Isleta Elder Center Menu 2026





Monday	Tuesday	Wednesday	Thursday	Friday
11/2/2026	11/3/2026	11/4/2026	11/5/2026	11/6/2026
Sloppy Joe Ground Beef 3oz Sloppy Joe Sauce 2oz Mixed Vegetable 1/2c Hamburger Bun Fresh Fruit	**Baked Cod** Breaded Cod 3oz California Vegetable 1/2c Wild Rice 1/2c Tartar Sauce 2oz Fruit w/Jello	**Green Posole Stew** Dice Pork Meat 3oz Hominy 1/2c Dice Onions & Green Chile 1/2c Dinner Roll Fresh Fruit	**Frito Pie** Ground Beef 3oz Pinto Beans 1/2c Garnish 2oz Frito Chips 2oz Fresh Fruit	**Chicken Enchilada** Dice Chicken 3oz Green Chile 1/2c Corn Tortilla Spanish Rice 1/2c Fresh Fruit
11/9/2026	11/10/2026	11/11/2026	11/12/2026	11/13/2026
Squash Stew Ground Pork 3oz Yellow & Green Squash 1/2c Green Chile 1/2c Corn 1/2c Tortilla	**Chicken Pot Pie** Dice Chicken 3oz 5 Way Vegetable 1/2c Cream of Chicken 1/2c Biscuits Fresh Fruit	**Elder Center Closed** 	**Dice Potato w/Meat** Ground Hamburger 3oz Dice Potato 1/2c Mixed Vegetable 1/2c Tortilla Fresh Fruit	**Lasagna** Ground Sausage 3oz Lasagna Pasta Marinara Sauce 1/2c Mixed Vegetable 1/2c Mozzarella Cheese 2oz
11/16/2026	11/17/2026	11/18/2026	11/19/2026	11/20/2026
Beefy Mac & Cheese Ground Beef 3oz Shell Pasta 1/2c Tomato Sauce 1/2c Shredded Cheese 2oz Fresh Fruit	**Baked Ham** Slice Ham 3oz Sweet Potatoes 1/2c Mixed Vegetable 1/2c Baked Cookie	**Beans** Pinto Beans 1c Green Chile 1/2c Blue Corn Muffin Fresh Fruit	**Tuna Sandwich** Tuna 3oz Dice Celery & Onions 1/2c Apple Slices w/Peanut Butter Croissant Mayo 1/2c	**Thanksgiving Luncheon** Lunch 12pm to 1pm Please RSVP to Sign Up Deadline to RSVP **No Home Delivered Meals**
11/23/2026	11/24/2026	11/25/2026	11/26/2026	11/27/2026
Tamales Pork Tamale 3oz Red Chile 2oz Refried Beans 1/2c Calabacitas 1/2c Fresh Fruit	**Chicken Stir Fry** Dice Chicken 3oz Dice Zucchini 1/2c Dice Onions & Peppers 1/2c Rice 1/2c Fresh Fruit	**Hearty Beef Stew** Beef Stew Meat 3oz Dice Potato 1/2c Carrots & Celery 1/2c Biscuit Fruit Cup	 	
11/30/2026				
Unstuffed Eggroll Ground Pork 3oz Coleslaw Mix 1/2c Oriental Vegetable 1/2c Wanton Strips Fresh Fruit		**Please come join us for Congregate Meals!!** **Mealtime is more enjoyable when you are with friends!** **Come eat, share stories and socialize with others.** **Please call by 9am to Cancel Home Delivered Meals.** **Thank you!**		**Important Closures** November 11th Veterans Day Closed November 26th & 27th Closed Elder Center will resume all services Monday November 30, 2026

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE, BASED ON THE AVAILABILITY OF PRODUCTS. Created 9/10/26 Revised 9/28/26