

# Isleta Elder Center Menu 2026



| Monday                                                                                                                                                                                                                                                                                                                                        | Tuesday                                                                                                                                                                                | Wednesday                                                                                                                                                    | Thursday                                                                                                                                                                    | Friday                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Please come join us for Congregate Meals!!</b><br><b>Mealtime is more enjoyable when you are with friends! Come eat, share stories and socialize with others.</b><br><br><b>Please call by 9am to Cancel Home Delivered Meals.</b><br><b>Thank you!</b>  |                                                                                                                                                                                        |                                                                                                                                                              | 10/1/2026                                                                                                                                                                   | 10/2/2026                                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                        |                                                                                                                                                              | <b>Three Sister Soup</b><br><b>Beef Stew Meat 3oz</b><br><b>Dice Squash 1/2c</b><br><b>Pinto Beans 1/2c</b><br><b>Corn 1/2c</b><br><b>Fry Bread</b>                         | <b>Pollock Nuggets</b><br><b>Rice Pilaf 1/2c</b><br><b>Green Beans 1/2c</b><br><b>Dinner Roll</b><br><b>Pudding</b><br><b>Tartar Sauce</b>         |
| 10/5/2026                                                                                                                                                                                                                                                                                                                                     | 10/6/2026                                                                                                                                                                              | 10/7/2026                                                                                                                                                    | 10/8/2026                                                                                                                                                                   | 10/9/2026                                                                                                                                          |
| <b>Macaroni Soup</b><br><b>Ground Beef 3oz</b><br><b>Dice Tomato 1/2c</b><br><b>Macaroni 1/2c</b><br><b>Crackers</b><br><b>Fresh Fruit</b>                                                                                                                                                                                                    | <b>Fried Rice</b><br><b>Egg Roll 3oz</b><br><b>Fried Rice 1/2c</b><br><b>Oriental Vegetable 1/2c</b><br><b>Soy Sauce 2oz</b><br><b>Fortune Cookie</b>                                  | <b>BBQ Chicken</b><br><b>Chicken Breast 3oz</b><br><b>Scallop Potatoes 1/2c</b><br><b>Mixed Vegetable 1/2c</b><br><b>BBQ Sauce 2oz</b><br><b>Dinner Roll</b> | <b>Spaghetti</b><br><b>Meat Sauce 3oz</b><br><b>Mixed Vegetable 1/2c</b><br><b>Spaghetti Squash 1/2c</b><br><b>Bread Stick</b><br><b>Apple Crisp</b>                        | <b>Bean Burrito</b><br><b>Bean Burrito 3oz</b><br><b>Chuckwagon 1/2c</b><br><b>Spanish Rice 1/2c</b><br><b>Salsa 2oz</b><br><b>Fresh Fruit</b>     |
| 10/12/2026                                                                                                                                                                                                                                                                                                                                    | 10/13/2026                                                                                                                                                                             | 10/14/2026                                                                                                                                                   | 10/15/2026                                                                                                                                                                  | 10/16/2026                                                                                                                                         |
| <b>Philly Cheese Steak</b><br><b>Philly Steak 3oz</b><br><b>Peppers &amp; Onions 1/2c</b><br><b>Swiss Cheese 2oz</b><br><b>Bun</b><br><b>Baked Chips</b>                                                                                                                                                                                      | <b>Chicken &amp; Rice</b><br><b>Dice Chicken 3oz</b><br><b>Dice Onion &amp; Celery 1/2c</b><br><b>Rice 1/2c</b><br><b>Red Chile 2oz</b><br><b>Oven Bread</b>                           | <b>Steak Fingers</b><br><b>Steak Fingers 3oz</b><br><b>Mash Potato 1/2c</b><br><b>Gravy 2oz</b><br><b>Vegetable Blend 1/2c</b><br><b>Peach Cobbler</b>       | <b>Mac &amp; Cheese w/ Ham</b><br><b>Dice Ham 3oz</b><br><b>Baked Beans 1/2c</b><br><b>Elbow Macaroni 1/2c</b><br><b>Cheese Sauce 1/2c</b><br><b>Dinner Roll</b>            | <b>Beef Enchilada</b><br><b>Ground Beef 3oz</b><br><b>Red Chile 1/2c</b><br><b>Corn Tortilla</b><br><b>Spanish Rice 1/2c</b><br><b>Squash 1/2c</b> |
| 10/19/2026                                                                                                                                                                                                                                                                                                                                    | 10/20/2026                                                                                                                                                                             | 10/21/2026                                                                                                                                                   | 10/22/2026                                                                                                                                                                  | 10/23/2026                                                                                                                                         |
| <b>Carne Adovada</b><br><b>Carne Adovada 3oz</b><br><b>Dice Potatoes 1/2c</b><br><b>Calabacitas 1/2c</b><br><b>Tortilla</b><br><b>Fresh Fruit</b>                                                                                                                                                                                             | <b>Turkey on Croissant</b><br><b>Slice Turkey 3oz</b><br><b>Slice Cheese 2oz</b><br><b>Lettuce &amp; Tomato 2oz</b><br><b>Potato Salad 1/2c</b><br><b>Apple Slices w/Peanut Butter</b> | <b>Tortilla Burger</b><br><b>Beef Patties 3oz</b><br><b>French Fries 1/2c</b><br><b>Tortilla</b><br><b>Garnish 2oz</b><br><b>Pudding</b>                     | <b>Beans w/Ham</b><br><b>Ham 3oz</b><br><b>Pinto Beans 1/2c</b><br><b>Green Chile 1/2c</b><br><b>Blue Corn Muffins</b><br><b>Fruit Cup</b>                                  | <b>Egg Salad</b><br><b>Egg Salad 3oz</b><br><b>Diced Onions &amp; Celery 1/2c</b><br><b>Croissant</b><br><b>Baked Chips</b><br><b>Fresh Fruit</b>  |
| 10/26/2026                                                                                                                                                                                                                                                                                                                                    | 10/27/2026                                                                                                                                                                             | 10/28/2026                                                                                                                                                   | 10/29/2026                                                                                                                                                                  | 10/30/2026                                                                                                                                         |
| <b>Cheese Ravioli</b><br><b>Meat Sauce 3oz</b><br><b>Cheese Ravioli 1/2c</b><br><b>Mixed Vegetable 1/2c</b><br><b>Bread Stick</b><br><b>Fresh Fruit</b>                                                                                                                                                                                       | <b>Chicken Tacos</b><br><b>Dice Chicken 3oz</b><br><b>Refried Beans 1/2c</b><br><b>Chuckwagon 1/2c</b><br><b>Tortilla</b><br><b>Fresh Fruit</b>                                        | <b>Grilled Cheese</b><br><b>Tomato Soup 1c</b><br><b>Slice Cheese 2oz</b><br><b>Slice Ham 3oz</b><br><b>WW Bread</b><br><b>Fruit Cup</b>                     | <b>Squash &amp; Corn w/ Hamburger</b><br><b>Ground Beef 3oz</b><br><b>Squash Yellow &amp; Green 1/2c</b><br><b>Corn 1/2c</b><br><b>Green Chile 1/2c</b><br><b>Fry Bread</b> | <b>Pork Loin</b><br><b>Pork Loin 3oz</b><br><b>California Blend 1/2c</b><br><b>Mash Potato 1/2c</b><br><b>Gravy 2oz</b><br><b>Fresh Fruit</b>      |

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE, BASED ON THE AVAILABILITY OF PRODUCTS.\*\*** Created 8/21/26 Revised 9/2/26