FRIDAY 8:00AM - 4:30PM 505-869-9770 CLOSED FEDERAL HOLIDAYS	1 Tai Chi 11am <hr/> Billiards 1pm Activities Rm. 
4	5	6	7	8
No Activities	Cornhole 1pm Activities Rm. 	Laguna Pueblo Sr. Visitors 10am <hr/> Musical Performance by George Waquie Sr. 12:30pm	 Wood Burning 1pm Activities Rm.	Tai Chi 11am <hr/> Karaoke 1pm Activities Rm.
11	12	13	14	15
Scrabble 1pm Dining Hall	IHC Presentation: Hearing 12:30pm <hr/> Commodity Distribution	Trivia 12:30pm Dining Hall 	Mass 11:30am <hr/> IHC Provider Meet & Greet Lunch 12pm	Tai Chi 11am <hr/> Shuffleboard 1pm Activities Rm.
18	19	20	21	22
No Activities	Healthier Choices Cooking Demo 12:30pm <hr/> Commodity Distribution	Cornhole 1pm Activities Rm. 	Masani's Massage 1-3pm Walk-ins only	Isleta Elder Center's Benefits & Resources Fair Isleta Elder Ctr. 9am-2pm
25	26	27	28	29
Movie Monday: Rez Ball 1pm Activities Rm.	No Activities	Trivia 12:30pm Dining Hall 	 St. Augustine Feast Day	Tai Chi 11am <hr/> BINGO 1pm Activities Rm. 