




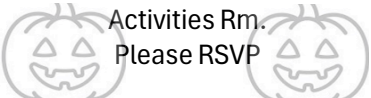
MONDAY- FRIDAY  
8:00AM - 4:30PM  
505-869-9770  
CLOSED FEDERAL HOLIDAYS



# October



# 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Call or visit the elder center to sign up for activities in advance.</p> <p>All activities are on a first come, first served basis.</p> <p>Activities are open to everyone age 50+ unless otherwise noted.</p>		1	2	3
		<p><b>Reading Club:</b> Pueblo Indian Folk-Stories 1pm Activities Rm.</p>	 <p><b>Trivia</b> 12:30pm Dining Rm.</p>	<p><b>Tai Chi</b> 11am Activities Rm.</p>
6	7	8	9	10
<p><b>Open Activities</b></p>	<p><b>ABQ Art Museum Outing</b> leaving center @9:30am Lunch in ABQ</p>	<p><b>Reading Club:</b> Pueblo Indian Folk-Stories 1pm Activities Rm.</p>	<p><b>Mass</b> 11:30am</p> <p><b>IHC Provider Meet &amp; Greet</b> 12pm</p> <p><b>Paint Tutorial</b> 1pm Must RSVP</p>	<p><b>A1C Screenings</b></p> <hr/> <p><b>Tai Chi</b> 11am Activities Rm.</p>
13	14	15	16	17
<p><b>Elder Ctr. Staff vs. Sr. Olympians</b> 1:30pm Pickelball Tournament Recreation Center</p>	<p><b>Healthier Choices Cooking Demo</b> 12:30pm Dining Hall</p>	<p><b>Reading Club:</b> Pueblo Indian Folk-Stories 1pm Activities Rm.</p>	 <p><b>Trivia</b> 12:30pm Dining Rm.</p>	<p><b>Tai Chi</b> 11am</p> <hr/> <p><b>Karaoke</b> 1pm</p>
20	21	22	23	24
<p><b>No Activities</b></p>	<p><b>All Indian Game Days</b> Cornhole 10am Rec Center</p>	<p><b>All Indian Game Days</b> Shuffleboard 10am Rec Center</p>	 <p><b>Trivia</b> 12:30pm Dining Rm.</p>	<p><b>Tai Chi</b> 11am Activities Rm.</p> <hr/> <p><b>B.I.N.G.O.</b> 1pm</p>
27	28	29	30	31
<p><b>Open Activities</b></p>	<p><b>Pumpkin Carving</b> 1pm Activities Rm. Please RSVP</p> 	<p><b>Reading Club:</b> Pueblo Indian Folk-Stories 1pm Activities Rm.</p>	<p><b>No Activities</b></p>	<p><b>Tai Chi</b> 11am</p> <p><b>Halloween Party</b> 12pm Food, Games, Costume Contest</p> 